

THE DAILY NEWS

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HEAD OFFICE

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DAILY EDITION

Monday, Feb. 12, 1917.

THE REFORMED DOGFISH

The following editorial from the New York Times should be of interest to all concerned in the fishing industry here:

"Give a dog a bad name and hang him" is as true of the piscine as it is of the canine tribe. Witness the dogfish—beg pardon, the grayfish—long a terror and nuisance to Atlantic coast fishermen, whose nets he has cut to tatters and whose bait and catches he has devoured. Until quite recently there was no market here for this bold sea pirate, whose plebeian name and marauding habits had acquired for him a most unsavory reputation. Last November, however, the Bureau of Fisheries, in an interesting circular entitled "The Grayfish—Try It," officially rechristened the condemned and neglected dogfish, and incidentally described what a nutritious and delectable fellow he was. And now Secretary Redfield of the Department of Commerce tells us that "the packers of grayfish estimate that the present demand is tenfold the available supply and that one large jobber in the Middle West has just placed his fourth order since the fish was placed on the market in November."

In the brief space of two months the Department of Commerce has created a new industry that benefits not only the fisherman and packer but the consumer as well. At present the grayfish is being packed plain like salmon, and a can containing fourteen ounces of solid meat and providing about the same quantity of nutriment as a like amount of medium-grade salmon may be purchased for 10 cents. The grayfish contains a little less protein and a little more fat than the salmon, but in digestibility, richness, and wholesomeness it equals, if it does not excel, many of our popular fish foods. One interesting result of the analyses thus far made by the government is that the grayfish is entirely free from uric acid, which is not true of meats, poultry, or other fishes.

Because of the many by-products obtainable from it, it

is possible to market grayfish at a very low price. It may be prepared in a variety of ways—salted and dried like cod, smoked, and canned. In the countries of the Mediterranean it has been used as a fish food from time immemorial. Economic Circular No. 22 of the Bureau of Fisheries, to which reference has already been made, gives seventeen recipes for using the canned fish in the preparation of palatable dishes.

The grayfish is only one of many excellent sea foods which Americans have been long and recklessly wasting by neglect. The intelligent housewife who knows something about food values and is not afraid to try a new dish because it is new may do more to "knock H. out of the H. C. of L." than all the State and Congressional investigating committees combined.

NOTES AND COMMENTS

No more Canadians are to be allowed to visit England so long as the war lasts, unless they can show real good reasons for doing so. It is only natural that mothers and wives should wish to be near their loved ones, but national service comes first and there is already a heavy tax on British food supplies.

Bernstorff, after taking every precaution against getting his feet wet, will take the safest course towards home and Kaiser. Germany might have sent across a submarine for him.

Bets are being made that the United States will never enter the war. If Germany sinks an American liner, there is no doubt as to Washington's action, but the chances are that the German submarine commanders have been warned to be very careful in this respect.

We received a letter the other day urging that every Liberal Association in the country should wire to Premier Borden protesting against Hon. Robert Rogers going to London as a representative at the Imperial Conference. The writer need not worry, as Bob can do no harm at the conference and his absence from Canada for a while will not be a curse.

Watch Your Sneeze!
It may be the forerunner of bronchitis or a bad cold. It is nature's warning that your body is in a receptive condition for germs. The way to fortify yourself against cold is to increase warmth and vitality by eating **Shredded Wheat**, a food that builds healthy muscle and red blood. For breakfast with milk or cream, or any meal with fresh fruits.



Made in Canada.

ADDRESSING CABLES TO MEN ON SERVICE

Ottawa, Feb. 8.—The Department of Militia and Defence reports that considerable delay and confusion frequently results through improperly addressing in care of the War Office, London, cable messages intended for officers and men serving with the Canadian Expeditionary Force in France. No arrangements exist for the forwarding of such messages from London by telegraph, and it is therefore necessary in all such cases to send them on by post.

All cable messages intended for members of the Canadian Expeditionary Force in France may (like telegrams for others) be sent from Canada addressed directly to France, the address of such messages, in addition to stating regimental number, name, unit, etc., to bear the words "Canadians, France." These messages, however, even if paid for at full rates, are not necessarily forwarded by telegraph in the final stages of their transmission in France, and may be subject to some delay.

The foregoing does not apply to messages which may be sent at the special non-minimum weekend letter rate to soldiers, sailors and nurses serving with the Canadian Expeditionary Force in France. Such messages, which should be fully addressed in all cases, are forwarded by post from England by the telegraph company, and should not, therefore, be directed in care of the War Office, London.

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THE ENGINE REFINEMENT
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2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.
4 Cyl.—3 3-4 in. by 5 1-2 in., 25 Horse Power.
4 Cyl.—5 1-2 in. by 5 in., 25-35 Horse Power.

For Further Information Apply to

W. E. WILLISCROFT
Prince Rupert, B. C.

NAVIGABLE WATERS PROTECTION ACT
R. S. C. Chapter 115.

Hume B. Babington and Norman R. Brodhurst of the City of Prince Rupert, in the Province of British Columbia, hereby give notice that they have under Section 7 of the said act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of Titles at the Land Registry Office at the City of Prince Rupert aforesaid a description of the site and the plans of a wharf proposed to be built in Henslung Bay, Langara Island, in front of Lots 999 and 998, Queen Charlotte Island Land District, Province of British Columbia.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice the said Hume B. Babington and Norman R. Brodhurst will under Section 7 of the said act apply to the Minister of Public Works at his office in the City of Ottawa, Province of Ontario, for approval of the said site and plans and for leave to construct the said wharf.

DATED at Prince Rupert, B. C., this 27th day of December, A. D. 1916.
WILLIAMS & MANSON,
Solicitors for the Applicant.

THE MAILS

For the East.

Tuesdays, 2 a. m.
Wednesdays, 9:30 a. m.
Saturdays, 9:30 a. m.

From the East.

Tuesdays, 5:30 p. m.
Thursdays, 3:30 p. m.
Sundays, 3:10 p. m.

For Vancouver.

Tuesdays, 4 p. m.
Thursdays, 10 p. m.
Sundays, 4 p. m.

From Vancouver.

Wednesdays, 10:30 a. m.
Fridays, 3 p. m.
Sundays, 7 p. m.

Alternate Mondays from January 1st.

For Anyox.

Wednesdays, 10 p. m.
Fridays, 8 p. m.
Sundays, 8 p. m.

From Anyox.

Thursdays, Sundays and Tuesdays.

The Islands.

Mail closes.

Jan. 17 and 31st at 8 p. m.
Feb. 14th and 28th at 8 p. m.

Mail Arrives.

January 21st, February 17th and March 3rd.

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W. E. Williams, B.A., LL.B.
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LAND ACT

VANCOUVER LAND DISTRICT—DISTRICT OF COAST, RANGE 3.

TAKE NOTICE that I, Leo Stanley Burdon, of Ocean Falls, B. C., occupation mill secretary, intend to apply for permission to purchase the following described lands: Commencing at a post planted about five chains distant and in a westerly direction from the southwest corner of Lot 31, Range 3, Coast District, thence south 20 chains; thence east 25 chains; thence north 20 chains; thence west 52 chains, to this post, containing in all about 45 acres.
LEO STANLEY BURDON.
NOVEMBER 8, 1916. F. 6.

MINERAL ACT

Notice to Delinquent Partners.

To Grant Mahood and Patrick Daly.
TAKE NOTICE that whereas we have done and caused to be done assessment work by surveys on the Daly, Sullivan, Edith and Lois Mineral Claims, situated in the Salmon River District, Portland Canal Mining Division, for the year 1916, and have paid for said work and recording same the sum of \$510.00, unless you pay to us the sum of \$255.00 for your share of said assessment work, together with the cost of this advertisement, we shall at the expiration of ninety (90) days from the date hereof, apply to the Mining Recorder at Stewart, B. C., to have your interests in the said Daly, Sullivan, Edith and Lois mineral claims vested in us, in pursuance of the provisions of the Mineral Act.

Dated at Victoria, B. C., this 15th day of November, A. D. 1916.
JAMES McDONALD,
FREDERICK C. WINKLER.

S.O.S. FURS **Safety First**
Nothing is more important to the Fur Shopper than doing business with an honest—Stable—Responsible—Safe Fur House.
"Ship to Shubert"
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THURSDAY 12 Midnight for Vancouver
Victoria and Seattle.
WEDNESDAY MIDNIGHT FOR ANYOX
S. S. PRINCE ALBERT
For Ketchikan, Wrangell, Juneau and Skagway January 24th, February 7th and 21st, March 7th and 21st.
FOR QUEEN CHARLOTTE ISLANDS January 17th and 31st, February 14th and 28th.
PASSENGER TRAIN SERVICE
Wednesday and Saturday at 11:30 a. m. for Smithers, Prince George, Edmonton, Saskatoon and Winnipeg, making connections there for all points east and south. Mixed train every Tuesday at 4 a. m.
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Princess Sophia for Alaska Monday, February 12th.
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Corner Fourth Street and Third Avenue, Prince Rupert, B. C.

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