

AUTOINTOXICATION OR SELF-POISONING

The Dangerous Condition Which Produces Many Well Known Diseases.

HOW TO GUARD AGAINST THIS TROUBLE

"FRUIT-A-LIVES" — The Wonderful Fruit Medicine — will Protect You

Auto-intoxication means self-poisoning, caused by continuous or partial constipation, or insufficient action of the bowels.

Instead of the refuse matter passing daily from the body, it is absorbed by the blood. As a result, the Kidneys and Skin are overworked, in their efforts to rid the blood of this poisoning.

Poisoning of the blood in this way often causes Indigestion, Loss of Appetite and Disturbed Stomach. It may produce Headaches and Sleeplessness. It may irritate the Kidneys and bring on Pain in the Back, Rheumatism, Gout, and Rheumatic Pains. It is the chief cause of Eczema—and keeps the whole system unhealthy by the constant absorption into the blood of this refuse matter.

"Fruit-a-lives" will always cure Auto-intoxication or self-poisoning—as "Fruit-a-lives" acts gently on bowels, kidneys and skin, strengthens the bowels and tones up the nervous system. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

NATIONAL SERVICE

The time for returning the National Service cards has been extended to March 31. Anyone who has not yet returned their card is requested to do so by this date. Those who have not yet received a card can procure one from the post master on application.

LAND ACT

Vancouver Land District—District of Coast, Range 3.

TAKE NOTICE that Archie Barnes Martin, seaman mill manager, of the city of Vancouver, Province of British Columbia, has applied for permission to purchase the following described lands:

Commencing at a post planted on the south shore of Cousins Inlet about five chains west of the southwest corner of Lot 31, Range 3, Coast District; thence north 20 chains, thence west 40 chains, thence north 20 chains, thence west 35 chains, thence north 18.5 chains more or less to R. W. M. of Cousins Inlet, thence following the H. W. M. to this post and containing one hundred and twenty-five (125) acres more or less.

DATED at Vancouver, B. C., this 1st day of November, A. D. 1916. J.H. ARCHIE BARNES MARTIN.

QUEEN LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, George McRae, of Skidegate, B. C., occupation engineer, intend to apply for permission to lease the following described lands:

Commencing at a post planted at the N.W. corner of Lot 4, Alford Bay, Skidegate Inlet, thence west 20 chains, thence north 5 chains, thence 20 chains in an easterly direction following the shore line, thence two chains to point of commencement, containing 15 acres, more or less.

GEORGE MCRAE, Applicant. Dated January 15th, 1917. A32

VANCOUVER LAND DISTRICT—DISTRICT OF COAST, RANGE 3.

TAKE NOTICE that I, Leo Stanley Burdon, of Ocean Falls, B. C., occupation mill secretary, intend to apply for permission to purchase the following described lands:

Commencing at a post planted about five chains distant and in a westerly direction from the southwest corner of Lot 31, Range 3, Coast District, thence south 20 chains, thence east 20 chains, thence north 20 chains, thence west 20 chains, to this post, containing in all about 45 acres.

LEO STANLEY BURDON. F. 6. NOVEMBER 8, 1916.

"A Little Saving Is A Handy Thing"

MANY a man has lost his chance to become independent by not having the ready money to take advantage of a really big opportunity. "Fortune knocks once at every man's door". Greether with a Savings Account, and be ready for what she brings. One Dollar opens an account in the Savings Department.

THE BANK OF British North America 79 YEARS IN BUSINESS. CAPITAL AND SURPLUS, \$7,885,000. PRINCE RUPERT BRANCH W. J. SMITHERS, Manager

HONG KONG ALMOST DENUDED OF ITS MEN

The last of the available men to leave Hong Kong came through Vancouver last week to join the British forces in France.

It was explained by one of the party that they had great difficulty in getting away, since the British colony is almost denuded of white men, and it is absolutely essential to keep patrols going on account of the large number of white women and children there in the midst of a great multitude of Chinese.

Perhaps outside of India, there is no place in the world where so many defenceless white dependents are now located while the men are away, amid a race alien in faith and color. Those are circumstances which have forced military drill and patrol among those who remain, and it is admitted that apprehension exists whether the white residents may be spared an outbreak before the war terminates, such as occurred at Singapore early in the war.

The German propaganda, particularly in trade, is continuing in some parts of China, openly in some of the northern ports, and from Hongkong under Dutch guise. After the German firms were liquidated by the Colonial Government, it was found that gradually men were arriving from The Netherlands, without attachment to any particular firm, and certainly not to the reputable Dutch merchants who have traded for years in the Orient. Gradually they went into trade. It is believed they are working for the German traders of Hamburg, and elsewhere, and holding the fort till the war ends, so that the German commercial establishments can reopen in the Orient. One of the reasons given for the continuation of German trade in China after the blockade by the British fleet, is that the Germans were warned of the coming struggle, and accumulated vast stocks of imported articles, so that they could carry on trade when supplies were cut off.

ORDERS

432 Prince Rupert Cadet Corps, By J. C. Brady, Instructor.

It is proposed that the above corps shall camp for two weeks during the coming summer. All boys wishing to attend must enroll before April 30th.

Salvation Army.

Public meetings, Tuesday, Thursday and Saturday at 8 v. m. Sundays at 7:30 p. m.

LAND REGISTRY ACT

(Sections 36 and 134.)

Re Application No. 9144-L, Filing 5819.

TAKE NOTICE that application has been made to register The Corporation of the City of Prince Rupert in the Province of British Columbia, as owner in fee under two Tax Sale Deeds from the Collector of the City of Prince Rupert, bearing date the 7th day of December, 1916, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying, and being in the Municipality of Prince Rupert, more particularly known and described as North-Westerly Seventy (70), feet of Lots Eleven (11), and Twelve (12) Block Eighteen (18), Section One (1), Map 923.

You are required to contest the claim of the tax purchaser within thirty-five days from the date of the service of this notice (which may be effected by personal service or as directed), and your attention is called to section 36 of the "Land Registry Act" with amendments, and to the following extract therefrom:

"and in default of a caveat or certificate of its pendency being filed before the registration as owner of the person entitled under such tax sale, all persons so served with notice, and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and of any unregistered instrument, and of all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be forever estopped and debarred from setting up any claim to, or in respect of the land so sold for taxes, and the Registrar shall register the person entitled under such tax sale as owner of the land so sold for taxes."

AND WHEREAS application has been made for a Certificate of Indefeasible Title made for the abovementioned lands, in the name of The Corporation of the City of Prince Rupert:

AND WHEREAS on investigating the title it appears that prior to the fourteenth day of September, 1915, (the date on which the said lands were sold for overdue taxes), you were a mortgagee thereof.

FURTHER TAKE NOTICE that at the same time I shall effect registration in pursuance of such application and issue Certificate of Indefeasible Title to the said lands in the name of the above corporation unless you take and prosecute the proper proceedings to establish your claim, if any, to the said lands, or to prevent such proposed action on my part.

Dated at the Land Registry Office, Prince Rupert, B. C., this 20th day of December, A. D. 1916. H. F. MACLEOD, District Registrar of Titles. To: Frederic Schattner, Esq., care C. L. Freeman, C. P. B. Bldg., Edmonton, Alberta.

WAR LOAN

DOMINION OF CANADA

Issue of \$150,000,000 5% Bonds Maturing 1st March, 1937

Payable at par at Ottawa, Halifax, St John, Charlottetown, Montreal, Toronto, Winnipeg, Regina, Calgary, Victoria, and at the Agency of the Bank of Montreal, New York City.

INTEREST PAYABLE HALF-YEARLY, 1st MARCH, 1st SEPTEMBER.

PRINCIPAL AND INTEREST PAYABLE IN GOLD.

ISSUE PRICE 96.

A FULL HALF-YEAR'S INTEREST WILL BE PAID ON 1st SEPTEMBER, 1917.

THE PROCEEDS OF THE LOAN WILL BE USED FOR WAR PURPOSES ONLY.

THE MINISTER OF FINANCE offers herewith, on behalf of the Government, the above-named Bonds for Subscription at 96, payable as follows:—

10 per cent on application;
30 " 16th April, 1917;
30 " 15th May, 1917;
26 " 15th June, 1917.

The total allotment of bonds of this issue will be limited to one hundred and fifty million dollars, exclusive of the amount (if any) paid for the surrender of bonds as the equivalent of cash under the terms of the War Loan prospectus of 22nd November, 1915.

The instalments may be paid in full on the 16th day of April, 1917, or on any instalment due date thereafter, under discount at the rate of four per cent per annum. All payments are to be made to a chartered bank for the credit of the Minister of Finance. Failure to pay any instalment when due will render previous payments liable to forfeiture and the allotment to cancellation.

Subscriptions, accompanied by a deposit of ten per cent of the amount subscribed, must be forwarded through the medium of a chartered bank. Any branch in Canada of any chartered bank will receive subscriptions and issue provisional receipts.

This loan is authorized under Act of the Parliament of Canada, and both principal and interest will be a charge upon the Consolidated Revenue Fund.

Forms of application may be obtained from any branch in Canada of any chartered bank and at the office of any Assistant Receiver General in Canada.

Subscriptions must be for even hundreds of dollars.

In case of partial allotments the surplus deposit will be applied towards payment of the amount due on the April instalment.

Scrip certificates, non-negotiable or payable to bearer in accordance with the choice of the applicant for registered or bearer bonds, will be issued, after allotment, in exchange for the provisional receipts.

When the scrip certificates have been paid in full and payment endorsed thereon by the bank receiving the money, they may be exchanged for bonds, when prepared, with coupons attached, payable to bearer or registered as to principal, or for fully registered bonds, when prepared, without coupons, in accordance with the application.

SUBSCRIPTION LISTS WILL CLOSE ON OR BEFORE THE 23rd OF MARCH, 1917.

DEPARTMENT OF FINANCE, OTTAWA, March 12th, 1917.

LAND LEASE NOTICE

TAKE NOTICE that I, William James Matthews, acting as agent for the Anglo-British Columbia Packing Company, Limited, registered office in Vancouver, B. C., of Arrandale, occupation store keeper, intend to apply for permission to lease the following described lands:

Commencing at a post driven on the east shore of Portland Canal about a mile and a half north of Dogfish Bay, from thence North eighty chains, thence east forty chains, thence south eighty chains, thence west forty chains.

February 11th, 1917. M6 WILLIAM JAMES MATTHEWS, Applicant.

CITY OF PRINCE RUPERT

Notice is hereby given that a Court of Revision for the purpose of revising and correcting the Assessment Roll for the City of Prince Rupert, returned by the undersigned Assessor on the Tenth day of January, A. D. 1917, will be held on Monday, the Fifth day of March, A. D. 1917, at 10 o'clock in the forenoon, in the Council Chamber, City Hall, City of Prince Rupert.

All complaints or objections to said Assessment Roll must be made, in writing, and delivered to the Assessor at least ten (10) days before the date of the first sitting of the said Court, viz., the Fifth day of March, A. D. 1917.

Dated at the City of Prince Rupert, Province of British Columbia, this twenty-second day of January, A. D. 1917.

P. LORENZEN, Assessor of the said City of Prince Rupert.

FRED PETERS, City Clerk of the said Municipality. 27-32-37-12

IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, and — and —

In the matter of the estate of Peter McLachlan, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 17th day of February, 1917, I was appointed Administrator of the estate of Peter McLachlan, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917. J. H. McMULLIN, Official Administrator.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, and — and —

In the matter of the estate of John Adams, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 4th day of January, 1917, I was appointed Administrator of the estate of John Adams, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.

J. H. McMULLIN, Official Administrator.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, and — and —

In the matter of the estate of John Baptiste Barnachez, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 24th day of February, 1917, I was appointed Administrator of the estate of John Baptiste Barnachez, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.

J. H. McMULLIN, Official Administrator.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

In the matter of the Administration Act, and — and —

In the matter of the estate of William James Macartney Sandels, deceased, Intestate.

TAKE NOTICE that by order of His Honor Judge Young, local judge of the Supreme Court, made the 23rd day of February, 1917, I was appointed Administrator of the estate of William James Macartney Sandels, deceased. All parties having claims against the said estate are hereby required to forward same properly verified to me on or before the 14th day of April, 1917, and all parties indebted to the said estate are required to pay the amount of their indebtedness forthwith.

Dated the 2nd day of March, 1917.

J. H. McMULLIN, Official Administrator.

THE GOLD SEEKERS

—breaking the trail in the Great White Silence of the Northland, the prospector must travel light. The little grub he carries must be amply sustaining. So as a basis he packs ROYAL STANDARD FLOUR. The concentrated goodness of the finest wheat in the world. For any journey—In any clime—Worth its weight in gold.

Don't merely smother your cough

CURE IT

Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

35c. large bottles, everywhere.

J. L. MATHIEU CO., Prop. SHEPPARD, P.Q.