

FAMILY DOCTOR'S GOOD ADVICE

Go On Taking "Fruit-a-tives"
Because They Did Her Good

ROCHON, P. Q., JAN. 14th, 1915.
"I suffered for many years with terrible indigestion and constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try 'Fruit-a-tives'. I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with 'Fruit-a-tives'.
I consider that I owe my life to 'Fruit-a-tives' and I want to say to those who suffer from indigestion, constipation or headaches—'try Fruit-a-tives' and you will get well." CORINE GAUDREAU.
60c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Co., Ltd., Ottawa.

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted at the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 1 claim.
Located May 20th, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 2 claim.
Located May 20th, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted about one half mile east of the northwest corner of H. McLean's No. 2 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 1 claim.
Located May 20th, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 3 claim.
Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted at the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 1 claim.
Located May 20th, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 4 claim.
Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 2 claim.
Located May 21st, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 3 claim.
Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 3 claim.
Located May 21st, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 4 claim.
Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

SWISS HAVE TO CHOOSE BETWEEN CORN OR COAL

Berne, July 10.—The Swiss "Freie Zeitung" says: "After one unsuccessful attempt, a second ruthless submarine campaign was announced, but Switzerland did nothing effective, even when it was haughtily declared in the German Reichstag that it served neutrals right if their shipping and trade were destroyed; for that would oblige neutrals energetically to force Britain to make peace. Although since then the submarine campaign has caused great damage to the Entente, yet on the other hand it developed into a direct catastrophe for neutrals. It has not only brought us less near the end of the war, but has delayed the coming of peace more than ever."

"The questions that are being asked in Switzerland today are: 'Corn or coal? Groceries or iron?' We strongly hope Switzerland will choose rightly, but above all to keep the population from starving. Whoever (in the face of the daily diminution of German food supplies) should not to himself ask the following question, should easily know the answer. How long will Germany be in a position to deliver us coal and iron? Even last winter, Germany failed to deliver all the coal she had promised to send us. In Germany there is need both of labor and material; their output is being used more and more towards providing for the war. In the near future Germany will in any case not be able to deliver any of the promised goods."

Salvation Army.

Public meetings, Tuesdays,
Thursdays and Saturdays at 8 p.
m. Sundays at 7:30 p. m.

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 7 claim.
Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 8 claim.
Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 4 claim.
Located May 22nd, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted at the northwest corner of N. McLean's No. 4 claim, and about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 9 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted at the northwest corner of N. McLean's No. 2 claim, and about three and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 10 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted at the northwest corner of N. McLean's No. 4 claim, and about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 11 claim.
Located May 23rd, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted at the northwest corner of N. McLean's No. 4 claim, and about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 12 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.



EMMY WEHLEN Starred in THE PRETENDERS
Showing at the Westholme Theatre tonight.

EASY MONEY

A splendid financial opportunity is offered to the Canadian public in the War Savings Certificates which can be purchased at your nearest bank or money order post office. The men at the front are serving you and saving your country. You can serve them, serve the country and serve yourself by purchasing these certificates which are offered in three sums: \$21.50, \$43 and \$86, and will be worth \$25, \$50 and \$100 respectively at the end of three years. Examine the figures. You get over 5 per cent on your money. The security is unquestioned, the return excellent, the period short. And far beyond the financial merits of the certificates is the knowledge that with every purchase you are doing war work. By investing your money you save it properly—giving it to the nation for a short period to your advantage and as a direct contribution to victory. This is your opportunity. Can you refuse it?

LAND ACT

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that Empire Pulp & Paper Mills, Limited, of Vancouver, British Columbia, occupation pulp manufacturing company, intends to apply for permission to lease the following described lands:—Beginning at a corner located at the intersection of the west line of Lot No. 27 with the high water line on the south shore of Khutze Inlet; thence along the south shore of the Inlet in a northwesterly direction to a corner which bears N. 35° 0' West, from the initial corner, and is approximately 47 chains distant therefrom; thence N. 35° 0' E. 15 chains; thence S. 32° 0' E. approximately 47 chains; thence S. 25° 0' West 15 chains to the point of beginning.
Date June 27, 1917.
S6.
EMPIRE PULP & PAPER MILLS, LTD.
O. A. Jorgenson, Agent.

LAND ACT

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that Empire Pulp & Paper Mills, Limited, of Vancouver, British Columbia, occupation pulp manufacturing company, intends to apply for permission to lease the following described lands:—Beginning at the southwest corner; thence true north 10 chains; thence N. 77° 41' East approximately 75 chains; thence true north 10 chains to a corner located upon the south shore of Khutze Inlet, which bears N. 64° 21' East from the northeast corner of lot number 23, and is approximately 21 1/2 chains distant therefrom; thence along the south shore of Khutze Inlet to the point of beginning, bearing S. 77° 41' West and is approximately 75 chains.
Date June 27, 1917.
S.6
EMPIRE PULP & PAPER MILLS, LTD.
O. A. Jorgenson, Agent.

Prince Rupert Feed Co.
P. O. Box 333. 903 Third Ave.
RECEIVED OUR 1917 SEEDS
WE HANDLE
Steele & Briggs, Reminies' Ferry's and Mackenzie's Garden and Field Seeds, Also Fertilizers.
HAY, GRAIN AND FEED
Chicken Feed A Specialty.
We Take Orders for Nursery Stock.
Mail Orders Promptly Attended To.



A Little Stick of WRIGLEY'S Makes the Whole World Kin!

This famous chewing gum aids appetite and digestion, quenches thirst, keeps the teeth clean and breath sweet.

Fresh, clean, wholesome and delicious always.

No wonder WRIGLEY'S is used around the world, whenever and wherever people want lasting refreshment.

ON SALE EVERYWHERE



"After every meal"

The Flavour Lasts



Made in Canada

Don't merely smother your cough

CURE IT—Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

35c. large bottles, everywhere.
J. L. MATHIEU CO., Prop. SHERBROOK, P.Q.
If you call to French-English Service, the standard translation, you will find the name and address of the nearest dealer in your town.

Save the Food and Serve the Empire!

The Average Canadian Family Wastes
Enough to Feed a Soldier

"The Kitchen must help as well as the Workshop and the Trenches"
Lloyd George.

INTELLIGENT economy in the kitchen can do much to prevent the threatened world famine—can counteract the effect of high prices—and can replace growing debt with systematic saving.

Careful investigations show that before the war the average British family wasted 25% of their food—and we Canadians were even more extravagant.

This waste is not in a few big things, but in many little ones, each, we used to think, too small to bother about—such as careless peeling of vegetables and fruit—failure to make good use of dripping and "left-overs"—and such others as will occur to every thrifty housekeeper.

For the Empire's sake as well as your own, hunt up and cut out these leaks! You'll be helping to relieve the food shortage—saving your own money—and putting yourself in a position to buy Canadian War Savings Certificates and help win the war.

War Savings Certificates are issued in denominations of \$25, \$50 and \$100, to be repaid in three years at full face value. They cost \$21.50, \$43 and \$86 respectively, at all Money Order Post Offices and Banks, thus yielding over 5% interest. Should you need it, you can get your money back at any time.

The National Service Board of Canada,
OTTAWA.