

AUTOINTOXICATION OR SELF-POISONING

The Dangerous Condition Which Produces Many Well Known Diseases.

HOW TO GUARD AGAINST THIS TROUBLE

FRUIT-A-TIVES—The Wonderful Fruit Medicine—will Protect You

Auto-intoxication means self-poisoning, caused by continuous or partial constipation, or insufficient action of the bowels.

Instead of the refuse matter passing freely from the body, it is absorbed by the blood. As a result, the kidneys and bowels are overworked, in their efforts to purify the blood of this poisoning.

Poisoning of the blood in this way often causes Indigestion, Loss of Appetite and Disturbed Stomach. It may produce Headaches and Sleeplessness. It irritates the kidneys and bring on pain in the Back, Rheumatism, Gout, and Rheumatic Pains. It is the chief cause of Eczema—and keeps the whole system unhealthy by the constant absorption into the blood of this refuse matter.

"Fruit-a-tives" will always cure Auto-intoxication or self-poisoning—as "Fruit-a-tives" acts gently on bowels, kidneys and skin, strengthens the blood and tones up the nervous system. Box, a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little rivers, on the north side of the Little river; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 1 claim.
Located May 20th, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little rivers, on the north side of the Little river; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 2 claim.
Located May 20th, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little rivers, on the north side of the Little river; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 3 claim.
Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little rivers, on the north side of the Little river; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 1 claim.
Located May 20th, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little rivers, on the north side of the Little river; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 4 claim.
Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little rivers, on the north side of the Little river; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 2 claim.
Located May 21st, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little rivers, on the north side of the Little river; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 5 claim.
Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little rivers, on the north side of the Little river; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 3 claim.
Located May 21st, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

WONDERFUL RESULTS TREATING WOUNDED

An Atlantic Port of the United States, August 10.—Out of one detail of 1,350 wounded men sent for special treatment to a London hospital suffering from crushed and broken bones, 1,000 were able to return to active duty at the front, according to Major J. E. Goldthwaite, an orthopedic surgeon of the United States army medical reserve corps, who arrived here today from Europe. Major Goldthwaite is one of the twenty American medical officers who have been in France and England observing and studying new methods of treating wounded. He said he had returned to the United States to recruit surgeons who could be given the advantage of similar study in order that the American army when it gets into action may have the benefit of the modern treatment of wounded from its own surgeons.

Major Goldthwaite added that were it not for the successful methods of treating wounded now being practiced it would be better to let some of the men die rather than to allow them to recover and continue life the cripples they would be under usual conditions.

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 6 claim.
Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 7 claim.
Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 4 claim.
Located May 22nd, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 5 claim.
Located May 22nd, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 8 claim.
Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 9 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 10 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 11 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 12 claim.
Located May 23rd, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

Countless Women find—

that when suffering from nervousness, sick headache, dizzy spells and ailments peculiar to their sex—nothing affords such prompt and welcome relief, as will follow a few doses of

BEECHAM'S PILLS

A proven women's remedy, which assists in regulating the organs, and re-establishing healthy conditions. Beecham's Pills contain no habit-forming drug—leave no disagreeable after-effects. They are—

Nature's aid to better Health

Directions of Special Value to Women are with every box. Sold everywhere. In boxes, 25c.

LAND ACT

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that Empire Pulp & Paper Mills, Limited, of Vancouver, British Columbia, occupation pulp manufacturing company, intends to apply for permission to lease the following described lands:—Beginning at the southwest corner; thence true north 10 chains; thence N. 77° 41' East approximately 75 chains; thence true north 10 chains to a corner located upon the south shore of Khutze Inlet, which bears N. 64° 21' East from the northeast corner of lot number 23, and is approximately 21½ chains distant therefrom; thence along the south shore of Khutze Inlet to the point of beginning, bearing S. 77° 41' West and is approximately 75 chains.
Date June 27, 1917.
S6
EMPIRE PULP & PAPER MILLS, LTD.
O. A. Jorgenson, Agent.

LAND ACT

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that Empire Pulp & Paper Mills, Limited, of Vancouver, British Columbia, occupation pulp manufacturing company, intends to apply for permission to lease the following described lands:—Beginning at a corner located at the intersection of the west line of Lot No. 27 with the high water line on the south shore of Khutze Inlet; thence along the south shore of the Inlet in a northwesterly direction to a corner which bears N. 35° 0' West, from the initial corner, and is approximately 47 chains distant therefrom; thence N. 35° 0' E. 15 chains; thence S. 35° 0' E. approximately 47 chains; thence S. 35° 0' West 15 chains to the point of beginning.
Date June 27, 1917.
S6
EMPIRE PULP & PAPER MILLS, LTD.
O. A. Jorgenson, Agent.

TIMBER SALE X 942.

Sealed tenders will be received by the Minister of Lands not later than noon on the 16th day of August, 1917, for the purchase of Licence X 942, to cut 1,225,000 feet of Spruce, Cedar, Hemlock and Balsam on an area situated on the west shore of Elsterie Channel, Range 3, Coast District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester Victoria, B. C., or District Forester, Prince Rupert, B. C.

PRINCE RUPERT WATERFRONT LEASES.

Sealed tenders for the purchase of lots One (1), Two (2) and Five (5), Block F, in the City of Prince Rupert, will be received by the Minister of Lands, at Victoria, B. C., up to 12 o'clock, noon, on Monday, August 27th, 1917.

Tenders may cover one or more lots. Term of lease, 20 years.

Certified cheque covering six months' rental must accompany each tender, cheques of unsuccessful tenderer to be returned immediately.

The highest or any tender not necessarily accepted.

Tenderers must state what business they are engaged in and must designate clearly just what use they intend to make of the lot or lots applied for; how much they intend to expend in improvements, in what manner and in what time.

The following, amongst other, conditions will be imposed under the leases:—

(a) The front line of any of these lots must be erected on any of these lots must conform to plans to be seen at the office of the Government Agent at Prince Rupert or in the Department of Lands at Victoria, B. C.

(b) Rent shall be payable in quarterly instalments in advance.

G. R. NADEN,
Deputy Minister of Lands.

LAND LEASE NOTICE

SKEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that I, George McRae, of Skidegate, B. C., occupation engineer, intend to apply for permission to lease the following described lands:—

Commencing at a post planted at the northeast corner of T. L. Lot 835, Alford Bay, Skidegate Inlet, thence west 20 chains, thence north 3 chains, thence 20 chains in an easterly and southerly direction following shore line, thence west 3 chains to point of commencement, containing 10 acres more or less. A 30.
June 19th, 1917.
GEORGE McRAE.

The Daily News delivered by carrier, 50 cents per month.

WILL NOT STARVE

While we should not be too optimistic regarding the food situation, for we cannot tell what the morrow will bring, there is no fear at present that the Germans will force Britain to adopt compulsory rationing because of their submarine campaign.

Such is the statement which Baron Rhondda, Great Britain's new food controller, has made to the American press men in London. But Britain and her European allies are dependent in the last analysis upon Canada and the United States for food. The Dominion must practise food economy if it is to be worthy of the men at the front. Every man woman and child in Canada must practise thrift if the tremendous financial burdens of the war is to be carried successfully. The National Service Board is urging you to invest in Government War Savings Certificates. By such investment you lend your money where it can best be used for war purposes. Every dollar is needed for victory.

WATER NOTICE

USE AND STORAGE.
TAKE NOTICE that The Empire Pulp & Paper Mills, Ltd., whose address is Vancouver, B. C., will apply for a license to take and use all the water and to store 10,000 acre feet of water out of unnamed lake, also known as Whalen Lake, which flows and drains into Whalen Channel about one mile north from Rivers Right.

The storage dam will be located at west end of Lake at outlet of lake. The capacity of reservoir to be created is about 10,000 acre feet and it will flood about 2,000 acres of land. The water will be diverted from the stream at a point about... Taken by tunnel from east end of Lake three miles northerly direction from Lot 29, Butedale, on Fraser Reach and will be used for power purposes upon the land described as in application to lease at east end of Lake on Fraser Reach.

This notice was posted on the ground on the 5th day of June, 1917. A copy of this notice and an application pursuant thereto and to the Water Act, 1914, will be filed in the office of the Water Recorder at Prince Rupert, B. C. Objections to the application may be filed with the said water recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper. The date of the first publication of this notice is July 10th, 1917.

CANCELLATION OF RESERVE

NOTICE IS HEREBY GIVEN that the reserve existing over a small island in the harbor of Prince Rupert, known as Lot 5466, Range 5, Coast District, by reason of a notice appearing in the British Columbia Gazette of the 21st April, 1910, and dated 19th April, 1910, is cancelled for the purpose of making a sale of the said Lot to the Grand Trunk Pacific Development Company, Limited.

GEO. R. NADEN, Deputy Minister of Lands.
Department of Lands, Victoria, B. C., 18th June, 1917.
M. Aug. 20.



He used a pebble to keep his mouth moist—

WE USE

WRIGLEY'S



MADE IN CANADA

WRIGLEY'S

gives us a wholesome, anti-septic, refreshing confection to take the place of the cave man's pebble.

We help teeth, breath, appetite, digestion and deliciously soothe mouth and throat with this welcome sweetmeat.

Chew it after every meal

The Flavour Lasts!



Don't merely smother your cough

CURE IT—Mathien's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

35c. large bottles, everywhere.

J. L. MATHIEU CO., Prop., SHERBROOK, P.Q.

If you wish to benefit Mathieu's Syrup of Tar and Cod Liver Oil, the wonderful health-giving and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.



Where You Cannot Prophecy—PREPARE!

NOT even the best-informed man in government or business circles dares to attempt a prophecy of conditions after the war. We hope for the best—meantime wise men are preparing now for anything.

How?

By regulating their expenditures according to their actual needs rather than by their prosperity—by husbanding the surplus—and by investing to the limit in Canadian War Loans that help so much to maintain present prosperity.

Money saved and loaned to Canada by Canadians is a two-fold safeguard for the future. The lenders will benefit directly from the excellent interest return and absolute security—and indirectly because the interest thus kept in Canada will help to keep business good after the war.

Canadian War Savings Certificates are issued in denominations of \$25, \$50 and \$100, repayable in three years. At the purchase prices of \$21.50, \$43 and \$86 respectively, they yield over 5% interest. Buy them at any Bank or Money Order Post Office.

The National Service Board of Canada.

OTTAWA.

18