

SEVEN YEARS TORTURE

Nothing Helped Him Until He Took "FRUIT-A-LIVES"



ALBERT VARNER
Buckingham, Que., May 3rd, 1915.
For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, bitter stuff would come up into my mouth after eating, while at times I had nausea and vomiting, and had chronic Constipation. I went to several doctors and wrote to a specialist in Boston but without benefit. I tried many remedies but nothing did me good. Finally, a friend advised "Fruit-a-lives". I took this grand fruit medicine and it made me well. I am grateful to "Fruit-a-lives", and to everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take "Fruit-a-lives", and you will get well".
ALBERT VARNER.
Box a box, 6 for \$2.50, trial size, 25c. Aidesalers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

Royal Reserve
The Whisky of Quality
Aged in Wood 8 Years before bottling
GUARANTEED BY THE GOVERNMENT OF CANADA
Demand the Brand



LT.-COL. H. A. GENET, D.S.O.
Who was decorated by the King recently. He comes of a Canadian family well known in eastern Canada.

"A Dollar in the Bank is Worth Two in Promises"
WHEN you have a substantial Savings Account, you do not have to ask favours or court refusals when you require ready cash. A Savings Account in The Bank of British North America makes you independent of promises. The money is yours—ready when you need it—protected against loss—safe from fire and theft—and earning interest at highest current rates.
Deposits of \$1. and upwards are received on Savings accounts.

THE BANK OF British North America
79 YEARS IN BUSINESS.
CAPITAL AND SURPLUS, \$7,884,000.
PRINCE RUPERT BRANCH
W. J. SMITHERS, Manager

NO ALUM MAGIC READ LABEL BAKING POWDER

FROM FAR AND NEAR
There is still no word of the arrival of the Deutschland and it is unlikely that she will make an American port now. The cargo which was stored up for her at New London, Conn., was burned the other day, soon after word was received of the breaking of relations between the States and Germany.

There is a severe epidemic of measles raging at Sitka, Alaska. It is affecting both the whites and the natives.

George Carpentier, the French boxing champion, refuses to leave the army to carry out a boxing engagement in New York.

H. G. Wells, the famous novelist, says that victory depends upon aeroplanes, "tanks" and big guns. He believes that the "tank" which at present weighs twenty tons, will develop steadily into a tremendous instrument of war.

Seward district has had the most severe slides experienced for fifty years. In one big slide trees fifty years old were snapped off like twigs.

A Dutch warship picked up a German submarine in Dutch waters the other day and brought it to Flushing, at the mouth of the Scheldt, where it has been interned.

The Standard Oil Company is dismissing all Germans from its employment in the United States and an armed guard has been put upon its plants.

German newspapers claim that General Carranza has sent his best wishes to the Kaiser. If Villa were to follow suit it would be very appropriate.

The Kaiser has conferred the Iron Cross, with a white ribbon, upon Count Von Bernstorff. Bill had better conserve his supplies of iron.

President Wilson has appointed "Teddy" Roosevelt Junior major of infantry in a reserve corps.

Miners on Dome Creek, Alaska, fought and won a battle with flames last Saturday. The fire threatened to wipe out the new town of Olnes, as the thermometer was at 40 below and the only water obtainable was got from melting snow. So hard did the miners work in shovelling snow that they quelled the outbreak. They thought they were in the tropics by the time they got through.

The new city of Anchorage, Alaska, is planning a dog-team race from Anchorage to Seward.

A party of reindeer men are in Anchorage making plans for starting a reindeer ranch. They claim that there is plenty of the necessary reindeer moss to be found in that vicinity.

Salvation Army.
Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

FIRE ALARM SYSTEM

CIRCUIT NO. 1.

Box 12 8th St. and 3rd Ave.
Box 14 6th St. and 3rd Ave.
Box 16 4th St. and 3rd Ave.
Box 18 Junction of 1st, 2nd and 3rd Aves.
Box 16 1st Ave., between 8th and 9th Sts. (Knox Hotel).
Box 17 1st Ave. and 7th St. (Central Hotel).

CIRCUIT NO. 2.

Box 22 3rd Ave. and 3rd St.
(Post Office).
Box 23 3rd Ave. and McBridge St.
Box 26 1st Ave. and McBridge St.
Box 26 5th Ave. and 2nd St.
Box 26 5th Ave. and 4th St.
Box 27—G. T. P.

CIRCUIT NO. 3.

Box 31 5th Ave. and Fulton St.
Box 32 Gordon and Taylor Sts.
Box 34 7th Ave. and Fulton St.
Box 36 9th Ave. and Comor Ave.
Box 37 8th Ave. and Dodge Pl.
Box 38 5th Ave. and Thompson St.

CIRCUIT NO. 4.

Box 41 5th Ave. and Emmerson St.
Box 43 5th Ave. and Green St.
Box 46 6th Ave. and Ball St.
Box 46 7th Ave. and Sherb.
Box 143 7th Ave. and Young St.