

## TWO LONG YEARS HE SUFFERED

"Fruit-a-lives" Made Him Feel  
As If Walking On Air

ORILLIA, Ont., Nov. 28th, 1914.  
"For over two years, I was troubled with Constipation, Drowsiness, Lack of Appetite and Headaches. One day I saw your sign which read 'Fruit-a-lives make you feel like walking on air.' This appealed to me, so I decided to try a box. In a very short time, I began to feel better, and now I feel fine. I have good appetite, relish everything I eat, and the headaches are gone entirely. I recommend this pleasant fruit medicine to all my friends."

DAN McLEAN.  
Box a box, 6 for \$2.50, trial size, 25c.  
At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

### FIRE ALARM SYSTEM.

#### CIRCUIT NO. 1.

Box 12—5th St. and 3rd Ave.  
Box 13—6th St. and 3rd Ave.  
Box 14—6th St. and 3rd Ave.  
Box 15—Junction of 1st, 2nd and 3rd Aves.  
Box 16—1st Ave., between 8th and 9th Sts. (Knox Hotel).  
Box 17—1st Ave. and 7th St. (Central Hotel).

#### CIRCUIT NO. 2.

Box 22—3rd Ave. and 3rd St. (Post Office).  
Box 23—3rd Ave. and McBride St.  
Box 24—1st Ave. and McBride St.  
Box 25—2nd Ave. and 2nd St.  
Box 26—2nd Ave. and 6th St.  
Box 27—O. T. P.

#### CIRCUIT NO. 3.

Box 31—5th Ave. and Fulton St.  
Box 32—Borden and Taylor Sts.  
Box 34—7th Ave. and Fulton St.  
Box 35—9th Ave. and Cornish Ave.  
Box 37—6th Ave. and Dodge Place  
Box 38—6th Ave. and Thompson St.

#### CIRCUIT NO. 4.

Box 41—4th Ave. and Emmerson Place.  
Box 42—5th Ave. and McBride St.  
Box 43—5th Ave. and Green St.  
Box 44—5th Ave. and Basil St.  
Box 45—7th Ave. and Eberts.  
Box 141—7th Ave. and Young St.

# LUX



**BLANKETS** are luxuriously clean, soft and fleecy when washed with LUX. Every housewife knows that blankets are very liable to shrink in the wash and become hard and thick. LUX is the ideal preparation for washing blankets, all woolen things, fine laces, etc., because it cannot shrink them.

LUX is the economical cleanser—it dissolves readily in hot water—makes a foamy, cream-like lather which soaks rather than forces the dirt out of clothes.



### CANADIAN WOMEN SHOULD KNOW THIS—

"CANADA FIRST" Milk is the BEST Milk in the Year Grocer. The Government Bulletin No. 303 tells the story—IT COSTS THE SAME.

ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST

If you want the creamiest, richest "Canada First" Evaporated Milk, then buy it with fresh cream.

THE AYLMER CONDENSED MILK CO., LTD.  
AYLMER, ONT., CANADA

### CANCELLATION OF RESERVE

NOTICE IS HEREBY GIVEN that the reserve existing over a small island in the harbor of Prince Rupert, known as Lot 5466, Range 5, Coast District, by reason of a notice appearing in the British Columbia Gazette of the 21st April, 1910, and dated 19th April, 1910, is cancelled for the purpose of making a sale of the said Lot to the Grand Trunk Pacific Development Company, Limited.  
GEO. R. NADEN, Deputy Minister of Lands, Department of Lands, Victoria, B. C., 18th June, 1917.

### MINERAL ACT

#### Certificate of Improvements

**NOTICE**  
Caribou Mineral Claim situated in the Skeena Mining Division of Cassiar District. Where located:—Near head of Alice Arm, B. C.  
TAKE NOTICE that I, J. Fred Ritchie, Free Miner's Certificate No. 3229 C, acting as agent for W. A. Williams, Free Miner's Certificate No. 5011 C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining Crown grant of the above claim.  
And further take notice that action, under section 85 must be commenced before the issuance of such Certificate of Improvements.  
Dated this 27th day of March, A. D. 1917.  
J. FRED RITCHIE, Agent.

### MINERAL ACT

#### NOTICE TO DELINQUENT PARTNER

To C. W. Calhoun:  
Take notice, whereas I have done and caused to be done assessment work on the Midnight Fraction mineral claim, situated on the Hiltone river, about fourteen miles from the head of Alice Arm, in the Skeena mining division of Skeena district, assessment work for 1914, 1915, and 1916, and have paid for said work and recording same the sum of \$307.50. Unless you pay me the sum of \$102.50, for your share of the said assessment work, together with the cost of this advertisement, I shall, at the expiration of ninety (90) days from the date hereof apply to the mining recorder at Prince Rupert, B. C., to have your interests in the Midnight Fraction mineral claim vested in me, in pursuance of the provisions of the mineral act.  
Dated at Prince Rupert, B. C., this 11th day of April, 1917.  
H. C. PHILLIPS.

### WATER NOTICE

#### DIVERSION AND USE

TAKE NOTICE that George McRae whose address is Skidegate, B. C., will apply for a licence to take and use 150 cubic feet per minute of water out of Denner Creek, which flows northerly and drains into Alford Bay, about 15 chains from the N. E. corner of T. L. 835. The water will be diverted from the stream at a point about ten chains west from N.W. corner of Lot 4, B. C. Fisheries, and will be used for power purpose upon the lane described as adjoining Timber Limit 837 in application to lease.  
This notice was posted on the ground on the 15th day of January, 1917. A copy of this notice and an application pursuant thereto and to the Water Act 1914 will be filed in the office of the Water Recorder at Prince Rupert. Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper.  
The date of the first publication of this notice is February 21st, 1917.  
GEORGE McRAE, Applicant.

IN THE MATTER OF AN APPLICATION for the issue of a fresh certificate of title for Lots One (1) and Two (2), Block Eleven (11), Section One (1), City of Prince Rupert, Map 923.

NOTICE IS HEREBY GIVEN that it is my intention to issue after the expiration of one month from the first publication hereof, a fresh Certificate of Title for the above mentioned lots in the name of the Atlantic Realty and Improvement Company Limited, which Certificate of Title was issued on the 20th October, 1910, on application received the 20th October, 1910, and is numbered 204-I.  
May 14th, 1917.  
Land Registry Office,  
Prince Rupert, B. C.  
H. F. MACLEOD,  
District Registrar.

### Prince Rupert Feed Co.

P. O. Box 323. 908 Third Ave.

RECEIVED OUR 1917 SEEDS

#### WE HANDLE

Steele & Briggs, Rennies' Ferry's and Mackenzie's Garden and Field Seeds, Also Fertilizers.

HAY, GRAIN AND FEED  
Chicken Feed a Specialty.

We Take Orders for Nursery Stock.

Mail Orders Promptly Attended To.

## Don't Send Money in a Letter

WHEN you send subscriptions to magazines, or order goods out of town, or pay small accounts at a distance, do not place the actual cash in the envelope. Thousands of dollars are lost every year through fire, robbery or mis-direction. Use the Bank Money Orders, issued by this bank. They are payable in Canada and the United States in any sum up to fifty dollars.

Their protection is well worth their small cost.

## THE BANK OF British North America

CAPITAL AND SURPLUS, \$7,854,000.

## PRINCE RUPERT BRANCH W. J. SMITHERS, Manager

### PROGRESS OF PUPILS IN PRINCE RUPERT SCHOOLS

#### Seal Cove School.

Division IX., Miss G. Macdonald, Teacher.

From 1st Reader to 2nd Reader—Roger Thompson, Kathleen Phillipson.

From 2nd Reader to 1st Reader—Archie Hedstrum, Murdoch McKenzie, John Sambo.

From 1st Reader to 2nd Reader—Mac Brown, Eric Thompson, Doris Candou, Muriel Knightall, George Casey, Abby Sullivan, Henry Smith, Willie Moorehouse.

From Junior 1st Reader to Senior 1st Reader—Mike Busanich, Dolly Smith, Hugh Ferguson, Ronald Phillipson, Tom Kelsey, Harvey Crate, Willie Donald.

Honor Roll: Proficiency—Marmaduke Brown; Regularity and Punctuality—Doris Candou; Deportment—Eric Thompson.

Borden Street School.

Division X., Mr. C. R. Murray, Principal.

Promoted from Junior Fourth to Senior Fourth—John Fotos, Roth Gordon, Majorie Roberts, Margaret Lindsay, Ruth Carter, Mary McLennan. Passed on trial—Zelda Morrow.

Promoted from Senior Third to Junior Fourth—Signe Erickson, Dorothy Nunan, Vera Shockley, Lee Gordon, James Ross, Rhona Saunders, Evelyn McDonald, Lorna Tite, Willie Martin, Jack Morrow, Leonard Sherman, Lita Corral, Soter Syrotuck, Howard Frizzell, Fred Corral.

Honor Roll: Deportment—Evelyn McDonald; Punctuality and Regularity—Lee Gordon, Roth Gordon; Proficiency—Signe Erickson (Senior Third Reader), John Fotos (Junior Fourth Reader).

Division XI., Mrs. E. M. Klöwer, Teacher.

Junior Third to Senior Third—Robert Smith, Miriam Lando, Jack Kellie, Sidney Anderson, Rupert Morrow, Elsie Johnson, Alfred Sticomb, Gordon Kerr, Cecil Rose, Reilly Verick, Christina McLennan. Honor Roll: (Teacher's report to principal delayed).

Division XII., Miss J. Eason, Teacher.

February, 1917, Second Reader to Junior Third—Lizzie Currie, Teddy Tite, Helge Essen, Chester Clapp, Doreen Grant, Eileen Patmore, Patsy Peyton, Norman McMillan, Russell Dutton. Recommended, Ezra Lando, Peter Black.

June, 1917, Second Reader to Junior Third—Thelma Smith, Nellie Strachan, Reidun Jacobsen, Mike Chenoskie, John Chenoski, Ruth Nunan, John McKay, Paul Syrotuck, Douglas Frizzell. Recommended—Willie Clapperton.

Honor Roll: Deportment, Helge Carl Essen; Regularity, Adelaide

Navigable Waters Protection Act.

R. S. C. Chapter 115.

The Grand Trunk Pacific Railway Company hereby gives notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, at Prince Rupert, a description of the site and plan of wharf and fish curing plant and other works proposed to be built in Prince Rupert harbor at Prince Rupert, British Columbia, in front of Waterfront Block "L" according to registered plan of the townsite of the said City of Prince Rupert registered in the aforesaid land registry office as No. 923, Section 7.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will, under section 7 of the said Act, apply to the Minister of Public Works at his office in the City of Ottawa for approval of the said site and plan and for leave to construct the said works.

DATED at Prince Rupert, British Columbia, this 14th day of June, A.D. 1917.

THE GRAND TRUNK PACIFIC RAILWAY COMPANY, Patmore & Fulton, Solicitors.

Lucy Grant; Proficiency, Thelma Irene Smith.  
Division XIII., Miss B. Macleod, Teacher.

Junior Second to Senior Second—Mienhart Blaaw, Libero Basso-Bert, Dimery Johnson, Doris Shockley, Catherine Harvey, Edith Leek, Dido Gurvich, Barbara Peyton, Arthur Kerr, Nerina Blaaw, John Martin, Almer Thompson, Rosie Rosang, Floyd Smith. First Reader to Jr. Second—Janet Clark Mary Muse, Cecil Morrison, Ruth Dutton, Betty Arney, Spiro Gurvich, Sidney Woods, Lillian Lowe, Laura Frizzell.

Division VIII., Second Reader to First Reader—Bruno Basso-Bert, Gordon Viereck, Robert Kelly, Edward Yager, Lizzie McFadden, Vera Shockley, Catherine Irvine, Alice Spencer, Alma Thompson, Muriel Lindsay, Hester Black, Roy Thomas.

Honor Roll: Proficiency, Mienhart Blaaw; Deportment, Dimery Johnson; Punctuality and Regularity, Edith Leek, Nerina Blaaw. Division XIV., Miss L. J. Tallander, teacher.

Promoted to 1st Reader, Norma Rogers, Frank McMullen, Mable McIntyre, Marjory Cameron, Swea Rosang, Everett Thomas, Frank Morrison. Promoted to 2nd Reader—Arthur Nelson, Marjory Muse, Mary Martin, Cecil Batt, Ruby Duggan, Irene McIntyre, Oral Ross, Hannah Lando, Ella Sheen, Nick Girvich, Abraham Hoffman, Margaret Mackay (on approval).

Promoted from Receiving Class to 1st Reader—Florence Gurney, William Patmore, Phyllis Harvey, Amelia, Exley, Lavinia Exley, Agnes Iverson, Alida Iverson, Lewis Patmore, Harold Macdonald. Honor Roll: Proficiency—Norma Rogers; Punctuality and Regularity—Cecil Batt; Deportment—Francis McMullen.

### Salvation Army.

Public meetings, Tuesdays, Thursdays and Saturdays at 8 p. m. Sundays at 7:30 p. m.

## Harry A. Harvey

(Late London, Eng., Conservatoire of Music)

PUPIL OF LANSDOWNE COTTILL

Pupils Taken for VIOLIN, PIANO, VIOLINCELLO and HARMONY.

EXAMINATIONS

Pupils Prepared for Examinations Associated Board, Vancouver, Center Royal College of Music, London, Eng.

TERMS—PHONE BLUE 273

# WRIGLEY'S



## To Somebody Somewhere at the Front—

Every day boxes from home are going to the boys in the trenches. And of the things they get, a great prize is **WRIGLEY'S**—the Gum with Lasting Flavour.

It takes the place of food and drink in case of need—which is often. It keeps spirits up—gives vigour and vim. A packet in the pocket lasts a long time.

### The Flavour Lasts!

Chew it  
after every  
meal



Made in  
Canada

## Don't merely smother your cough

**CURE IT**—Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

50c. large bottles, everywhere.

J. L. MATHIEU CO., Prop., SHERBROOK, P.Q.

If you wish to obtain Mathieu's Syrup of Tar and Cod Liver Oil, the standard preparation, you will find it at the drug stores and chemists throughout the Dominion.



## When You Market Consider Your Less Fortunate Neighbor.

"Every citizen who uses more in his household than his household actually needs is increasing the cost of living for those less fortunate, and he is hindering the prosecution of the war."

Sir Thomas White, Minister of Finance.

**T**HE well-to-do woman who sits at her phone and orders provisions lavishly, regardless of price, is abusing the power of money as a bully abuses brute strength!

No longer can we help ourselves as we see fit from an unlimited food supply—we are either limiting our buying to our own real needs or "hogging" someone else's share.

Extravagant buying by those who can afford it, with waste in some kitchens, and excess at some tables, will inevitably bring still greater hardships to those who cannot afford the prices, and hunger to those who must live on less.

Buy for your household as carefully and economically as your husband buys for his factory, store or office. Study food values as well as prices—make it a point to know just what you are getting—eliminate waste—and you'll find that you can feed your family well on far less than you spend now.

Invest the saving in Canadian War Savings Certificates and you will be doubling your service to the nation.

War Savings Certificates are issued in denominations of \$25, \$50 and \$100, to be repaid in three years at full face value. They cost \$21.50, \$43 and \$86 respectively, at all Money Order Post Offices and Banks, thus yielding over 5% interest.

The National Service Board of Canada,  
OTTAWA.

