Advises The Use Of "FRUIT-A-TIVES",
The Famous Fruit Medicine,



MR. ROSENBURG 589 Casgrain St., Montreal.

April 20th, 1915. "In my opinion, no other medicine in the world is so curative for Constipation and Indigestion as "Fruit-a-tives". I was a sufferer from these complaints for ave years, and my sedentary occupation, Music, brought about a kind of Intestinal Paralysis - with nasty Headaches, belching gas, drowsiness after eating, and Pain in the Back. I tried pills and medicines of physicians, but nothing helped me. Then I was induced to try "Fruit-a-tives", and now for six months I have been entirely well. I advise any one who suffers from that horrible trouble-Chronic Constipation

Atail dealers or sent postpaid by Fruit a-tives Limited, Ottawa.

R LAND DISTRICT-DISTRICT

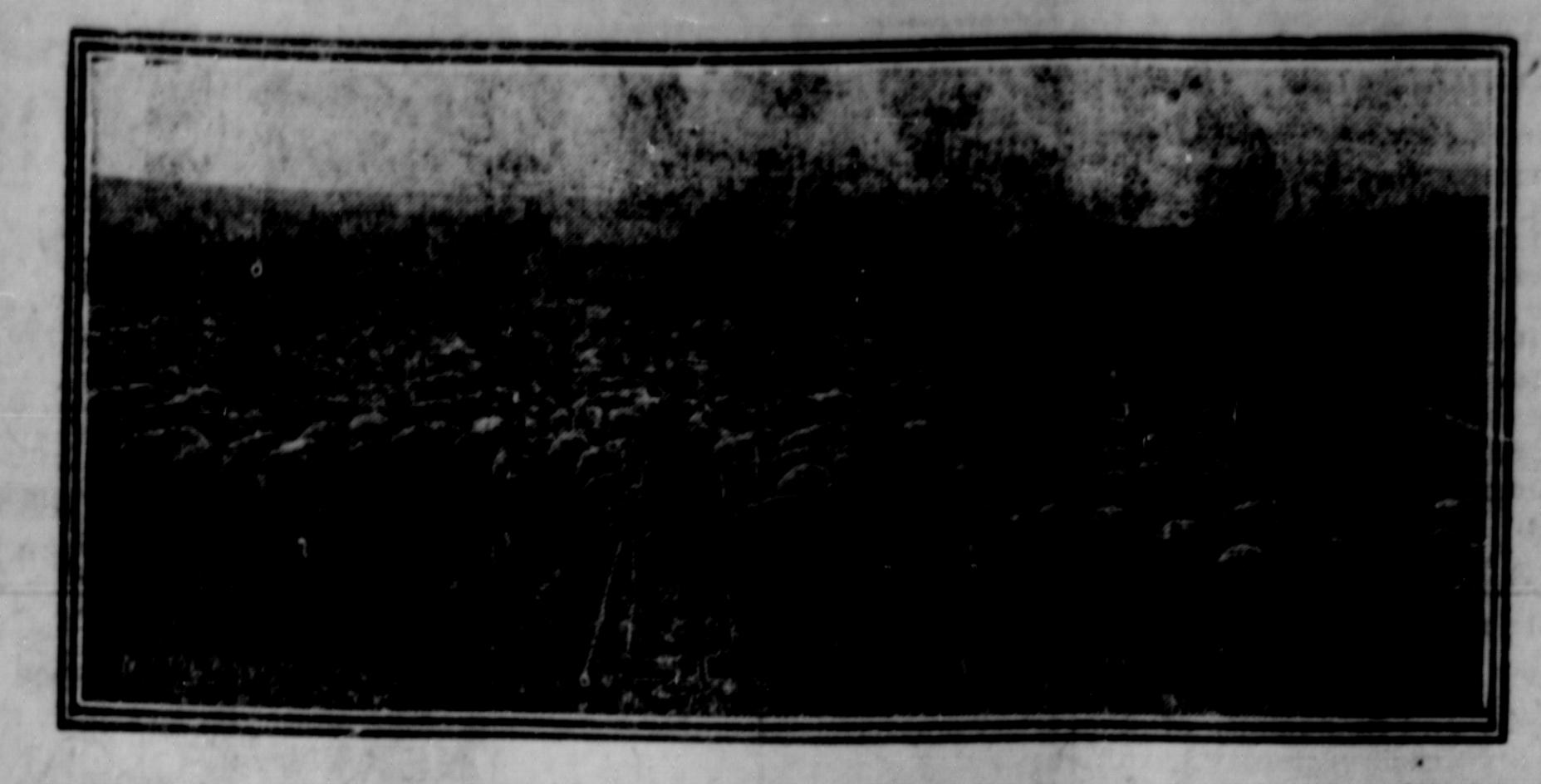
LAND ACT

you will receive" .- A. BOSENBURG.

nest containing in all about 45 acres. LEO STANLEY BURDON.

NOVEMBER 8, 1916.

year. Do your part.



SHEEP MUST MOVE OUT FOR GRAIN CROP. Large flocks of sheep are being turned out of hitherto exclusive pasture fields of the old country to make way for the extension of grain growing required under Britain's new war conditions.

NATIONAL SERVICE AND RECRUITING

(Continued From Page One.)

to be rejected after being carried on the pay roll for two years at an expense of a hundred million dollars at which rate, we repeat. Premier Borden would have had to wait a year and a half to make, good his boast of sending five. hundred thousand fighting men to the front. What happened to throw this chill into recruiting?

It is an open secret. The rewith the resultant indigestion, to try cruiting sergeant in the big cities "Fruit-a-tives", and you will be were allowed to lecture at the agreeably surprised at the great benefit street corners as usual, just for the advertising there was in it-a 50e. a box, 6 for \$2.50, trial size, 25c. sort of guarantee of good faith on the part of the governmentbut quietly, almost covertly, orders were sent around to the recruiting offices in the smaller communities, where recruiting TAKE NOTICE that I, Lee Stanley Bur- was going on briskly, to slow up. on of Ocean Falls, B. C., occupation mill As all these officers were paid by intend to apply for permission the government, they anaturally purchase the following described lands: eased up when told to do so from stant and in a westerly direction Ottawa. The slump in recruiting suthwest corner of Lot 31, took effect at once. One gallant Coast District, thence south 20 | colonel who was getting twelve at 25 chains; thence north | dollars a day for drumming up recruits contemplated an attack on a town which was virgin territory. He had gone so far as keep under the required number, he does it less to help Canada out The Patriotic Fund needs four to hire a brass band to inflame but always, when in sight of the of a hole than to make some rich dollars this year for one last public sentiment, when he re- amount, they would trade a hun- shell maker richer .- H. F. Gadsby. tf ceived a peremptory telegram dred recruits or more to some from Ottawa not to get so gay, other battalion that was just CARSONVOID for sale by Lip- Similar incidents occurred all self & Conningham, and Parkin- over Canada. Great care was It follows, of course, that Na-



William Farnum in "The New Governor" at the Westholme Tonight

tf taken that battali ns then recruit- tional Registration is another bluff. The Hon. Frank Oliver pretty well explained that little game a fortnight ago when he showed that in all the belligerent countries except Canada national service, as it is called, means one of two things, compulsory mili-1 tary service or compulsory industrial service. Primarily, of course, it means compulsory military service, and only after the calls in that direction have been satisfied does it mean industrial service. But in Canada it means neither. If the questions on the registration card mean anything they mean that Director Bennett is snooping round to find out how many men are available for work in the munition factories. As the Imperial Munitions Board is now advertising, by way of making a noise, for men for whom there are no jobs, it would seem that the munition factories are, for the time, glutted and that Director Bennett's inquest is superfluous.

However, it may come in handy later on-that is to say, if the workingman is willing to tear up his home by the roots and go where the government orders him, in order to make money for the shell profiteers. Incidentally Finance Minister White asked for and got another war appropriation of five hundred million dollars this session and no one said him nay which was, of course, the right and loyal thing to do. This half billion appropriation is the largest yet and, with the other appropriations of 1914, 1915 and 1916, makes over a billion dollars in war appropriations during the three years. This is a huge sum. Counting in our other obligations our national debt is now nearly two billion dollars, and it will take some taxing to meet interest charges and current expenditures.

This may lead the workingman to ask why the munition industry is not nationalized, so that the billion dollars worth of munitions Canada will have made up to the end of 1917 may offset the billion dollars of debt we have contracted in the same period. A foolish question? The government has given the munition profiteers nothing more than a love tap in the way of taxes, and it has no intention of nationalizing the industry. Which means that if the workingman, smoked out by the

ing should not reach full strength. registration cards, shifts from Some of them had a hard time to one part of Canada to the other

> The Imily Aras delivered in carrier, 50 cents per month.

> > 200



# Depend on us

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks-they have had no chance to raise moreand the ruthless Germans refuse to supply them!

Backed by the

# Belgian Relief Fund

encrously contributed in the British Empire and the United States, the neutral Belgion Relief Commission has i enough wheat, flour and other foods to feed the whole not so far. The great majority of the 7,000,000 Belgins left in the country have been able to pay for their daily allowance of breed-but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of romen, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible seone must contribute nearly \$3,000,000 a month—ev north all the winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more courving of help! In the name of Justice and Humanity-to the sake of our own self-respect let us give all use can to help our martywood Allies!

Central Executive Committee, 50 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.



### CANADIAN WOMEN

SHOULD KNOW THIS-"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story-IT COSTS THE SAME.

If you want whinned cream, chill "Conede First" Evaporate THE AYLMER CONDENSED MILK CO., Los

AYLMER, ONT., CANADA

710 SECOND AVE

Carpenters' Tools Wire Cable Iron Pipe Pumpe

Ward Electric Co.

Bullders' Hardware Ship Chandlery Steel Blocks Pipe Fittinge Valvee

Fishing Tackle Rifles and Shotguns Ammunition Paint

Corrugated Iron

BELL NOTHING BUT THE BEST"

STORK'S HARDWARE



## Dr.Price's CREAM BAKING POWDER

There is no alum in Dr. Price's Cream Baking Powder. The names of its ingredients, printed on the label of every can, show it to be made from Cream of Tartar, which comes from grapes.

No alum baking powder or food containing alum is permitted to be sold in many countries. To avoid alum read the label and use only baking powder made from cream of tartar.

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B. SMITH has a dry goods store in a certain Canadian city. He does a good business, but wents

to do more. He believes that Advertising in his local newspaper is the way to get more business. So he advertises—every now and then.

This is where our friend Smith is wrong-in advertising every now and then. He should advertise regularly—as frequently as his local newspaper is published.

Smith says he wants to advertise regularly, but he can't always find the time to prepare advertisements, which is true, for he is his own buyer, salesmanager, director of store service, credit man and half-a-dozen other things.

What Smith should do is this: If he is located in one of the smaller cities, in which there are no advertising agencies giving a local copy service, and he has no one among his own staff qualified by instinct or experience to write the daily announcements, he should go to the publisher of the newspaper in which he means to advertise, requesting his help. In nine cases out of ten, the publisher, through his advertising manager, will be only too glad to give Smith the assistance desired.

If Smith is located in one of the larger cities he should secure the services of a recognized advertising agency which will take over the work of preparing his advertisements.

In this way Smith can be sure of having his advertisements prepared resularly and intelligently, with no more trouble to him than the supplying of the information required by the writer of the advertisements. So Smith can do more business, and more business means a larger income for himself, to say nothing of other gains that go hand in hand with the

This man Smith---do you know him? Are YOU Smith?

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.

If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association luom 503, Lumsden Building, Torente.

doing of bigger business.