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"Fruit-a-tives" Cleans, Purifies, Enriches

Fruit juice is Nature's own remedy. "FRUIT-A-TIVES," the famous fruit medicine, keeps the blood pure and rich because it keeps the whole system free of impurities.

"Fruit-a-tives" improves the Skin Action; enables the stomach to digest food properly; makes the bowels move regularly; and relieves the strain on the Kidneys.

By its cleaning, healing powers on the eliminating organs, "Fruit-a-tives" rids the system of all waste matter and thus insures a pure blood supply.

50c. a box, 6 for 2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.



**FRENCH INSTALL PORTABLE KITCHENS ALONG THE AISNE.**—The portable kitchens shown are placed under bomb proof shelters made of rivetted sheet iron and faced with earth.

### AMERICA PREPARING FOR TRADE STRUGGLE

Washington, Oct. 28.—Elaborate plans for a world-wide campaign for trade by the United States are revealed in the estimates of the department of commerce expenditures for the next fiscal year, to be presented to congress this winter.

Through the bureau of foreign

and domestic commerce, the department proposes to aid American merchants and manufacturers in taking advantage of opportunities now before them and in preparing for the struggle for trade supremacy which commercial officials are certain will follow the European war.

Reorganization of the staff in Washington and an increase to about twice its present extent of the foreign commercial service are contemplated, according to a statement today by Dr. E. E. Pratt, chief of the bureau. Appropriations will be sought to provide for

extensive investigations of commercial conditions abroad and for tariff inquiry by the cost of production division.

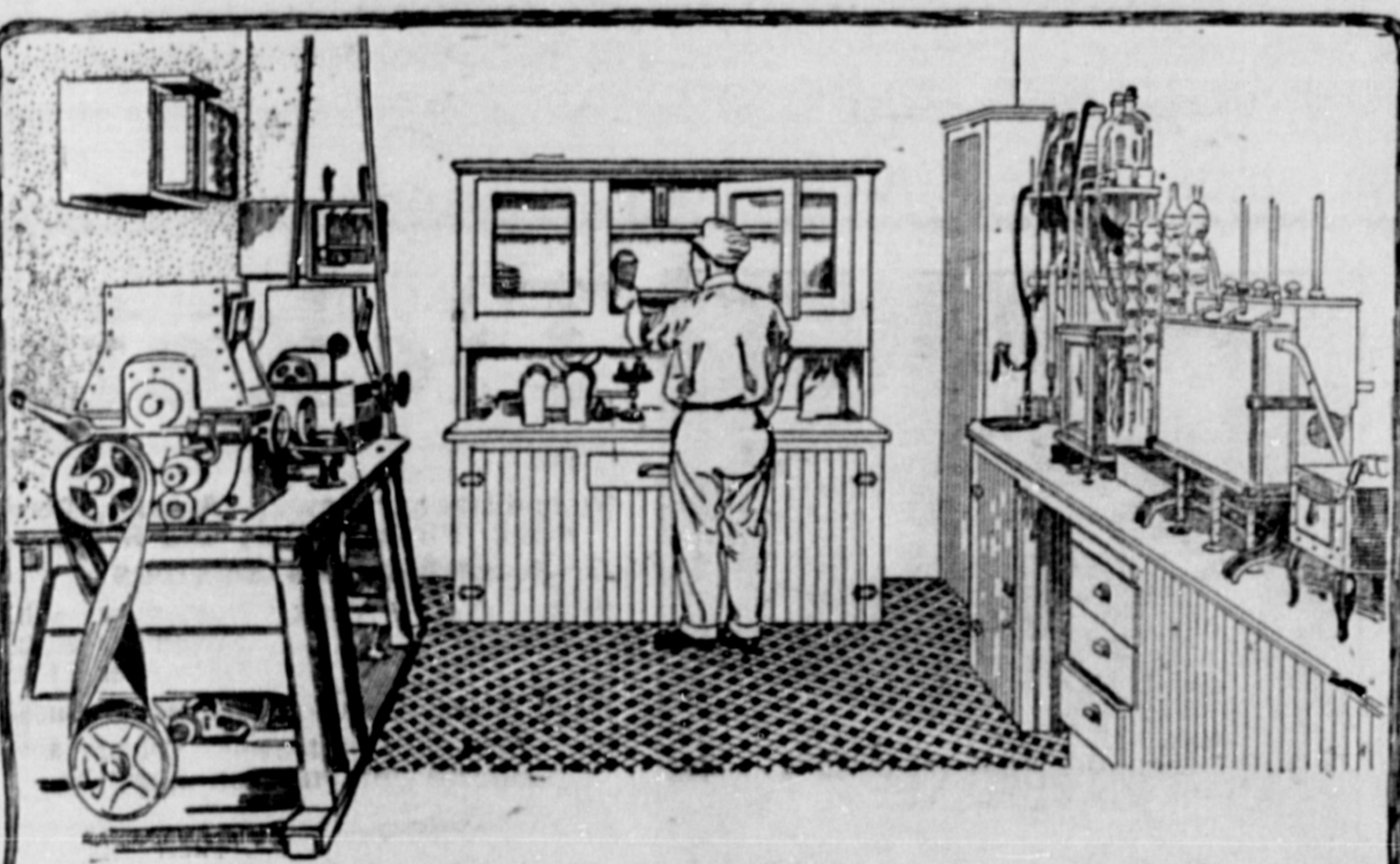
"The commercial attache service has been in existence just about a year," said Dr. Pratt. "It has proved so useful that an addition of ten commercial attaches will be recommended as part of the general program of 'preparedness.' These attaches, it is intended, will be stationed in Japan, India, South Africa, Spain, Scandinavia, Italy, The Netherlands, the Balkan States, Central America and Venezuela and Colombia.

"A similar increase in the bureau's work in promoting trade with Latin America will be requested. This will enable the bureau to conduct a number of special investigations there."

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The mild carbolic odor vanishes after use, leaving a sense of utter cleanliness.

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2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.

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Sometimes a housekeeper requires a quick leavening agent, and finds she has no baking powder.

What does she do?

She raises her biscuit by a mixture of cream of tartar and soda, or soda and sour milk. She may not get the proportions quite right, but she knows her food is safe. But does she ever use a mixture of alum and soda? Was there ever a housekeeper who bought alum and soda to make a home made baking powder? Intuitively she feels it would be unsafe.

Then why use baking powder made from alum or the same mixture that the housekeeper would not dare to mix and use in her food?

Alum is alum, whether bought in the drug store or in baking powder.

## DR. PRICE'S CREAM BAKING POWDER

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## Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

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