

## VIOLENT ATTACKS OF DYSPEPSIA

Suffered Tortures Until She Tried "Fruit-a-tives"

St. JEAN DE MATHA, Jan. 27th, 1914.  
 "After suffering for a long time with *Dyspepsia*, I have been made well by "Fruit-a-tives." I suffered so much that at last I would not dare to eat for I was afraid of dying. Five years ago, I received samples of "Fruit-a-tives" and after taking them I felt relief. Then I sent for three boxes and I kept improving until I was well. I quickly regained my lost weight—and now I eat, sleep and digest well—in a word, *I am fully recovered*, thanks to "Fruit-a-tives."  
 MME. CHARBONNEAU.  
 50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

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18 in a box, 25c. Sold everywhere. If your dealer does not sell them we mail box on receipt of price, 25c.  
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Manufactured by

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Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

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THE EMPRESS MANUFACTURING CO., LTP.  
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LET Sunlight Soap do your washing Monday morning and you can do the light ironing Monday afternoon. The rub, rub, rub at the board has no place in the Sunlight way—so with the hardest part of washing cut out you'll feel like making it a good day's work by doing at least part of the ironing.

Follow the directions that cut your work in half and remember there's nothing in Sunlight to injure fine fabric or dainty hand. A \$5,000 guarantee backs this statement.

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