

# "I FEEL LIKE A NEW BEING"

"FRUIT-A-LIVES" Brought The Joy Of Health After Two Years' Suffering



MADAM LAPLANTE  
35 St. Rose St., Montreal. April 4th.  
"For over two years I was sick and miserable. I suffered from constant headaches, and had Palpitation of the Heart so badly that I feared I would die. There seemed to be a lump in my stomach and the Constipation was dreadful. I suffered from Pain in the Back and Kidney Disease."

I was treated by a physician for a year and a half and he did me no good at all. I tried "Fruit-a-lives" as a last resort. After using three boxes, I was greatly improved and twelve boxes made me well. Now I can work all day and there are no Headaches, no Palpitation, no Heart Trouble, no Constipation, no Pain or Kidney Trouble and I feel like a new being—and it was "Fruit-a-lives" that gave me back my health."

MADAM ARTHUR LAPLANTE.  
Box, a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

## LAND ACT

### KEENA LAND DISTRICT—DISTRICT OF COAST, RANGE THREE

TAKE notice that J. Francis Joseph, acting as agent for the Empire pulp and Paper Mills, Ltd., of Swanton Bay, B. C., occupation logger, intend to apply for permission to lease the following described lands:—

Commencing at a post planted on the south shore of the lagoon at the end of the East Arm of Mussel Inlet, about one and one half miles in a westerly direction from the N.W. corner of T. L. 44846, 305, (11000), thence south 20 chains, thence west 40 chains, thence north 20 chains more or less to shore line, thence following shore line in an easterly direction to point of commencement.

FRANCIS JOSEPH BEALE, Applicant.  
Dated 18th, 1916. J.25

### Vancouver Land District—District of Coast, Range 3.

TAKE NOTICE that Archie Barnes Martin, occupation mill manager, of the city of Vancouver, Province of British Columbia, intend to apply for permission to purchase the following described lands:—

Commencing at a post planted on the north shore of Cousins Inlet about five chains west of the southwest corner of Lot 21, Range 3, Coast District; thence south 20 chains, thence west 40 chains, thence north 20 chains, thence west 30 chains, thence north 18.5 chains more or less to H. W. M. of Cousins Inlet, thence following the H. W. M. to this point and containing one hundred and twenty-five (125) acres more or less.

DATED at Vancouver, B. C., this 1st day of November, A. D. 1916. J.21

### KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that J. George McRae, of Skeena, B. C., occupation engineer, intend to apply for permission to lease the following described lands:—

Commencing at a post planted at the N.W. corner of Lot 4, Allford Bay, Skeena Inlet, thence west 20 chains, thence north 5 chains, thence 20 chains in an easterly direction following the shore line, thence two chains to point of commencement, containing 15 acres, more or less.

GEORGE MCRAE, Applicant.  
Dated January 15th, 1917. A22

### VANCOUVER LAND DISTRICT—DISTRICT OF COAST, RANGE 3.

TAKE NOTICE that L. Leo Stanley Burdon, of Ocean Falls, B. C., occupation mill secretary, intend to apply for permission to purchase the following described lands:—

Commencing at a post planted about five chains distant and in a westerly direction from the southwest corner of Lot 31, Range 3, Coast District, thence south 20 chains, thence east 25 chains, thence north 20 chains, thence west 32 chains, to this point, containing in all about 45 acres.

LEO STANLEY BURDON.  
NOVEMBER 8, 1916. P. 6.

### CITY OF PRINCE RUPERT

Notice is hereby given that a Court of Revision for the purpose of revising and correcting the Assessment Roll for the City of Prince Rupert, returned by the undersigned Assessor on the Tenth day of January, A. D. 1917, will be held on Monday, the Fifth day of March, A. D. 1917, at 10 o'clock in the forenoon, in the Council Chamber, City Hall, City of Prince Rupert.

All complaints or objections to said Assessment Roll must be made, in writing, and delivered to the Assessor at least ten (10) days before the date of the first sitting of the said Court, viz., the Fifth day of March, A. D. 1917.

Dated at the City of Prince Rupert, Province of British Columbia, this twenty-second day of January, A. D. 1917.  
P. LORENZEN,  
Assessor of the said City of Prince Rupert.

FRED PETERS,  
City Clerk of the said Municipality.  
97-39-37-43



Riding The Sea Horse—Latest: Fat at Palm Beach.—Miss Edith Campbell, a Philadelphia society girl, one of the first to ride the vicious sea horse at Palm Beach. It requires quite a little skill to be able to hold the horse steady and to keep it from overturning, when caught in a rude breaker that has no qualms about overturning you.

## IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, and  
In the matter of the estate of Peter McLachlan, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 17th day of February, 1917, I was appointed Administrator of the estate of Peter McLachlan, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.  
J. H. McNEILLIN, Official Administrator.

## IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, and  
In the matter of the estate of John Adams, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 4th day of January, 1917, I was appointed Administrator of the estate of John Adams, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.  
J. H. McNEILLIN, Official Administrator.

## IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, and  
In the matter of the estate of John Baptiste Barnachez, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 24th day of February, 1917, I was appointed Administrator of the estate of John Baptiste Barnachez, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.  
J. H. McNEILLIN, Official Administrator.

## IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, and  
In the matter of the estate of William James Macartney Sandels, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 23rd day of February, 1917, I was appointed Administrator of the estate of William James Macartney Sandels, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.  
J. H. McNEILLIN, Official Administrator.

## Navigable Waters Protection Act.

R. S. C., CHAPTER 115.

The Grand Trunk Pacific Railway Company hereby gives notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, at Prince Rupert, a description of the site and plan of lumber mill and other works proposed to be built in the Prince Rupert harbor at Prince Rupert, British Columbia, in front of Waterfront Block "E", according to registered plan of the township of the said city of Prince Rupert registered in the aforesaid land registry office as No. 923, Section 7.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will, under Section 7 of the said Act, apply with the Minister of Public Works at his office in the City of Ottawa for approval of the said site and plan and for leave to construct the said works.  
Dated at Winnipeg, Manitoba, this 21st day of February, A. D. 1917.  
THE GRAND TRUNK PACIFIC RAILWAY COMPANY. H. H. HANSARD, Solicitor.

## SPEED IS A FEATURE OF THE SERBIAN

With the Serbian Army on Hill 1212.—These Serbian soldiers are the boys who invented speed. Scientists say that light is fairly hasty in transmission, but its gait is that of a fly stuck in molasses compared to the mental processes of the Serbian staff. They not only think quickly, but they move quickly. That's why they have been beating the Bulgarians. They get their foe "off centre" and keep him going. He doesn't get a chance to see his feet. Once he is driven out of one trench he finds himself hurdling other trenches on the hunt for safety. The Serbian army has been tiny—pitifully, pathetically, desperately small—in comparison with that of the Bulgar-Germans. No one who knows discounts either the courage or the skill of their opponents. But the Serbs have won—largely through speed.

### Now They Move A Gun.

One doesn't ordinarily think of speed in connection with the Serbian soldier. His road gait is a slow one—in the tempo of the oxcart which furnish his transportation trains. But when speed is needed he has it to sell. I was standing in a battery of 120's, watching the operation of the guns. It was a quiet, almost restful scene, except for the occasional noise of the discharge. There were four guns, which were being fired at ten-minute intervals. The caisson chief worked at his upright shell cabinet as an apothecary might at home—putting shells in pigeon holes and taking them out again. Very slow, very easy going, stopping to smoke a cigarette and joke.

The man who passed the shell to the gun humped himself over the limber and smoked cigarettes. The man whose duty it was to pass the propulsive charge to the gun humped himself on the limber and smoked cigarettes. The man who pulls the string smoked cigarettes. Two or three unidentified smoked cigarettes. Barring the lethal possibilities of the equipment a picture of slothful ease was being offered. It would have destroyed the happiness of an efficiency engineer. These men could have been so much busier, they could easily have done forty, fifty times as much work as they were doing.

The man at the telephone shouted. Gun officers shouted. Drivers galloped up the little valley. The gun crews twisted the guns out of their bed-places and twelve horses were hooked on each. Another order, and four guns were climbing the hill to the new position. I had held a watch on them.

Five minutes had passed.

## Stuart J. Martin

ASSAYER

HAZELTON — B. C.

The oldest established Assay Office in the North.

## LAND REGISTRY ACT

(Sections 26 and 134.)  
Re Application No. 91,111, Filing 5,814.  
TAKE NOTICE that application has been made to register John Bergman, of Prince Rupert, B. C., as owner in fee under a Tax Sale Deed from the Collector of the City of Prince Rupert, bearing date the 10th day of September, 1915, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying, and being in the Municipality of Prince Rupert, more particularly known as Lot Ten (10), Block Five (5), Section Seven (7), Map 923.

You are required to contest the claim of the tax purchaser within thirty-five days from the date of the service of this notice (which may be effected by Registered Mail or as Directed, and your attention is called to section 26 of the "Land Registry Act" with amendments, and to the following extract therefrom:—  
"and in default of a caveat or certificate of his pendency being filed before the registration as owner of the person entitled under such tax sale, all persons so served with notice, and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be forever estopped and barred from setting up any claim to or in respect of the land so sold for taxes, and the Registrar shall register the person entitled under such tax sale as owner of the land so sold for taxes."

AND WHEREAS application has been made for a Certificate of Indefeasible Title to the above-mentioned lands, in the name of John Bergman:

AND WHEREAS on investigating the title it appears that prior to the 9th day of September, 1914, (the date on which the said lands were sold for overdue taxes) you were the assessed owner thereof.

FURTHER TAKE NOTICE that at the same time I shall effect registration in pursuance of such application and issue a Certificate of Indefeasible Title to the said lands in the name of John Bergman unless you take and prosecute the proper proceedings to establish your claim, if any, to the said lands, or to prevent such proposed action on my part.

DATED at the Land Registry Office, Prince Rupert, B. C., this 6th day of December, A. D. 1916.

H. F. MACLEOD,  
District Registrar of Titles.  
To Simon Peterson, Davisville, California.

## ORDERS

432 Prince Rupert Cadet Corps.  
By J. C. Brady, Instructor.

It is proposed that the above corps shall camp for two weeks during the coming summer. All boys wishing to attend must enroll before April 30th.



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

## Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flag are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 50 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

## Don't merely smother your cough

**CURE IT**—Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

35c. large bottles, everywhere.

J. L. MATHIEU CO., Prop., SHELBURNE, P.Q.

If your cold is feverish Mathieu's Syrup of Tar and Cod Liver Oil, with plenty of sugar, the flavor and clear the pain from head, throat and lungs. Size of 35c. bottles, 50c.

## When a Man Marries

WHEN a man marries he quickly discovers his need of innumerable things he had never thought of before.

And the butcher, the baker and the cabinet maker have a new home to supply.

The new husband and wife must buy things to which they had previously given little thought.

A thousand marriages mean a thousand new homes.

Right here is a fact overlooked by many merchants.

They say, "How could it pay us to keep on repeating the story of our goods or service?"

If they could reach every possible customer with one advertisement—and if people didn't forget—there might be no object in "keeping everlastingly at it."

But because every possible customer does not read every advertisement, you must repeat.

And because these thousands of new homes are every day coming into existence, continuous advertising brings increased results.

Perhaps some people knew your goods or your store five or ten years ago. Since then new generations have come into existence.

The boy of to-day is the man who will sign the cheques to-morrow. To-day your advertisements are of small interest to him. To-morrow he is your customer, if you solicit his trade through advertising.

Every day thousands of people discover for the first time their need of your kind of goods.

Will you be there every day with your bid for their business?

Or will you leave the field to your competitors?

Advertising is the key that opens the door of these new homes to your goods.

Is Advertising on your key-ring?

Advice regarding your advertising problems is available through any good advertising agency or the Secretary of the Canadian Press Association, Room 503, Lansden Building, Toronto. Enquiry involves no obligation on your part—so write if interested.