

SEVEN YEARS TORTURE

Nothing Helped Him Until He Took "FRUIT-A-TIVES"



ALBERT VARNER

Buckingham, Que., May 3rd, 1915.
For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, bitter stuff would come up into my mouth after eating, while at times I had nausea and vomiting, and had chronic Constipation. I went to several doctors but nothing did me good. Finally, a friend advised "Fruit-a-tives". I took this grand fruit medicine and it made me well. I am grateful to "Fruit-a-tives", and to everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take "Fruit-a-tives", and you will get well.
ALBERT VARNER.

30c. a box, 6 for \$2.50, trial size, 25c. Dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.



Royal Reserve
The Whisky of Quality
Aged in Wood 8 Years before bottling
GUARANTEED BY THE GOVERNMENT OF CANADA
Demand the Brand

NOTICE TO MARINERS

Alaska—Wrangell Strait—Rock Point Buoy 14, reported on Jan. 27 to be missing, was replaced on January 29th.

Peterburg Float Light twenty-four, reported as fouled by tree on January 30, will be replaced in position and relighted as soon as practicable.

South Ledge Buoy No. 4, reported carried away by ice January 31st, will be replaced as soon as practicable.

CAUTION—Mariners navigating Wrangell Straits should use caution owing to ice conditions and the possibility of aids to navigation being carried out of position.

The following aids to navigation in Wrangell Straits were reported missing or out of position on February 5th:—

- Burnt Island Reef Float Light 2.
- South Ledge Buoy 4.
- North Point Buoy 5.
- North Ledge Buoy 6.
- Danger Point Float Light 8.
- Rock Point Buoy 14.

First annual ball of the Returned Soldiers' Association will be held in the Railwaymen's Hall, Feb. 14, (Valentine's Day). This is in commemoration of the day when Prince Rupert's first contingent, the 30th Battalion, left Victoria for England. All interested are invited to attend. 33.

"A Dollar in the Bank is Worth Two in Promises"

WHEN you have a substantial Savings Account, you do not have to ask favours or court refusals when you require ready cash. A Savings Account in The Bank of British North America makes you independent of promises. The money is yours—ready when you need it—protected against loss—safe from fire and theft—and earning interest at highest current rates.

Deposits of \$1. and upwards are received on Savings accounts.

THE BANK OF British North America
79 YEARS IN BUSINESS.
CAPITAL AND SURPLUS, \$7,554,000.
PRINCE RUPERT BRANCH
W. J. SMITHERS, Manager

OTTAWA HAS MANY MYSTERIES TO UNFOLD

(Continued From Page One.)

keys, and like matters, the member for Pictou reminded Sir Robert that his Minister of Elections had had the bloody key in the lock and the door almost open on two occasions, but the government got locomotor ataxis and nearly trembled itself to death. As for war-time elections, there have been five since the war started, and the Conservative government of British Columbia went so far as to take the votes of the soldiers at the front, with disastrous results to itself. No doubt Premier Bowser's fate aggravates Premier Borden's horror when he reflects on the temerity of asking the soldier to pause a moment in his fighting while he casts a vote that may help to slaughter the Borden government.

Macdonald made a palpable hit when he asked Premier Borden why he dismissed Sir Sam for doing things off his own bat without the formality of orders-in-council, and kept on the Minister of Public Works and the Minister of Railways, who were guilty of the same offence. Needless to state, Premier Borden did not answer, choosing to regard it as a rhetorical question of Mr. Macdonald's. The Government has a habit of smiling wanly when Mr. Macdonald starts his quizzing. That's about the only reply they are able to make.

Another matter touched by the member for Pictou was Sir Sam's struggle to maintain Canadian control of Canadian troops while in England, and the hostility of Sir George Perley and the other peerage hunters in Premier Borden's cabinet, to this course. It appears that Sir Sam had a hard fight first with Kitchener and then with the politicians here and in England to establish Canadian right in a Canadian army to anything more than the lesser commands. Sir Sam himself says that when Premier Borden let him out he had got things so far forward that the British War Office—with reluctance, it is true—was appointing Canadians as divisional commanders, but now that Sir George Perley has it in hand we may expect to lose the ground gained. Sir Sam apprehends that Perley will assent to everything—the high rank and the decorations for the British officers and what's left for the Canadians—who are paying the bill. When Sir Sam gets on the subject of the fine old tawny dundereads the war office would have foisted on the Canadian divisions there are always fireworks.

If anything lacked to puncture the government's National Service bluff it was supplied by Frank Oliver, who analyzed its pretensions in a way that added to his reputation as a clear thinker. Mr. Oliver took the ground that National Service meant primarily compulsory military service—as it does in England and other war-administered countries right now—and after that compulsory industrial service. National Service in Canada, however, means neither one thing nor the other—it's a mere muttering on the part of the government which leads nowhere. Mr. Oliver thought the best thing that could happen to Canada was an election that would turn an equivocating government out and put an honest one in.

Incidentally, Mr. Oliver knocked the stuffing out of Premier Borden's enlistment figures, which include the sixty-five thousand unfits who never reached the firing line, several thousand non-combatants, and several more thousands of allied reservists with whose enlistment under their respective colors Canada had nothing whatever to do. One way and another we are still 170,000 short of Premier Borden's boast that Canada would supply 500,000 fighting men.—H. F. Gadsby.

MINERAL ACT

NASTURTIUM, IRIS FRACTION, BELLIS FRACTION, GENTIAN, BLUE BELL FRACTION, COSMOS FRACTION, THISTLE FRACTION, MARIPOSA FRACTION, LILAC FRACTION, FERN FRACTION, PINE APPLE FRACTION, COXCOMB, BFGONIA FRACTION, MINERAL CLAIMS situate in the Queen Charlotte District, located at or near Ikeda Bay, Queen Charlotte Island, Province of British Columbia, and lawfully held by Ikeda Mines Limited.

TAKE NOTICE that I, John A. MacInnis, solicitor for Ikeda Mines Limited, free miners' certificate No. 70354 B, intend after the expiration of sixty days from the date hereof to apply on behalf of the said company to the Mining Recorder for a certificate of improvements for the purpose of obtaining a Crown Grant to the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 of the Mineral Act must be commenced before the issuance of such certificate of improvements.

Dated this 31st day of May, A. D. 1916.
JOHN A. MACINNIS,
Solicitor for Ikeda Mines Limited.

NAVIGABLE WATERS PROTECTION ACT, R. S. C. CAP. 115.

PACIFIC MILLS, LIMITED, hereby give notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the Registrar General of Titles at Victoria, British Columbia, a description of the site and the plans of certain structures to be erected in front of Lot Thirty-one (31), Range Three (3), Coast District, British Columbia, at the head of Cousins Inlet.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this Notice, Pacific Mills, Limited, will, under Section 7 of the said Act, apply to the Governor-in-Council for approval of the said site and plan.

Dated at Vancouver, British Columbia this 26th day of April, A. D. 1916.
BODWELL, LAWSON & LANE,
Solicitors for Pacific Mills, Limited.

Vancouver Land District—District of Coast, Range 3.

TAKE NOTICE that Archie Barnes Martin, occupation mill manager, of the city of Vancouver, Province of British Columbia, intend to apply for permission to purchase the following described lands:—

Commencing at a post planted on the south shore of Cousins Inlet about five chains west of the southwest corner of Lot 31, Range 3, Coast District; thence south 20 chains, thence west 40 chains, thence north 20 chains, thence west 35 chains, thence north 18.5 chains more or less to H. W. M. of Cousins Inlet, thence following the H. W. M. to this post and containing one hundred and twenty-five (125) acres more or less.

DATED at Vancouver, B. C., this 1st day of November, A. D. 1916.
J. B. ARCHIE BARNES MARTIN.

ADVERTISE IN
THE DAILY NEWS



2,000,000

Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flag are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your contributions weekly, monthly or in one lump sum to Lord or Provincial Committee, or to the

Central Executive Committee, 89 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.



CANADIAN WOMEN SHOULD KNOW THIS—

"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.

ASK YOUR GROCER FOR THIS CANADIAN GROWN CANADIAN MADE PRODUCT—INSIST If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.
THE AYLMER CONDENSED MILK CO., LTD.
AYLMER, ONT., CANADA

FRED STORK'S HARDWARE

710 SECOND AVE

- | | | |
|-------------------|--------------------|---------------------|
| Carpenters' Tools | Builders' Hardware | Ship Chandlery |
| Wire Cable | Steel Blocks | Fishing Tackle |
| Iron Pipe | Pipe Fittings | Rifles and Shotguns |
| Rope | Valves | Ammunition |
| Pumps | Hose | Paint |
| Stoves and Ranges | Rubberoid Roofing | Corrugated Iron |

"WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Baby's Own Soap



After the bath with BABY'S OWN SOAP the skin is smooth, comfortable, and exhales the aroma of freshly cut flowers.

Freedom from skin troubles, explains in some measure the refreshing sleep which "Baby's Own Soap" babies enjoy. Especially for nursery use insist on "Baby's Own".

ALBERT SOAPS Limited, Manufacturers, - MONTREAL - 24-13

GOLD WATCH FREE.



A watch is a most useful and valuable possession. We are giving away a watch to the person who will send us a postcard to-day and a 5c stamp. You will be surprised to find a watch of real value. Write to: LLOYD, Wholesale Jewellers (Inq. 14), 80, Cornwallis Street, London, E.C. 4.



The Case of A.B. Smith, Retailer.

A. B. SMITH has a dry goods store in a certain Canadian city. He does a good business, but wants to do more. He believes that Advertising in his local newspaper is the way to get more business. So he advertises—every now and then. This is where our friend Smith is wrong—in advertising every now and then. He should advertise regularly—as frequently as his local newspaper is published.

Smith says he wants to advertise regularly, but he can't always find the time to prepare advertisements, which is true, for he is his own buyer, sales-manager, director of store service, credit man and half-a-dozen other things.

What Smith should do is this: If he is located in one of the smaller cities, in which there are no advertising agencies giving a local copy service, and he has no one among his own staff qualified by instinct or experience to write the daily announcements, he should go to the publisher of the newspaper in which he means to advertise, requesting his help. In nine cases out of ten, the publisher, through his advertising manager, will be only too glad to give Smith the assistance desired.

If Smith is located in one of the larger cities he should secure the services of a recognized advertising agency which will take over the work of preparing his advertisements.

In this way Smith can be sure of having his advertisements prepared regularly and intelligently, with no more trouble to him than the supplying of the information required by the writer of the advertisements.

So Smith can do more business, and more business means a larger income for himself, to say nothing of other gains that go hand in hand with the doing of bigger business.

This man Smith---do you know him?
Are YOU Smith?

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.

If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumden Building, Toronto.