

MISERABLE FROM STOMACH TROUBLE

Felt Wretched Until He Started To Take "Fruit-a-lives"

594 CHAMPLAIN ST., MONTREAL.
"For two years, I was a miserable sufferer from Rheumatism and Stomach Trouble. I had frequent Dizzy Spells, and when I took food, felt wretched and sleepy. I suffered from Rheumatism dreadfully, with pains in my back and joints, and my hands swollen. A friend advised 'Fruit-a-lives' and from the outset, they did me good. After the first box, I felt I was getting well and I can truthfully say that 'Fruit-a-lives' is the only medicine that helped me". LOUIS LABRIE.
50c. a box, 6 for \$2.50, trial size, 25c. All dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.



NOTICE TO CONTRACTORS

GRANBY BAY SCHOOL.
SEALED TENDERS, superscribed "Tender for Granby Bay Addition," will be received by the Honourable the Minister of Public Works up to 12 o'clock on Tuesday, the 10th day of October, 1917, for the erection and completion of a two-room addition to the existing two-room school house at Granby Bay, Anyox, in the Atlin District.
Plans, specifications, contract, and forms of tender may be seen on and after the 1st day of October, 1917, at the office of J. H. McNeill, Government Agent, Prince Rupert, B. C., and at the office of the Minister of Public Works, Ottawa, and at the Department of Public Works, Victoria.
By application to the undersigned, contractors may obtain a copy of the plans and specifications for the sum of ten dollars (\$10) or a marked cheque, which will be refunded on their return in good order.
Each proposal must be accompanied by a cash deposit of \$100, or a cheque on a chartered bank of Canada, made payable to the Honourable the Minister of Public Works, for a sum equal to 20 per cent. of tender, which shall be forfeited if the party tendering declines to enter into contract when called upon to do so, or if he fails to complete the work contracted for. The cheques of successful tenderers will be returned to them upon the execution of the contract.
Tenders will not be considered unless made out on the forms supplied, signed with the actual signature of the tenderer, and enclosed in the envelopes furnished.
The lowest or any tender not necessarily accepted.
A. E. FOREMAN,
Public Works Engineer,
Public Works Department, Victoria, B. C.,
September 24th, 1917. 241.

New Dangers of Constipation

A recent issue of The New York Times says:—
"Recent researches of Prof. Mechnikoff and others have led doctors to suppose that many conditions of chronic ill-health, nervous debility, rheumatism and other disorders are due to poisoning set up by unduly conditions in the large intestine, and it has been suggested that the lowering of the vitality resulting from such poisoning is favorable to the development of Cancer and Tuberculosis."
"At St. Joseph's Hospital Sir William Arbuthnot Lane decided on the heroic plan of removing the diseased organ. A child who appeared in the final stage of what was believed to be incurable form of tubercular joint disease was operated on. The lower intestine, with the exception of nine inches, was removed, and the portion left was joined to the smaller intestine.
"The result was astonishing. In a week's time the internal organs resumed all their normal functions, and in a few weeks the patient was apparently in perfect health."
The Lower Intestine can never get into this condition if Internal Baths are used. The "J. B. L. Cascade" cleanses the Lower Intestine its entire length thoroughly with pure warm water, and removes all this poisonous waste, which is such a menace to health.
This is a sample only of many hundreds of letters we have in our files:
Dept. Public Works,
Ottawa, Ont., Jan. 31, 1916.
Dear Sir:—
Words, I can assure you, quite fail me to express my satisfaction and gratefulness to you for inventing such a humane and common-sense remedy for stomach troubles as the "J. B. L. Cascade." For the past 15 years I have suffered from such, and have never had the permanent relief from medicines as I have had from "J. B. L. Cascade." I consider it the best investment I have ever made, and would not be without it for one hundred times its cost. I consider that those who are afflicted as I was are making the mistake of their lives to be without one of your Cascades.
Wishing you every success in your efforts for suffering humanity.
I am, Dear Sir, yours truly,
"Grateful."
P.S.—Name and address will be furnished if requested.
It is Nature's own cure for Constipation, and is now being used by over 500,000 Canadians and Americans with great success.
The "J. B. L. Cascade" is now being shown and explained at Cyril H. Orme's Drug Store, cor. 2nd Avenue and 6th St., Prince Rupert, where a most interesting booklet, called "Why Man of Today is Only 50 Per Cent. Efficient," is given on request. If you prefer, write today for this book to Chas. A. Tyrrell, M. D., 163 College Street, Toronto.

BIG CROWDS IN QUEBEC FOR MEDICAL EXAMINATION

Montreal, Oct. 3.—So great is the rush of men of military age here to be examined by the medical board for the army that the headquarters on Union Avenue have been found insufficient to accommodate the crowds and a second board will begin today in the Craig street armories to relieve the pressure. Other boards will be established when the government sends out the awaited proclamation with reference to the exemptions. The percentage of French-Canadians applying for medical examination is increasing from day to day, and it is expected that when there is an examination board in the East End of the city there will be a steady stream of French-Canadian citizens to be examined.

MAIL SCHEDULE

For the East.
Mondays, Wednesdays and Saturdays at 9:30 a. m.

From the East.
Sunday, 5:30 p. m.; Tuesday, 5:30 p. m.; Thursday, 5:30 p. m.

For Vancouver.
Monday 7 a. m.
Tuesdays 5 p. m.
Thursdays 10 p. m.
Saturdays 4 p. m.

From Vancouver.
Sunday 10 p. m.
Mondays 9 a. m.
Wednesdays 10:30 a. m.
Fridays 6 p. m.
Saturdays 10:30 a. m.

For Anyox.
Sundays 10 p. m.
Wednesdays 10 p. m.
Fridays 8 p. m.
Saturdays 10 p. m.

From Anyox.
Sundays, a. m., Mondays, a. m., Tuesdays, p. m., and Thursdays, p. m.

Port Simpson & Naas River Points
For—Sundays, 10 p. m.
From—Tuesdays, p. m.

Queen Charlotte Islands.
Mails Close—Oct. 10 and 24.
Nov. 7th and 21st, Dec. 5th and 19th—10 p. m.
Mails from—Oct. 14th and 28.
Nov. 11th and 25th, Dec. 9th and 23rd—p. m.

Stewart, Maple Bay and Swamp Point.
For—Wednesdays, 10 p. m.
From—Fridays, p. m.

Alaska and Yukon Territory.
For—Mondays 9 p. m.
From—Saturdays, p. m.

MINERAL ACT

Certificate of Improvements.
NOTICE
"Beach" and "Waterfront Fraction" Mineral Claims, situated in the Skeena Mining Division of Cassiar District.
Where located:—On north side of Alice Arm.

TAKE NOTICE that I, R. B. McGinnis, Free Miner's Certificate No. 3574-C, agent for the Dolly Varden Mines Company, Free Miner's Certificate No. 14230-C, intends sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claims, and FURTHER TAKE NOTICE that action, under Section 85, must be commenced before the issuance of such Certificate of Improvements.
DATED this 9th day of July, A. D. 1917.

MINERAL ACT

Certificate of Improvements.
NOTICE
"Bellevue No. 1," "Bellevue No. 2," "Bellevue Fraction," "Blenheim" and "Snow Fraction" Mineral Claims, situated in the Skeena Mining Division of Cassiar District.
Where located:—At the head of Illiance River, Alice Arm.

TAKE NOTICE that I, Wm. T. Kergin, Free Miner's Certificate No. 9475-C, acting for myself and as agent for George Rudge, Special Free Miner's Certificate No. 6139, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claims.
And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.
DATED this 6th day of July, A. D. 1917.

MINERAL ACT

Certificate of Improvements.
NOTICE
"Silver Bell" Mineral Claim, situated in the Skeena Mining Division of Cassiar District.
Where located:—One mile from the head of Alice Arm.

TAKE NOTICE that We, Miles Donald, Free Miner's Certificate No. 3508-C, and John M. Morrison, Free Miner's Certificate No. 3524-C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements for the purpose of obtaining a Crown Grant of the above claim.
And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.
DATED this Seventeenth day of July, A. D. 1917.



These Men Will Help You Decide

Are you liable to be selected for service under the Military Service Act?
The answer to this question is being made readily available for you. Remember that the first class to be called includes only men between the ages of 20 and 34, both inclusive, who are unmarried or widowers without children, those married after July 6, 1917, being deemed single for the purposes of the Act.

Medical Boards are now being established throughout Canada. These Boards will examine, free of charge and obligation, all men who wish to be examined as to their physical fitness for military service. They will tell you in a very short time whether your physical condition absolves you from the call or makes you liable for selection.

It is important that you obtain this information as soon as possible. A certificate of unfitness from a Medical Board will secure for you freedom from responsibility under the Military Service Act from any Exemption Tribunal. A certificate of fitness will not preclude an appeal for exemption on any ground.

In order that you may be able to plan your future with certainty, visit a Medical Board as soon as possible and find out if you are liable to be selected. Your family and your employer are interested as well as yourself.

Issued by
The Military Service Council.

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SALE OF GOVERNMENT LANDS

NOTICE is hereby given that, acting under instruction from the Deputy Minister of Lands, I will on the 13th day of September, 1917, at 11 o'clock in the forenoon, at Port Clements, sell by public auction the lots of the above townsite belonging to the Crown. The upset price for which the lots will be offered is \$25 per lot for inside lots and \$35 per lot for corner lots. Terms: one half cash and balance in one year with interest at six per cent on the deferred payments. The Crown Grant fee will be \$10 additional. Plan of the townsite and list of lots to be offered can be seen at the office of the Assistant Commissioner of Lands, Prince Rupert, or of Mr. A. B. Mallory, Port Clements, or in the Department of Lands, Victoria, B. C. J. H. McMULLIN, Assistant Commissioner of Lands.
Sept. 12.

Province of British Columbia

DEPARTMENT OF LANDS

NOTICE
Re Overdue Payments on Applications to Purchase Crown Lands in British Columbia.
NOTICE is hereby given that, under the provisions of the "Soldiers' Homestead Act," any person who did not apply under the "Soldiers' Homestead Act, 1916," to complete his application to purchase, either by payment in full or by the selection of a proportionate allotment, may, by proving his interest and paying up in full the balance of the purchase price and taxes before the 31st December, 1917, obtain a Crown Grant if proof satisfactory to the Minister of Lands is furnished that such person is suffering injury through absence of notice or otherwise.
And further that the interest in uncompleted applications to purchase held by any person on Active Service may be protected by notification to the Lands Department of the fact that such person is on Active Service and by the filing of proof of the interest of such person.
Further information will be furnished on request to the Deputy Minister of Lands, Victoria, B. C.
Publication of this notice without authority will not be paid for. Tu. Sep. 18.

WATER NOTICE

Diversion and Use).

TAKE NOTICE that R. K. Neill, whose address is Stewart, B. C., will apply for a license to take and use seventy cubic feet of water out of North and East Forks of Cascade Creek, which flows southerly into Salmon River, Cassiar District, B. C. The water will be diverted from the streams at points about two thousand feet above the forks. This notice was posted on the ground on the sixth day of August, 1917. A copy of this notice and an application pursuant thereto and to the Water Act, 1914, will be filed in the office of the Water Recorder at Prince Rupert, B. C. Objections to the application may be filed with the said Water Recorder, or with the comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper. The date of the first publication of this notice is August 14, 1917. S.14
R. K. NEILL, Applicant.

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

Take notice that J. M. Collison, of Naas River, occupation patrolman, intends to apply for permission to purchase the following described lands:—Commencing at a post planted on Observatory Inlet at Nagasaki Bay, one mile below the old cannery site; thence south 40 chains, thence west 40 chains, thence north 40 chains, thence east 40 chains to point of commencement, containing 80 acres more or less.
J. MAXWELL COLLISON,
August 29th, 1917. N.18.

Harry A. Harvey

(Late London, Eng., Conservatoire of Music)

PUPIL OF LANSDOWNE COTTRELL
Pupils Taken for
VIOLIN, PIANO, VIOLINCELLO and HARMONY.

EXAMINATIONS
Pupils Prepared for Examinations Associated Board, Vancouver, Center Royal College of Music, London, Eng.
TERMS—PHONE BLUE 275

SUBSCRIBE FOR
THE DAILY NEWS



The Bath Delightful

You would enjoy your bath twice as much if you could get water as soft as summer rain—the kind they used to have in the old-fashioned cistern or rain-barrel. There is a better way now, to get the same result, with any water, and that is to use

LUX

You sprinkle in a few spoonfuls of these dainty, transparent little flakes of the purest soap, and stir them about. Instantly they dissolve, imparting their satiny softness to the water. Be sure to have a LUX shampoo, too—it makes the hair silken and healthful.

LUX—it won't shrink woollens either.

British made, by
LEVER BROTHERS LIMITED
TORONTO
Sold by Good Grocers,

Don't merely smother your cough

CURE IT—Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

35c. large bottles, everywhere.
J. L. MATHIEU CO., PROP. GERRARD ST. E.
LONDON, ONT.