

THE WONDERFUL FRUIT MEDICINE

Thousands Owe Health And Strength To "Fruit-a-lives"

"FRUIT-A-LIVES", the marvellous medicine made from fruit juices — has relieved more cases of Stomach, Liver, Blood, Kidney and Skin Troubles than any other medicine. In severe cases of Rheumatism, Sciatica, Lumbago, Pain in the Back, Impure Blood, Neuralgia, Chronic Headaches, Chronic Constipation and Indigestion, "Fruit-a-lives" has given unusually effective results. By its cleansing, healing powers on the eliminating organs, "Fruit-a-lives" tones up and invigorates the whole system.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.



DAINTY NINETTE BLOUSE

One of the newest styles which have crossed the water. It is made with large fashionable collar, laced with contrasting shades. The blouse is made in pink, white, powder blue, violet and lemon.

Percy Douglas, son of the Marquis of Queensberry, is a visitor in town on his way to Alaska. He is at the Hotel Rupert. Percy is rather an anglicized name for a scion of this famous old Scottish house. Sholto would have looked more familiar to a Scottish eye.

How Will You Protect Your Wife

and the children should you fall ill or lose your employment? Have you money in the Bank to tide the family over until you are "on your feet" again?

Every married man should open an account in our Savings Department and put by a part of his earnings every week or month.

Such a sum, earning interest, will be a welcome protection for the family. A Savings Account may be opened with one dollar.

THE BANK OF British North America
79 YEARS IN BUSINESS.
CAPITAL AND SURPLUS, \$7,594,000.
PRINCE RUPERT BRANCH
W. J. SMITHERS, Manager

* FROM FAR AND NEAR *

The placing of an embargo on the export of clear spruce used in aeroplane construction is causing considerable excitement amongst the lumbermen of Washington and Oregon who have been handling large shipments of this valuable timber.

The Skinner & Eddy Company, of Seattle, which was organized only a year ago, is preparing to launch its third Norwegian vessel on Janua 23rd. Actual work on the first vessel was not started until last June. The company have contracts for the building of four more vessels of the same type.

It is anticipated that President Wilson will consent to the immediate withdrawal of General Pershing's army from Mexico and that an American Ambassador will be sent to Mexico City.

The German submarine Deutschland is expected to arrive at New London, Conn., this week, having sailed from Bremen on her third voyage on January 2nd.

A remarkable picturization of Longfellow's "Hiawatha" has just been completed. It was staged on an Indian reservation and a full-blooded Indian plays the part of Hiawatha.

The Kolinsche Zeitung says that British statesmen are not boasting when they say they will destroy German militarism and that all classes, from the First Sea Lord to the humblest laborer at Newcastle-on-Tyne, are united in this resolve.

Interest payments aggregating \$434,028 will be paid on Monday by the Provincial Government on the bonds of the Pacific and Great Eastern Railway.

T. B. Wakefield, a large importer and exporter of chemicals of Oakland, Cal., says that the coast of British Columbia is eminently suited to the production of many of the chemicals which in the past have been brought here from Germany.

News comes from London that moving pictures of the Canadians at the front will shortly be sent to this country. The Canadian soldiers are seen fixing bayonets and jumping over the parapet to charge the German trenches. The films include pictures of the famous "tanks" in action.

Call the Pony Express for wood cut in stove lengths or 4 feet. Best household coal and general transfer. Piano moving our specialty. Prices moderate. Phone 304. R. W. Rogers. tf.

Just arrived 300 tons best Ladysmith Lump Coal. Send in your orders to Prince Rupert Coal Co. Phone 15. tf.

AKERBERG, THOMSON COMPANY
Agents for
"FRISCO IMPERIAL," "PALMER,"
"FISHERMAN," "FERRO" AND
"OLAY" GAS ENGINES.
PHONE 525.

Notice to Delinquent Partners.
To G. W. Matwell and Charles Nicholson.
TAKE NOTICE that whereas I have done and caused to be done assessment work on the Wolf Mineral claim, situated at the head of Alice Arm, Observatory Inlet, in the Skeena mining division of Skeena district, assessment work for the years 1912, 1914, and 1915, and have paid for said work and recording same, the sum of \$307.50. Unless you pay me the sum of \$321.50, for your share of the said assessment work, together with the cost of this advertisement, I shall, at the expiration of ninety (90) days from the date hereof apply to the mining recorder at Prince Rupert, B. C., to have your interests in the Wolf mineral claim vested in me, in pursuance of the provisions of the mineral act.
Dated at Prince Rupert, B. C., this 19th day of February, 1916.
G. B. STARK

GOOD BLOOD

"Blood will tell." Blisters and blemishes, like murder, will out, unless the blood is kept pure. Its purity is restored and protected by the faithful use of

BEECHAM'S PILLS

Worth a Guinea a Box
Bottle of Special Value to Women are with Every Box Sold everywhere. In boxes, 25 each.

LAND REGISTRY ACT

(Sections 36 and 194.)
Re Application No. 91,111, Filing 5,814.
TAKE NOTICE that application has been made to register John Bergman, of Prince Rupert, B. C., as owner in fee under a Tax Sale Deed from the Collector of the City of Prince Rupert, bearing date the 10th day of September, 1915, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying, and being in the Municipality of Prince Rupert, more particularly known as Lot Ten (10), Block Five (5), Section Seven (7), Map 923.
You are required to contest the claim of the tax purchaser within thirty-five days from the date of the service of this notice (which may be effected by Registered Mail or as Directed, and your attention is called to section 36 of the "Land Registry Act" with amendments, and to the following extract therefrom:—
"....and in default of a caveat or certificate of his pendency being filed before the registration as owner of the person entitled under such tax sale, all persons so served with notice.... and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be forever estopped and debarred from setting up any claim to or in respect of the land so sold for taxes, and the Registrar shall register the person entitled under such tax sale as owner of the land so sold for taxes."
AND WHEREAS application has been made for a Certificate of Indefeasible Title to the abovementioned lands, in the name of John Bergman:
AND WHEREAS on investigating the title it appears that prior to the 9th day of September, 1914, (the date on which the said lands were sold for overdue taxes) you were the assessed owner thereof.
FURTHER TAKE NOTICE that at the same time I shall effect registration in pursuance of such application and issue a Certificate of Indefeasible Title to the said lands in the name of John Bergman unless you take and prosecute the proper proceedings to establish your claim, if any, to the said lands, or to prevent such proposed action on my part.
DATED at the Land Registry Office, Prince Rupert, B. C., this 6th day of December, A. D. 1916.
H. F. MACLEOD,
District Registrar of Titles.
Apr. 17. Simon Peterson, Davisville, California.

2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

CANADIAN WOMEN SHOULD KNOW THIS—

"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.

ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST

If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.

THE AYLMER CONDENSED MILK CO., LTD.
ATLIER, ONT., CANADA

FRED STORK'S HARDWARE

710 SECOND AVE

Carpenters' Tools	Builders' Hardware	Ship Chandlery
Wire Cable	Steel Blocks	Fishing Tackle
Iron Pipe	Pipe Fittings	Rifles and Shotguns
Rope	Valves	Ammunition
Pumps	Hose	Paint
Stoves and Ranges	Rubberoid Roofing	Corrugated Iron

"WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Baby's Own Soap

Best for Baby
Best for You

After the bath with BABY'S OWN SOAP the skin is smooth, comfortable, and exhales the aroma of freshly cut flowers. Freedom from skin troubles, explains in some measure the refreshing sleep which "Baby's Own Soap" babies enjoy. Especially for nursery use insist on "Baby's Own".

ALBERT SOAPS Limited, Manufacturers, - MONTREAL - 1425

The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."