

SEVEN YEARS TORTURE

Nothing Helped Him Until He Took "FRUIT-A-TIVES"



ALBERT VARNER

Buckingham, Que., May 27d, 1915.
For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, bitter stuff would come up into my mouth after eating, while at times I had nausea and vomiting, and had chronic Constipation. I went to several doctors and wrote to a specialist in Boston but without benefit. I tried many remedies but nothing did me good. Finally, a friend advised "Fruit-a-tives". I took this grand fruit medicine and it made me well. I am grateful to "Fruit-a-tives", and to everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take "Fruit-a-tives", and you will get well".
ALBERT VARNER.

See a box, 6 for \$2.50, trial size, 25c. Dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.



The Whisky of Quality

Aged in Wood 8 Years before bottling

GUARANTEED BY THE GOVERNMENT OF CANADA

Demand the Brand



Canadian Nurse Honored by King.

Miss L. M. Hubley, of Halifax, is slated to receive the Royal Red Cross of the first class, an honor conferred so far upon only four nurses. Miss Hubley went overseas about a year ago and has performed distinguished services in the British hospitals in France.

"A Dollar in the Bank is Worth Two in Promises"

WHEN you have a substantial Savings Account, you do not have to ask favours or court refusals when you require ready cash. A Savings Account in The Bank of British North America makes you independent of promises. The money is yours—ready when you need it—protected against loss—safe from fire and theft—and earning interest at highest current rates.

Deposits of \$1. and upwards are received on Savings accounts.

THE BANK OF
British North America
75 YEARS IN BUSINESS.
CAPITAL AND SURPLUS, \$7,854,000.
PRINCE RUPERT BRANCH
W. J. SMITHERS, Manager

The Daily News, delivered by carrier, 50 cents per month.

FROM FAR AND NEAR

It is reported that Britain is sinking two German submarines a day and that she is building new ships at the rate of two tons for every ton sunk.

The Booth Fisheries has bought the twelve traps and gear of the Hillside Packing Company, Port Townsend. The traps are located on Puget Sound.

Construction has begun on the Puget Sound United States navy yard. A new plan of constructing the ways has been adopted, lessening the cost of launching big vessels.

Tacoma has gained the day in regard to the changing of the name of Mount Rainier. The choice of a new name will be left to Tagoma and an Indian name will be selected.

"Are Women People?" was one of the subjects of debate at the Sunrise Club in Seattle recently.

While no special recruiting orders have been received from Washington, there is great recruiting activity in the United States for both the army and navy.

Cherokee Indians have offered themselves in a body to the United States government in the event of war being declared. The Cherokee Indians are supposed to be the highest type of native on the American continent.

The American Red Cross has been organized on a war footing and the 265 chapters throughout the country have started first aid classes. Hospital equipment is being assembled and doctors and nurses are offering their services.

In the punitive expedition to Mexico two officers were killed and one died, while forty men lost their lives, twenty by disease and twenty killed.

A carefully compiled estimate of the man-power of the United States shows that there are eighteen million eligible fighting men in the country.

W. H. Taft, in a recent speech in New York, advocated conscription as the only fair method of raising an army in the United States in the event of war being declared.

An examination of the Prince John shows that she had fifteen steel plates damaged, while the engines and interior structure also suffered considerably.

Two Austrians have been arrested at Britannia Mines for having represented themselves as being Serbians. They were taken to Vancouver where they will be prosecuted by the provincial authorities.

"Teddy" Roosevelt has pledged the services of himself and his four sons to the United States in the event of hostilities.

Salvation Army.

Public meetings, Tuesday Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

FIRE ALARM SYSTEM

CIRCUIT NO. 1

- Box 12—510 St. and 2nd Ave.
- Box 13—650 St. and 2nd Ave.
- Box 14—815 St. and 2nd Ave.
- Box 15—Junction of 1st, 2nd and 3rd Aves.
- Box 16—1st Ave. between 8th and 9th Sts. (Knox Hotel).
- Box 17—1st Ave. and 7th St. (Central Hotel).

CIRCUIT NO. 2

- Box 22—3rd Ave. and 2nd St. (Post Office).
- Box 23—3rd Ave. and McBride St.
- Box 24—1st Ave. and McBride St.
- Box 25—2nd Ave. and 2nd St.
- Box 26—2nd Ave. and 5th St.
- Box 27—O. T. P.

CIRCUIT NO. 3

- Box 31—5th Ave. and Fulton St.
- Box 32—Jordan and Taylor Sts.
- Box 33—7th Ave. and Fulton St.
- Box 34—5th Ave. and Commodore Ave.
- Box 35—8th Ave. and Dodge Pl.
- Box 36—5th Ave. and Thompson St.

CIRCUIT NO. 4

- Box 41—4th Ave. and Emmeroon St.
- Box 42—5th Ave. and McBride St.
- Box 43—5th Ave. and Green St.
- Box 44—5th Ave. and Bell St.
- Box 45—7th Ave. and Thoma.
- Box 141—7th Ave. and Ymas St.

MINERAL ACT

NASTURTIUM, IRIS FRACTION, BELLIS FRACTION, GENTIAN, BLUE BELL FRACTION, COSMOS FRACTION, THISTLE FRACTION, MARGOLD FRACTION, LILAC FRACTION, FERN FRACTION, PINE APPLE FRACTION, COXCOMB, BEGONIA FRACTION, MINERAL CLAIMS situate in the Queen Charlotte District, located at or near Ikeda Bay, Queen Charlotte Island, Province of British Columbia, and lawfully held by Ikeda Mines Limited.

TAKE NOTICE that I, John A. MacInnis, solicitor for Ikeda Mines Limited, free miners' certificate No. 70354 B, intend after the expiration of sixty days from the date hereof to apply on behalf of the said company to the Mining Recorder for a certificate of improvements for the purpose of obtaining a Crown Grant to the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 of the Mineral Act must be commenced before the issuance of such certificate of improvements.

Dated this 31st day of May, A. D. 1916.
JOHN A. MACINNIS,
Solicitor for Ikeda Mines Limited.

AVIABLE WATERS PROTECTION ACT, R. S. C. CAP. 115.

PACIFIC MILLS, LIMITED, hereby give notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the Registrar General of Titles at Victoria, British Columbia, a description of the site and the plans of certain structures to be erected in front of Lot Thirty-one (31), Range Three (3), Coast District, British Columbia, at the head of Cousins Inlet.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this Notice, Pacific Mills Limited, will under Section 7 of the said Act, apply to the Governor-in-Council for approval of the said site and plan.

Dated at Vancouver, British Columbia, this 26th day of April, A. D. 1916.
BODWELL, LAWSON & LANE,
Solicitors for Pacific Mills Limited.

Vancouver Land District—District of Coast, Range 3.

TAKE NOTICE that Archie Barnes Martin, occupation mill manager, of the city of Vancouver, Province of British Columbia, intend to apply for permission to purchase the following described lands:—

Commencing at a post planted on the south shore of Cousins Inlet about five chains west of the southwest corner of Lot 31, Range 3, Coast District; thence south 20 chains, thence west 40 chains, thence north 20 chains, thence west 35 chains, thence north 18.5 chains more or less to H. W. M. of Cousins Inlet, thence following the H. W. M. to this post and containing one hundred and twenty-five (125) acres more or less.

DATED at Vancouver, B. C., this 1st day of November, A. D. 1916.
J. 21. ARCHIE BARNES MARTIN.

ADVERTISE IN
THE DAILY NEWS



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flag are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 50 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.



CANADIAN WOMEN SHOULD KNOW THIS—

"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.

ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST!

If you want whipped cream, chill "Canada First" Sterilized—then whip as with fresh cream.

THE AYLNER CONDENSED MILK CO., Ltd., AYLNER, ONT., CANADA

FRED STORK'S HARDWARE

710 SECOND AVE

- | | | |
|-------------------|--------------------|---------------------|
| Carpenters' Tools | Builders' Hardware | Ship Chandlery |
| Wire Cable | Steel Blocks | Fishing Tackle |
| Iron Pipe | Pipe Fittings | Rifles and Shotguns |
| Rope | Valves | Ammunition |
| Pumps | Noes | Paint |
| Stoves and Ranges | Rubberoid Roofing | Corrugated Iron. |

"WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Baby's Own Soap

Best for Baby Best for You



After the bath with BABY'S OWN SOAP the skin is smooth, comfortable, and exhales the aroma of freshly cut flowers.

Freedom from skin troubles, explains in some measure the refreshing sleep which "Baby's Own Soap" babies enjoy. Especially for nursery use insist on "Baby's Own".

ALBERT SOAPS Limited, Manufacturers, - MONTREAL



The Case of A.B. Smith Retailer.

A. B. SMITH has a dry goods store in a certain Canadian city. He does a good business, but wants to do more. He believes that Advertising in his local newspaper is the way to get more business. So he advertises—every now and then.

This is where our friend Smith is wrong—in advertising every now and then. He should advertise regularly—as frequently as his local newspaper is published.

Smith says he wants to advertise regularly, but he can't always find the time to prepare advertisements, which is true, for he is his own buyer, salesman, director of store service, credit man and half-a-dozen other things.

What Smith should do is this: If he is located in one of the smaller cities, in which there are no advertising agencies giving a local copy service, and he has no one among his own staff qualified by instinct or experience to write the daily announcements, he should go to the publisher of the newspaper in which he means to advertise, requesting his help. In nine cases out of ten, the publisher, through his advertising manager, will be only too glad to give Smith the assistance desired.

If Smith is located in one of the larger cities he should secure the services of a recognized advertising agency which will take over the work of preparing his advertisements.

In this way Smith can be sure of having his advertisements prepared regularly and intelligently, with no more trouble to him than the supplying of the information required by the writer of the advertisements.

So Smith can do more business, and more business means a larger income for himself, to say nothing of other gains that go hand in hand with the doing of bigger business.

This man Smith---do you know him?
Are YOU Smith?

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.

If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.