MISERABLE FROM STOMACH TROUBLE

Felt Wretched Until He Started To Take "Fruit-a-tives"

594 CHAMPLAIN ST., MONTREAL.

"For two years, I was a miserable sufferer from *Rheumatism and Stomach Trouble*. I had frequent *Dizzy Spells*, and when I took food, felt wretched and sleepy. I suffered from Rheumatism dreadfully, with pains in my back and joints, and my hands swollen.

A friend advised "Fruit-a-tives" and from the outset, they did me good. *After the first box, I felt I was getting well* and I can truthfully say that "Fruit-a-tives" is the only medicine that helped me". LOUIS LABRIE.

50c. a box, 6 for $2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

LAND LEASE NOTICE

TAKE NOTICE that I, William James Matthews, acting as agent for the Anglo-British Columbia Packing Company, Limited, registered office in Vancouver, B. C., of Arrandale, occupation store keepeer, intend to apply for permission to lease the following described lands:—

Commencing at a post driven on the east shore of Portland Canal about a mile and a half north of Dogfish Bay, from thence North eighty chains, thence east forty chains, thence south eighty chains, thence west forty chains.

February 11th, 1917. M6

WILLIAM JAMES MATTHEWS, Applicant.

LAND ACT

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE THREE

TAKE notice that I, Francis Joseph Beale, acting as agent for the Empire Pulp and Paper Mills, Ltd., of Swanson Bay, B. C., occupation logger, intend to apply for permission to lease the following described lands:—

Commencing at a post planted on the south shore of the lagoon at the end of the East Arm of Mussel Inlet, about one and one half miles in a westerly direction from the N.W. corner of T. L. 44846, 305, 11600P., thence south 20 chains, thence west 40 chains, thence north 20 chains more or less to shore line, thence following shore line in an easterly direction to point of commencement.

FRANCIS JOSEPH BEALE, Applicant.

October 18th, 1916. J.26

Vancouver Land District—District of Coast, Range 3.

TAKE NOTICE that Archie Barnes Martin, occupation mill manager, of the city of Vancouver, Province of British Columbia intend to apply for permission to purchase the following described lands:—

Commencing at a post planted on the south shore of Cousins Inlet about five chains west of the southwest corner of Lot 31, Range 3, Coast District; thence south 20 chains, thence west 40 chains, thence north 20 chains, thence west 35 chains, thence north 18.5 chains more or less to H. W. M. of Cousins Inlet, thence following the H. W. M. to this post and containing one hundred and twenty-five (125) acres more or less.

DATED at Vancouver, B. C., this 1st day of November, A. D. 1916.

J.21. ARCHIE BARNES MARTIN.

SKEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, George McRae, of Skidegate, B. C., occupation engineer, intend to apply for permission to lease the following described lands:—

Commencing at a post planted at the N.W. corner of Lot 4, Alliford Bay, Skidegate Inlet, thence west 20 chains, thence north 5 chains, thence 20 chains in an easterly direction following the shore line, thence two chains to point of commencement, containing 15 acres, more or less.

GEORGE McRAE, Applicant.

Dated January 15th, 1917. A22

VANCOUVER LAND DISTRICT—DISTRICT OF COAST, RANGE 3.

TAKE NOTICE that I, Leo Stanley Burdon, of Ocean Falls, B. C., occupation mill secretary, intend to apply for permission to purchase the following described lands:

Commencing at a post planted about five chains distant and in a westerly direction from the southwest corner of Lot 34, Range 3, Coast District, thence south 20 chains; thence east 25 chains; thence north 20 chains; thence west 52 chains, to this post, containing in all about 45 acres.

LEO STANLEY BURDON.

NOVEMBER 8, 1916. F. 6.

"A Little Saving Is A Handy Thing"

MANY a man has lost his chance to become independent by not having the ready money to take advantage of a really big opportunity.

"Fortune knocks once at every man's door". Greet her with a Savings Account, and be ready for what she brings.

One Dollar opens an account in the Savings Department.

THE BANK OF
British North America
75 YEARS IN BUSINESS.
CAPITAL AND SURPLUS, $7,354,000.
PRINCE RUPERT BRANCH
W. J. SMITHERS, Manager

THIS DOCTOR HAS 8,000,000 PATIENTS

Miss Rose Murray, "Book Doctor" of the New York Public Library. In her inspection of the thousands of invalided books Miss Murray is well protected against the busy germs.

NATIONAL SERVICE

The time for returning the National Service cards has been extended to March 31. Anyone who has not yet returned their card is requested to do so by this date. Those who have not yet received a card can procure one from the post master on application.

TIMBER SALE X871

SEALED TENDERS will be received by the Minister of Lands not later than noon on the 23rd day of March, 1917, for the purchase of licence X 871, to cut 4,600,000 feet of spruce, hemlock and cedar, on an area adjoining Lot 1550 situated on Massett Inlet, Queen Charlotte Islands District. Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester at Prince Rupert, B. C. 73.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, —— and ——

In the matter of the estate of Peter McLachlan, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 17th day of February, 1917, I was appointed Administrator of the estate of Peter McLachlan, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.

J. H. McMULLIN, Official Administrator.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, —— and ——

In the matter of the estate of John Adams, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 4th day of January, 1917, I was appointed Administrator of the estate of John Adams, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.

J. H. McMULLIN, Official Administrator.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, —— and ——

In the matter of the estate of John Baptiste Barnaichez, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 24th day of February, 1917, I was appointed Administrator of estate of John Baptiste Barnaichez deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.

J. H. McMULLIN, Official Administrator.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, —— and ——

In the matter of the estate of William James Macartney Sandels, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 23rd day of February, 1917, I was appointed Administrator of the estate of William James Macartney Sandels, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.

J. H. McMULLIN, Official Administrator.

THE WIREPULLER IN THE RUSSIAN COURT

Petrograd—Pitirim, Metropolitan of Petrograd, and Europe's ablest, brainiest, most ambitious prelate since the age of Mazarin and Richelieu, has entered into a political alliance with Russia's extreme reactionaries, and all the rival parties are looking out for storms. Pitirim's chief avowed ally is ex-Premier Boris Sturmer, and his chief secret ally is ex-Premier Count Vladimir Kokovtseff. This triumvirate, which is well regarded at court, and backed by thousands of influential politicians who have tired of the velleities of democracy, aspire to govern Russia autocratically behind the scenes, and by controlling her military and diplomatic actions during the war to determine the fate of Europe for generations to come.

Won Over Czar.

Pitirim first gained his reputation as "king maker" when he induced Nicholas the Second to take over the command of the fighting army from Grand Duke Nicholas. In the late summer of 1915, after Germany's and Austria's armies had captured Warsaw, Pitirim was Exarch of Georgia. After Grand Duke Nicholas' defeat, the Russians lost their heads. Pitirim, who had kept his, suggested in his local church journal that the Czar should take command. Nothing would do so much to inspirit the retreating army. Pitirim went to Tsarskoe Selo secretly, and put his views before the Czar; the Czar took command, and the Austro-German march towards Petrograd and Moscow came to a full stop.

Has Interesting Career.

Fifty-eight years back Pitirim came into the world, and was christened Alexis. At 12 years of age he went for schooling to Rigy Gymnasium, and at 15 he revolted and ran away, and declared that he would be a soldier. Two years later his father took him to Kieff, Russia's holiest town. When Pitirim saw the wonders of the underground Lavra Monastery and kissed the bones of a few score saints, he changed his mind about soldiering, said he would be a priest, and entered the Kieff Theological Seminary. There he found out that being a secular priest is profitless work. A village priest once, a village priest always is Russia's rule. Only the monastic clergy attain rank and power. So at the age of 25 he became a monk.

Pitirim studied, pushed, cheeked everyone, and showed to all his amazing industry, piety and ambition. Five years after he started as a humble monk he was rector of Petrograd Theological College. He was then only 30. Men who knew Pitirim then say that he was already determined to be Russia's real ruler. While other monks and theological rectors were puzzling over musty books, Pitirim studied politics, went into society and made useful friendships. At 36 he was Bishop of Novgorod.

He owed his next promotion to his bold defiance of Constantine Pobiedonosteff, procurate of the Holy Synod, and Russia's most powerful man. Pobiedonosteff liked courageous men; he talked to Pitirim, discovered his wonderful political talents, and made him Bishop of Tula.

Believes in Pomp.

Pitirim owes his triumphs as politician and courtier to the fact that in descending into everyday affairs he has kept the prestige and reverence of a holy man: His church services are masterpieces of pomp; he has revived some of the dead splendors of the Byzan-

[continued on Page Four.

CITY OF PRINCE RUPERT

Notice is hereby given that a Court of Revision for the purpose of revising and correcting the Assessment Roll for the City of Prince Rupert, returned by the undersigned Assessor on the Tenth day of January, A. D. 1917, will be held on Monday, the Fifth day of March, A. D. 1917, at 10 o'clock in the forenoon, in the Council Chamber, City Hall, City of Prince Rupert.

All complaints or objections to said Assessment Roll must be made in writing, and delivered to the Assessor at least ten (10) days before the date of the first sitting of the said Court, viz., the Fifth day of March, A. D. 1917.

Dated at the City of Prince Rupert, Province of British Columbia, this twenty-second day of January, A. D. 1917.

P. LORENZEN,
Assessor of the said City of Prince Rupert.

FRED PETERS,
City Clerk of the said Municipality.

27-32-37-12

ORDERS

432 Prince Rupert Cadet Corps.
By J. C. Brady, Instructor.

It is proposed that the above corps shall camp for two weeks during the coming summer. All boys wishing to attend must enroll before April 30th.

VANCOUVER MILLING & GRAIN CO. LTD. TRADE MARK V VANCOUVER, CANADA

THE GOLD SEEKERS

—breaking the trail in the Great White Silence of the Northland, the prospector must travel light. The little grub he carries must be amply sustaining. So as a basis he packs ROYAL STANDARD FLOUR. The concentrated goodness of the finest wheat in the world. For any journey—In any clime—Worth it's weight in gold.

8

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SANITARY AND HEATING ENGINEERS

Agents for McCLARY FURNACES

PLUMBING and SHEET METAL WORKS

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The right work, at the right time, and at the right price.

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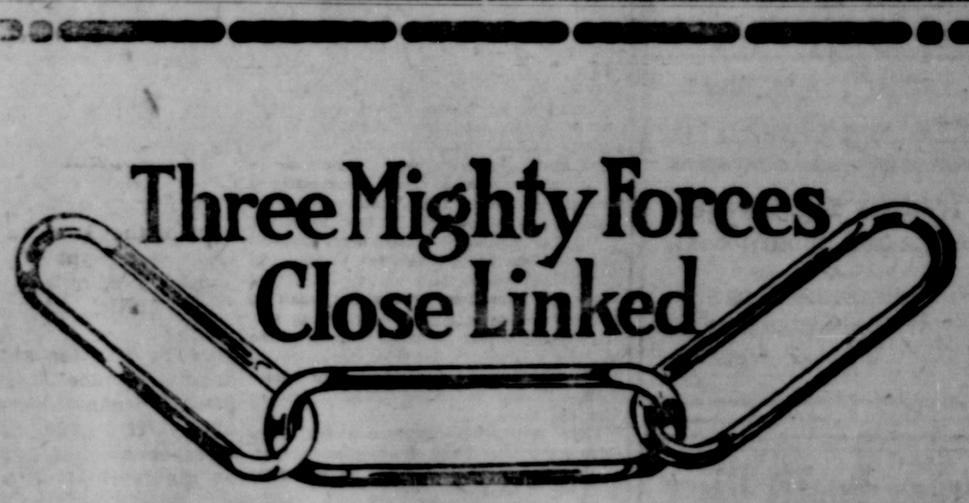
Carpenters' Tools	Builders' Hardware	Ship Chandlery
Wire Cable	Steel Blocks	Fishing Tackle
Iron Pipe	Pipe Fittings	Rifles and Shotguns
Rope	Valves	Ammunition
Pumps	Hose	Paint
Stoves and Ranges	Rubberoid Roofing	Corrugated Iron

"WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Three Mighty Forces Close Linked



Have you ever noted how an audience yawns in the face of an uninspired speaker?

On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast.

This applies to the written word also—particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, "lean forward and listen intently."

To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.

Thus we have:

Sincerity -- Enthusiasm -- Advertising:
Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of those will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.