

RHEUMATISM WAS MOST SEVERE

Terrible Pains All The Time Until He Took "FRUIT-A-TIVES".



MR. LAMPSON

Verona, Ont., Nov. 11th., 1915.

"I suffered for a number of years with Rheumatism and severe Pains in Side and Back, from strains and heavy lifting.

When I had given up hope of ever being well again, a friend recommended "Fruit-a-tives" to me and after using the first box I felt so much better that I continued to take them, and now I am enjoying the best of health, thanks to your remedy."

W. M. LAMPSON.

If you—who are reading this—have any Kidney or Bladder Trouble, or suffer with Rheumatism or Pain In The Back or Stomach Trouble—give "Fruit-a-tives" a fair trial. This wonderful fruit medicine will do you a world of good, as it cures when everything else fails. 50c. a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

CARBONVOID for sale by Lipssett & Cunningham, and Parkin-Ward Electric Co.

The Daily News delivered by carrier, 50 cents per month.

PROVINCE CREATED FALSE IMPRESSION

The following item is from the current issue of the War Cry and has evidently been innocently culled from the recent article in the Vancouver Province, to which J. B. Roerig referred recently in The Daily News:

"A large floating drydock is to be constructed at Vancouver. It will be a 16,000-ton, double-section dock, capable of handling a boat of 18,000 tons, which is the measure of the maximum requirement on the Pacific today.

"That this will supply a long-felt want will be evident from the fact that steamers sailing from Canadian ports on the Pacific at present are forced to dock for repairs at Hong Kong, at Kobe (Japan), or in Australia."

Captain Cooper, in charge of the local branch of the Salvation Army, is an enthusiastic booster for Prince Rupert, and, immediately on reading the news item referred to, he wrote to the editor of the War Cry pointing out that Prince Rupert has a drydock of 20,000 tons capacity, and inclosing a copy of The Daily News containing Mr. Roerig's letter on the subject.

WESTHOLME THEATRE

The big attraction at the Westholme tonight is Countess Rosita Marstini in "The Heart of a Tigress." This is a stirring drama, full of lively action and striking situations. There is also an L. K. O. comedy which is full of fun.

FROM FAR AND NEAR

Japan has notified Washington that she is about to arm all her large merchant vessels.

Sir Henry Dalziel, proprietor of Reynold's Newspaper and one of the leaders of the "Ginger Group", has purchased the Pall Mall Gazette, one of the most influential London newspapers.

Parker Williams has been appointed to the Workmen's Compensation Board. The Labor Unions are not quite certain whether they approve of the appointment.

Captain Dickson, who has resigned his command of the Union Co.'s steamer Camosun to take up a commission with the Inland Water Transport, was presented with a handsome pocket book stuffed with bills by the officers and members of the crew of the Camosun before that vessel left for the north on Wednesday.

The C. P. R. plan to open their Alaskan tourist service on June 8th. The Alice, Sophia and Charlotte will be put on the northern run and a more successful season than last is expected.

South Vancouver is in grave financial difficulties and an appeal for assistance has been made to the provincial government.

Britain and France have spent \$120,000,000 in feeding starving Belgians. This is ten times the amount expended in the same cause by the United States.

Albani Conservatives may put up a candidate in the by-election there, caused by the Premier's deciding to represent Victoria.

Matron F. Wilson, of Vancouver, has been awarded the Royal Red Cross with first-class honors in recognition of her distinguished service on the field.

The Montreal Mail and News has ceased publication. The intimation came as a great surprise to the people of Montreal.

It is reported from Ottawa that there may be two sessions of the Dominion Parliament this year.

SANDSPIT BADLY REQUIRES A WHARF

At the Board of Trade last evening, a letter from the postmaster at Sandspit, Moresby Island, was read. On behalf of the residents at Sandspit, the writer asked that steps be taken for the construction of a wharf there and also that a more regular mail service be inaugurated. At present, through the lack of a wharf, freight and mails have to be landed in small boats, and when the weather is rough, these have to be taken to Skidegate. The letter was referred to the incoming committee.

NEWSPAPER MAN IS NAMED AS SECRETARY

Victoria, Jan. 3.—Hon. William Sloan, minister of mines, has named as his secretary, Mr. Robert Dunn, a Victoria newspaper man. Until last Saturday Mr. Dunn was city editor of the Victoria Times and was prior to that connected with the reporter staff of the Colonist. Mr. Dunn commenced his new duties on Tuesday morning. In making his selection Hon. Mr. Sloan was influenced by Mr. Dunn's abilities as a newspaper man, feeling that his experience fitted him for the post as no other training could have done.

Ladies newest American shoes. Best line ever shown here. Peck's Shoe Store.

Bathe Internally

Over 50,000 People Are Now Doing So.

For many years physicians have agreed that the vast majority of human ills were caused by accumulated waste in the Lower Intestine, that in our present way of living Nature could not remove all this waste without assistance, no matter how regular we might be, and that the poisons from this waste circulating through the blood pulled us away down below and were responsible for many diseases of a serious nature.

During this time the "J. B. L. Cascade" for Internal Bathing has, because of their recommendation and those of its users, been steadily growing in favor.

Recently, however, the startling news which has been covering this country, that great surgeons and specialists have been operating on the Lower Intestine for the most chronic and serious diseases, has awakened Americans to become thoroughly aware to the importance of keeping this Lower Intestine free from all poisonous waste matter, and over 500,000 are now using Internal Baths.

If you try the "J. B. L. Cascade" you will find yourself always bright, confident and capable—the poisoned waste makes us bilious, blue, dull and nervous. Internal Baths are Nature's own cure for Constipation—just warm water properly applied. Drugs force Nature—the "J. B. L. Cascade" gently assists her.

Call and see it at Cyril H. Orme's, Druggist, Corner 3rd Ave. and 4th St., or ask there for "Why Man of Today Is Only 50 per cent Efficient," a booklet of great interest, which is given free on request. If you prefer, write for Booklet to Dr. Chas. A. Tyrrell, 163 College Street, Toronto.

Sheet Metal Work

Now is the time to have your heating plant put in shape for the winter; roofs and skylights seen to.

In such cases consult a practical man if you want results.

C. O. Rowe
Practical sheet metal man.

Opposite Board of Trade Rooms—322 2nd Avenue
PHONE 340.
Estimates Furnished Free.

SUBSCRIBE FOR THE DAILY NEWS



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!


Backed by the Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flag are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the Central Executive Committee, 50 St. Peter St., Montreal
\$2.50 Feeds A Belgian Family A Month.



CANADIAN WOMEN SHOULD KNOW THIS—
"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.
ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST
If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.
THE AYLMER CONDENSED MILK CO., LTD.
AYLMER, ONT., CANADA

FRED STORK'S HARDWARE

- 710 SECOND AVE
- | | | |
|-------------------|--------------------|---------------------|
| Carpenters' Tools | Builders' Hardware | Ship Chandlery |
| Wire Cable | Steel Blocks | Fishing Tackle |
| Iron Pipe | Pipe Fittings | Rifles and Shotguns |
| Rope | Valves | Ammunition |
| Pumps | Hose | Paint |
| Stoves and Ranges | Rubberoid Roofing | Corrugated Iron |
- "WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Don't merely smother your cough

CURE IT—Mathien's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.
35c. large bottles, everywhere.
J. L. MATHIEU CO., PROP., SHELBROOK, P.Q.
If you wish to purchase Mathieu's Syrup, the wonderful health-giving, cough-curing, throat-soothing and pain-relieving, best of all, French, etc.

Baby's Own Soap



After the bath with BABY'S OWN SOAP the skin is smooth, comfortable, and exhales the aroma of freshly cut flowers. Freedom from skin troubles, explains in some measure the refreshing sleep which "Baby's Own Soap" babies enjoy. Especially for nursery use insist on "Baby's Own".
ALBERT SOAPS Limited, Manufacturers, - MONTREAL - 14-15



The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.
If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.