

TWO LONG YEARS HE SUFFERED

"Fruit-a-tives" Made Him Feel As If Walking On Air

OTTAWA, Ont., Nov. 28th, 1914.
"For over two years, I was troubled with Constipation, Drowsiness, Lack of Appetite and Headaches. One day I saw your sign which read "Fruit-a-tives make you feel like walking on air." This appealed to me, so I decided to try a box. In a very short time, I began to feel better, and now I feel fine. I have a good appetite, relish everything I eat, and the Headaches are gone entirely. I recommend this pleasant fruit medicine to all my friends".

DAN McLEAN.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

CARBONVOID for sale by Lipssett & Cunningham, and Parkin-Ward Electric Co.



The Whisky of Quality

Aged in Wood 8 Years before bottling

GUARANTEED BY THE GOVERNMENT OF CANADA

Demand the Brand

GOLD WATCH FREE.

A magnificent genuine offer is established here. We are giving away watches to thousands of people all over the world as a New Year's gift. Now is your chance to obtain one. Write now, enclosing 25 cents for one of our Ladies' Long Chain, or Gent's Albert, and receive paid to you with the watch, which will be given. Five thousand watches are awarded this year. Should you take advantage of our marvelous offer, we expect you to tell your friends about it and show them the beautiful watch. Don't think this offer too good to be true. Just send 25 cents today and receive a Free Watch. You will be satisfied. W. L. LLOYD, Watch Jeweller (Dept. 14), 110, Cornwall St., London, E.C., England.



BATTLE OF SOMME AT WESTHOLME THEATRE

The above is a picture of one of the big guns on the Somme front and it gives a faint idea of

the scenes depicted in the great series of scenes from the Somme front showing at the Westholme tonight and tomorrow. When these pictures were shown in London, many women recognized

their husbands and sisters recognized brothers. They are the most realistic war pictures ever shown as they are the real thing, taken by the government operators. The movie men ran the

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TRADES AND LABOR COUNCIL OFFICERS

At the meeting of the Trades and Labor Council last evening the following officers were elected: President, S. D. Macdonald; Vice-President, George Rudderham; Secretary, P. H. Linzey; Treasurer, J. Morrison; Warden, John Dean; Legislative Committee: W. E. Thompson, G. Rudderham, and L. W. Reilly. Finance Committee: John Dean, H. Hansen, and L. W. Reilly. Delegate to B. C. Federation of Labor, which meets at Revelstoke on January 29th, W. E. Thompson. S. D. Macdonald is to be congratulated on having been unanimously elected as president of the council for the third successive term.

INSTALLATION OF K. OF P. OFFICERS

Skeena Lodge 45, Knights of Pythias, installed the following officers on Monday evening: C. R. Stewart, C. R.; J. Knight, V. C.; S. Johnson, Prelate; S. Hamblin, M. of W.; C. C. Loop, K. of R. and S.; H. M. Daggett, M. of F.; William Cobb, M. of A.; R. Clarke, J. G.; George Johnson, G. G.; Brother W. W. Wright was elected Grand Lodge representative.

COMPLIMENTS AT COUNCIL

of the council expressed hearty appreciation of the kindly consideration which the mayor had always extended to the members. Ald. McRae, in endorsing the sentiments expressed by Ald. Dybhavn, said that they had got along well together, but he took exception to the actions of one member, Ald. Casey. Ald Casey had gone through the books and had remarked, "Well, I have nothing on McRae this time," and had then come into the council chamber and cast dirty insinuations upon his character as an alderman. He challenged Ald. Casey to show that he had ever done anything which was dishonorable. Ald. Casey said that Ald. McRae had no business to buy an adding machine for the city, and take a commission on it. Ald. Montgomery said that they all knew the history of the transaction and that there was nothing in it to reflect upon any man. Ald. Casey evidently did not know that being a member of a limited company did not debar an alderman from doing business with the city. The other aldermen objected to the insinuation made by Mr. Casey and each expressed the hope that they would meet again as usual next week.

NOTICE TO MARINERS

Alaska, Wrangell Strait, Point Alexander Light was temporarily changed from group flashing to a single flash, 0.3 secs. duration every three seconds, December 22, 1916, without other change. The normal characteristic will be restored as soon as practicable. Wrangell Strait, Point Lockwood Rock Float Light No. 4 reported on December 27th as being adrift and opposite Deception Point, light extinguished, will be replaced and relighted as soon as practicable. Clarence Strait, Approach to Lake Bay, Beck Island Light. Report has been received that Beck Island Light was extinguished for the winter on December 4th. Sitka Sound, Western Channel,

Channel Rock Beacon, reported missing on December 8th, will be replaced as soon as practicable. J. H. McLEOD.

KING APPROVES OF SOMME BATTLE FILMS

The Battle of the Somme" was shown by royal command at Windsor Castle, before the King and Queen on Sept. 2nd, last. The King expressed his unqualified approval of the pictures and advised the British public and the people of the Empire to see them.

WHEN BUYING YEAST INSIST ON HAVING THIS PACKAGE



DECLINE SUBSTITUTES

Bank By Mail And Save A Trip to Town

FOR the benefit of those who live out of town, we have arranged a plan by which you can do your banking by mail quite as satisfactorily as if you stood here at our counters. Come in — and let us explain the plan — or write for the information.

THE BANK OF British North America 79 YEARS IN BUSINESS. CAPITAL AND SURPLUS, \$7,354,000. PRINCE RUPERT BRANCH W. J. SMITHERS, Manager

WE GUARANTEE 15 PER CENT. SAVING. WHY PAY MORE FOR FIRE INSURANCE OLD, STRONG COMPANIES SEE CONSOLIDATED SECURITIES, LTD. Room 11 Smith Block PHONE 51 — and — BLACK 233

Dr. Price's

CREAM BAKING POWDER

Made from cream of tartar derived from grapes. Best for good food and good health. NO ALUM

FRED STORK'S HARDWARE

- 710 SECOND AVE
- | | | |
|-------------------|--------------------|---------------------|
| Carpenters' Tools | Builders' Hardware | Ship Chandlery |
| Wire Cable | Steel Blocks | Fishing Tackle |
| Iron Pipe | Pipe Fittings | Rifles and Shotguns |
| Rope | Valves | Ammunition |
| Pumps | Hose | Paint |
| Stoves and Ranges | Rubberoid Roofing | Corrugated Iron |
- "WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Baby's Own Soap



Best for Baby Best for you

After the bath with BABY'S OWN SOAP the skin is smooth, comfortable, and exhales the aroma of freshly cut flowers. Freedom from skin troubles, explains in some measure the refreshing sleep which "Baby's Own Soap" babies enjoy. Especially for nursery use insist on "Baby's Own". ALBERT SOAPS Limited, Manufacturers, - MONTREAL - 1-4-13

The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.

If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.