

MISERABLE FROM STOMACH TROUBLE

Felt Wretched Until He Started To Take "Fruit-a-lives"

304 CHAMPLAIN ST., MONTREAL.
"For two years, I was a miserable sufferer from Rheumatism and Stomach Trouble. I had frequent Dizzy Spells, and when I took food, felt wretched and sleepy. I suffered from Rheumatism dreadfully, with pains in my back and joints, and my hands swollen. A friend advised 'Fruit-a-lives' and from the outset, they did me good. After the first box, I felt I was getting well and I can truthfully say that 'Fruit-a-lives' is the only medicine that helped me". LOUIS LABRIE.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 1 claim. Located May 20th, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 2 claim. Located May 20th, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted about one-half mile east of the northwest corner of H. McLean's No. 2 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 1 claim. Located May 20th, 1917.
NORMAN McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 3 claim. Located May 21st, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 1 claim. Located May 20th, 1917.
NORMAN McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 4 claim. Located May 21st, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 2 claim. Located May 21st, 1917.
NORMAN McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 5 claim. Located May 21st, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 3 claim. Located May 21st, 1917.
NORMAN McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of H. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 6 claim. Located May 22nd, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

THE CALL IS TO YOU

Is Canada showing the sacrifice and self-denial of its men at the front. The war will soon enter upon its third year. The financial obligations of the Allies increase every day. It is estimated that Canada will spend over \$600,000,000 this year. The national debt has been increased by half a billion. The situation is one that demands rigid exercise of economy by every man and woman in the Dominion. Without that economy the Canadian armies cannot be maintained properly. Financial mobilization is imperative. By saving your money and investing in War Savings Certificates you give your dollars to the nation and help to win the war. Have you given yours? Are you in the financial line which is essential to the support of the fighting line?

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 7 claim. Located May 22nd, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 8 claim. Located May 22nd, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 9 claim. Located May 22nd, 1917.
NORMAN McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 10 claim. Located May 23rd, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 11 claim. Located May 23rd, 1917.
NORMAN McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 12 claim. Located May 23rd, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 13 claim. Located May 23rd, 1917.
NORMAN McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 14 claim. Located May 23rd, 1917.
HUGH McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 15 claim. Located May 23rd, 1917.
NORMAN McLEAN, per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 16 claim. Located May 23rd, 1917.
HUGH McLEAN, per Philip Chesley, Agent.



For my Lady.—A dress of white cotton tulle rather elaborately embroidered with white soutache. The trimming is unique. On one side of the dress a wide frill of taffeta appears. The belt is of taffeta forming loops on either side.

HOW CANADA CAN YET BUILD STEEL SHIPS

(Continued From Page One)

would be able to furnish the necessary supply.

"I have just returned from Pittsburgh, where I investigated the steel conditions," said Mr. Blanchet. "The United States Steel Corporation will not fill any order for the Dominion government or any individual firm in this country, in from 18 to 24 months unless already contracted for. This is an absolute fact, so we will have to forget everything in the way of steel ship building.

"Have we come to the end of the string? Is there nothing more we can do? I know we can, and the way, and the only way, is to build wooden ship building, at least \$10 to \$20 per ton, according to the classification."

Rolling Mills.
Mr. Blanchet lived in Vancouver before the war broke out and regarding this scarcity of steel plates, is quoted as follows in the Sydney Daily Post of June 15th:

"I have recently returned from Pittsburgh, and the U. S. Steel Polish Co. tells me that they will not fill any orders for Canada for ship plates, already contracted for, before the eighth month, therefore the only thing to do is for the Canadian government to procure from the U. S. Munition Board blueprints of the latest ship plate rolling mill they have built and have the Canada Foundry Co. of Toronto start to build it immediately. This is the idea of Mr. J. E. Norcross of Montreal, with whom I was talking a short time ago in that city.

"I find down here that the reason the steel companies and monied men will not put their money into this industry is because they say it will not pay.

"The soldiers and officers who have left for the war gave up good positions. An officer told me in St. John recently that he was making \$10,000 a year on his wheat farm in Saskatchewan and his present income is two hundred dollars per month. 'Where do I come in in this war?' he asked.

"It is very unpatriotic for the steel companies as well as for the monied men of Canada to say they won't build ships or rolling mills to build the ship plates because

Navigable Waters Protection Act.

R. S. C. Chapter 115.
The Granby Consolidated Mining, Smelting and Power Company Limited hereby gives notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, at Prince Rupert, a description of the site and plan of wharf and lumber mill, and other works proposed to be built in Spruce Bay, on the west coast of Laramie Island, Cassiar District.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Granby Consolidated Mining, Smelting and Power Company Limited, under Section 7 of the said Act, apply to the Minister of Public Works at his office in the City of Ottawa for approval of the said site and plan and for leave to construct the said works.
DATED at Prince Rupert, British Columbia, this 4th day of July, A. D. 1917.
THE GRANBY CONSOLIDATED MINING, SMELTING AND POWER COMPANY LIMITED,
Patmore & Fulton, Solicitors.



When You Market Consider Your Less Fortunate Neighbor.

"Every citizen who uses more in his household than his household actually needs is increasing the cost of living for those less fortunate, and he is hindering the prosecution of the war."

Sir Thomas White, Minister of Finance.

THE well-to-do woman who sits at her phone and orders provisions lavishly, regardless of price, is abusing the power of money as a bully abuses brute strength!

No longer can we help ourselves; as we see fit from an unlimited food supply—we are either limiting our buying to our own real needs or "hogging" someone else's share.

Extravagant buying by those who can afford it, with waste in some kitchens, and excess at some tables, will inevitably bring still greater hardships to those who cannot afford the prices, and hunger to those who must live on less.

Buy for your household as carefully and economically as your husband buys for his factory, store or office. Study food values as well as prices—make it a point to know just what you are getting—eliminate waste—and you'll find that you can feed your family well on far less than you spend now.

Invest the saving in Canadian War Savings Certificates and you will be doubling your service to the nation.

War Savings Certificates are issued in denominations of \$25, \$50 and \$100, to be repaid in three years at full face value. They cost \$21.50, \$43 and \$86 respectively, at all Money Order Post Offices and Banks, thus yielding over 5% interest.

The National Service Board of Canada,
OTTAWA.

23

there is no money in it. I think the government would be justified in commandeering the wealth of these men to start a government shipbuilding yard."

Sir Thomas White was in Washington in quest of steel plates on May 9th. He must have known of the scarcity, and that the only way Canada could get a supply would be for her manufacturers to roll the plates themselves. Knowing plates were not to be had, the Munitions Board, with its tongue in its cheek says to Prince Rupert, "if you can build steel ships, we will consider your proposals."



Sealed tenders will be received by the Minister of Lands not later than noon on the 22nd day of September, 1917, for the purchase of Licence X 1018, to cut 6,833,000 feet of Spruce, Balsam and Hemlock on an area situated on Link Lake, Range 3, Coast District.

Three (3) years will be allowed for removal of timber.
Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C. S22

TIMBER SALE X 1019.

Sealed tenders will be received by the Minister of Lands not later than noon on the 27th day of August, 1917, for the purchase of Licence X 1019, to cut 1,115,000 feet of Spruce, Balsam and Hemlock on an area adjoining Lot 505, Range 2, Coast District, situated on Kildara River.

Two (2) years will be allowed for removal of timber.
Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C. A25

Navigable Waters Protection Act.

R. S. C. Chapter 115.
The Grand Trunk Pacific Railway Company hereby gives notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, at Prince Rupert, a description of the site and plan of wharf and fish curing plant and other works proposed to be built in Prince Rupert harbor at Prince Rupert, British Columbia, in front of Waterfront Block "L," according to registered plan of the townsite of the said City of Prince Rupert registered in the aforesaid land registry office as No. 923, Section 7.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will, under Section 7 of the said Act, apply to the Minister of Public Works at his office in the City of Ottawa for approval of the said site and plan and for leave to construct the said works.
DATED at Prince Rupert, British Columbia, this 16th day of June, A. D. 1917.
THE GRAND TRUNK PACIFIC RAILWAY COMPANY, Patmore & Fulton, Solicitors.

WRIGLEY'S THE FLAVOUR LASTS



"An Opening"

Open the sealed end with your finger nail



Push on the other end to make sticks project



Pull out one—push the others back in



Unwrap the double cover and see how surpassingly delicious and full-flavoured it is.

Three Kinds Made in Canada

The Flavour Lasts

Chew it after every meal!

Don't merely smother your cough

CURE IT

Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

55c. large bottles, everywhere.

J. L. MATHIEU CO., Prop., SHELDON, P.Q.

It is sold in British Columbia by the following firms: The Vancouver Dispensary, Ltd., 1111 Broadway; The Vancouver Dispensary, Ltd., 1111 Broadway; The Vancouver Dispensary, Ltd., 1111 Broadway.

600