

THE WONDERFUL FRUIT MEDICINE

Thousands Owe Health And Strength To "Fruit-a-tives"

"FRUIT-A-TIVES", the marvellous medicine made from fruit juices—has relieved more cases of Stomach, Liver, Blood, Kidney and Skin Troubles than any other medicine. In severe cases of Rheumatism, Sciatica, Lumbago, Pain in the Back, Impure Blood, Neuralgia, Chronic Headaches, Chronic Constipation and Indigestion, "Fruit-a-tives" has given unusually effective results. By its cleansing, healing powers on the eliminating organs, "Fruit-a-tives" tones up and invigorates the whole system.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.



THIS DAINTY LEGHORN HAS DISTINCTIVE STYLE

This dainty creation is nipped in front, just where fruits are clustered. It is also bent up in the back where a bow of pink ribbon with long streamers is placed. The official name for the new summer hat is the Evelyn Varon.

FRIDAY RED CROSS SALE

Last Friday was another good day for the society, when Mrs. C. L. Monroe and Miss Scott in charge of the sale of home cooking made the sum of \$64.30. The society is very much gratified for the splendid support given these two ladies who so ably managed the sale. Thanks are also due to those who gave to the raffles and who contributed money and food. Mr. Wm. Angie gave a \$5 gold piece which was raffled and won by Mrs. Spurr. The magic lantern given by Miss Grace Tovey, was won by Master Richard Pillsbury. The box of candy from Mrs. Spurr was won by Mrs. de Gex. Pot of flowers sent by Mrs. Parkin went to Miss La Casse. Old coins, George the Third and Fourth, given by Mrs. Barnsley, were won by Miss M. E. Eason. Tea apron from Mrs. Arnold was won by Mrs. Davis and the centre piece sent by Mrs. R. O. Miller went to J. D. McAlay. The following articles are held over for another sale: Tea apron, banner child's shoes, set of table mats, crocheted edging, and box of candy. The following donated money: Mrs. W. T. Kergin, Mrs. Harper, Mrs. Eggert, Mr. A. B. Evans, Mr. Cox, and anonymous. Contributions of home cooking, etc. were sent by Mesdames W. S. Fisher, Shrub-sall, R. O. Miller, R. E. Walker,



A CHARMING DRESSING GOWN
Made in Satin Lisette, lined throughout, trimmed collar and cuffs. It has great fullness and can be made in all popular colors.

Prudhomme, Besner, Smith, de Gex, McDonald, D. G. Stewart, McIntosh, Melville, Kilpatrick, Douglas, Doherty, Jennis, Jennings, J. Lindsay, McNeil, Stillwell, F. McB. Young, Smithers, Reith, Lord, Stewart, Sweet, C. Armstrong, Allison, E. D. Johnstone, J. A. Murray, Kerr, Harper, R. H. Shockley, McMeekin, Sherman, Alec Manson, Jacobs, E. A. W. Woods, R. J. Smith, D. C. McRae, Carss, Morrissey, Kirkpatrick, Heilbronner, Hunter, C. L. Monroe, Harvey E. Peck, Miss Mitchell the Misses Scott and Fritz Schultz. Mrs. Taylor is thanked for a donation of \$3; the Pony Express Co. is thanked for a supply of coal, and the ladies of the society are very grateful to Mr. Paul Nelson for looking after the heating of the rooms.

CARBONVOID for sale by Lipsett & Cunningham, and Parkin-Ward Electric Co. tf.

Sheets, pillow cases, blankets, bed-spreads receive our 20% reduction—Geo. D. Tite. tf.

ORDERS

432 Prince Rupert Cadet Corps, By J. C. Brady, Instructor.

It is proposed that the above corps shall camp for two weeks during the coming summer. All boys wishing to attend must enroll before April 30th.

Salvation Army.

Public meetings, Tuesday Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

PRINCE RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE III.

TAKE NOTICE that Pacific Mills, Limited, of Vancouver, British Columbia, occupation pulp and paper makers, intend to apply for permission to purchase the following described lands: (Commencing at a post planted on the north bank of Kooeye river, about one-quarter of a mile up-stream from the shore of Fitz-Hugh Sound; thence north twenty chains, thence east twenty chains, thence south to river's bank, thence along shore in a westerly direction to point of commencement and containing forty (40) acres, more or less. Sept 6 dated June 10th, 1916. Sept 6 PACIFIC MILLS, LIMITED, by "Mark Smaby," Agent.

LAND REGISTRY ACT

(Sections 36 and 134.)
Re Application N. 9042—File No. 5794.
TAKE NOTICE that application has been made to register Marion B. Morrissey, of Prince Rupert, B. C., as owner in fee under Tax Sale Deed from the Collector of the City of Prince Rupert, bearing date the 10th day of September, 1915, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying, and being in the Municipality of Prince Rupert, more particularly known and described as Lot Eighteen (18), Block Eight (8), Section Eight (8), Map 923).
You are required to contest the claim of the tax purchaser within 35 days from the date of the service of this notice (which may be effected by personal service) and your attention is called to section 36 of the "Land Registry Act" with amendments, and to the following extract therefrom:— "and in default of a caveat or certificate of his pending being filed before the registration as owner of the person entitled under such sale, all persons so served with notice, . . . and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be for ever estopped and debarred from setting up any claim to or in respect of the land so sold for taxes, and the Registrar shall register the person entitled under such tax sale as owner of the land so sold for taxes."
AND WHEREAS application has been made for a Certificate of Indefeasible Title to the above-mentioned lands, in the name of Marion B. Morrissey;
AND WHEREAS on investigating the title it appears that prior to the 9th day of September, 1914, (the date on which the said lands were sold for overdue taxes), you were the assessed owner thereof.
FURTHER TAKE NOTICE that at the same time I shall effect registration in pursuance of such application and issue a Certificate of Indefeasible Title to the said lands in the name of Marion B. Morrissey unless you take and prosecute the proper proceedings to establish your claim, if any, to the said lands, or to prevent such proposed action on my part.
DATED at the Land Registry Office, Prince Rupert, B. C., this 27th day of October, A. D. 1916.
H. F. MACLEOD,
District Registrar of Titles.
To Reuben Nugent, Esq., M15
1207 Pacific St., Vancouver, B. C.

LAKELSE HOT SPRINGS HOTEL

—IS NOW OPEN TO GUESTS—
One of the largest Hot Springs in America, circumference 300 feet—Temperature of Water, 180 d. Fahr.
Excellent Trout Fishing in Lakelse Lake.
Phone Connections with Terrace.
RATES: \$2.50 per day.
For further particulars, apply to J. BRUCE JOHNSTONE, Manager.



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 50 St. Peter St., Montreal
\$2.50 Feeds A Belgian Family A Month.



CANADIAN WOMEN SHOULD KNOW THIS—
"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.
ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MAKE PRODUCT—INSIST
If you want whiter cream, chill "Canada First" Evaporated—then whip it with fresh cream.
THE AYLMER CONDENSED MILK CO., LTD.
AYLMER, ONT., CANADA

FRED STORK'S HARDWARE

710 SECOND AVE

- | | | |
|-------------------|--------------------|---------------------|
| Carpenters' Tools | Builders' Hardware | Ship Chandlery |
| Wire Cable | Steel Blocks | Fishing Tackle |
| Iron Pipe | Pipe Fittings | Rifles and Shotguns |
| Boys | Valves | Ammunition |
| Pumps | Hoses | Paint |
| Shoes and Ranges | Rubberoid Roofing | Corrugated Iron. |

"WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Best for Baby

Best for You

BABY'S OWN SOAP

Absolute Purity Flower Fragrance

Pure vegetable oils are the base of Baby's Own Soap. It promotes skin health and prevents skin troubles.

Natural flower extracts give to Baby's Own Soap the clinging fragrance which makes its use so pleasant.

BABY'S OWN SOAP IS WELL WORTH RUNNING FOR.
In the interest of your skin, send for some now. Sold everywhere.

ALBERT SOAPS, LIMITED, MONTREAL.



A. B. SMITH has a dry goods store in a certain Canadian city. He does a good business, but wants to do more. He believes that Advertising in his local newspaper is the way to get more business. So he advertises—every now and then. This is where our friend Smith is wrong—in advertising every now and then. He should advertise regularly—as frequently as his local newspaper is published.

Smith says he wants to advertise regularly, but he can't always find the time to prepare advertisements, which is true, for he is his own buyer, sales-manager, director of store service, credit man and half-a-dozen other things.

What Smith should do is this: If he is located in one of the smaller cities, in which there are no advertising agencies giving a local copy service, and he has no one among his own staff qualified by instinct or experience to write the daily announcements, he should go to the publisher of the newspaper in which he means to advertise, requesting his help. In nine cases out of ten, the publisher, through his advertising manager, will be only too glad to give Smith the assistance desired.

If Smith is located in one of the larger cities he should secure the services of a recognized advertising agency which will take over the work of preparing his advertisements.

In this way Smith can be sure of having his advertisements prepared regularly and intelligently, with no more trouble to him than the supplying of the information required by the writer of the advertisements.

So Smith can do more business, and more business means a larger income for himself, to say nothing of other gains that go hand in hand with the doing of bigger business.

**This man Smith---do you know him?
Are YOU Smith?**

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.

If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 803, Lumsden Building, Toronto.