Nothing Helped Him Until He Took "FRUIT-A-TIVES"



ALBERT VARNER

Buckingham, Que., May 3rd, 1915. For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, bitter stuff would come up into my mouth after eating, while at times I had nauses and vomiting, and had chronic Constipation. I went to several doctors and wrote to a specialist in Boston but without benefit. I tried many remedies but nothing did me good. Finally, a friend advised "Fruit-a-tives". I took this grand fruit medicine and it made me well. I am grateful to "Fruit-atives", and to everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take "Fruit-a-tives", and you will get well". ALBERT VARNER.

50c. a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.



WHAT WILL BORDEN BRING FROM LONDON?

(Continued From Page One.)

usiness, which at this moment is to hang on to his job by the skin of his teech. Australia is very, very British-perhaps more British than Canada-but not British enough to do what Premier Hughes wanted to do to it. With Australia and South Africa represented at the conference by deputies, Canada and New Zealand will be the only overseas states to send plenipotentiaries. The chances are that Premier Borden will be more plenipotentiary than his comrade of New Zealand, which is a democratic Theatre tonight, country and very insistent that its! wards.

Perley, as Overseas Minister of or anybody else's. Militia, marks a change in our Canada will have her own the first publication of this Notice, Paconstitution which may be epo- troubles after the war-troubles cmc Mills Limited, will under Section ?

Victoria street is only three or to mention the treasure of blood | Dated at Vancouver, British Columbia, four blocks away from Downing Canada has spent, there will be a this 26th day of April, A. D. 1916. Street. He is, therefore, in close national debt of staggering protouch with the Imperial Govern- portions, taxes such as run not ment physically, and, if reports in the memory of man, and interare true, in even closer touch est charges and a pension list spirtually. Sir George has be- that will aggregate one hundred come saturated with the London million dollars a year. All told, atmosphere, and is now very, very it will take about three hundred; English, which is the most natural and fifty million dollars a year to metamorphosis in the world for see us through. Some have ala gentleman who was born in the luded to this as a man's burden United States. Sir George is one on a boy's neck, but Canada of those staunch democrats, quite cheerfully bears it as the price prevalent in the United States, of her duty to the British Empire. who dearly love a country that Canada has done, and continues can make them knights and baro- to do, her bit, fights for the mothnets. Sir George is said to be erland and pays her way. When working for a peerage.



Edmund Breese in "The Walis of Jericho," at the Westholme

Premier should consult the people on his acting as a brake on Pre- WEPAY cies, Parliament does not reckon mier Borden's impulsiveness. We may take it for granted that five Premier Borden, on the other great minds-Lloyd George, Mil- 335 HALLAND TRAFFERS hand, has developed a habit since ner, Curzon, Carson and Balfour FOR RAW SUPPLY CATALOG the war began of doing things -will concentrate their argufirst and explaining or neglecting ment on one lone premier from to explain them afterwards. Pre- overseas. What chance has the mier Borden does a lot of gov- poor fellow against this brilliant |. erning by order-in-council, which, attack? They will surround and of course, is the good old Tory envelope and scorch his back hair way of doing it. By order-in- like a curtain of fire. Naturally NAVIGABLE WATERS PROTECTION ACT council we have "his National they will ask him for all that Registration movement, which England would like to have from aims to mark time until the gov- Canada, and we would be glad to man ernment can see what happens. feel that Premier Borden will Public Works at Ottawa, By order-in-council, we also have answer by offering all that Can- or the Registrar General of Titles at Vic-Sir George Perley, Overseas Min- ada can afford to give. But this toria, ister of Militia, the first Canadian is not Parliament's experience of the site and the plans of cabinet minister we have seen fit Premier Borden. When he gets (31, Range Three (3), Coast District, to keep in London since Confed- one of those promising moods on British Columbia, at the head of Cousins eration fifty years ago, Sir George he would part with his suspenders but

she has been glad to assume for of the said Act, apply to the Governor-inthe war is over she will have a Knowing Sir George's tenden-big bill to foot. The question everybody is asking now is whether Premier Borden intends doing anything while in England to make if bigger .- H. F. Gadsby.

Vancouver Land District-District of

Vancouver, Province of British Columbia intend to apply for permission to purchase the following described lands:---

Commencing at a post planted on the south shore of Cousins Inlet about five west of the southwest corner of Lot 31, Range 3, Coast District; thence oflowing the H. W. M. to this post and containing one hundred and twenty-five (125) acres more or less.

DATED at Vancouver, B. C., this 1st day of November, A. D. 1916. ARCHIE BARNES MARTIN.

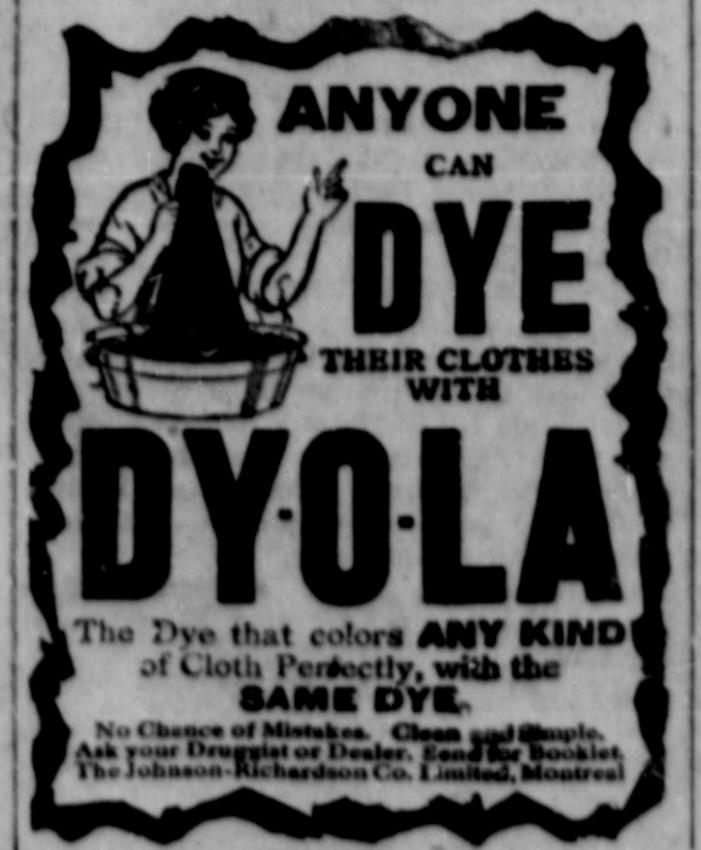
MINERAL ACT

NASTURTIUM, IRIS FRACTION, BELLIS FRACTION, GENTIAN, BLUE BELL FRAC TION COSMOS FRACTION, THISTLE FRACTION, MARIGOLD FRACTION, LILAC PRACTION, FERN FRACTION, PINE APPLE FRACTION, COXCOMB, BEGONIA FRAC-TION, MINERAL CLAIMS situate in the Queen Charlotte District, located at or near Ikeda Bay, Queen Charlotte Island, Province of British Columbia, and lawfully held by

Ikeda Mines Limited. TAKE NOTICE that I. John A. MacInnis, certificate No. 70354 B. intend after the expiration of sixty days from the date hereof to apply on behalf of the said Company to the Mining Recorder for a certificate of improvements for the pur pose of obtaining a Crown Grant to the

AND FURTHER TAKE NOTICE that action under Section 85 of the Mineral Act must be commenced before the issuance of such certificate of improvements.

Dated this 31st day of May, A. D. 1916. JOHN A. MACINNES.







R. S. C. CAP. 115.

Sir George Periey's office in love of the mother country. Not Council for approval of the said site and

BODWELL, LAWSON & LANE. Solicitors for Pacific Mills, Limited.

Sheets, pillow cases, blankets, bed-spreads receive our 20% reduction-Geo. D. Tite.

Salvation Army.

Public meetings. Tuesday I hursday and Saturday at 8 p. m undays at 7:30 p. m.



Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread-but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—ever month-all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lamp one to Local or Provincial Committees, or to the

Central Executive Committee, 50 St. Poter St., Montreal \$2.50 Feeds A Belgian Family A Month.

CANADIAN WOMEN SHOULD KNOW THIS-

"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story-IT COSTS THE SAME. ASE YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN HADE PRODUCT-INSIST If you want whipped cream, chill "Conada First" Evaporated

-then whip as with fresh cream. THE AYLMER CONDENSED MILK CO., LTD. AYLMER, ONT., CANADA

STORK'S HARDWARE

710 SECOND AVE

Builders' Hardware Ship Chandlery Wire Cable Iron Pipe

Rope

Pumps

Steel Blocks Pipe Fittinge Valves Hose

Stoves and Ranges Rubberold Roofing Corrugated Iron

Paint "WE SELL NOTHING BUT THE BEST"

Fishing Tackle Rifles and Shotguns Ammunition

FRED STORK'S HARDWARE

Baby's Own Soap



After the bath with BABY'S OWN SOAP the skin is smooth, comfortable, and exhales the aroma of freshly cut flowers.

Freedom from skin troubles, explains in some measure the refreshing sleep which "Baby's Own Soap" babies enjoy. Especially for nursery use insist on "Baby's Own". ALBERT SOAPS Limited, Manufacturere, - MONTREAL. 14-13



THE ROAD TO THE RIGHT.

TOU'VE met at least one of those few good old souls, who are constantly getting the worst of it when shopping, who don't believe in advertising. A hundred disappointing and instructive experiences have failed to teach him their plain lesson.

When he bought his first watch he was beguiled into buying one without a known name or a trustworthy guarantee. That watch—a poor timekeeper—cost him dearly by reason of missed appointments and missed trains, and for frequent repairs. Yet he paid the price of a good watch.

It is the same story with regard to his underwear, his shoes, and his fountain pen.

This good old soul's case is not unique. Many of us, if the truth be confessed, resemble him; we allow ourselves to be sold merchandise with an unknown brand or trade mark instead of buying merchandise which is well known to us through the medium of advertising. In slang language, we get "stung" pretty often.

In most of these cases we have ourselves to blame, for "the road to the right" thing to buy has been made plain by advertising.

There is no good reason for passing by the known thing, soundly guaranteed, to buy a dubious article, which, quality for quality, cannot be cheaper than the known, branded article.

"It is better to be sure than sorry."

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.

If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising sgency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503. Lumsden Building, Toronto.