STRICKEN IN THE STREET

Completely Restored To Health By "Fruit-a-tives"

382 St. Valier St., Montreal.

"In 1912, I was taken suddenly ill with Acute *Stomach Trouble* and dropped in the street. I was treated by several physicians for nearly two years, and my weight dropped from 225 pounds to 160 pounds. Then several of my friends advised me to try "Fruit-a-tives". *I began to improve almost with the first dose*, and by using them, I recovered from the distressing Stomach Trouble—and all pain and Constipation were cured. Now I weigh 208 pounds. I cannot praise "Fruit-a-tives" enough". H. WHITMAN.

50c. a box, 6 for $2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Sterling
THE ENGINE of REFINEMENT
For the finest boats that float

FISHERMAN'S ENGINE

2 Cyl.—5 1-2 in. by 7 in., 12-16 Horse Power.

4 Cyl.—3 3-4 in. by 5 1-2 in., 25 Horse Power.

4 Cyl.—5 1-2 in. by 8 in., 25-35 Horse Power.

For Further Information Apply to

W. E. WILLISCROFT
Prince Rupert, B. C.

An Army of Internal Bathers

Over half a million bright, keen, up-to-date Canadians and Americans have found that Internal Bathing is more essential to their well-being than External Baths.

Have found that, taken occasionally at night, they feel like different people the next morning. No more of that bilious, tired, nervous condition—but, having by Nature's own cleanser, antiseptic warm water, removed all the poisonous waste from the Lower Intestine, they awake thoroughly refreshed by normal sleep, with all their functions acting in healthy accord, bright, happy, clear-headed and confident, eager and capable for the duties of the day.

Copper Cliff, Ont., March 2, 1916.

Dr. Chas. A. Tyrrell, Toronto, Ont.,

Dear Doctor,—I have been using your "J. B. L. Cascade" for the past three months, and am convinced that it is the most modern and scientific method of dealing with constipation that has ever been devised, and I will lose no opportunity to promote its use among my friends, as I can speak truthfully and enthusiastically as to its merits.

Yours very truly,
"J. A. Darrach,
Wholesale and Retail Men's Wear.

Why not learn more about this rapidly-growing and natural practice? The "J. B. L. Cascade", the original and best appliance for this purpose, manufactured by Charles A. Tyrrell, M. D., is now being shown and explained by Cyril H. Orme, Druggist, corner 3rd Ave. and 6th Street. There also may be obtained free on request, "Why Man of Today Is Only 50 Per Cent. Efficient," a most interesting booklet on the subject. If you prefer, write to Dr. Chas. A. Tyrrell, 163 College street, Toronto, for same.

TIMBER SALE X 895.

Sealed tenders will be received by the Minister of Lands not later than noon on the 20th day of June, 1917, for the purchase of Licence X 895, to cut 2,592,000 feet of Spruce, Cedar, Balsam and Hemlock on an area situated on the east shore of Mathieson Channel, Range 3, Coast District.

Three (3) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester at Prince Rupert, B. C. J7.

Prince Rupert Feed Co.

P. O. Box 338. 908 Third Ave.

RECEIVED OUR 1917 SEEDS

WE HANDLE
Steele & Briggs, Rennies' Ferry's and Mackenzie's Garden and Field Seeds.
Also Fertilizers.
HAY, GRAIN AND FEED
Chicken Feed A Specialty.

We Take Orders for Nursery Stock.

Mail Orders Promptly Attended To.

SUBSCRIBE FOR THE DAILY NEWS

RUSSIA MUST COPY CANADIAN RAILROADS

That the Canadian system of railroads must be copied by Russia, if that country is to achieve her destiny, was the opinion expressed by Sir George Bury, vice-president of the Canadian Pacific Railway Company, who was on a visit to the coast last week.

Sir George visited Russia recently as a member of a special commission headed by Lord Milner. When he reached England the other members of the party were already in Russia, so he proceeded by rail to the north of Scotland, whence he was conveyed by a fast destroyer to Bergen, in Norway, going from there by rail to Petrograd. He was in that city during the revolution.

He travelled over the principal Russian railways from Lapland to the Caucasus, accompanied by Russian railroad officials, made a thorough inspection and on his return to England presented comprehensive reports to the government, for which he was warmly thanked by the Rt. Hon. David Lloyd George.

Follow Canada's Example.

In a recent interview Sir George Bury stated that there was no doubt that after the war Russia would have to build several thousand miles of railway. "Canada," he said, "has ten times more railway mileage per unit of population than has Russia. Then, again, Russia made the mistake of patterning her railway transportation after that of Europe rather than America.

"Traffic in Russia moves vast distances in great bulk. The country lends itself to low grades and easy curvature. If that great country is to achieve the destiny in store for her she will have to come to the large train and large car, because these two factors make for economical transportation, and economical transportation is essential if a producing country of wide distances is to hold her own in the markets of the world.

"Had Russia been equipped with railway transportation, say as in Canada, she would have been able to have played a much greater part in the war."

FIRE ALARM SYSTEM.

CIRCUIT NO. 1.

Box 12—5th St. and 3rd Ave.
Box 13—6th St. and 3rd Ave.
Box 14—8th St. and 3rd Ave.
Box 15—Junction of 1st, 2nd and 3rd Aves.
Box 16—1st Ave., between 8th and 9th Sts. (Knox Hotel).
Box 17—1st Ave. and 7th St. (Central Hotel).

CIRCUIT NO. 2.

Box 22—3rd Ave and 3rd St. (Post Office).
Box 23—3rd Ave. and McBride St.
Box 24—1st Ave. and McBride St.
Box 25—2nd Ave. and 2nd St.
Box 26—2nd Ave. and 6th St.
Box 27—G. T. P.

CIRCUIT NO. 3.

Box 31—5th Ave. and Fulton St.
Box 32—Borden and Taylor Sts.
Box 34—7th Ave. and Fulton St.
Box 35—9th Ave. and Comox Ave.
Box 37—8th Ave. and Dodge Place
Box 38—6th Ave. and Thompson St.

CIRCUIT NO. 4.

Box 41—4th Ave. and Emmerson Place.
Box 42—5th Ave. and McBride St.
Box 43—5th Ave. and Green St.
Box 44—6th Ave. and Basil St.
Box 45—7th Ave. and Eberts.
Box 141—7th Ave. and Young St.

Navigable Waters Protection Act.

R. S. C., CHAPTER 115.

The Grand Trunk Pacific Railway Company hereby gives notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, at Prince Rupert, a description of the site and plan of lumber mill and other works proposed to be built in the Prince Rupert harbor at Prince Rupert, British Columbia, in front of Waterfront Block "I", according to registered plan of the townsite of the said city of Prince Rupert registered in the aforesaid land registry office as No. 922, Section 7.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will, under Section 7 of the said Act, apply to the Minister of Public Works at his office in the City of Ottawa for approval of the said site and plan and for leave to construct the said works.

Dated at Winnipeg, Manitoba, this 21st day of February, A. D. 1917.

THE GRAND TRUNK PACIFIC RAILWAY COMPANY. H. H. HANSARD, Solicitor.

B. C. UNDERTAKERS

FUNERAL DIRECTORS AND EMBALMERS — SATISFACTION GUARANTEED—OPEN DAY AND NIGHT

117 2ND STREET—PHONE 46

MUNITION WORKERS ORDERED TO REPORT

Ottawa, June 11.—Single men of military age employed in Ottawa by the Imperial Munitions Board with no dependents, have been requested to present themselves for medical examination at the base recruiting office here. Any physically unfit will be retained on the staff, but the others will be notified that their services are no longer required. The board also orders five thousand of the six thousand on its inspection staff thoroughout Canada to present themselves for examination. The other one thousand are returned soldiers. Medical examination of the staff in Ottawa began today.

THE MAILS

For the East.
Tuesdays, 2 a. m.
Wednesdays, 9:30 a. m.
Saturdays, 9:30 a. m.

From the East.
Tuesdays, 5:30 p. m.
Thursdays, 5:30 p. m.
Sundays, 3:10 p. m.

For Vancouver.
Tuesdays, 4 p. m.
Thursdays, 10 p. m.
Sundays, 4 p. m.

From Vancouver.
Wednesdays, 10:30 a. m.
Fridays, 3 p. m.
Sundays, 7 p. m.
Alternate Mondays from January 1st.

For Anyox.
Wednesdays, 10 p. m.
Fridays, 8 p. m.
Sundays, 8 p. m.

From Anyox.
Thursdays, Sundays and Tuesdays.

WATER NOTICE

DIVERSION AND USE

TAKE NOTICE that George McRae whose address is Skidegate, B. C., will apply for a licence to take and use 150 cubic feet per minute of water out of Demster Creek, which flows northerly and drains into Alford Bay, about 15 chains from the N. E. corner of T. L. 835. The water will be diverted from the stream at a point about ten chains west from N.W. corner of Lot 4, B. C. Fisheries, and will be used for power purpose upon the land described as adjoining Timber Limit 831 in application to lease.

This notice was posted on the ground on the 15th day of January, 1917. A copy of this notice and an application pursuant thereto and to the Water Act 1914 will be filed in the office of the Water Decorder at Prince Rupert. Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper.

The date of the first publication of this notice is February 21st, 1917.

GEORGE McRAE, Applicant.

MINERAL ACT

Certificate of Improvements.

NOTICE

"Dougall;" "Dougall Fractional," and "Waterfront" Mineral Claims, situate in the Skeena Mining Division of Cassiar District.

Where located:—On the west side of head of Alice Arm.

TAKE NOTICE that I, Richard B. McGinnis, Free Miner's Certificate No. 11306, acting as agent for the Dolly Varden Mines Company, Free Miner's Certificate No. 931-C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

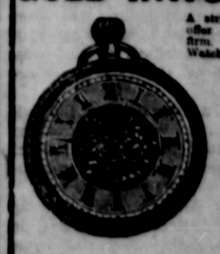
And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.

Dated this 24th day of April, A. D. 1917.

Jy. 9. RICHARD B. McGINNIS.

A Real Lever Simulation

GOLD WATCH FREE.



A straightforward generous offer from an established firm. We are giving away Watches to thousands of people all over the world as a huge advertisement. Now is your chance to obtain one. Write now, enclosing 25 cents for one of our fashionable Ladies' Long Guards, or Gents' Albert, and carriage paid to wear with the watch, which will be given Free (these watches are guaranteed five years), should you take advantage of our marvellous offer. We expect you to tell your friends about us and show them the beautiful watch. Don't think this offer too good to be true, but send 25 cents to-day and gain a Free Watch. You will be amazed.—WILLIAMS & LLOYD, Wholesale Jewellers (Dept. 140), 80, Cornwallis Road, London, N., England.

WE PAY HIGHEST PRICES FOR RAW FURS

FREE
TRAPPERS GUIDE
TRAPPERS TAGS
MARKET REPORT
SHIPPING TAGS

Write Today — Address
JOHN HALLAM LIMITED TORONTO
Block 518

Hard to Drop Meat?

All depends on what you eat as a substitute. It is a good time to study "food value." You may be eating the wrong foods, the foods that cost most and give the least nutriment. **Shredded Wheat Biscuit** contains more real, body-building nutriment, pound for pound, than meat, eggs or potatoes and costs much less. Two of these Biscuits with milk and a little fruit make a nourishing meal at a cost of a few cents. Make Shredded Wheat your "meat." A satisfying breakfast on which to start the day's work. It is ready-cooked and ready-to-eat. Made in Canada.

LAND REGISTRY ACT

(Sections 36 and 134.)

Re Applications Nos. 9086-I and 9087-I, Filing 5808.

TAKE NOTICE that application has been made to register Sarah Lando, of Prince Rupert, B. C., as owner in fee under two Tax Sale Deeds from the Collector of the City of Prince Rupert, bearing date the 22nd day of September, 1916, and ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying and being in the Municipality of Prince Rupert, more particularly known and described as Lot eleven (11), Block twenty-eight (28), Section Six (6), and Lot thirty-three (33), Block forty-six (46), Section Eight (8), Map 923.

You are required to contest the claim of the tax purchaser within 35 days from the date of the service of this notice (which may be effected by publication), and your attention is called to section 36 of the "Land Registry Act" with amendments, and to the following extract therefrom:— ....."and in default of a caveat or certificate of lis pendens being filed before the registration as owner of the person entitled under such tax sale, all persons so served with notice,.....and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be for ever estopped and debarred from setting up any claim to or in respect of the land so sold for taxes, and the Registrar shall register the person entitled under such tax sale as owner of the land so sold for taxes."

AND WHEREAS application has been made for a Certificate of Indefeasible Title to the above-mentioned lands, in the name of Sarah Lando.

AND WHEREAS on investigating the title it appears that prior to the 14th day of September, 1915, (the date on which the said lands were sold for overdue taxes), you were the registered and assessed owners thereof.

FURTHER TAKE NOTICE that at the same time I shall effect registration in pursuance of such application and issue a Certificate of Indefeasible Title to the said lands in the name of Sarah Lando unless you take and prosecute the proper proceedings to establish your claim, if any, to the said lands, or to prevent such proposed action on my part.

DATED at the Land Registry Office, Prince Rupert, B. C., this 10th day of April, A. D. 1917.

H. F. MACLEOD,
District Registrar of Titles

To Charles Planitz, as to Lot 33;
H. F. Clark and H. O. Richer, as to Lot 11.

LAND REGISTRY ACT

(Sections 36 and 134.)

Re Application No. 91,111, Filing 5,814

TAKE NOTICE that application has been made to register John Bergman, of Prince Rupert, B. C., as owner in fee under a Tax Sale Deed from the Collector of the City of Prince Rupert, bearing date the 10th day of September, 1915, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying, and being in the Municipality of Prince Rupert, more particularly known as Lot Ten (10), Block Five (5), Section Seven (7), Map 923.

You are required to contest the claim of the tax purchaser within thirty-five days from the date of the service of this notice (which may be effected by Registered Mail or as Directed, and your attention is called to section 36 of the "Land Registry Act" with amendments, and to the following extract therefrom:— ....."and in default of a caveat or certificate of lis pendens being filed before the registration as owner of the person entitled under such tax sale, all persons so served with notice.....and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be for ever estopped and debarred from setting up any claim to or in respect of the land so sold for taxes, and the Registrar shall register the person entitled under such tax sale as owner of the land so sold for taxes."

AND WHEREAS application has been made for a Certificate of Indefeasible Title to the abovementioned lands, in the name of John Bergman:

AND WHEREAS on investigating the title it appears that prior to the 9th day of September, 1914, (the date on which the said lands were sold for overdue taxes) you were the assessed owner thereof.

FURTHER TAKE NOTICE that at the same time I shall effect registration in pursuance of such application and issue a Certificate of Indefeasible Title to the said lands in the name of John Bergman unless you take and prosecute the proper proceedings to establish your claim, if any, to the said lands, or to prevent such proposed action on my part.

DATED at the Land Registry Office Prince Rupert, B. C., this 6th day of December, A. D. 1916.

H. F. MACLEOD,
Apr. 17. District Registrar of Titles.
To Simon Peterson, Davisville, California.

FRED STORK'S HARDWARE

FOR CANNERYMEN
We have added to our stock of valves and pipes a complete line of Rubber Belting at right prices.

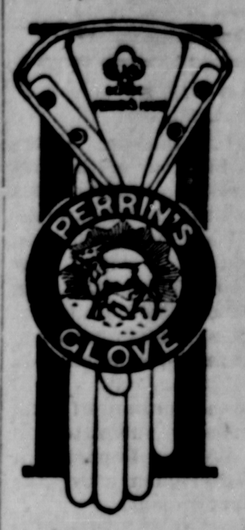
FOR FISHERMEN
A complete stock of the best goods that money can buy for trolling—Spring Brass, Silver and Bronze.

FOR THE WATERFRONT
The celebrated Maple Leaf Paints and Varnishes—Special boat paint "FLOGLAZE"—A complete line of Ship Chandlery.

FOR EVERYONE
A fine stock of Hardware, Gurney's Oxford Stoves.

We Sell Nothing But The Best.

FRED STORK'S HARDWARE



Whether
For Yourself
or as a
Gift to your Friend

PERRIN'S GLOVES

The well known Perrin trademark as shown in cuts should be on every glove you get, as this assures you perfection of

Style, Fit and Finish.

Best dealers the world over sell the genuine PERRIN'S GLOVES.

You Can Make Excellent Cake With Fewer Eggs

Just use an additional quantity of Dr. Price's Cream Baking Powder, about a teaspoon, in place of each egg omitted.

This applies equally well to nearly all baked foods. Try the following recipe according to the new way:

CREAM LAYER CAKE

Old Way	New Way
1 cup sugar	1 cup sugar
½ cup milk	1 cup milk
2 cups flour	2 cups flour
2 teaspoons Dr. Price's Baking Powder	4 teaspoons Dr. Price's Baking Powder
3 eggs	1 egg
½ cup shortening	2 tablespoons shortening
1 teaspoon flavoring	1 teaspoon flavoring

Makes 1 Large 2-Layer Cake

DIRECTIONS—Cream the sugar and shortening together, then mix in the egg. After sifting the flour and Dr. Price's Baking Powder together, two or three times, add it all to the mixture. Gradually add the milk and beat with spoon until you have a smooth pour batter. Add the flavoring. Pour into greased layer cake tins and bake in a moderately hot oven for twenty minutes. This cake is best baked in two layers. Put together with cream filling and spread with white icing.

DR. PRICE'S CREAM BAKING POWDER

Made from Cream of Tartar, derived from Grapes

Made in Canada No Alum

GREAT EXPECTATIONS
are in this batch, and they will be realized because I use
ROYAL STANDARD FLOUR
Absolutely Uniform — Laboratory Tested

ROYAL STANDARD has the flavor!—Flour made from the pick of Canada's golden wheat. ROYAL STANDARD has the texture!—Flour ground wondrous fine. ROYAL STANDARD has the uniformity!—Flour laboratory tested that has made great big, snowy, springy loaves before it reached my kitchen. Use it! Make the most of your baking art!

[2]

SAVE THE COUPONS

Vancouver Milling & Grain Co. Ltd
Vancouver New Westminster. Nanaimo. Victoria.