

THE TONIC THAT BRINGS HEALTH

"Fruit-a-tives" Builds Up The Whole System

Those who take "Fruit-a-tives" for the first time, are often astonished at the way it builds them up and makes them feel better all over. They may be taking "Fruit-a-tives" for some specific disease, as Constipation, Indigestion, Chronic Headaches or Neuralgia, Kidney or Bladder Trouble, Rheumatism or Pain in the Back. And they know when "Fruit-a-tives" has cured the disease, that they feel better and stronger in every way. This is due to the wonderful tonic properties of these famous tablets, made from fruit juices.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

COAL NOTICES

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence west 80 chains; thence north 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 1 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 2 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 3 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 4 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 5 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 6 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 7 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 8 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 9 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 10 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 11 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 12 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 13 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 14 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 15 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 16 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 17 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5. Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted near the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as H. McLean's No. 18 claim. Located May 20th, 1917.

HUGH MCLEAN,
per Philip Chesley, Agent.

SOLDIERS' MEALS

On the average every Canadian family wastes enough to feed a soldier. Such is the declaration of Miss B. M. Philip of Macdonald College, who urges every Canadian woman, as a necessary war measure, to at once examine the details of her household expenditure. She says:—"The average Canadian household is not organized with a view to the greatest measure of efficiency. The possibilities in the way of economies are enormous. It has been calculated that on the average each Canadian family wastes enough to feed a soldier! The most satisfactory economies that may be effected are in small things. They involve no sacrifices or even discomforts. On the contrary, they promote orderly habits, simplify routine and contribute materially to domestic happiness."

More than this, such economies mean saving. National saving is essential to victory. The Government needs every dollar it can secure for war purposes. Practise economy and invest your money in War Savings Certificates.

LAND ACT

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

TAKE NOTICE that the Grand Trunk Pacific Railway Company of Winnipeg, Manitoba, intends to apply for permission to lease the following described lands—Commencing at a post planted at the most northerly point of Lot 507 at or about high-water mark, thence northerly, easterly, southerly and westerly, following the sinuosities of the shore-line to a point of commencement, including all that shore between high-water and low-water.

Dated July 20th, 1917.

S.S. S.

THE GRAND TRUNK PACIFIC RAILWAY CO., H. H. Bansard, Solicitor.

GOAL NOTICES

DISTRICT OF COAST, Range 5.

Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 1 claim; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 2 claim.

Located May 21st, 1917.

NORMAN MCLEAN,

per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.

Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim; being about one-half mile east of the northwest corner of N. McLean's No. 3 claim; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 4 claim.

Located May 21st, 1917.

NORMAN MCLEAN,

per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.

Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 4 claim; being about one-half mile east of the northwest corner of N. McLean's No. 5 claim; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 6 claim.

Located May 21st, 1917.

NORMAN MCLEAN,

per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.

Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 6 claim; being about one-half mile east of the northwest corner of N. McLean's No. 7 claim; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 8 claim.

Located May 21st, 1917.

NORMAN MCLEAN,

per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.

Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 8 claim; being about one-half mile east of the northwest corner of N. McLean's No. 9 claim; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 10 claim.

Located May 21st, 1917.

NORMAN MCLEAN,

per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.

Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 10 claim; being about one-half mile east of the northwest corner of N. McLean's No. 11 claim; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 12 claim.

Located May 21st, 1917.

NORMAN MCLEAN,

per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.

Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 11 claim; being about one-half mile east of the northwest corner of N. McLean's No. 12 claim; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement; containing 640 acres, to be known as N. McLean's No. 13 claim.

Located May 21st, 1917.

NORMAN MCLEAN,

per Philip Chesley, Agent.