

# THE TONIC THAT BRINGS HEALTH

## "Fruit-a-tives" Builds Up The Whole System

Those who take "Fruit-a-tives" for the first time, are often astonished at the way it builds them up and makes them feel better all over. They may be taking "Fruit-a-tives" for some specific ailment, as Constipation, Indigestion, Chronic Headaches or Neuralgia, Chronic Headaches or Neuralgia, Rheumatism or Pain in the Back. And they find that "Fruit-a-tives" has cured the ailment, that they feel better and stronger in every way. This is due to the wonderful tonic properties of these famous tablets, made from fruit juices. A box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.



### NOTICE TO CONTRACTORS

**GRANBY BAY SCHOOL**  
SEALED TENDERS, superscribed "Tender for Granby Bay Addition," will be received by the Honourable the Minister of Public Works up to 12 o'clock on Tuesday, the 15th day of October, 1917, for the erection and completion of a two-room addition to the existing two-room school building at Granby Bay, Anyox, in the Athol electoral district.

Plans, specifications, contract, and forms of tender may be seen on and after the 1st day of October, 1917, at the office of J. E. Schmitt, Government Agent, Prince Rupert, B. C., or at the office of the Government Agent, Anyox, B. C., or at the office of the Government Agent, Vancouver, B. C., or at the office of the Government Agent, Victoria, B. C.

By application to the undersigned, contractors may obtain a copy of the plans and specifications for the sum of ten dollars (\$10) or a marked cheque, which will be refunded on their return in good order. Each proposal must be accompanied by an accepted bank cheque on a chartered bank of Canada, made payable to the Honourable the Minister of Public Works, for a sum equal to 20 per cent. of tender, which shall be forfeited if the party tendering declines to enter into contract when called upon to do so, or if he fails to complete the work contracted for. The cheques of unsuccessful tenderers will be returned to them upon the execution of the contract.

Tenders will not be considered unless made out on the forms supplied, signed with the actual signature of the tenderer, and enclosed in the envelopes furnished. The lowest or any tender not necessarily accepted.

A. E. FOREMAN,  
Public Works Engineer,  
Public Works Department, Victoria, B. C.,  
September 24th, 1917. 241.

## Bathe Internally and Keep Well!

Nature has mightily equipped us all, old and young, to resist disease—but she requires that we give her a chance. We give her no chance if we permit the lower intestine to be more or less clogged with accumulated waste. Yet that is a universal condition today, as is proven by the number of laxative drugs that are sold.

You can help Nature in Nature's most efficient way by Internal Bathing, and in no way so habit-forming way keep the intestine as sweet and clean as Nature demands it to be for perfect health and sure defence against contagion, over half a million keen, bright, healthy people testify to its result.

Mrs. C. G. M. (Name on request), of Strathroy, Ont., writes:—  
I am pleased to have this opportunity of testifying to the merits of the J. B. L. Cascade. I have been using it now for a year with satisfactory results. I am an old woman, but my health is so improved that I have a renewed lease of life. You are at liberty to give my address to anyone privately who may desire to write me regarding the Cascade.

Just call at Cyril H. Orme's Drug Store, or 2nd Avenue and 6th Street, Prince Rupert, and request free booklet, "Why Man of Today is Only 50 Per Cent. Efficient." The most efficient device for Internal Bathing. The "J. B. L. Cascade" will also be shown and explained to you if you so desire. If you prefer, write for booklet to Dr. Chas. A. Tyrrell, 143 College Street, Toronto.

## "A Dollar Saved is a Dollar Earned"

A DOLLAR to your credit in the bank, is yours. You don't have to work for it all over again—as you do for the dollars that have been spent.

How many dollars have you that you can call your own? Why not start an account in our Savings Department and save a part of the money you earn? A few dollars saved each week, amount to hundreds in the course of a few years.

**THE BANK OF British North America**  
79 YEARS IN BUSINESS  
CAPITAL AND SURPLUS, \$7,854,000.

**PRINCE RUPERT BRANCH**  
W. J. SMITHERS, Manager



### AN IRISH POET

Francis Ledwidge, the Irish poet and lance-corporal, who has been killed in France.

### HELP FROM THE PATRIOTIC FUND

Ottawa—It is now known that, so far back as June, 1917, the executive committee of the Canadian Patriotic Fund had decided to grant the same assistance to the men selected under the Military Service Act as to the men already enlisted, in the matter of payments to dependents. On June 14, 1917, at a meeting in Ottawa, the executive committee of the Fund passed a resolution providing that, in the event of the Government's passing and enforcing legislation providing for a measure of selective drafting, the dependents of the men so selected "be entitled to the same assistance as the dependents of the men who have volunteered." Under the Military Service Act of 1917, of course, with the first class unmarried men and widowers without children, not a great many are expected to require assistance for dependents from the Patriotic Fund, although each case will be considered carefully.

With assistance, where needed, from the Patriotic Fund, the men selected under the Military Service Act will receive every convenience and right of the men already enlisted. Their status will be assured.

### SPEEDY SHIPBUILDING IN THE UNITED STATES

Washington, Oct. 10.—Such remarkable progress has been made in the quick building of the immense flotilla of American destroyers to cope with the submarine campaign that the Navy Department now is assured of much quicker delivery of the ships than was contemplated at the last estimate, which in itself was far ahead of the original time. Progress on the ships now building and arrangements for others to follow, it was said today at the Navy Department, are such that the American navy will lead the world with its destroyers within eighteen months.

It is now certain that all destroyers now building will be delivered ready for duty in European waters early next year. Many of them had not been expected until the winter of 1918. Approximately, ten months has been saved.

### Salvation Army.

Public meetings, Tuesdays, Thursdays and Saturdays at 8 p. m. Sundays at 7:30 p. m.



### SALE OF GOVERNMENT LOTS

Port Clements, Queen Charlotte Islands.

NOTICE is hereby given that, acting under instruction from the Deputy Minister of Lands, I will on the 13th day of September, 1917, at 11 o'clock in the forenoon, at Port Clements, sell by public auction the lots of the above townsite belonging to the Crown. The upset price for which the lots will be offered is \$25 per lot for inside lots and \$35 per lot for corner lots. Terms: one half cash and balance in one year with interest at six per cent on the deferred payments. The Crown Grant fee will be \$10 additional. Plan of the townsite and list of lots to be offered can be seen at the office of the Assistant Commissioner of Lands, Prince Rupert, or of Mr. A. B. Mallory, Port Clements, or in the Department of Lands, Victoria, B. C. J. H. McMULLIN, Assistant Commissioner of Lands. Sept. 12.

SUBSCRIBE FOR

THE DAILY NEWS



### TIMBER SALE X 1056.

Sealed tenders will be received by the Minister of Lands not later than noon on the 23rd day of October, 1917, for the purchase of Licence X 1056, to cut 1,900,000 feet of Larch, Hemlock, Spruce and Cedar on an area in the vicinity of Link Lake, Range 3, Coast District.

Three (3) years will be allowed for removal of timber.  
Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C. 094.

### LAND ACT

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

Take notice that Granby Consolidated Mining, Smelting & Power Company, Ltd., of Vancouver, occupation mining and smelting, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the southwest corner of Lot 3632, Cassiar District, thence north 22 chains, following high-water mark to the N.W. corner of Lot 3632; thence west three chains to low-water mark; thence south and west 22 chains following low-water mark; thence east three chains, to the place of commencement, and containing 6.5 acres.

GRANBY CONSOLIDATED MINING, SMELTING & POWER COMPANY, LTD.  
J. Fred Ritchie, Agent.  
Date, August 5th, 1917. Oct 16.

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

TAKE NOTICE that the Grand Trunk Pacific Railway Company of Winnipeg, Manitoba, intends to apply for permission to lease the following described lands:—  
Commencing at a post planted at the most northerly point of Lot 507 at or about high-water mark, thence northerly, easterly, southerly and westerly, following the sinuosities of the shore-line to a point of commencement, including all that foreshore between high-water and low-water.  
THE GRAND TRUNK PACIFIC RAILWAY CO., H. H. Hansard, Solicitor.  
Dated July 20th, 1917. S. 515



SCENE FROM "LOVELY MARY" Showing at the Westholme Theatre tonight.

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

Take notice that J. M. Collison, of Naas River, occupation patrolman, intends to apply for permission to purchase the following described lands:—Commencing at a post planted on Observatory Inlet at Nagasaki Bay, one mile below the old cannery site, thence south 40 chains, thence west 40 chains, thence north 40 chains, thence east 40 chains to point of commencement, containing 80 acres more or less.

J. MAXWELL COLLISON,  
August 29th, 1917. N. 18.

### Harry A. Harvey

(Late London, Eng., Conservatoire of Music)

PUPIL OF LANSDOWNE COTTELL

Pupils Taken for VIOLIN, PIANO, VIOLINCELLO and HARMONY.

EXAMINATIONS  
Pupils Prepared for Examinations Associated Board, Vancouver, Center Royal College of Music, London, Eng.

TERMS—PHONE BLUE 278

# LUX and the way to use it



Pour boiling or very hot water over the LUX flakes—"pure essence of soap."

Whisk into a lather. At once you get the richest, creamiest lather you ever saw, which dissolves dirt without rubbing.)

After cooling, stir the clothes about in this heavy lather. Do not rub or twist them. Rinse in two or three relays of water of the same temperature you washed them in.

So thoroughly is LUX dissolved that not a trace remains in the garment to discolor it. LUX won't harm anything that pure water alone will not injure. For silks use lukewarm water.

All grocers British made, by

Lever Brothers Limited  
Toronto 35

## Don't merely smother your cough

### CURE IT

Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

15c. large bottles, everywhere.  
J. L. MATHIEU CO., Prop., GERRARD ST. E., TORONTO.



## These Men Will Help You Decide

Are you liable to be selected for service under the Military Service Act? The answer to this question is being made readily available for you. Remember that the first class to be called includes only men between the ages of 20 and 34, both inclusive, who are unmarried or widowers without children, those married after July 6, 1917, being deemed single for the purposes of the Act.

Medical Boards are now being established throughout Canada. These Boards will examine, free of charge and obligation, all men who wish to be examined as to their physical fitness for military service. They will tell you in a very short time whether your physical condition absolves you from the call or makes you liable for selection.

It is important that you obtain this information as soon as possible. A certificate of unfitness from a Medical Board will secure for you freedom from responsibility under the Military Service Act from any Exemption Tribunal. A certificate of fitness will not preclude an appeal for exemption on any ground.

In order that you may be able to plan your future with certainty, visit a Medical Board as soon as possible and find out if you are liable to be selected. Your family and your employer are interested as well as yourself.

Issued by  
The Military Service Council.