

FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-lives"
Because They Did Her Good

ROCHON, P. Q., JAN. 14th, 1915.
"I suffered for many years with terrible indigestion and constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try 'Fruit-a-lives'. I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with 'Fruit-a-lives'."

I consider that I owe my life to 'Fruit-a-lives' and I want to say to those who suffer from indigestion, constipation or headaches—'try Fruit-a-lives' and you will get well'. CORINE GAUDREAU.
50c. a box, 6 for \$2.50, trial size, 25c.
At all dealers or sent postpaid by Fruit-a-lives Co., Montreal, Canada.

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 1 claim. Located May 20th, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 2 claim. Located May 20th, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted about one half mile east of the northwest corner of H. McLean's No. 2 claim; thence west 80 chains; thence east 80 chains; thence south 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 5 claim. Located May 20th, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence west 80 chains; thence east 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 3 claim. Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 1 claim. Located May 20th, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence west 80 chains; thence east 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 4 claim. Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence west 80 chains; thence east 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 2 claim. Located May 21st, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence west 80 chains; thence east 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 5 claim. Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 3 claim. Located May 21st, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence west 80 chains; thence east 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 6 claim. Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.



WILLIAM FOX LYNN
Showing at the Westholme Theatre tonight.

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 7 claim. Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 6 claim. Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 4 claim. Located May 22nd, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 9 claim. Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 10 claim. Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 11 claim. Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 12 claim. Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

Salvation Army.

Public meetings, Tuesdays,
Thursdays and Saturdays at 8 p.
m. Sundays at 7:30 p. m.

FORESTRY BATTALION IN GREAT BRITAIN

A recent issue of the Carlisle Journal received in town carries a very interesting article on the Canadian Forestry Battalion. The headquarters of No. 2 District is located at Orton Park, just south of Carlisle in the North of England. Captain G. B. Hull of No. 17 Company is stationed there. His company is engaged in producing lumber from 159 acres of Scots fir on the Dalston Hall estate, which is adjacent.

Captain Hull with 30 men arrived on the ground on February 3rd, and were allowed five weeks to get ready. A clearing had to be made, camps built and the sawmill erected, but in twenty-five days, they had the mill sawing lumber. By the end of May more men were there and they were turning out 30,000 feet per day, all ready to be rushed to the front although 12,000 feet was all that was expected of them.

The Canadian methods of lumbering and the manner in which difficulties were overcome seem to strike the border people as the acme of ingenuity. The comments on the way our boys have of "getting there" are most interesting. They have built miles of railroad through the woods to bring the logs to the mill. The machinery of the mill is driven by steam, and to get a continuous supply of water they dammed up a distant watercourse, and installed a small ram to meet the situation. The buildings erected by Captain Hull's men are said to have "a typically Canadian aspect." Mrs. Hull is also in England engaged in hospital work at the Lord Kitchener Memorial Hospital in Brighton.

Lieut.-Col. Smythe, who is in command of District No. 2, is a member of the Dominion House for Algoma. In this district, Forestry work is also being done at Whittingham, Castle-Douglas, and Netherby in Scotland. It is a district full of historical interest, and being on the borders of both Scotland and England, figures largely in the history and ballads of both countries. Carlisle is a large fine city and has a famous old castle, whence the Bold Buccleugh rescued his kinsman, Kinmont Willie, the greatest freebooter of his time, from Lord Serope, the English Warden of the Marches. Netherby again, brings back recollections of "Young Lochinvar, who came out of the West."

But the boys there will have little time to live in the past. The duties of the present are all absorbing.

"You see that man in the mill," remarked an officer, "he works like a slave, but if you reckon him up in pounds, you would have to say about £100,000. He owns one of the biggest sawmills on the Pacific Coast."

Like the rest of the Canadians, concludes the article, he is doing



Where You Cannot Prophecy — PREPARE !

NOT even the best-informed man in government or business circles dares to attempt a prophecy of conditions after the war. We hope for the best—meantime wise men are preparing now for anything.

How ?

By regulating their expenditures according to their actual needs rather than by their prosperity—by husbanding the surplus—and by investing to the limit in Canadian War Loans that help so much to maintain present prosperity.

Money saved and loaned to Canada by Canadians is a two-fold safeguard for the future. The lenders will benefit directly from the excellent interest return and absolute security—and indirectly because the interest thus kept in Canada will help to keep business good after the war.

Canadian War Savings Certificates are issued in denominations of \$25, \$50 and \$100, repayable in three years. At the purchase prices of \$21.50, \$43 and \$86 respectively, they yield over 5% interest. Buy them at any Bank or Money Order Post Office.

The National Service Board of Canada.
OTTAWA. 18



his bit by turning his energies into the most appropriate channels.

IN THE ESTATE OF CHRISTIE GIBSON (DECEASED)

NOTICE IS HEREBY GIVEN that all persons having claim upon the Estate of the late Christie Gibson who died on or about the 8th day of November, A. D. 1916, while on active service overseas, are required to send to J. H. McMullin, Official Administrator for the county of Atlin, on or before the 30th day of September, 1917, a full statement of their claims, and after that date the undersigned will proceed to distribute the assets of the deceased among the parties entitled thereto, having regard only to the claims of which notice has been filed with him.

DATED at Prince Rupert, B. C., this 12th day of July, A. D. 1917.
J. H. McMULLIN,
Official Administrator.

LAND ACT

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that Empire Pulp & Paper Mills, Limited, of Vancouver, British Columbia, occupation pulp manufacturing company, intends to apply for permission to lease the following described lands:—Beginning at a corner located at the intersection of the west line of Lot No. 27 with the high water line on the south shore of Khutze Inlet; thence along the south shore of the Inlet in a northerly direction to a corner which bears N. 35° 0' West, from the initial corner, and is approximately 47 chains distant therefrom; thence N. 35° 0' E. 15 chains; thence S. 35° 0' E. approximately 47 chains; thence S. 35° 0' West 15 chains to the point of beginning.

Date June 27, 1917. S.6.
EMPIRE PULP & PAPER MILLS, LTD.
O. A. Jorgenson, Agent.

LAND ACT

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that Empire Pulp & Paper Mills, Limited, of Vancouver, British Columbia, occupation pulp manufacturing company, intends to apply for permission to lease the following described lands:—Beginning at the southwest corner; thence true north 10 chains; thence N. 77° 41' East approximately 75 chains; thence true north 10 chains to a corner located upon the south shore of Khutze Inlet, which bears N. 64° 21' East from the northeast corner of lot number 23, and is approximately 21½ chains distant therefrom; thence along the south shore of Khutze Inlet to the point of beginning, bearing S. 77° 41' West and is approximately 75 chains.

Date June 27, 1917. S.6.
EMPIRE PULP & PAPER MILLS, LTD.
O. A. Jorgenson, Agent.

CANCELLATION OF RESERVE

NOTICE IS HEREBY GIVEN that the reserve existing over a small island in the harbor of Prince Rupert, known as Lot 5486, Range 5, Coast District, by reason of a notice appearing in the British Columbia Gazette of the 21st April, 1910, and dated 19th April, 1910, is cancelled for the purpose of making a sale of the said Lot to the Grand Trunk Pacific Development Company, Limited.

GEO. B. NADEN, Deputy Minister of Lands, Department of Lands, Victoria, B. C., 18th June, 1917. M. AUG. 20.



A Little Stick of

WRIGLEY'S

Makes the Whole World Kin!

This famous chewing gum aids appetite and digestion, quenches thirst, keeps the teeth clean and breath sweet.

Fresh, clean, wholesome and delicious always.

No wonder WRIGLEY'S is used around the world, whenever and wherever people want lasting refreshment.

ON SALE EVERYWHERE



"After every meal"

Made in Canada

Don't merely smother your cough

CURE IT

Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

35c. large bottles, everywhere.

J. L. MATHIEU CO., PROP., SHELBURGH, P.Q.

If you wish to know more about this Syrup, send for the booklet 'Cough and Cold' to J. L. Mathieu Co., 100 St. John St., Montreal, P.Q.