

THE WONDERFUL FRUIT MEDICINE

Thousands Owe Health And
Strength To "Fruit-a-lives"

"FRUIT-A-LIVES", the marvellous
medicine made from fruit juices—has
relieved more cases of *Stomach, Liver,
Blood, Kidney and Skin Troubles* than
any other medicine. In severe cases
of Rheumatism, Sciatica, Lumbago,
Pain in the Back, Impure Blood, Neu-
ralgia, Chronic Headaches, Chronic
Constipation and Indigestion, "Fruit-
a-lives" has given unusually effective
results. By its cleansing, healing
powers on the eliminating organs,
"Fruit-a-lives" tones up and invigor-
ates the whole system.

50c. a box, 6 for \$2.50, trial size, 25c.
At all dealers or sent postpaid by Fruit-
a-lives Limited, Ottawa.



Royal Reserve
The Whisky
of Quality
Aged in Wood
8 Years
before bottling
GUARANTEED BY THE
GOVERNMENT OF CANADA

Demand the Brand

LAND ACT

Prince Rupert Land District—District of
Coast, Range 3.

TAKE NOTICE that the Pacific Mills,
Limited, of Vancouver, B. C., occupation
pulp and paper makers, intend to apply
for permission to purchase the following
described lands:—Commencing at a post
planted at the southeast corner of Lot 299
on the west shore of Cousins Inlet, thence
west 40 chains, thence south 20 chains,
thence east to shore, thence northeasterly
along shore to point of commencement,
containing 65 acres, more or less.

PACIFIC MILLS LIMITED.
Mark Smaby, agent.
Dated May 13th, A. D. 1916. Aug. 13

DOUBLE PERSONALITY OF HON. FRANK COCHRANE

(Continued from Page two.)

and Toronto with Mr. Cochrane
and Premier Hearst as the star
performers. Mr. Hyde is a good
name for it because it hides its
books and its profits in the United
States, hides its dealings with
Germany and other enemies of
the British Empire, hides what it
makes on the side from the other
metals contained in the nickel
matter, and then hides from the
consequences under the coattails
of the Hon. Frank Cochrane, Pre-
mier Hearst, Hon. Howard Fergu-
son and other foxy explainers.

But luckily for the Canadian
people, even Conservative papers,
like the Toronto World, began to
get sick of the depredations of
the bad Mr. Hyde. Moreover a
live Liberal candidate stepped in-
to the field in South West To-
ronto and proceeded to drag Mr.
Hyde into the light of day. In a
week's campaigning these facts
emerged conspicuously. The In-
ternational Nickel Company pay
\$40,000 a year in taxes on an an-
nual output of \$37,000,000. For
years a great part of this nickel
has been going to Germany,
where it is worked up into guns,
bullets, armor plate and other
munitions of war. The Deutsch-
land sailed with a cargo of it the
other day—the "gentleman's
agreement" with the Ottawa and
Toronto governments not to sell
to the enemies of the Empire be-
ing practically inoperative. It
isn't the money that a heartless
monopoly is making out of On-
tario's natural resources—al-
though that is no small grievance
—but it's the appalling fact that
most of the nickel sold to Ger-
many and her allies comes back
to us in the bodies of our soldiers
on land and sea, wounded or slain
by missiles forged from our

It's Time for a Change

VANCOUVER SAID SO IN FEBRUARY.
VICTORIA SAID SO IN MARCH.
ALL THE PEOPLE SAY SO NOW.

Bowserism means playing the magnate against the
people.

Bowserism means closed corporation towns, as in
Granby.

Bowserism means feeding millions to the railroad
contractors and no questions asked.

Bowserism means taxing the Granby Company \$7.50
an acre on their built-on lands, and taxing adjoining
property \$400 an acre.

A change of government means more change in your
pocket.

A change of government means agricultural and
mining development along sane lines.

A change of government means giving the land to
the farmer instead of to the speculator.

A VOTE FOR WILLIAM MANSON IS A VOTE FOR BOW-
SERISM—A VOTE FOR T. D. PATTULLO IS A VOTE FOR
YOURSELF AND FREEDOM.

nickel. Thus does Mr. Hyde do
his bit in the great war.

Comes now Hon. Howard Fer-
guson with promises of increased
taxation, and a nickel refinery in
Ontario, but this is a belated re-
pentance and as much to be sus-
pected as the Hon. Mr. Lucas' an-
nounced intentions toward the
Hydro-Radial enterprise. Nothing
less than repeal of the McGarry
Act will untie Sir Adam Beck's
hands and place the great public
ownership profit where it was be-
fore the Cochrane-Hearst crowd
took a crack at it. Here again
we have Mr. Hyde entering into
the bosom of the government.
First he entered into Dr. Reid,
who acted as Mr. Cochrane's un-

derstudy during his absence,
causing him to treat Sir Adam
with great contumely when he
appeared before the Railway
Committee of the House of Com-
mons. Dr. Reid told his support-
ers to go to it, and they did. Mr.
Hyde enjoyed himself prodigious-
ly at Sir Adam's expense. What
he didn't do to the champion of
the people's cause wasn't worth
doing.

After that Mr. Hyde entered in-
to Tom McGarry and rendered
him violently on behalf of Mr.
Cochrane and his hydro-radial
antipathies. The result was the
McGarry Act, which left hydro-
radial all tied up like a sore
thumb.—H. F. Gadsby.



This Superior COFFEE

As its name implies is a blend of four special coffees.—
It has a splendid body and will produce a rich, strong, and
invigorating cup of coffee.

AT ALL GOOD GROCERS
\$0.45 per lb.

WM. BRAID & CO., DIRECT IMPORTERS
VANCOUVER - B.C.
Stewart & Mobley, Ltd., Wholesale Distributors, Prince Rupert.



2,000,000
Belgians
Depend on us
for Bread!

Since shortly after the German invasion, the Belgians
have depended for food entirely on the "Commission
for Relief in Belgium". Their own store of food,
even if not destroyed or pillaged, would last only
three weeks—they have had no chance to raise more—
and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United
States, the neutral Belgian Relief Commission has imported
enough wheat, flour and other foods to feed the whole nation
so far. The great majority of the 7,000,000 Belgians left in
the country have been able to pay for their daily allowance of
bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of
women, children and old men starve, they must be fed at the
expense of the Belgian Relief Fund. To make this possible
someone must contribute nearly \$3,000,000 a month—every
month—all this winter!

No people under the Allied Flags are as well able to contribute
generously as we Canadians! No cause has ever been more
deserving of help! In the name of Justice and Humanity—for
the sake of our own self-respect—let us give all we can to
help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or
Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

LAKELSE HOT SPRINGS HOTEL

—IS NOW OPEN TO GUESTS—

One of the largest Hot Springs in
America, circumference 300 feet—
Temperature of Water, 180 d. Fahr.

Excellent Trout Fishing in Lakelse
Lake.

Phone Connections with Terrace.
RATES: \$2.50 per day.

For further particulars, apply to
J. BRUCE JOHNSTONE, Manager.

Advertise In The Daily News.

Three Mighty Forces Close Linked

Have you ever noted how an audience
yawns in the face of an uninspired speaker?

On the other hand, have you noted how an audience
will lean forward and grasp the chair arms when
the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To
impart belief in anything, a man must believe it
deeply himself. We call such a man an enthusiast.

This applies to the written word also—particularly
to advertisements. When the manufacturer really
believes in his wares, his enthusiasm will almost
inevitably find expression in Advertising. And en-
thusiasm will be contagious—his audience—the
readers of the newspaper—will, figuratively speaking,
"lean forward and listen intently."

To be convincing an advertisement
must convey an unmistakable
impression of enthusiasm. This it
will only do when the article
advertised has inherent worth.

Thus we have:

Sincerity -- Enthusiasm -- Advertising:
Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department
of this newspaper. If you are doing a provincial or national business it would be well for
you to have the counsel and assistance of a good advertising agency. A list of these
will be furnished, without cost or obligation, by the Secretary of Canadian
Press Association, Room 503, Lumsden Building, Toronto.

Production and Thrift

"TO win the war with the decisiveness which will ensure lasting peace, the Empire
will require to put forth its full collective power in men and in money. From
this viewpoint it is our true policy to augment our financial strength by multiplying our
productive exertions and by exercising rigid economy, which reduces to the minimum
all expenditures upon luxuries and non-essentials. Only in this way shall we be able
to make good the loss caused by the withdrawal of so many of our workers from indus-
trial activities, repair the wastage of the war, and find the funds for its continuance. It
cannot be too frequently or too earnestly impressed upon our people that the heaviest
burdens of the conflict still lie before us, and that industry and thrift are, for those
who remain at home, supreme patriotic duties upon whose faithful fulfilment
our success, and consequently our national safety, may ultimately depend."—
SIR THOMAS WHITE, Minister of Finance.

PRODUCE MORE, SAVE MORE.
MAKE LABOUR EFFICIENT.
SAVE MATERIALS FROM WASTE.
SPEND MONEY WISELY.

LET US PRODUCE AND SAVE—

The war is now turning on a contest of all forces
and resources—men, munitions, food, money. The
call to all is to produce more and more. It may be
necessary to work harder. The place of those who
enlist must be taken by those at home, men and
women, old and young. The more we produce the
more we can save. Produce more on the farms and
in the gardens. Save more and help to win the war.

LET US NOT WASTE OUR LABOUR—

In this war-time all labour should be directly pro-
ductive or should be assisting in production. Make it
as efficient as possible. If your labour is on something
that can be postponed, put it off till after the war and
make your labour tell now. Making war is the first
business of all Canadians. Efficiency in labour is as
important as efficiency in fighting.

LET US NOT WASTE MATERIALS—

Begin at home. The larger portion of salaries
and wages is spent on the home—food, fuel, light,
clothing. Are any of these things being wasted?
\$20.00 a year saved from waste in every home in
Canada will more than pay the interest on a war debt
of \$500,000,000.

LET US SPEND OUR MONEY WISELY—

Are you spending your money to the best advan-
tage? What do you think of extravagance in war
time? Tens of thousands of Canadians are daily
risking their lives for us at home. Is it not our duty
to be careful and economical? Canadian dollars are
an important part of the war equipment. Make them
tell. Have a War Savings Account. Buy a War
Bond.

THE GOVERNMENT OF CANADA

THE DEPARTMENT OF AGRICULTURE

THE DEPARTMENT OF FINANCE