

## THE TONIC THAT BRINGS HEALTH

### "Fruit-a-lives" Builds Up The Whole System

Those who take "Fruit-a-lives" for the first time, are often astonished at the way it builds them up and makes them feel better all over. They may be taking "Fruit-a-lives" for some specific disease, as Constipation, Indigestion, Chronic Headaches or Neuralgia, Kidney or Bladder Trouble, Rheumatism or Pain in the Back. And they find that "Fruit-a-lives" has cured the disease, that they feel better and stronger in every way. This is due to the wonderful tonic properties of these famous tablets, made from fruit juices. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.



#### NOTICE TO CONTRACTORS

GRANBY BAY SCHOOL. SEALED TENDERS, superscribed "Tender for Granby Bay Addition," will be received by the Honourable the Minister of Public Works up to 12 o'clock on Tuesday, the 16th day of October, 1917, for the erection and completion of a two-room addition to the existing two-room school house at Granby Bay, Anxox, in the Atlin District.

Plans, specifications, contract, and forms of tender may be seen on and after the 1st day of October, 1917, at the office of J. E. McNeill, Government Agent, Prince Rupert, N.B., or at the office of the Minister of Public Works, Ottawa.

By application to the undersigned, contractors may obtain a copy of the plans and specifications for the sum of ten dollars (\$10) or a marked cheque, which will be refunded on their return in good order. Each proposal must be accompanied by an accepted bank cheque on a chartered bank of Canada, made payable to the Honourable the Minister of Public Works, for a sum equal to 20 per cent. of tender, which shall be forfeited if the party tendering declines to enter into contract when called upon to do so, or if he fails to complete the work contracted for. The cheques of unsuccessful tenderers will be returned to them upon the execution of the contract.

Tenders will not be considered unless made out on the forms supplied, signed with the actual signature of the tenderer, and enclosed in the envelopes furnished. The lowest or any tender not necessarily accepted.

A. E. FOREMAN, Public Works Engineer, Public Works Department, Victoria, B. C., September 24th, 1917. 241.

## Bathe Internally and Keep Well!

Nature has richly equipped us all, old and young, to resist disease—but she requires that we give her a chance.

We give her no chance if we permit the lower intestine to become more or less clogged with accumulated waste. Yet that is a natural condition today, as is proven by the number of laxative drugs that are consumed.

You can help Nature in Nature's most efficient way by Internal Bathing, and in so doing, non-habit-forming way keep the intestine as sweet and clean as Nature demands it to be for perfect health and sure defence against contagion. Over half a million keen, bright, healthy people testify to its result.

Mrs. C. G. M. (Name on request), of Strathroy, Ont., writes:— "I am pleased to have this opportunity of testifying to the merits of the J. B. L. Cascade. I have been using it now for a year with satisfactory results. I am an old woman, but my health is so improved that I have a renewed lease of life. You are at liberty to give my address to anyone privately who may desire to write to me regarding the Cascade."

Just call at Cyril H. Orme's Drug Store, 2nd and 3rd Avenues and 6th Street, Prince Rupert, and request free booklet, "Why Man of Today is Only 50 Per Cent. Efficient." The most efficient device for Internal Bathing. The "J. B. L. Cascade" will also be shown and explained to you if you so desire. If you prefer, write for booklet to Dr. Chas. A. Tyrrell, 163 College Street, Toronto.

## "A Dollar Saved is a Dollar Earned"

A DOLLAR to your credit in the bank, is yours. You don't have to work for it all over again—as you do for the dollars that have been spent.

How many dollars have you that you can call your own? Why not start an account in our Savings Department and save a part of the money you earn? A few dollars saved each week, amount to hundreds in the course of a few years.

THE BANK OF British North America

73 YEARS IN BUSINESS

CAPITAL AND SURPLUS, \$7,584,900.

PRINCE RUPERT BRANCH

W. J. SMITHERS, Manager

## THE FARMING WEST IS NOT TROUBLED

Ottawa—Reports reaching here from the agricultural districts in Western Canada indicate that no trouble is anticipated from intensified labor problems as a result of the operation of the Military Service Act. Experience at the time of the harvest this year, when sufficient labor was supplied through the co-operation of many patriotic forces in addition to the regular supply, has caused the farmers to view the prospect with complacency.

In the first years of the war, a large number of farmers left the land to join the armies. The exodus was led by the large number of men from the Old Country who had taken up farms in the West. The operation of the Exemption Boards under the Military Service Act will tend to prevent any serious withdrawal of farmers or their assistants in the future, as agriculture is one of the industries which will be given particular care.

Since Western Canada is intensely democratic in its political views, the sharing of military burdens under the Military Service Act meets with wide approval there. The scope permitted Exemption Boards in their dealings with individual cases is nevertheless admitted to be necessary in the highest interests of the country.

## A TRUE GUARANTEE OF A LASTING PEACE

Rome—The "Osservatore Romano" publishes a notable article, evidently inspired by the Vatican, in which it is stated that one of the chief objections to the practical working of international arbitration, as proposed first by President Wilson and then by the Pope is the impossibility of coercing a nation which, trusting in her material force, would not accept any verdict arrived at by arbitration, the more so since both President Wilson and the Pope propose disarmament or reduction of armament, thus depriving the nations entrusted with the maintenance of universal peace of the means of enforcing their sentence. Lord Robert Cecil, the article goes on, has solved the difficulty by suggesting a League of Nations to condemn to economic, commercial, and financial isolation any nation desiring to impose her will on the world by violence, thus constituting a true guarantee of peace for humanity. The idea of the British Minister, as a corollary to the Pontifical Note, is excellent, and, being truly English, it is therefore characterised by the greatest practicability. The complete isolation of a rebel nation, not only from the enemy but from the rest of the world, means surrender at discretion. The people within the iron belt of this measure would certainly suffer, but infinitely less than if they experienced the sufferings imposed by war, with all its destruction of life and property.

### Salvation Army.

Public meetings, Tuesdays, Thursdays and Saturdays at 8 p. m. Sundays at 7:30 p. m.



### TIMBER SALE X 1096.

Sealed tenders will be received by the Minister of Lands not later than noon on the 23rd day of October, 1917, for the purchase of Licence X 1096, to cut 1,900,000 feet of Larch, Hemlock, Spruce and Cedar on an area in the vicinity of Link Lake, Range 3, Coast District.

Three (3) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

### LAND ACT

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

Take notice that Granby Consolidated Mining, Smelting & Power Company, Ltd., of Vancouver, occupation mining and smelting, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the southwest corner of Lot 3622, Cassiar District, thence north 22 chains, following high water mark to the N.W. corner of Lot 3622; thence west three chains to low-water mark; thence south and west 22 chains following low-water mark; thence east three chains, to the place of beginning, and containing 6.6 acres.

GRANBY CONSOLIDATED MINING, SMELTING & POWER COMPANY, LTD.

J. Fred Ritchie, Agent.

Date, August 5th, 1917. Oct 10

### SUBSCRIBE FOR

THE DAILY NEWS



THE BEAST WILLIAM FOX PRODUCTION

Showing at the Westholme tonight

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

TAKE NOTICE that the Grand Trunk Pacific Railway Company of Winnipeg, Manitoba, intends to apply for permission to lease the following described lands:— Commencing at a post planted at the most northerly point of Lot 507 at or about high-water mark, thence northerly, easterly, southerly and westerly, following the sinuosities of the shore-line to a point of commencement, including all that fore-shore between high-water and low-water. THE GRAND TRUNK PACIFIC RAILWAY CO., H. H. Hansard, Solicitor. Dated July 20th, 1917. S.S.15



## SALE OF GOVERNMENT LOTS

Port Clements, Queen Charlotte Islands.

NOTICE is hereby given that, acting under instruction from the Deputy Minister of Lands, I will on the 13th day of September, 1917, at 11 o'clock in the forenoon, at Port Clements, sell by public auction the lots of the above townsite belonging to the Crown. The upset price for which the lots will be offered is \$25 per lot for inside lots and \$35 per lot for corner lots. Terms: one half cash and balance in one year with interest at six per cent on the deferred payments. The Crown Grant fee will be \$10 additional. Plan of the townsite and list of lots to be offered can be seen at the office of the Assistant Commissioner of Lands, Prince Rupert, or of Mr. A. R. Mallory, Port Clements, or in the Department of Lands, Victoria, B. C. J. H. McNEILL, Assistant Commissioner of Lands. Sept. 12.

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

Take notice that J. M. Collison, of Naas River, occupation patrolman, intends to apply for permission to purchase the following described lands:— Commencing at a post planted on Observatory Inlet at Nagasaki Bay, one mile below the old cannery site; thence south 40 chains, thence west 40 chains, thence north 40 chains, thence east 40 chains to point of commencement, containing 80 acres more or less. J. MAXWELL COLLISON, August 29th, 1917. N.18.

## Harry A. Harvey

(Late London, Eng., Conservatoire of Music)

PUPIL OF LANSDOWNE COTTRELL

Pupils Taken for VIOLIN, PIANO, VIOLINCELLO and HARMONY.

Examinations Pupils Prepared for Examinations Associated Board, Vancouver, Center Royal College of Music, London, Eng.

TERMS—PHONE BLUE 278

# LUX and the way to use it



Pour boiling or very hot water over the LUX flakes—"pure essence of soap."

Whisk into a lather. At once you get the richest, creamiest lather you ever saw, which dissolves dirt without rubbing.

After cooling, stir the clothes about in this heavy lather. Do not rub or twist them. Rinse in two or three relays of water of the same temperature you washed them in.

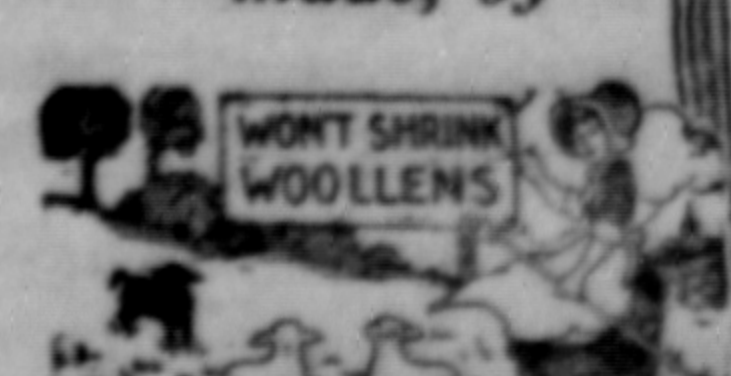
So thoroughly is LUX dissolved that not a trace remains in the garment to discolor it. LUX won't harm anything that pure water alone will not injure. For silks use lukewarm water.

All grocers

British made, by

Lever Brothers Limited

Toronto 35



## Don't merely smother your cough

### CURE IT

Mathieu's Syrup of Tar and Cod Liver Oil not only promptly arrests coughing, but thanks to its tonic and strengthening properties it helps the system to throw off the cold and thus effects a permanent cure. It is this quality which has won for it the largest sale of any cough and cold remedy in Canada.

15c. large bottles, everywhere.

A. L. MATHIEU CO., Prop., SHELBORNE, P.A.

It goes well to French children's Syrup. French, the standard standard, and it is the best and most reliable of all.



## These Men Will Help You Decide

Are you liable to be selected for service under the Military Service Act?

The answer to this question is being made readily available for you. Remember that the first class to be called includes only men between the ages of 20 and 34, both inclusive, who are unmarried or widowers without children, those married after July 6, 1917, being deemed single for the purposes of the Act.

Medical Boards are now being established throughout Canada. These Boards will examine, free of charge and obligation, all men who wish to be examined as to their physical fitness for military service. They will tell you in a very short time whether your physical condition absolves you from the call or makes you liable for selection.

It is important that you obtain this information as soon as possible. A certificate of unfitness from a Medical Board will secure for you freedom from responsibility under the Military Service Act from any Exemption Tribunal. A certificate of fitness will not preclude an appeal for exemption on any ground.

In order that you may be able to plan your future with certainty, visit a Medical Board as soon as possible and find out if you are liable to be selected. Your family and your employer are interested as well as yourself.

Issued by

The Military Service Council.