

FAMILY DOCTOR'S GOOD ADVICE

Go On Taking "Fruit-a-lives"
Because They Did Her Good

Rochester, N. Y., Jan. 14th, 1915.
I suffered for many years with terrible indigestion and constipation. I had frequent dizzy spells and became very run down. A neighbor advised me to try "Fruit-a-lives". I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with "Fruit-a-lives".
I consider that I owe my life to "Fruit-a-lives" and I want to say to those who suffer from indigestion, constipation or headaches—"try Fruit-a-lives" and you will get well". CORINE GAUDREAU.
Box, 6 for \$2.50, trial size, 25c. All dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence west 80 chains; thence south 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 1 claim.
Located May 20th, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence north 80 chains; thence east 80 chains; thence south 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 2 claim.
Located May 20th, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 3 claim.
Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 1 claim.
Located May 20th, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 4 claim.
Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 2 claim.
Located May 21st, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 5 claim.
Located May 21st, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 3 claim.
Located May 21st, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 6 claim.
Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the junction of the Cedar and Little Cedar rivers, on the north side of the Little Cedar river; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 7 claim.
Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

CUTS OUT WAR PROFITS

Washington, August 13.—The government's war purchasing programme was gone over in detail by the new war industries board. It calls for an elimination of excessive profits on war materials sold to the American and Allied governments, and contemplates protection for the American people against extortionate charges.

One subject given especial consideration today was that of compelling American producers to sell war supplies to the Allies at the same price charged the American government. Protests against this policy, it was said today, are so general the government is taking steps to force compliance, and if necessary will seek legislation to accomplish it.

Navigable Waters Protection Act.

R. S. C. Chapter 115.

The Grand Trunk Pacific Railway Company hereby gives notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, a description of the site and plan of wharf and fish curing plant and other works proposed to be built in Prince Rupert harbor at Prince Rupert, British Columbia, in front of Waterfront Block "L," according to registered plan of the townsite of the said City of Prince Rupert registered in the aforesaid land registry office as No. 923, Section 7.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will, under Section 7 of the said Act, apply to the Minister of Public Works at his office in the City of Ottawa for approval of the said site and plan and for leave to construct the said works.

DATED at Prince Rupert, British Columbia, this 16th day of June, A.D. 1917.
THE GRAND TRUNK PACIFIC RAILWAY COMPANY, Patmore & Fulton, Solicitors.

COAL NOTICES

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 2 claim, being about one and a half miles north of the Beaver river, and three miles west of the Cedar river; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 4 claim.
Located May 22nd, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Norman McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted about one half mile east of the northwest corner of H. McLean's No. 2 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as N. McLean's No. 5 claim.
Located May 22nd, 1917.
NORMAN McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted one mile south of the southwest corner of N. McLean's No. 1 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 8 claim.
Located May 22nd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

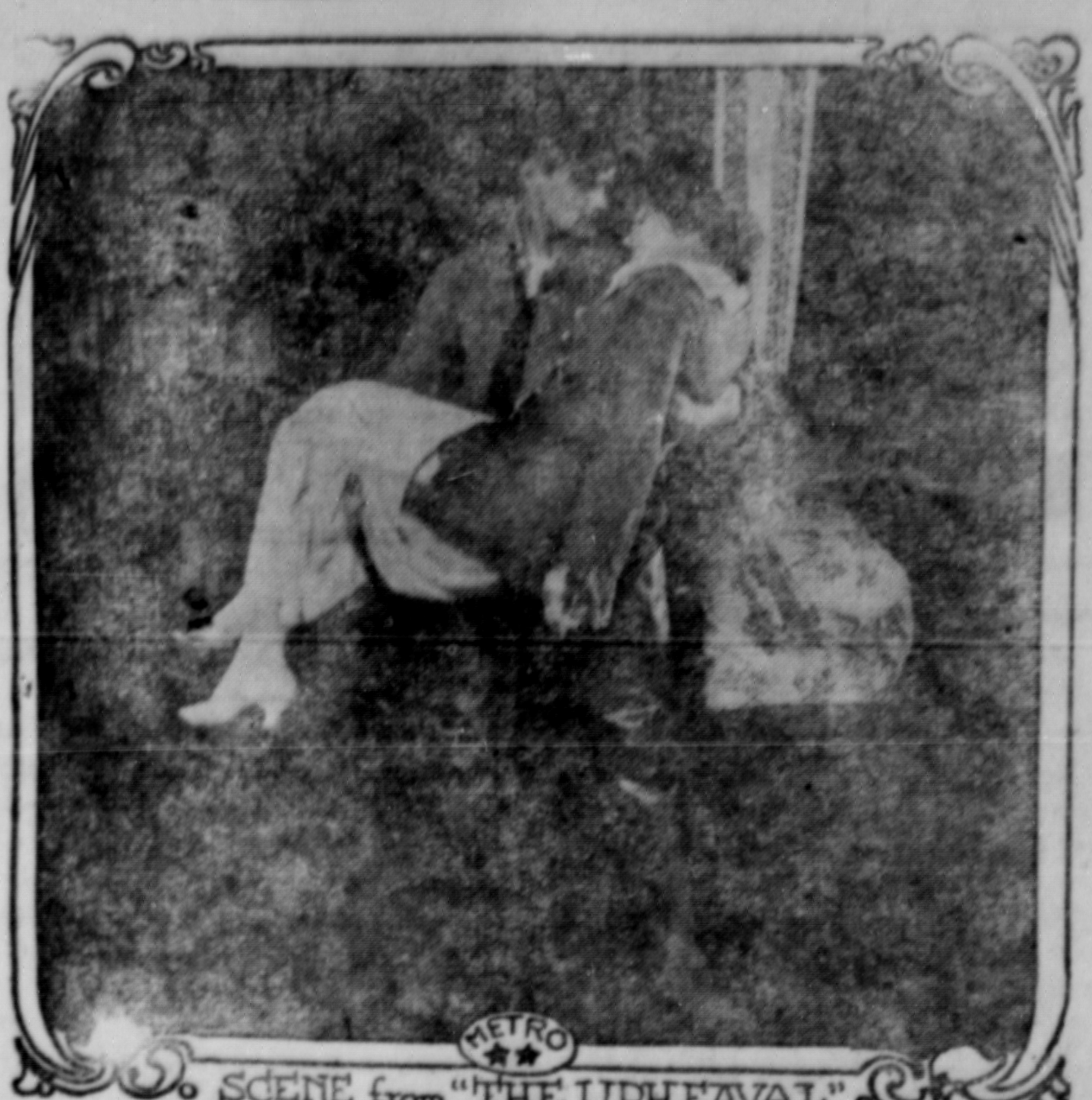
DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the northwest corner of N. McLean's No. 4 claim, and about one and a half miles north of the Beaver river; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 9 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted at the northwest corner of N. McLean's No. 2 claim, and about three and a half miles north of the Beaver river; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 10 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the northwest corner of N. McLean's No. 2 claim; thence north 80 chains; thence east 80 chains; thence south 80 chains; thence west 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 11 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

DISTRICT OF COAST, Range 5.
Take notice that I, Hugh McLean, intend to apply for a licence to prospect for coal and petroleum on the following described lands:—Commencing at a post planted on the northwest corner of N. McLean's No. 4 claim, and about one and a half miles north of the Beaver river; thence west 80 chains; thence south 80 chains; thence east 80 chains; thence north 80 chains to the point of commencement, containing 640 acres, to be known as H. McLean's No. 12 claim.
Located May 23rd, 1917.
HUGH McLEAN,
per Philip Chesley, Agent.

W. E. Williams, B.A., LL.B.
WILLIAMS & MANSON
Barristers, Solicitors, Etc.
MONEY TO LOAN
Box 1285
Helgerson Block Prince Rupert, B. C.



SCENE from "THE UPHEAVAL"
Showing at the Westholme Theatre tonight.

CAPTURED FROM BURNING ZEPPELIN

I am now permitted to disclose the remarkable fact in connection with the air raid of Sunday week, writes a correspondent of The London Chronicle after the last Zeppelin expedition over England, in which Zeppelin 48 was destroyed, namely, that three of her crew were captured alive.

One is understood to be the second in command; he escaped apparently uninjured by leaping from the gondola just before it crashed to the ground. Two others each suffering from a broken leg, were rescued from the flaming wreckage in the nick of time by the village constable.

The uninjured German was in the act of walking away from the wreck, heedless of the shouts of his disabled comrades, when he was captured by a petty officer of the navy, home on leave at his mother's cottage less than a quarter of a mile from the spot where the airship fell.

How any of the crew survived is a matter of amazement. Obviously they owe their fate to the length of time taken by the airship in falling. In the other cases where Zeppelins have been brought down over land the fall has finally developed into a sheer drop, but all the evidence here goes to prove that the descent was a prolonged glide. For instance, the occupants of the nearest cottage were gazing at the Zeppelin from the rear of their house when it first took fire; but its landing was well over a quarter of a mile in front of the cottage. The most conservative estimate of the time taken in the fall puts it at three minutes, but most accounts agree that it was nearer five, and I am given to understand that this is the time reported officially.



TENDERS will be received at the office of the District Engineer, Public Works Department, Prince Rupert, B. C., up to and including August 10th, 1917, for the purchase of the Government owned horse "FARMER."

This horse is slightly lame on its right fore foot, otherwise it is sound, gentle and in good condition, and will make a serviceable farm horse.
The animal can be seen on H. Du Verne's ranch, Kitwanga, B. C.
Dated at Prince Rupert, B. C., July 23rd, 1917.
S. A. 4

Navigable Waters Protection Act.

R. S. C. Chapter 115.

The Granby Consolidated Mining, Smelting and Power Company Limited hereby gives notice that it has, under Section 7 of the said Act, deposited with the Minister of Public Works at Ottawa, and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, a description of the site and plan of wharf and lumber mill, and other works proposed to be built in Spruce Bay, on the west coast of Larcom Island, Cassiar District.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Granby Consolidated Mining, Smelting and Power Company Limited will, under Section 7 of the said Act, apply to the Minister of Public Works at his office in the City of Ottawa for approval of the said site and plan and for leave to construct the said works.

DATED at Prince Rupert, British Columbia, this 4th day of July, A. D. 1917.
THE GRANBY CONSOLIDATED MINING, SMELTING AND POWER COMPANY LIMITED,
Patmore & Fulton, Solicitors.

WATER NOTICE

USE AND STORAGE.

TAKE NOTICE that The Empire Pulp & Paper Mills, Ltd., whose address is Vancouver, B. C., will apply for a license to take and use all the water and to store 10,000 acre feet of water out of unnamed lake, also known as Whalen Lake, which flows and drains into Whale Channel about one mile north from Rivers Bight.

The storage dam will be located at west end of Lake at outlet of lake. The capacity of reservoir to be created is about 10,000 acre feet and it will flood about 2,000 acres of land. The water will be diverted from the stream at a point about... Taken by tunnel from east end of Lake three miles northerly direction from Lot 29, Butedale, on Fraser Reach and will be used for power purposes upon the land described as in application to lease at east end of Lake on Fraser Reach.

This notice was posted on the ground on the 5th day of June, 1917. A copy of this notice and an application pursuant thereto and to the Water Act, 1914, will be filed in the office of the Water Recorder at Prince Rupert, B. C. Objections to the application may be filed with the said water recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper. The date of the first publication of this notice is July 10th, 1917.

TIMBER SALE X 942.

Sealed tenders will be received by the Minister of Lands not later than noon on the 16th day of August, 1917, for the purchase of Licence X 942, to cut 1,225,000 feet of Spruce, Cedar, Hemlock and Balsam on an area situated on the west shore of Ellerslie Channel, Range 3, Coast District.

Two (2) years will be allowed for removal of timber.
Further particulars of the Chief Forester Victoria, B. C., or District Forester, Prince Rupert, B. C. 173.



He'll Be Happy
When He Gets This

Whether "Jim" is on a man-of-war or in a trench, he's going to have long-lasting enjoyment and a lot of benefit from

WRIGLEY'S

The Famous Chewing Gum



It's one of the outstanding features of the war—with its tonic effect on stomach and nerves—its welcome refreshment in time of need

The
Flavour
Lasts!

Made in Canada

Don't merely smother your cough

CURE IT

Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

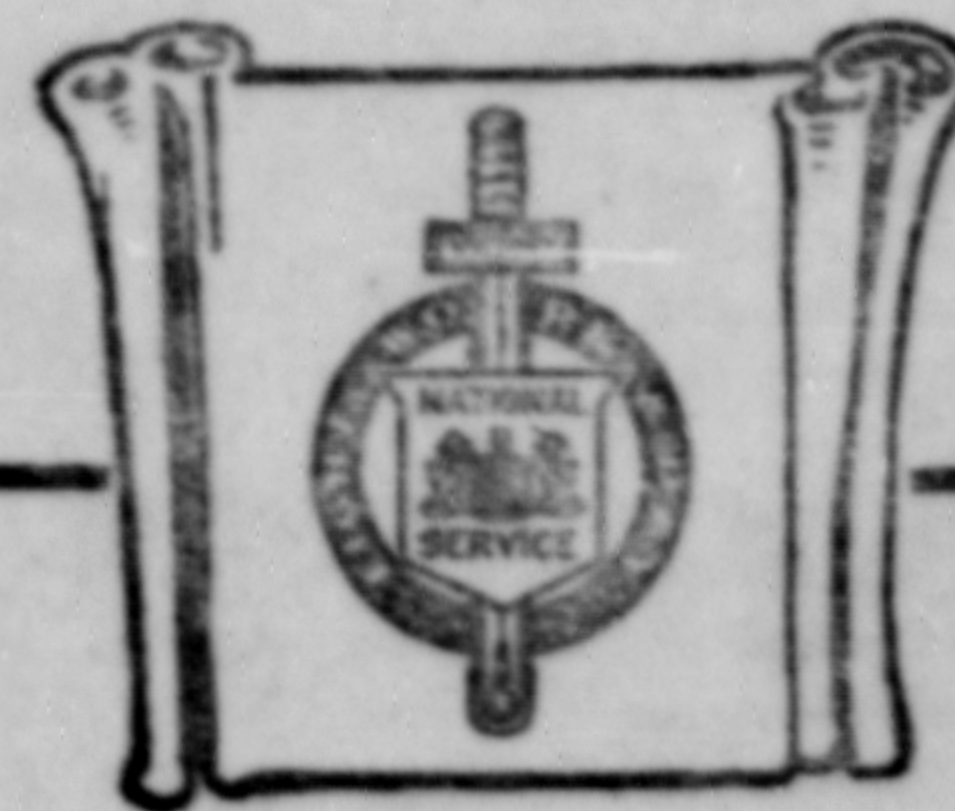
35c. large bottles, everywhere.

J. L. MATHIEU CO., Prop., SHELBORNE, P.Q.

If you wish to benefit Mathieu's Syrup of Tar and Cod Liver Oil, the wonderful health-giving tonic, please send the coupon and obtain the full story about this great remedy.

Save the Food and
Serve the Empire!

The Average Canadian Family Wastes
Enough to Feed a Soldier



"The Kitchen must help as well as
the Workshop and the Trenches"
Lloyd George.

INTELLIGENT economy in the kitchen can do much to prevent the threatened world famine—can counteract the effect of high prices—and can replace growing debt with systematic saving.

Careful investigations show that before the war the average British family wasted 25% of their food—and we Canadians were even more extravagant.

This waste is not in a few big things, but in many little ones, each, we used to think, too small to bother about—such as careless peeling of vegetables and fruit—failure to make good use of dripping and "left-overs"—and such others as will occur to every thrifty housekeeper.

For the Empire's sake as well as your own, hunt up and cut out these leaks! You'll be helping to relieve the food shortage—saving your own money—and putting yourself in a position to buy Canadian War Savings Certificates and help win the war.

War Savings Certificates are issued in denominations of \$25, \$50 and \$100, to be repaid in three years at full face value. They cost \$21.50, \$43 and \$86 respectively, at all Money Order Post-Offices and Banks, thus yielding over 5% interest. Should you need it, you can get your money back at any time.

The National Service Board of Canada,
OTTAWA.

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