

MISERABLE FROM STOMACH TROUBLE

Felt Wretched Until He Started To Take "Fruit-a-lives"

594 CHAMPLAIN ST., MONTREAL.
"For two years, I was a miserable sufferer from Rheumatism and Stomach Trouble. I had frequent Dizzy Spells, and when I took food, felt wretched and sleepy. I suffered from Rheumatism dreadfully, with pains in my back and joints, and my hands swollen. A friend advised "Fruit-a-lives" and from the outset, they did me good. After the first box, I felt I was getting well and I can truthfully say that "Fruit-a-lives" is the only medicine that helped me." LOUIS LABRIE.
50c a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

LAND LEASE NOTICE

TAKE NOTICE that I, William James Matthews, acting as agent for the Anglo-British Columbia Packing Company, Limited, registered office in Vancouver, B. C., of Arrandale, occupation store keeper, intend to apply for permission to lease the following described lands:

Commencing at a post driven on the east shore of Portland Canal about a mile and a half north of Dogfish Bay, from thence North eighty chains, thence east forty chains, thence south eighty chains, thence west forty chains.

February 11th, 1917. M6
WILLIAM JAMES MATTHEWS, Applicant.

LAND ACT

KEENA LAND DISTRICT—DISTRICT OF COAST, RANGE THREE

TAKE notice that I, Francis Joseph Beale, acting as agent for the Empire Pulp and Paper Mills, Ltd., of Swanson Bay, B. C., occupation logger, intend to apply for permission to lease the following described lands:

Commencing at a post planted on the south shore of the lagoon at the end of the East Arm of Mussel Inlet, about one and one half miles in a westerly direction from the N.W. corner of T. L. 44846, 365, 11604P, thence south 20 chains, thence west 40 chains, thence north 20 chains more or less to shore line, thence following shore line in an easterly direction to point of commencement.

FRANCIS JOSEPH BEALE, Applicant.
October 18th, 1916. J.96

Vancouver Land District—District of Coast, Range 2.

TAKE NOTICE that Archie Barnes Martin, occupation mill manager, of the city of Vancouver, Province of British Columbia, intend to apply for permission to purchase the following described lands:

Commencing at a post planted on the north shore of Cousins Inlet about five chains west of the southwest corner of Lot 21, Range 2, Coast District; thence north 20 chains, thence west 40 chains, thence north 20 chains, thence west 20 chains, thence north 15 chains more or less to H. W. M. of Cousins Inlet, thence following the H. W. M. to this post and containing one hundred and twenty-five (125) acres more or less.

DATED at Vancouver, B. C., this 1st day of November, A. D. 1916. J.21
ARCHIE BARNES MARTIN.

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, George McKee, of Skidegate, B. C., occupation engineer, intend to apply for permission to lease the following described lands:

Commencing at a post planted at the N.W. corner of Lot 4, Allford Bay, Skidegate Inlet, thence west 20 chains, thence north 5 chains, thence 20 chains in an easterly direction following the shore line, thence two chains to point of commencement, containing 15 acres, more or less.

GEORGE MCKEE, Applicant.
Dated January 15th, 1917. A29

VANCOUVER LAND DISTRICT—DISTRICT OF COAST, RANGE 2.

TAKE NOTICE that I, Leo Stanley Burdon, of Ocean Falls, B. C., occupation mill secretary, intend to apply for permission to purchase the following described lands:

Commencing at a post planted about five chains distant and in a westerly direction from the southwest corner of Lot 21, Range 2, Coast District, thence south 20 chains; thence east 25 chains; thence north 20 chains; thence west 52 chains, to this post, containing in all about 45 acres.

LEO STANLEY BURDON. F. 6.
NOVEMBER 8, 1916.

"A Little Saving Is A Handy Thing"

MANY a man has lost his chance to become independent by not having the ready money to take advantage of a really big opportunity.

"Fortune knocks once at every man's door". Greet her with a Savings Account, and be ready for what she brings.

One Dollar opens an account in the Savings Department.

THE BANK OF British North America

79 YEARS IN BUSINESS.

CAPITAL AND SURPLUS, \$7,884,000.

PRINCE RUPERT BRANCH

W. J. SMITHERS, Manager



TRULY NOOTRAL

Bishop Bull: "Why do you always curtsy when the Kaiser is mentioned?" Dame Wilson: "I go on the principle of the other old lady who curtsied at the name of the devil, to be safe in any event."



TIMBER SALE X871

SEALED TENDERS will be received by the Minister of Lands not later than noon on the 23rd day of March, 1917, for the purchase of licence X 871, to cut 4,600,000 feet of spruce, hemlock and cedar, on an area adjoining Lot 1550 situated on Massett Inlet, Queen Charlotte Islands District. Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester at Prince Rupert, B. C.

RED CROSS NOTES

Mrs. Lipsett and Mrs. Morrissey will have charge of the sale of home cooking at the Red Cross rooms on Friday.

The society acknowledges with thanks the sum of \$23.50 from the ladies of Seal Cove, for the month of February. In order to supplement their March contributions to the fund, the Seal Cove ladies are preparing for a sale of work to be held on the 21st March.

Mrs. A. T. Parkin is also thanked by the society for the sum of \$36 for the Prisoners of War fund.

The Red Cross Society asks the public to remember the rummage sale to be held on the 17th March.

The society extends its thanks to all who donated to the sale of home cooking last Friday. For the raffles Mr. Bulger gave a silver casserole, which was won by W. Frealett, Mrs. Allison a large pie won by Mrs. Douglas, Mrs. Frizzell a tobacco jar won by Jack Swanson, Mrs. Barnsley old coins, won by W. Balagno, Mr. Joe Scott a baking dish won by D. H. McDonald, Mr. Tite a teapot won by Mr. Goldbloom, Mrs. C. L. Monroe dinner mats won by W. H. Sherman, Mrs. Deasey, of Massett, knife and fork holder won by Miss Jenns, Mr. Cyril Orme, a five-pound box of candy won by H. Mason, Mr. Geo. Frizzell a ham, which was sold outright.

NATIONAL SERVICE

The time for returning the National Service cards has been extended to March 31. Anyone who has not yet returned their card is requested to do so by this date. Those who have not yet received a card can procure one from the post master on application.

ORDERS

432 Prince Rupert Cadet Corps, By J. C. Brady, Instructor.

It is proposed that the above corps shall camp for two weeks during the coming summer. All boys wishing to attend must enroll before April 30th.

CITY OF PRINCE RUPERT

Notice is hereby given that a Court of Revision for the purpose of revising and correcting the Assessment Roll for the City of Prince Rupert, returned by the undersigned Assessor on the Tenth day of January, A. D. 1917, will be held on Monday, the Fifth day of March, A. D. 1917, at 10 o'clock in the forenoon, in the Council Chamber, City Hall, City of Prince Rupert.

All complaints or objections to said Assessment Roll must be made, in writing, and delivered to the Assessor at least ten (10) days before the date of the first sitting of the said Court, viz., the Fifth day of March, A. D. 1917.

Dated at the City of Prince Rupert, Province of British Columbia, this twenty-second day of January, A. D. 1917.

P. LORENZEN, Assessor of the said City of Prince Rupert.

FRED PETERS, City Clerk of the said Municipality.

97-32-37-12

KAISER IS NOW PHYSICAL WRECK

"The German Emperor is considered to be a madman, even in Germany. He is hopelessly addicted to the use of drugs, because of chronic ailments in the throat and ear, which cause constant pain. The Emperor spends most of his time in the Royal Palace at Potsdam. He believes that Germany lost the war in the battle of Jutland and his most intimate advisers believe that the country must make peace by July."

So says Mr. Edgar M. Moore, who has just arrived in New York from Germany. Helmuth, the Kaiser's personal chauffeur, is his authority. "The Kaiser is very irritable when his ear causes him pain and he and his ear and throat physician, who is one of his aides, are constantly quarrelling over the enormous quantities of cocaine and morphine which the Imperial patient insists upon every day. The Kaiser carries a hypodermic syringe with him and often taken an injection when his physician is not looking, Helmuth said.

He added that the Emperor believed that the German fleet could destroy the British fleet and that with her food and munition problems solved, Prussia could win the war.

THE GOLD SEEKERS

—breaking the trail in the Great White Silence of the Northland, the prospector must travel light. The little grub he carries must be amply sustaining. So as a basis he packs ROYAL STANDARD FLOUR. The concentrated goodness of the finest wheat in the world. For any journey—In any clime—Worth its weight in gold.

STEEN & LONGWILL

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The right work, at the right time, and at the right price.

FRED STORK'S HARDWARE

Carpenters' Tools	Builders' Hardware	Ship Chandlery
Wire Cable	Steel Blocks	Fishing Tackle
Iron Pipe	Pipe Fittings	Rifles and Shotguns
Rope	Valves	Ammunition
Pumps	Moss	Paint
Stoves and Ranges	Rubberoid Roofing	Corrugated Iron

"WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Three Mighty Forces Close Linked

Have you ever noted how an audience yawns in the face of an uninspired speaker?

On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast.

This applies to the written word also---particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, "lean forward and listen intently."

To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.

Thus we have:
Sincerity -- Enthusiasm -- Advertising:
Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of those will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.