veal-"the killing of calves

which should be allowed to

it as "veal," but you can have

Shredded Wheat Biscuit

"meat" for ten days and see

how much better you feel.

Wholesome and strengthen-

ing for any meal with milk

or cream or in combination

Made in Canada

(Continued From Page One.)

resources which surround you,

and the unrivalled harbor you

sources.

therefrom.

practicable.

Yours sincerely,

NOTICE TO MARINERS

December 19th. Will be replaced

Sumner Strait—Spanish Islands

Light, reported not burning Dec.

16th. will be relighted as soon as

Sitka Sound-Western Channel

missing December 17th, will be

replaced as soon as practicable.

The city council spent two

hours last evening going over the

statements returned by the mer-

chants of the city relative to the

high cost of living. It was de-

cided to postpone further action

until Vancouver had been com-

J. H. McLEOD.

as soon as practicable.

G. E. FOSTER.

SIR GEORGE'S SPEECH

MAYOR McCAFFERY AND

costs much less.

with fruits.

# An Army of

that Internal Bathing is more essential to their well-being than External Baths.

with all their functions acting in healthy accord, bright, happy, clear-headed and confident, eager and capable for the duties

Copper Cliff, Ont., March 2, 1916. Dr. Chas. A. Tyrrell, Toronto, Ont., "J. B. L. Cascade" for the past three dealing with constipation that has ever friends, as I can speak truthfully and en thusiastically as to its merits.

Yours very truly,

J. A. Darrach, Wholesale and Retail Men's Wear. Why not learn more about this rapidlygrowing and natural practice? The "J. L. Cascade", the original and best appliance for this purpose, manufactured by Charles A. Tyrrell, M. D., is now being shown and explained by Cyril H. Orme, Westholme, when Louise Lovely Druggist corner 3rd Ave. and 6th Street. There also may be obtained free on request, "Why Man of Today Is Only 50 play "The Grip of Jealousy." This have had the fever and suffered booklet on the subject. If you prefer, is a powerful society drama which from the consequent debility, and Per Cent. Efficient," a most interesting write to Dr. Chas. A. Tyrrell, 163 College arrests the attention at the start I have used many as warnings street, Toronto, for same.

## Fuller, McMeekin Co'y. LEADING GROCERS

Beg to announce that they ings, Nuts, of all kinds, High grade Table Raisins, Currants, Peels, Figs, Mincemeat, etc.

> Quality the Finest and Prices Right.

Do your Christmas shopping early and get the choice of the market.

- Phone 572. THIRD AVENUE

## B. C. UNDERTAKERS

BALMERS - BATISFACTION QUAR-NTEED-OPEN DAY AND NIGHT 117 2ND STREET-PHONE 41

CONTRACTOR & BUILDER

Store and Office Fixtures, Sash, Door and Moldings. Oak and Hard Woods of all kinds.

We Specialize in making and fitting storm windows, any size.

Plate and Sheet Glass and Glazing.

Corner Fraser and 6th Ste.

PHONE GREEN 269 P. O. BOX 448.

## Sheet Metal Work

Now is the time to have your heating plant put in shape for the winter; roofs and skylights seen to.

consult practical man if you want

Practical sheet metal man. Opposite Board of Trade Rooms-322 2nd Avenue

PHONE 340. Estimates Furnished Free.

MAY, GRAIN, FEED, SEEDS AND FERTILIZERS

WE HANDLE Eulbs, and Take Orders for

Licken Feed A Specialty.

Nursery Stock.

Mail Orders Promptly Attended To.

### CORRECTION

Editor, Daily News,

Dear sir:-In your issue of over half a million bright, keen. up-to- yesterday I was quoted as appeardate Canadians and Americans have found ing at the informal reception to Hon. T. D. Pattullo as the repre-Have found that, taken occasionally at sentative of the Trades and Labor next morning. No more of that billious, Council. This is incorrect, as the tired, nervous condition—but, having by Trades and Labor Council sent water, removed all the poisonous waste no representative. I was present and spoke on my own behalf. Yours truly.

S. D. MACDONALD.

(As the gathering was purely non-partisan, with all parties Dear Doctor,-I have been using your represented, we naturally conand am convinced that it is the cluded that Mr. Macdonald repmost modern and scientific method of resented Labor, believing that Labor should be represented in all such gatherings. We apologise to Mr. Macdonald .- Editor.)

### BLUE-BIRD NIGHT AT WESTHOLME THEATRE

This is Blue-Bird night at the is presented in the five-act photodidly staged and this is no excep- adding nothing to the value or transfer. Piano moving ou Lovely is of a very high standard, leaving in the end a vastly ficti- 301, R. W. Rogers.

# The Edmonton Fur

Exchange, Ltd. Is open for business and offers expert service to trappers, traders and buyers of furs. This Exchange is the largest in Canada. It carries out a plan of open, competitive selling. It is made up of solid business men and

stands for RESPONSIBILITY - RELI-ABILITY - RESULTS

Exchange sales are advertised widely. They reach the big buyers. The Exchange employs none but experts. Its warehouses are safe against fire, Vermin, or other damaging contact. The Exchange offices are central in Edmonton. Send your next shipment to

## The Edmonton Fur Exchange, Ltd. ADAMS BUILDING

Telephone 5283, Edmonton Alberta.

OLD, STRONG COMPANIES

CONSOLIDATED SECURITIES, LTD. Room 11 Smith Block PHONE 51 and - BLACK 293

FIRE ALARM SYSTEM . Harbor Rock Beason reported

JIRCUIT NO. 1. er 12 5th St. and 3rd Ave. Box 18-6th St. and 3rd Ave. Box 14 Eth St. and 3rd Ave. Mox 46 Junetion of 1st, 2nd and

Sox 16 - ist Ave. between 8th and with Sis. (Knox Hotel.) Bos 17 1st Ave and 7th St. (Cen 'rai Hotel.)

CIRCUIT NO. 2. sox 22 and Ave. and and St.

Box 26 - 2ud Ave. and 6th St Bat 27 -0. T. P.

CIRCUIT NO. 3.

5th Ave. and Fulton S. Sox 32 - Borden and Taylor Sts. lox 84 7th Ave. and Fulton St. 9th Ave. and Comox Ave. sth Ave. and Dodge Pl. 4th Ave. and Thompson St.

CIRCUIT NO. 4.

Box 42 bill ave. and MeBride St

### Killing the Calves Local News Notes -All sorts of excuses are offered for the high price of There were three cars of fish beef, the most plausible being the alleged demand for

for the east this morning.

The Acme Importers Limited grow into regular beef." You wish all their patrons a very cannot have beef if you eat Happy New Year.

Special Charlie Chaplin matinee which contains more real on New Year's Day from 3 to 5 nutriment than beef and at the Westholme.

Shredded George Hudson, of the Union wheat biscuit is the whole wheat steam-cooked, shred- Bank staff, has returned from a ded and baked. Make it your , vacation in the south.

> Just arrived 300 tons best Ladysmith Lump Coal, Send in your orders to Prince Rupert Coal Go. Phone 15.

> Mr. and Mrs. Fred Henning left. for Telkwa this morning. Mr. Henning has accepted a position as book-keeper with John McNeil

> Mrs. George Frizzell last evening gave a dance in honor of the nurses of the General Hospital. About thirty were present and a most enjoyable evening was spent.

and holds it throughout. Blue- against a tendency to get rich cut in stove lengths or 4 feet. Bird Teatures are always splen- quick by speculating in lots whilst Best household coal and general tion. while the acting of Miss productive power of the same, but specialty. Prices moderate. Phone tious value to burden its final

possessor. I think your city has St. Andrew's Society verse conditions caused by the New Year's night at 9:30. Tickets less to H. W. M. of Cousins Inlet, thence 50 cents each. Refreshments. containing one hundred and twenty-five You have a wonderful source Westholme orchestra. of employment and wealth pro-

The case against Wong How, J. 21. duction in the fisheries which lie at your door, and the mineral who is charged with having opium in his possession, has been adjourned until Tuesday. The possess, in the trade and travel charge of theft has been with- Netice to Delinquent Partners. drawn. you may attract and you are

Mrs. L. W. Patmore gave profiting and you will profit by this in proportion as you forsake dance last evening in aid of the Edith and Lois Mineral Claims, situated in town lots speculation as a busi- funds of the Red Cross Society. Canal Mining Division, for the year 1916, ness and put your capital and A large number of young people and have paid for said work and recordbrains and arms into the work of were present and all had a real pay to us the sum of \$255.00 for your developing these great natural re- good time, while the Red Cross fund benefitted considerably. The illustration I used was

certainly given to me in Prince | New Year services will be held Rupert. If it was exaggerated or morning and evening in the and Lois mineral claims vested in us, in 3 ill based I am sorry and regret Methodist Church tomorrow. Act. that I used it. But after all, an After the evening service, time error in the figures of valuation, will be spent in fellowship and though regrettable, does not af-|sacred song and a watch-night| F. 24. fect the fact which none knows service will begin about 11 o'clock. SKEENA LAND DISTRICT-DISTRICT better than yourself, that in those

reckless days there was a wild Lieut. R. A. Stalker, who left riot of city lot speculation in your here with the 102nd Battalion Beale, acting as agent for the Empire the Skeena mining division of Skeena discity and that you are suffering and was subsequently wounded, pulp and Paper Mills, Ltd., of Swanson trict, assessment work for the years 1913, now and probably will long suffer was married recently in England to Miss Edith Boult. Mr. and Mrs. ing described lands:-Stalker expect to leave England south shore of the lagoon at the end of sessment work, together with the cost of

Alaska, Chatham Strait-Hanus on New Year's Day from 3 to 5 point of commencement. Reef Buoy H. S. reported missing t the Westholme.

1. What is your full name?

## Renew the

Don't let ill health any longer rob you of life's pleasures. Get back your appetite, strengthen your digestion, stimulate your liver, regulate your bowels and improve your blood by taking

Their action is prompt and thorough, and you soon feel their benefits. You will eat more, work better, sleep sounder, and feel new strength after a short course of these dependable pills. They restore healthy conditions, and

## are worth a guinea a box

Directions of Special Value to Women are with Every Box Sold everywhere. In boxes, 25 cents.

LAND ACT

Vancouver Land District-District of Coast, Range 3.

TAKE NOTICE that Archie Barnes Martin, occupation mill manager, of the city of Vancouver, Province of British Columbia intend to apply for permission to purchase the following described lands:-Commencing at a post planted on the

south shore of Cousins Inlet about five chains west of the southwest corner of sortment of Fancy Christ- RAW FURS! RAW FURS! BAW FURS! BAW FURS! BAW FURS! BAW FURS! BAW FURS! BAW FURS! Golden wonders considering the dance in Railwaymen's Hall on the control of the Lot 31, Range 3, Coast District; thence following the H. W. M. to this post and (125) acres more or less. DATED at Vancouver, B. C., this ist

day of November, A. D. 1916. ARCHIE BARNES MARTIN.

### MINERAL ACT

## To Grant Mahood and Patrick Daly.

TAKE NOTICE that whereas we have done and caused to be done assessmen a work by surveys on the Daly, Sullivan, ing same the sum of \$510.00, unless you share of said assessment work, together with the cost of this advertisement, we | shall at the expiration of ninety (90) days from the date hereof, apply to the Mining Recorder at Stewart, B. C., to have your interests in the said Daly, Sullivan, Edith pursuance of the provisions of the Mineral | Secretarions

Dated at Victoria, B. C., this 15th day of November, A. D. 1916. JAMES McDONALD.

FREDERICK C. WINKLER.

COAST, RANGE THREE

Bay, B. C., occupation logger, intend to 1914, and 1915, and have paid for said apply for permission to lease the follow- work and recording same, the sum of

for Prince Rupert early in the the East Arm of Mussel Inlet, about one this advertisement, I shall, at the expiraand one half miles in a westerly direction tion of ninety (90) days from the date New Year and they are assured from the N.W. corner of T. L. 44846, 305, hereof apply to the mining recorder at of a hearty welcome in this city. | 11600P., thence south 20 chains, thence Prince Rupert, B. C., to have your interwest 40 chains, thence north 20 chains ests in the Wolf mineral claim vested in Special Charlie Chaplin matinee ing shore line in an easterly direction to mineral act. more or less to shore line, thence follow- me, in pursuance of the provisions of the

FRANCIS JOSEPH BEALE, Applicant. day of February, 1916. October 18th, 1916.

## "The Daily News" CLASSIFIED ADS.

WANTED.

WANTED-General Servant. Apply Mrs. L.

### FOR SALE

ing store and four living rooms. Close to Cold Storage plant. Grocery business now being carried on, Rooms partly furnished. Apply T. McCymont.

FOR SALE-Carload mining machinery, including 17 machine drills, column bars, drill-steel, steam-fittings, etc. Apply Dally News.

### LOST

LOST-Saturday, Dec. 23rd, between 4th Avenue East and G. T. P. offices, lady's

FOUND

FOR RENT

Modern 6 room house, English Hill. Cottage 5 rooms, 9th Ave., sec. 7 Cottage 4 rooms, bath, Summit Ave. Furnished Cottage 237 8th Ave. F Cottage 4 rooms, Thompson and 8th. Cottage 4 rooms 150 8th Ave., E.

bath and range. Rent of these flats has been reduced to \$9 per month. Neat and clean. Good janitor service. Will kalsomine to suit tenant. BEST THING IN TOWN FOR THE MONEY.

MCMORDIE APARTMENTS, 3 rooms,

We write fire insurance, representing only strong, liberal com-Your business is solicited.

H. G. HELGERSON, LTD

## J. E. Davey

..........

Voice Production.

Teacher of Singing and

PHONE BLACK 217.

MINERAL ACT

Notice to Delinquent Partners.

To Q. W. Maxwell and Charles Nicholson. TAKE NOTICE that whereas I have done and caused to be done assessment work on the Wolf Mineral claim, situated at the \$307.50. Unless you pay me the sum of Commencing at a post planted on the \$231.50, for your share of the said as-

> Dated at Prince Rupert, B. C., this 19th J. E. STARK J.26 m5.

# A National Call for Information!

NATIONAL SERVICE.

5. In what country were you born? 6. In what country was . In what country was your mother born? 10. How much time have you lost in last 12 months from sickness? 8. Were you born a British subject 9. If not, are you naturalized? 15. Which are you-married, single or a widower?

12. Of your legs?..... 13. Of your sight? 16. How many persons besides yourself do you support? 14. Of your hearing? 17. What are you working at for a living?

18. Whom do you work for? 19. Have you a trade or profession?... 21. Are you working now?..... .... 22. If not, why? 23. Would you be willing to change your present work for other necessary work at the same pay during the war?

INSTRUCTIONS FOR FILLING IN THIS CARD ARE ON THE OTHER SIDE IT ASKS M QUESTIONS.

Write your Answers on th which you will shortly receive

24. Are you willing, if your railway fare is paid, to leave where you now live, and go to some other place in Canada to do such work?

and Return Promptly. It is Obligato

## municated with and to allow the aldermen time to study the fig-

PACIFIC CARTAGE, LTI

PHONE 93 P. O. BOX 38

Transfer and Storage BEST LUMP & NUT COAL

NO LONG WAITS NO SHORT WEIGHTS When You Order from Us.

\*\*\*\*\*\*\*\*\*\*\*