Restored To Health By "Fruit-a-tives"
The Famous Fruit Medicine



MDE. ROCHON Rochon, P.Q. March 2nd, 1915.

"I have received the most wonderful benefit from taking 'Fruit-a-tives'. 1 suffered for years from Rheumatism and change of life, and I took every remedy obtainable, without any good results. I heard of 'Fruit-a-tives' and am entirely well; the Rheumatism has disappeared and the terrible pains in my body are all gone. I am exceedingly grateful to 'Fruit-a-tives' for such suffer from such distressing diseases will try 'Fruit-a-tives' and get well''. MADAME ISAIE ROCHON.

tives' is doing, in overcoming disease and healing the sick, is winning the admiration of thousands and thousands.

50c. a box, 6 for \$2.50, trial size, 25c. Fruit-a-tives Limited, Ottawa.

#### CITY OF PRINCE RUPERT

writing before June 1st, 1916.

#### Salvation Army.

Thursday and Saturday at 8 p. m | friend Allison lately Sundays at 7:30 p.m.

My office window

faces a street, close

to the railway freight

All day long a steady

stream of trucks and

lorries lumber by-

loaded with boxes,

One truck I noticed

the other afternoon

was particularly in-

teresting. No two

baking powder.

world.

been dug.

difficulties.

boxes were the same,

and stencilled on the

end of each was the name

of some well-known pro-

duct-soap, tobacco, socks,

breakfast food, cocoa, port,

tea, chocolates, perfumery and

Gathered there in prosaic wooden

boxes were the results of thousands

of hand's labor in all parts of the

barrels and bales.

sheds.

#### DAVIDSON COMMISSION AND BARGAIN AMMUNITION

(Continued from Page two.)

Admiralty it was good enough to be rushed by the Germans. Morethe complaints about the Ross blame it all on the cartridges.

which causes Sir Sam to explode affair was ventilated in the House Sir Sam came down to the Green Chamber with blood in his eye, the first time he had appeared in the House since the Duff-Meredith Commission began sitting. One way and another Sir Sam resembles all the great commanders, the gave it a trial and it was the only supreme Driving Forces of Hisfond of poetry, Julius Caesar bebero because he takes a cold tub relief, and I hope that others who every morning and Napoleon because he favors fried chicken, but when he is in a rage he resembles cate of Improvements, for the purpose of The marvellous work that 'Fruit-a. | nobody so much as rude, bluster- | claim ing old Boreas. How he fumes and puffs out his cheeks. In the course of ten minutes he punch- provements. At all dealers or sent postpaid by ed Sir Wilfrid Laurier in his race in his metaphorical face, and gave a certificate of character to his The city will shortly issue a friend, Colonel John Wesley Alnew telephone directory. Any de- lison, as having more honor in his sired changes in name, number, little finger than the Auditor-Genor address, please notify the Su- al had in his whole carcass. perintendent of Telephones in Surely a lot of noise to make over three million rounds of "defec-

tive" ammunition. Still he may have had some ex- acres more or less. cuse. Things have not been May 9th, 1916. Public meetings, Tuesday, breaking right for General Sam's

The Tale The Wagons Tell

#### MINERAL ACT

NOTICE TO DELINQUENT PARTNER

TO J. A. ROGERS,

TAKE NOTICE that, whereas I have caused to be done the assessment work keep in case this country should for the year 1915 on the mineral claims known as "Ladybird No. 4" Mineral Claim, situated in Cascade Creek valley, north of over, they had in their possession District; and the "Stumpy" Mineral Claim, Silver Lake, in the Stewart, B. C., Mining situated on the east side of Cascade Creek at the head, in the said Stewart Mining rifle and probably didn't see fit to district, and have paid for said assessment work the sum of \$200.00; unless you pay to me the sum of \$100.00 tor This is the transaction which is your share of the said assessment work to be investigated by the David- together with the costs of this advertisement, I shall, at the expiration of ninety son Commission and criticisms of days from the date hereof, apply to the Mining Recorder at Stewart, B. C., to have your interest in the said "Ladybird No. 4" with wrath every time the matter and "Stumpy" Mineral Claims vested in me is brought up. The day after the in pursuance of the provisions of the 'Mineral Act."

Dated at Prince Rupert, B. C., this 5th day of November, 1915.

#### A. LUND.

MINERAL ACT

#### Certificate of Improvements

NOTICE

medicine that really did me good. Now tory-Alexander because he is of Lime Creek about four miles from the of the said Act, apply to the Governor-inbeach on the south side of Alice Arm. TAKE NOTICE that I, George R. Naden, plan. cause he is slightly bald, Marl- Free Miner's Certificate No. 94096B, acting as agent for Thos. McRostie, Free Miner's this 26th day of April, A. D. 1916. Certificate No. 69991B, and James L. Hatch, Free Miner's Certificate No. 87966B, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certifi- | SKEENA LAND DISTRICT-DISTRICT OF

fore the issue of such Certificate of im- purchase the following described lands:

obtaining a Crown Grant of the above

GEORGE R. NADEN.

COAST, RANGE 5.

Kenzie, of Prince Rupert, B. C., occupation more or less. engineer intends to apply for permission February 18, 1916. to lease the following described lands:-Commencing at a post planted at the Coast District, Porcher Island, thence

N. E. corner of T. L. Lot 2729, Range 5, south 20 chains, thence west 80 chains, thence north 80 chains to shore line, thence south-easterly following shore line to the point of commencement; containing 350

GEORGE RODERICK MCKENZIE.

The Daily News delivered by H.F.G. carrier, 50 cents per month.

The cocoa had been

grown in Brazil,

shipped to Bristol,

transhipped to Mon-

treal and finally

distributed from

The tea was gath-

ered by swart-

skinned natives of

the romantic island

of Ceylon; from

sunny Portugal the

luscious, big grapes

had been gathered years

ago, fermented, bottled

and branded with a famous

name; from Egypt had come the

cotton and from South America the

dyes that entered into the product

finally stamped with the brand of a

well-known hosiery.

Toronto.



APPLIED SCIENCE Including Mining, Chemical, Civil, Mechanical and Liectrical Engineering. MEDICINE During the War there will be continuou

sessions in Medicine. HOME STUDY The Arts Course may be taken by corre-spondence, but students desiring to graduate must attend one session. SUMMERSCHOOL GEO. Y. CHOWN

R. S. C. CAP. 115.

JULY AND AUGUST

PACIFIC MILLS, LIMITED, hereby give notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the Registrar General of Titles at Victoria, British Columbia, a description of the site and the plans of certain structures to be erected in front of Lot Thirty-one (31, Range Three (3), Coast District, British Columbia, at the head of Cousins

AND TAKE NOTICE that after the ex-Silver Bow Mineral Claim, situate in the piration of one month from the date of Skeena Mining Division of Cassiar District. the first publication of this Notice, Pa-Where located:-At the head of a branch cinc Mills, Limited, will, under Section 7 Council for approval of the said site and

> Dated at Vancouver, British Columbia, BODWELL, LAWSON & LANE.

Solicitors for Pacific Mills, Limited.

#### COAST, RANGE 4.

TAKE NOTICE that Frederick Bradshaw. And further take notice that action, of Tonopah, Nevada, occupation mine manunder section 85, must be commenced be- ager, intends to apply for permission to Commencing at a post planted about Dated this 24th day of March, A.D. 1916. 200 feet easterly from the northwest corner of Lot 40, Range 4, Coast District; and religion, slapped Mr. Carvell Skeena Land District-District of thence north 20 chains; thence west 20 chains; thence south 20 chains more or less to the shore of Surf Inlet, thence following the shore line to the place of TAKE notice that George Roderick Mc- commencement, containing forty acres

FREDERICK BRADSHAW.

#### "Safety First" is the Slogan of Business"

VER 75 years of Banking in Canada, has demonstrated the strength, security, safety and service of The Bank of British North America. The history of this bank for over threequarters of a century has been one of progress and development, and of consistent growth in the regard of the business world.

### THE BANK OF British North America

78 YEARS IN BUSINESS. CAPITAL AND SURPLUS, \$7,884,000.

PRINCE RUPERT BRANCH 



## Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more and the ruthless Germans refuse to supply them!

Backed by the

## Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 59 St, Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

## Ramsay's Empire Cream Sodas

In 2-Ib. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD. Vancouver, B. C.

# roduction and hr

" TO win the war with the decisiveness which will ensure lasting peace, the Empire will require to put forth its full collective power in men and in money. From this viewpoint it is our true policy to augment our financial strength by multiplying our productive exertions and by exercising rigid economy, which reduces to the minimum all expenditures upon luxuries and non-essentials. Only in this way shall we be able to make good the loss caused by the withdrawal of so many of our workers from industrial activities, repair the wastage of the war, and find the funds for its continuance. It cannot be too frequently or too earnestly impressed upon our people that the heaviest burdens of the conflict still lie before us, and that industry and thrift are, for those who remain at home, supreme patriotic duties upon whose faithful fulfilment our success, and consequently our national safety, may ultimately depend."-SIR THOMAS WHITE, Minister of Finance.

> PRODUCE MORE, SAVE MORE. MAKE LABOUR EFFICIENT. SAVE MATERIALS FROM WASTE. SPEND MONEY WISELY.

LET US PRODUCE AND SAVE-

The war is now turning on a contest of all forces call to all is to produce more and more. It may be necessary to work harder. The place of those who enlist must be taken by those at home, men and women, old and young. The more we produce the more we can save. Produce more on the farms and in the gardens. Save more and help to win the war.

LET US NOT WASTE OUR LABOUR-

ductive or should be assisting in production. Make it | risking their lives for us at home. Is it not our duty as efficient as possible. If your labour is on something | to be careful and economical? Canadian dollars are that can be postponed, put it off till after the war and make your labour tell now. Making war is the first business of all Canadians. Efficiency in labour is as Bond.

an important part of the war equipment. Make them tell. Have a War Savings Account. Buy a War Bond. important as efficiency in fighting.

LET US NOT WASTE MATERIALS-

Begin at home. The larger portion of salaries and resources-men, munitions, food, money. The and wages is spent on the home-food, fuel, light,

LET US SPEND OUR MONEY WISELY-

Are you spending your money to the best advantage? What do you think of extravagance in war In this war-time all labour should be directly pro- | time? Tens of thousands of Canadians are daily

THE GOVERNMENT OF CANADA

THE DEPARTMENT OF FINANCE

THE DEPARTMENT OF AGRICULTURE

talk over your advertising problems with the Advertising Department of this newspaper. IIf you are doing a provincial or national business it would be well for you to have counsel and assistance of a good advertising agency. A list of these will be furnished. without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronte

There, behind that obviously prosaic truck-load of freight was the whole romance

of modern commerce—the skilled production, the universal demand for food, drink

And then I speculated why we use these things every day, instead of some other

The names of some of the boxes on the lorrie were known everywhere to-day, but

had been unknown a few years ago; and I saw then more clearly than ever before

that Advertising is really a great channel digger. It is like the Panama Canal. You

can sail from Montreal to Vancouver now, around the Horn. You can get there,

but it is going to take months. A year or so from now you will sail through the

Panama Canal and chop the journey to less than half. A new channel will have

The great names in commerce to-day are those of the manufacturers who have let

modern advertising steam-shovel a channel across the isthmus of distributing

The great names in the commerce of to-morrow will be those of men who widen and

dredge this channel so that the greater traffic may pass smoothly and quickly from

If you are doing a local business

and raiment, and the world-wide distribution of the things we use every day.

things; and that brought me plump back to my own job of advertising.

the source of production to the homes of the consumer.