

THE BLESSING OF A HEALTHY BODY

Has Not Had An Hour's Sickness Since Taking "FRUIT-A-TIVES".



MR. MARRIOTT
73 Lees Ave., Ottawa, Ont.,
August 9th, 1915.

"I think it my duty to tell you what 'Fruit-a-tives' has done for me. Three years ago, I began to feel run-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-tives', I thought I would try them. The result was surprising. During the 24 years past, I have taken them regularly and would not change for anything. I have not had an hour's sickness since I commenced using 'Fruit-a-tives', and I know now what I haven't known for a good many years—that is, the blessing of a healthy body and clear thinking brain."

WALTER J. MARRIOTT.

Box a box, 6 for \$2.50, trial size, 25c. At Dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

LAND LEASE NOTICE

TAKE NOTICE that I, William James Matthews, acting as agent for the Anglo-British Columbia Packing Company, Limited, registered office in Vancouver, B. C., of irrevocable, occupation store keeper, intend to apply for permission to lease the following described lands:

Commencing at a post, driven on the east shore of Portland Canal about a mile and a half north of Dogfish Bay, from thence north twenty chains; thence east ten chains; thence south twenty chains; thence west ten chains.
February 11th, 1917.
WILLIAM JAMES MATTHEWS, Applicant.

SHEET METAL WORK

Having been in the East, I have become acquainted with all modern methods of outfitting gasoline boats, as used by Eastern shops.

Gasoline Tanks, Pipe-fitting and Plumbing, and all lines of Sheet.

Metals Work : : Prompt Attention and Skilled Workmanship

H. LETOURNEAU
621 SIXTH AVENUE
Phone Black 325 P.O. Box 118

Prince Rupert Feed Co.

P. O. Box 333. 308 Third Ave.

RECEIVED OUR 1917 SEEDS

WE HANDLE
Steele & Briggs, Rennie's
Ferry's and Mackenzie's
Garden and Field Seeds,
Also Fertilizers.

HAY, GRAIN AND FEED
Chicken Feed A Specialty.

We Take Orders for Nursery Stock.
Mail Orders Promptly Attended To.

How Will You Protect Your Wife

and the children should you fall ill or lose your employment? Have you money in the Bank to tide the family over until you are "on your feet" again?

Every married man should open an account in our Savings Department and put by a part of his earnings every week or month.

Such a sum, earning interest, will be a welcome protection for the family. A Savings Account may be opened with one dollar.

THE BANK OF
British North America

70 YEARS IN BUSINESS.
CAPITAL AND SURPLUS, \$7,000,000.

PRINCE RUPERT BRANCH
W. J. SMITHERS, Manager

DOG FISH OIL AND GLYCERINE DEMAND

Some days ago reference was made in the Victoria Times to the use of the livers of dog fish caught in the Queen Charlotte Island fisheries for the preparation of oil from which high grade glycerine has been made.

Announcement is made now in a cable message that the British government is commandeering the supply of fats in the Islands for the supply of glycerine, on account of the great demand for explosives.

These two facts direct attention to the need of treating the dog fish oil production on a larger scale than has hitherto been the case. These fish have well been described as the coyotes of the deep sea. They cause endless trouble to the fisherman by their ravenous appetites, and become entangled in the meshes of the nets.

The subject of dealing with the dog fish has received considerable attention from the Commission on Conservation, and apparently now it will become of greater importance than ever. The Dominion government have operated reduction works in the past, with the idea of making the dog fish into fertilizer or guano. Three difficulties have arisen in connection with the operation of these reduction works—scattered character of supplies, erratic nature of supplies and lack of



A SPRING FROCK COAT

Made of sauterne colored gabby-cord trimmed with stitching of a darker shade and finished with navy blue taffeta collar.

technically trained men to operate the works.

According to the experience in the Queen Charlotte Islands, 12 livers are required to each gallon of oil, which is sold at from 10 to 30 cents per gallon, although it might sell, experts say, for 40 cents. The oil from which the glycerine is obtained is a clear, pure liquid, not unpleasing in sight and smell.

Very little data is available as to the extent to which the oil hitherto produced has been applied to make glycerine products, but with the demand for explosives there is little doubt that a very much despised denizen of the sea may be used to provide its fats for the use of the Allies.

Call the Pony Express for wood cut in stove lengths or 4 feet. Best household coal and general transfer. Piano moving out specialty. Prices moderate. Phone 301, R. W. Rogers.

WATER NOTICE

USE AND STORAGE

TAKE NOTICE that Magnus P. Olsen, whose address is Anyox, B. C., will apply for a licence to take and use about sixty cubic feet per second and to store about 300 acre-feet of water out of Bonanza Creek which flows southeasterly and drains into Granby Bay about at or near Lot 1675, Cassiar District.

The storage-dam will be located at about one and one-half miles from mouth of Bonanza Creek. The capacity of the reservoir to be created is about 300 acre-feet, and it will flood about twenty acres of land. The water will be diverted from the stream at a point at or near the dam, and will be used for power for mining purpose upon the mine described as the Midas, Ptarmigan and Fox Groups, situated near the headwaters of Bonanza Creek.

This notice was posted on the ground on the 19th day of March, 1917.

A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Prince Rupert, B.C. Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local paper.

M. P. OLSEN, Applicant.
The date of the first publication of this notice is March 26, 1917.

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

TAKE NOTICE that the British Columbia Canning Company, Limited, of Victoria, B. C., salmon canners, intend to apply for permission to lease the following described foreshore land:—Commencing at a post planted on the north bank of the Skeena River, 220 feet south from the southeast corner of Lot 29, R. 5, Coast District; thence south 200 feet; thence westerly and northerly parallel to the shore line, a distance of approximately 450 feet to a point 200 feet south of the south boundary of the Grand Trunk Pacific railway; thence westerly and northerly parallel to the said right-of-way to a point due south of the S. W. corner of Lot 29; thence north 200 feet to the point of intersection of the south boundary of said right-of-way; thence southerly and easterly along said right-of-way to a point where said boundary line strikes shore line; thence along high water mark to the point of commencement.

A. W. CARTER,
Acting as agent for the B. C. Canning Co., Limited.
February 26th, 1917.

Keep up the Food Supply and Help Make Victory Sure

OUR soldiers must be fed; the people at home must be fed. And—in spite of Germany's murderous campaign to cut off the Allies' Food supply, by sinking every ship on the High Seas—an ample and unfailing flow of food to England and France must be maintained.

*This is National Service—
Not to the Farmer only—
But to YOU—to everybody—
This appeal is directed*

WE must unite as a Nation to SERVE—to SAVE and to PRODUCE. Men, women and children; the young, the middle aged and the old—all can help in the Nation's Army of Production.

EVERY pound of FOOD raised, helps reduce the cost of living and adds to the Food Supply for Overseas.

For information on any subject relating to the Farm and Garden, write:
INFORMATION BUREAU
Department of Agriculture
OTTAWA

PLANT a garden—small or large. Utilize your own back yard. Cultivate the vacant lots. Make them all yield food.

WOMEN of towns can find no better or more important outlet for their energies than in cultivating a vegetable garden.

Be patriotic in act as well as in thought.

*Use every means available—
Overlook nothing.*

Dominion Department of Agriculture
OTTAWA, CANADA.

HON. MARTIN BURRELL, Minister.

LAND REGISTRY ACT

(Sections 36 and 134.)
Re Application No. 91,111, Filing 5,814.
TAKE NOTICE that application has been made to register John Bergman, of Prince Rupert, B. C., as owner in fee under a Tax Sale Deed from the collector of the City of Prince Rupert, bearing date the 10th day of September, 1915, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying, and being in the Municipality of Prince Rupert, more particularly known as Lot Ten (10), Block Five (5), Section Seven (7), Map 923.

You are required to contest the claim of the tax purchaser within thirty-five days from the date of the service of this notice (which may be effected by Registered Mail or as Directed, and your attention is called to section 36 of the "Land Registry Act" with amendments, and to the following extract therefrom:— "and in default of a caveat or certificate of his pendens being filed before the registration as owner of the person entitled under such tax sale, all persons so served with notice, and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be forever estopped and debarred from setting up any claim to or in respect of the land so sold for taxes, and the Registrar shall register the person entitled under such tax sale as owner of the land so sold for taxes."

AND WHEREAS application has been made for a Certificate of Indefeasible Title to the abovementioned lands, in the name of John Bergman:
AND WHEREAS on investigating the title it appears that prior to the 9th day of September, 1914, (the date on which the said lands were sold for overdue taxes) you were the assessed owner thereof.

FURTHER TAKE NOTICE that at the same time I shall effect registration in pursuance of such application and issue a Certificate of Indefeasible Title to the said lands in the name of John Bergman unless you take and prosecute the proper proceedings to establish your claim, if any to the said lands, or to prevent such proposed action on my part.

DATED at the Land Registry Office Prince Rupert, B. C., this 6th day of December, A. D. 1916.

H. F. MACLEOD,
District Registrar of Titles.

To Simon Peterson, Davisville, California.

ORDERS

432 Prince Rupert Cadet Corps.
By J. C. Brady, Instructor.

It is proposed that the above corps shall camp for two weeks during the coming summer. All boys wishing to attend must enroll before April 30th.



2,000,000
Belgians
Depend on us
for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flag are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 60 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

Don't merely smother your cough CURE IT

Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

35c. large bottles, everywhere.

J. L. MATHIEU CO., Prop., MONTREAL, P.Q.

If you wish to know more about this remedy, send for our free booklet.