Completely Restored To Health By "Fruit-a-tives"

382 St. VALIER St., MONTREAL. "In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years, and my weight dropped from 225 pounds to 160 pounds. Then several of my friends advised me to try "Fruita-tives". I began to improve almost with the first dose, and by using them, recovered from the distressing Stomach Trouble-and all pain and Constipation were cured. Now I weigh 208 pounds. I cannot praise "Fruita-tives" enough". H. WHITMAN.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruita-tives Limited, Ottawa.

### SKEENA LAND DISTRICT-DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that Frederick Bradshaw, of Tonopah, Nevada, occupation mine manager, intends to apply for permission to purchase the following described lands:

commencing at a post planted about 200 feet easterly from the northwest cor-Range 4, Coast District; chains; thence west 20 south 20 chains more or of Surf Injet, thence shore line to the place of commencement, containing forty acres more or less. February 18, 1916.

FREDERICK BRADSHAW.





THE DEMOCRATIC PLATFORM, -According to the New York Sun.

PROVINCE FACING

(Continued From Page One.)

sistance such a reference is im- a solemn menace to the general possible. The court of appeal is well being. Once more I invite in session at Victoria today, but him to join in an immediate refthe reference is still refused, erence of the questions in dispute. Through my solicitors I have sug- My object is to establish the val-Dencine line line | gested several alternative ways idity of the challenged legislation, for procuring an immediate hear- if it is indeed valid, and to pro-

ing. Instead of accepting any one SERIOUS SITUATION of them the premier continues his tour of misrepresentation, parading Brewster's delaying tactics as

vide a speedy remedy if it is not. Will he accept? I venture to assert that he will prefer to seek political capital by accusing me of the delay for which he alone is responsible.

"The plea that even if invalid the legislation can be validated next session is, of course, absura. The next legislature must be elected under the new "Elections Act" passed since March 14th, and if that act is invalid any legislature elected under it will be a nullity. Its members can have no more power than the man in the street. They can validate nothing. It is equally absurd to say that the matter is one for the polls, not for the courts. If the "Elections Act" is unconstitutional, so are the polls. We are face to face with embarrassing ly dealt with."-Sun.



At the following well-known Prince Rupert Dealers MILLER-PHILLIPS LYNCH BROS. MUSSALLEM GROCERY CO., LTD. FULLER & MCMEEKIN T. BRAMLEY G. P. McCOLL CAVENAILE & HANNAN 3RD AVE. CASH MARKET SPURR'S CASH MARKET

FULTON CASH MARKET LIPSETT, CUNNINGHAM & CO., LD. CANADIAN FISH & C OLD STORAGE CO., LTD.

Stewart & Mobley, Ltd., Wholesale Distributors, Prince Rupert.

Wm. Braid & Co Direct Importers,





### 2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more and the ruthless Germans refuse to supply them!

Backed by the

## Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump our to Local or Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal \$2.50 Feeds A Belgian Family A Month.

conditions which must be serious- Advertise In The Daily News.



# The Tale The Wagons Tell

My office window faces a street, close to the railway freight cheds.

All day long a steady stream of trucks and lorries lumber byloaded with boxes, barrels and bales.

One truck I noticed the other afternoon was particularly interesting. No two boxes were the same, and stencilled on the end of each was the name of some well-known product-soap, tobacco, socks, breakfast food, cocoa, port, tea, chocolates, perfumery and baking powder.

Gathered there in prosaic wooden boxes were the results of thousands of hand's labor in all parts of the world.

The cocoa had been grown in Brazil, shipped to Bristol, transhipped to Montreal and finally distributed from Toronto.

The tea was gathered by swartskinned natives of the romantic island of Ceylon; from sunny Portugal the luscious, big grapes had been gathered years ago, fermented, bottled and branded with a famous name; from Egypt had come the cotton and from South America the dyes that entered into the product finally stamped with the brand of a well-known hosiery.

There, behind that obviously prosaic truck-load of freight was the whole romance of modern commerce—the skilled production, the universal demand for food, drink and raiment, and the world-wide distribution of the things we use every day.

And then I speculated why we use these things every day, instead of some other things; and that brought me plump back to my own job of advertising.

The names of some of the boxes on the lorrie were known everywhere to-day, but had been unknown a few years ago; and I saw then more clearly than ever before that Advertising is really a great channel digger. It is like the Panama Canal. You can sail from Montreal to Vancouver now, around the Horn. You can get there, but it is going to take months. A year or so from now you will sail through the Panama Canal and chop the journey to less than half. A new channel will have been dug.

The great names in commerce to-day are those of the manufacturers who have let modern advertising steam-shovel a channel across the isthmus of distributing difficulties.

The great names in the commerce of to-morrow will be those of men who widen and dredge this channel so that the greater traffic may pass smoothly and quickly from the source of production to the homes of the consumer.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. "If you are doing a provincial or pail mal hardness it would be well for you to have counsel and assistance of a good advertising agency. A list of these will be furnished. without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronta

# roduction and hritt

" TO win the war with the decisiveness which will ensure lasting peace, the Empire will require to put forth its full collective power in men and in money. From this viewpoint it is our true policy to augment our financial strength by multiplying our productive exertions and by exercising rigid economy, which reduces to the minimum all expenditures upon luxuries and non-essentials. Only in this way shall we be able to make good the loss caused by the withdrawal of so many of our workers from industrial activities, repair the wastage of the war, and find the funds for its continuance. It cannot be too frequently or too earnestly impressed upon our people that the heaviest burdens of the conflict still lie before us, and that industry and thrift are, for those who remain at home, supreme patriotic duties upon whose faithful fulfilment our success, and consequently our national safety, may altimately depend."-SIR THOMAS WHITE. Minister of Finance.

> PRODUCE MORE, SAVE MORE. MAKE LABOUR EFFICIENT. SAVE MATERIALS FROM WASTE. SPEND MONEY WISELY.

LET US FRODUCE AND SAVE-

The war is now turning on a contest of all forces enlist must be taken by those at home, men and women, old and young. The more we produce the more we can save. Produce more on the farms and in the gardens. Save more and help to win the war.

LET US NOT WASTE OUR LABOUR-

ductive or should be assisting in production. Make it as efficient as possible. If your labour is on something | to be careful and economical? Canadian dollars are make your labour tell now. Making war is the first | tell. Have a War Savings Account. Buy a War business of all Canadians. Efficiency in labour is as | Bond. important as efficiency in fighting.

LET US NOT WASTE MATERIALS-

Begin at home. The larger portion of salaries and resources-men, munitions, food, money. The and wages is spent on the home-food, fuel, light, call to all is to produce more and more. It may be clothing. Are any of these things being wasted? necessary to work harder. The place of those who \$20.00 a year saved from waste in every home in

LET US SPEND OUR MONEY WISELY-

Are you spending your money to the best advantage? What do you think of extravagance in war In this war-time all labour should be directly pro- | time? Tens of thousands of Canadians are daily risking their lives for us at home. Is it not our duty that can be postponed, put it off till after the war and an important part of the war equipment. Make them

THE GOVERNMENT OF CANADA

THE DEPARTMENT OF AGRICULTURE

THE DEPARTMENT OF FINANCE