

"I FEEL LIKE A NEW BEING"

"FRUIT-A-LIVES" Brought The Joy Of Health After Two Years Suffering



MADAM LAPLANTE
 35 St. Rose St., Montreal, April 4th.
 "For over two years I was sick and miserable. I suffered from constant diarrhoea, and had palpitation of the heart so badly that I feared I would die. There seemed to be a lump in my stomach and the constipation was dreadful. I suffered from Pain in the Back and Kidney Disease.
 I was treated by a physician for a year and a half and he did me no good at all. I tried "Fruit-a-lives" as a last resort. After using three boxes, I was greatly improved and twelve boxes made me well. Now I can work all day and there are no headaches, no palpitation, no heart trouble, no constipation, no pain or kidney trouble and I feel like a new being—and it was "Fruit-a-lives" that gave me back my health."
MADAM ARTHUR LAPLANTE.
 Box 16, 6 for \$2.50, trial size, 25c. Mail orders or sent prepaid by Fruit-a-lives Limited, Ottawa.

LAND ACT

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

Notice that Granby Consolidated Mining, Smelting & Power Company, Ltd., of Vancouver, occupation mining and smelting, intends to apply for permission to use the following described lands—

Commencing at a post planted at the southeast corner of Lot 2512, Cassiar District, thence north 22 chains, following high water mark to the N.W. corner of Lot 2512, thence west three chains to low water mark, thence south and west 22 chains following low-water mark; thence east three chains, to the place of beginning and containing 4.6 acres.
GRANBY CONSOLIDATED MINING, SMELTING & POWER COMPANY, LTD.
 J. Fred Ritchie, Agent.
 Oct 16

SALE OF GOVERNMENT LOTS

At Cassiar, Queen Charlotte Islands.

Notice is hereby given that, acting under authority from the Deputy Minister of Lands, I will on the 13th day of September, 1917, at 11 o'clock in the forenoon, at the Cassiar, sell by public auction the lots of the above township belonging to the Crown. The upset price for which the lots will be offered is \$25 per lot for 1000 sq. ft. and \$25 per lot for corner lots.
 Terms: one half cash and balance in one year with interest at six per cent on the deferred payments. The Crown Grant fee will be \$10 additional. Plan of the township and list of lots to be offered can be obtained at the office of the Assistant Commissioner of Lands, Prince Rupert, or of Mr. A. R. Nabberg, Fort Clements, or in the Department of Lands, Victoria, B. C.
J. B. RYAN, Assistant Commissioner of Lands.
 Sept. 12.

Province of British Columbia

DEPARTMENT OF LANDS

NOTICE

Re Overdue Payments on Applications to Purchase Crown Lands in British Columbia.
 NOTICE is hereby given that, under the provisions of the "Soldiers' Homestead Act," any person who did not apply under the "Soldiers' Homestead Act, 1914," to complete his application to purchase, either by payment in full or by the selection of a proportionate allotment, may, by proving his interest and paying up in full the balance of the purchase price and taxes before the 31st December, 1917, obtain a Crown Grant if proof satisfactory to the Minister of Lands is furnished that such person is suffering injury through absence of notice or otherwise.
 And further that the interest in uncompleted applications to purchase held by any person on Active Service may be protected by notification to the Lands Department of the fact that such person is on Active Service and by the filing of proof of the interest of such person.
 Further information will be furnished on request to the Deputy Minister of Lands, Victoria, B. C.
 Publication of this notice without authority will not be paid for. Tu, Sep. 18

LAND LEASE NOTICE

SKENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that I, George McRae, of Skidgate, B. C., occupation engineer, intend to apply for permission to lease the following described lands—
 Commencing at a post planted at the northeast corner of T. L. Lot 835, Allford Bay, Skidgate Inlet, thence west 20 chains, thence north 3 chains, thence 25 chains in an easterly and southerly direction following shore line, thence west 2 chains to point of commencement, containing 10 acres more or less. A 30 June 1918, 1917. GEORGE McRAE.

EXHIBITORS WHO WON PRIZES AT THE FAIR

Garden Vegetables (Continued).
 Green Marrows—1st, D. McD. Hunter.
 Sugar Pumpkins—1st, Fred W. Bohler; 2nd, Cecil J. Lever.
 Long Beets—1st, Theodore Halverson; 2nd, D. McD. Hunter; 3rd, F. W. Bohler.
 Globe Beets—1st, F. W. Bohler; 2nd, J. L. Barge; 3rd, Cecil J. Lever.
 Long Carrots—1st, J. C. K. Sealy; 2nd, D. McD. Hunter; 3rd, F. W. Bohler.
 Intermediate Carrots—1st, G. Harrison, Massett; 2nd, J. L. Barge, Queen Charlotte City; 3rd, Mrs. F. Nash, Massett.
 Short Carrots—1st, J. C. K. Sealy; 2nd, Cyril Harrison; 3rd, F. W. Bohler.
 Rutabagas—1st, Albert Nicholson.

White Table Turnips—1st, C. Harrison.
 Turnip Radishes—1st, Fred W. Bohler; 2nd, Cecil J. Lever.
 Parsnips—1st, J. L. Barge; 2nd, Fred W. Bohler; 3rd, D. McD. Hunter.
 Yellow Onions—1st, Fred W. Bohler; 2nd, O. K. Ovison; 3rd, Cecil J. Lever.
 Red Onions—1st, Mrs. R. O. Jennings; 2nd, Jesse Bidden, Massett; 3rd, J. L. Barge.
 White Onions—1st, J. L. Barge; 2nd, Mona Phair.
 Table Talk Potatoes—1st, Cecil J. Lever; 2nd, F. W. Bohler.
 Early Rose Potatoes—1st, D. McD. Hunter; 2nd, Cecil J. Lever; 3rd, Wm. Adams.
 Gold Corn Potatoes—1st, T. D. Laird; 2nd, Mrs. F. Nash; 3rd, F. W. Bohler.

Early Reliance Potatoes—1st, Cecil J. Lever; 2nd, F. W. Bohler.
 Early Moonlight Potatoes—1st, Henry Evans; 2nd, F. W. Bohler; 3rd, Cecil J. Lever.
 Other Variety Potatoes—1st, T. D. Laird; 2nd, Alfred Shocomb; 3rd, Mrs. Geigerch, Massett.
 Collection of Potatoes—1st, Mrs. B. M. Scott, Smithers; 2nd, T. D. Laird; 3rd, Albert Nicholson.
 Cooked Specimen of Spuds—Mrs. Wm. Robb; 2nd, Mrs. Wm. Keith; 3rd, Mrs. Wm. Adams.
 Buchel of Potatoes—1st, Albert Nicholson; 2nd, F. W. Bohler; 3rd, Jas. Jabour.

District Exhibit of Agricultural Products—Cup awarded by Association, won by Kitsumkalum-Lakelse Valley Farmers' Institute.

Commercial Classes.
 Best Crate Cabbage—1st, Fred W. Bohler, Kitsumkalum.
 Best Sack Onions—1st, F. W. Bohler; 2nd, J. L. Barge.
 District Collection of Garden Vegetables—F. W. Bohler.
 Prince Rupert Collection of Garden Vegetables—1st, D. McD. Hunter; 2nd, W. J. Kirkpatrick.

WATER NOTICE

Diversion and Use.

TAKE NOTICE that R. E. Neill, whose address is Stewart, B. C., will apply for a license to take and use seventy cubic feet of water out of North and East Forks of Cascade Creek, which flows southerly into Salmon River, Cassiar District, B. C. The water will be diverted from the streams at points about two thousand feet above the forks. This notice was posted on the ground on the sixth day of August, 1917. A copy of this notice and an application pursuant thereto and to the Water Act, 1914, will be filed in the office of the Water Recorder at Prince Rupert, B. C. Objections to the application may be filed with the said Water Recorder, or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper. The date of the first publication of this notice is August 14, 1917. S.14
R. E. NEILL, Applicant.

MINERAL ACT

Certificate of Improvements.

NOTICE
 "Silver Bell" Mineral Claim, situate in the Skeena Mining Division of Cassiar District.
 Where located:—One mile from the head of Alice Arm.
 TAKE NOTICE that We, Miles Donald, Free Miner's Certificate No. 3508-C, and John M. Morrison, Free Miner's Certificate No. 3524-C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements for the purpose of obtaining a Crown Grant of the above claim.
 And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.
 Dated this Seventeenth day of July, A.D. 1917. S.80

LAND ACT

SKENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS.

Harry A. Harvey
 (Late London, Eng., Conservatoire of Music)
PUPIL OF LANSDOWNE GOTTELL
 Pupils Taken for VIOLIN, PIANO, VIOLINCELLO and HARMONY.
 EXAMINATIONS
 Pupils Prepared for Examinations Associated Board, Vancouver, Center Royal College of Music, London, Eng.
TERMS—PHONE BLUE 275



"Kamared! Mercy!"—Remarkable Photo Made from French Trench.
 Surprised by an attack before dawn by dismounted French Cuirassiers at Laffaux, these Germans rushed out with their hands raised high over their heads shouting "Kamared, Mercy." This striking photograph was taken at four o'clock in the morning and the figures of the captive Boches are strongly silhouetted against the weak light on the early dawn. The attack was made by the French 9th Cuirassiers on foot.

New Dangers of Constipation

A recent issue of The New York Times says:—
 "Recent researches of Prof. Metchnikoff and others have led doctors to suppose that many conditions of chronic ill-health, nervous debility, rheumatism and other disorders are due to poisoning set up by unhealthy conditions in the large intestine, and it has been suggested that the lowering of the vitality resulting from such poisoning is favorable to the development of Cancer and Tuberculosis."
 "At Guy's Hospital Sir William Arbuthnot Lane decided on the heroic plan of removing the diseased organ. A child who appeared in the final stage of what was believed to be an incurable form of tubercular joint disease was operated on. The Lower Intestine, with the exception of nine inches, was removed, and the portion left was joined to the smaller intestine.
 "The result was astonishing. In a week's time the internal organs resumed all their normal functions, and in a few weeks the patient was apparently in perfect health."
 The Lower Intestine can never get into this condition if Internal Baths are used. The "J. B. L. Cascade" cleanses the Lower Intestine its entire length thoroughly with pure warm water, and removes all this poisonous waste, which is such a menace to health.
 This is a simple only of many hundreds of letters we have in our files: Dept. Public Works, Ottawa, Ont., Jan. 31, 1916.
 Dr. Chas. A. Tyrrell, Toronto:
 Dear Sir:—
 Words, I can assure you, quite fail me to express my satisfaction and gratefulness to you for inventing such a humane and common-sense remedy for stomach troubles as the "J. B. L. Cascade." For the past 15 years I have suffered from such, and have never had the permanent relief from medicines as I have had from your "Cascade." I consider it the best investment I have ever made, and would not be without it for one hundred times its cost. I consider that those who are afflicted as I was are making the mistake of their lives to be without one of your Cascades.
 Wishing you every success in your efforts for suffering humanity.
 I am, Dear Sir, yours truly,
 "Grateful."
 P.S.—Name and address will be furnished if requested.
 It is Nature's own cure for Constipation, and is now being used by over 500,000 Canadians and Americans with great success.
 The "J. B. L. Cascade" is now being shown and explained at Cyril H. Orme's Drug Store, cor. 3rd Avenue and 6th St., Prince Rupert, where a most interesting booklet, called "Why Man of Today is Only 50 Per Cent. Efficient," is given on request. If you prefer, write today for this book to Chas. A. Tyrrell, M. D., 163 College Street, Toronto.

WATER NOTICE

USE AND STORAGE.

TAKE NOTICE that The Empire Pulp & Paper Mills, Ltd., whose address is Vancouver, B. C., will apply for a license to take and use all the water and to store 10,000 acre feet of water out of unnamed lake, also known as Whalen Lake, which flows and drains into Whale Channel about one mile north from Rivers Blight.
 The storage dam will be located at west end of Lake at outlet of lake. The capacity of reservoir to be created is about 10,000 acre feet and it will flood about 3,000 acres of land. The water will be diverted from the stream at a point about... Taken by tunnel from east end of Lake three miles northerly direction from Lot 29, Butedale, on Fraser Reach and will be used for power purposes upon the land described as in application to lease at east end of Lake on Fraser Reach.
 This notice was posted on the ground on the 5th day of June, 1917. A copy of this notice and an application pursuant thereto and to the Water Act, 1914, will be filed in the office of the Water Recorder at Prince Rupert, B. C. Objections to the said application may be filed with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper. The date of the first publication of this notice is July 10th, 1917.

LAND ACT

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

TAKE NOTICE that the Grand Trunk Pacific Railway Company of Winnipeg, Manitoba, intends to apply for permission to lease the following described lands—
 Commencing at a post planted at the most northerly point of Lot 307 at or about high water mark, thence northerly, easterly, southerly and westerly, following the sinuosities of the shore-line to a point of commencement, including all that foreshore between high-water and low-water. Dated July 20th, 1917. S.515
THE GRAND TRUNK PACIFIC RAILWAY CO., H. B. Hansard, Solicitor.

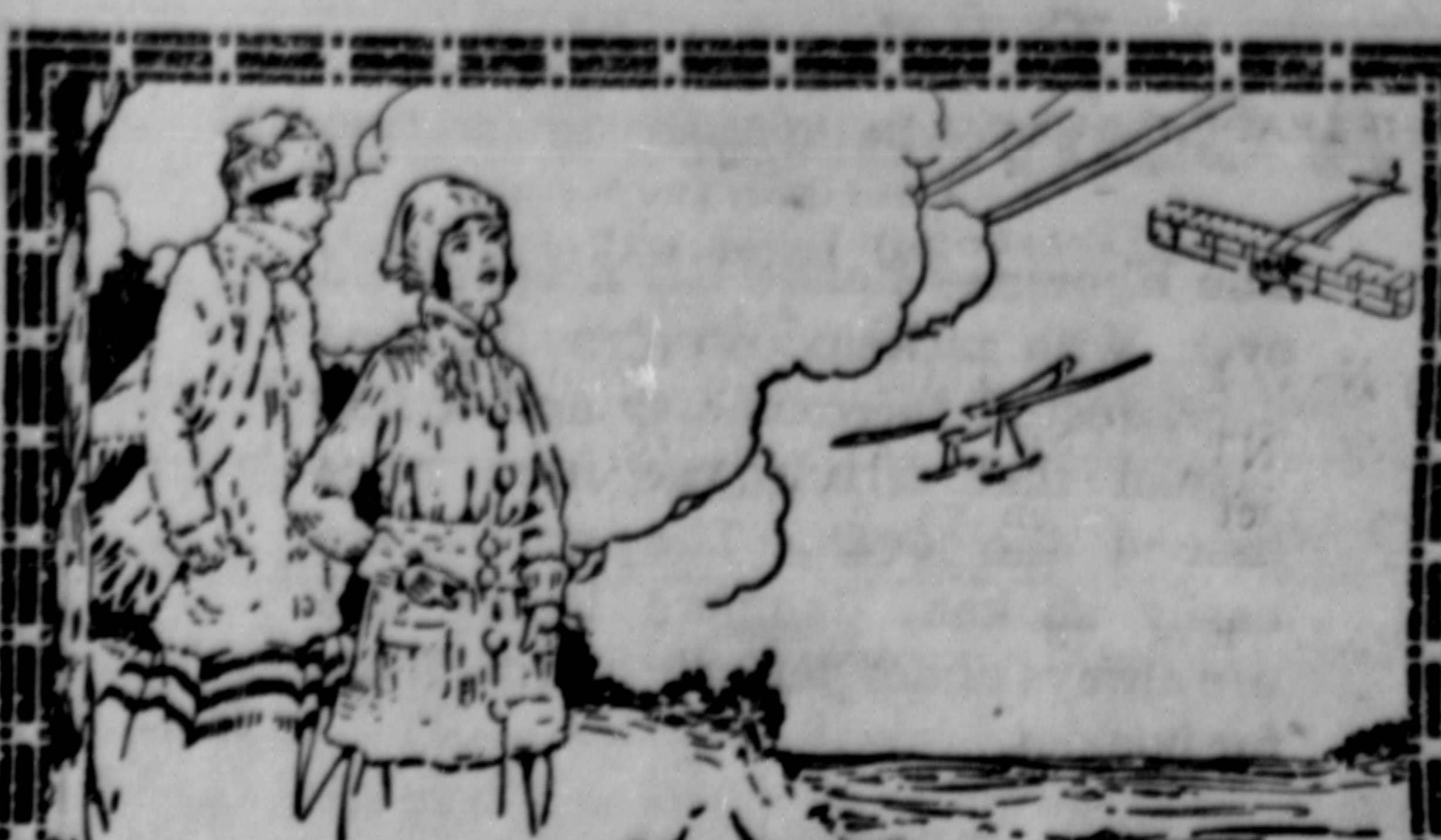
MINERAL ACT

Certificate of Improvements

NOTICE
 "Bellevue No. 1," "Bellevue No. 2," "Bellevue Fraction," "Blenheim" and "Snow Fraction" Mineral Claims, situate in the Skeena Mining Division of Cassiar District.
 Where located:—At the head of Illiance River, Alice Arm.
 TAKE NOTICE that I, Wm. T. Kergin, Free Miner's Certificate No. 9475-C, acting for myself and as agent for George Rudge, Special Free Miner's Certificate No. 6139, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.
 And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements. S.15
 Dated this 6th day of July, A.D. 1917.

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

Take notice that J. M. Collison, of Nass River, occupation patrolman, intends to apply for permission to purchase the following described lands.—Commencing at a post planted on Observatory Inlet at Nagasaki Bay, one mile below the old cannery site; thence south 40 chains, thence west 40 chains, thence north 40 chains, thence east 40 chains to point of commencement, containing 80 acres more or less.
J. MAXWELL COLLISON,
 August 29th, 1917. N.18.



LUX

To give sweater coats a new lease of life
 Now that sweater coats are getting more expensive, it is more than ever desirable that you wash yours with LUX. Of all things a sweater coat, which is seen so much, must be kept soft, fluffy, fleecy and "new" in appearance. You can keep yours that way and wash it again and again if you do this:

Four boiling water over LUX flakes—pure essence of soap—allowing 3 or 4 tablespoonfuls for every gallon of water you use. Whip into a creamy lather—a few seconds is needed. Then put in the garment and stir it about. Let it soak until cool enough for your hands to squeeze the water out of the coat—the dirt just runs away. Rinse in two or three relays of tepid water, and hang to dry.

Very simple. Anyone can do it—just a few minutes' work and you get a result that the most expert French cleaner might well envy.

LUX won't shrink woollens. Won't hurt any fabric or color that pure water can safely touch.
 At all grocers —British made
Lever Brothers Limited, Toronto

Don't merely smother your cough

CURE IT—Mather's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

35c. large bottles, everywhere.
A. L. MATHER CO., PROP., SHERBROOK, P.Q.
 Sole Importers for the Dominion of Canada, 100, Queen St. W., Toronto, Ont.

Keep up the Food Supply and Help Make Victory Sure

OUR soldiers must be fed; the people at home must be fed. And—in spite of Germany's murderous campaign to cut off the Allies' Food supply, by sinking every ship on the High Seas—an ample and unfailing flow of food to England and France must be maintained.

"I AM assured that my people will respond to every call necessary to the success of our cause—with the same indomitable ardour and devotion that have filled me with pride and gratitude since the war began."
HIS MAJESTY KING GEORGE

This is National Service—Not to the Farmer only—But to YOU—to everybody—This appeal is directed

WE must unite as a Nation to SERVE—to SAVE and to PRODUCE. Men, women and children; the young, the middle aged and the old—all can help in the Nation's Army of Production.

EVERY pound of FOOD raised, helps reduce the cost of living, and adds to the Food Supply for Overseas.

PLANT a garden—small or large. Utilize your own back yard. Cultivate the vacant lots. Make them all yield food
WOMEN of towns can find no better or more important outlet for their energies than in cultivating a vegetable garden.

Be patriotic in act as well as in thought.

Use every means available—Overlook nothing.

For information on any subject relating to the Farm and Garden, write:
**INFORMATION BUREAU
 Department of Agriculture
 OTTAWA**

**Dominion Department of Agriculture
 OTTAWA, CANADA.**

HON. MARTIN BURRELL, Minister.