FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-tives" Because They Did Her Good

ROCHON, P. Q., JAN. 14th, 1915.

"I suffered for many years with terrible Indigestion and Constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try "Fruit-a-tives". I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with "Fruit-a-tives".

I consider that I owe my life to "Fruit-a-tives" and I want to say to those who suffer from Indigestion, Constipation or Headaches—'try Fruit-a-tives' and you will get well". CORINE GAUDREAU.

50c. a box, 6 for $2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Royal Reserve

The Whisky of Quality

Aged in Wood 8 Years before bottling

GUARANTEED BY THE GOVERNMENT of CANADA

Demand the Brand

The Daily News delivered by carrier, 50 cents per month.

A Real Lever Simulation

GOLD WATCH FREE.

A straightforward generous offer from an established firm. We are giving away Watches to thousands of people all over the world as a huge advertisement. Now is your chance to obtain one. Write now, enclosing 25 cents for one of our fashionable Ladies' Long Guards, or Gents' Albert, and carriage paid to your with the watch, which will be given Free (these watches are guaranteed five years), should you take advantage of our marvellous offer. We expect you to tell your friends about us and show them the beautiful watch. Don't think this offer too good to be true, but send 25 cents today and win a Free Watch. You will be amazed.—WILLIAMS & LLOYD, Wholesale Jewellers (Dept. 16 L.), 39, Greenvale Road, London, S.E.

WHERE GERMAN KOPJES AND GERMAN SOLDIERS LIE BURIED IN EAST AFRICA.—This photograph shows the nature of the country recently conquered by Lieut.-General Smuts and his British South African forces. The long line of headstones are on graves of German officers who lost their lives in defence of this ill-fated colony.

FROM FAR AND NEAR

The Prohibitionists, since reports are coming in that the soldiers have defeated the proposed Prohibition Bill, are preparing to make charges of irregularities in the taking of the soldiers' vote. Nothing definite will be known about the figures for about three weeks.

Viscount Hythe, Lord Brassey's heir, addressing a thousand Canadians at Hastings recently, said that an Imperial Parliament should have the final decision in the issues of peace or war.

The old copper-gold property on the top of Cunningham Mountain, which was located in the seventies, is to be reopened, according to reports from Aggassiz.

The provincial government has passed an additional $10,000 bounty money for the killing of wolves and panthers, the appropriation made by the late government having been exhausted.

Australian visitors in Vancouver state that the conscription vote in the Commonwealth came as a great surprise to most and that the people were stampeded into voting against the measure.

It was reported the other day that the liner Minnesota, of the Hill fleet, has been sunk. The Minnesota is still in dock at San Francisco undergoing repairs.

Robert Fenwick, an old-time Yukoner, who went to the front with Boyle's boys and was reported killed in France some months ago, has written to friends in Dawson saying that he has not even been wounded.

Premier Norris, of Manitoba, says that agitators against National Service should be called traitors; that they are unworthy of the name of men and should not be at liberty.

A petition, signed by over fifteen thousand citizens of Massachusetts, demanding the severance of relationship with Germany unless the deportation of Belgians is stopped, has been forwarded to President Wilson.

Captain Gabrielle D'Annuncio, the Italian poet, who has lost an eye in the air service of his country, has been awarded the French War Cross.

The Oregonian hails Lord Shaughnessy as the man who will settle the Irish difficulties. It is stated that Canada will be taken as a model for the governing of Ireland.

The C. N. R. reports that the tunnelling of Mount Royal has been completed, after five years of work. The tunnel is three miles in length. It is expected that trains will enter Montreal through the new tunnel in June.

Just arrived 300 tons best Ladysmith Lump Coal. Send in your orders to Prince Rupert Coal Co. Phone 15. tf.

SUN AND TIDE

Friday, January 19th.

Sun rises	8:57 a. m.	
Sun sets	4:23 p. m.	
Low water	3:15 a. m.	Ht. 10.3
High water	9:50 a. m.	Ht. 20.0
Low water	4:39 p. m.	Ht. 5.4
High water	10:59 p. m.	Ht. 16.4

Captain Mellon, M. M. S. A.

AKERBERG, THOMSON COMPANY

Agents for

"FRISCO IMPERIAL," "PALMER," "FISHERMAN," "FERRO" AND "CLAY" GAS ENGINES.

PHONE 525.

DENTISTRY

CROWN AND BRIDGE WORK A SPECIALTY

DR. J. S. BROWN

DENTIST

Office: Smith Block, Third Avenue

Phone 454

2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly $3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 50 St. Peter St., Montreal

$2.50 Feeds A Belgian Family A Month.

CANADIAN WOMEN SHOULD KNOW THIS—

"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.

ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST

If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.

THE AYLMER CONDENSED MILK CO., LTD. AYLMER, ONT., CANADA

FRED STORK'S HARDWARE

710 SECOND AVE

Carpenters' Tools	Builders' Hardware	Ship Chandlery
Wire Cable	Steel Blocks	Fishing Tackle
Iron Pipe	Pipe Fittings	Rifles and Shotguns
Rope	Valves	Ammunition
Pumps	Hose	Paint
Stoves and Ranges	Rubberoid Roofing	Corrugated Iron

"WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Baby's Own Soap

After the bath with BABY'S OWN SOAP the skin is smooth, comfortable, and exhales the aroma of freshly cut flowers.

Freedom from skin troubles, explains in some measure the refreshing sleep which "Baby's Own Soap" babies enjoy. Especially for nursery use insist on "Baby's Own".

ALBERT SOAPS Limited, Manufacturers, - MONTREAL. 14-13

NAVIGABLE WATERS PROTECTION ACT R. S. C. Chapter 115.

Hume B. Babington and Norman R. Brodhurst of the City of Prince Rupert, in the Province of British Columbia, hereby give notice that they have under Section 7 of the said act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of Titles at the Land Registry Office at the City of Prince Rupert aforesaid a description of the site and the plans of a wharf proposed to be built in Henslung Bay, Langara Island, in front of Lots 999 and 998, Queen Charlotte Island Land District, Province of British Columbia.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice the said Hume B. Babington and Norman R. Brodhurst will under Section 7 of the said act apply to the Minister of Public Works at his office in the City of Ottawa, Province of Ontario, for approval of the said site and plans and for leave to construct the said wharf.

DATED at Prince Rupert, B. C., this 27th day of December, A. D. 1916.

WILLIAMS & MANSON, Solicitors for the Applicant.

The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.

If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.

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