

# THE BLESSING OF A HEALTHY BODY

Has Not Had An Hour's Sickness Since Taking "FRUIT-A-TIVES".



MR. MARRIOTT  
78 Lees Ave., Ottawa, Ont.,  
August 9th, 1915.

"I think it my duty to tell you what 'Fruit-a-tives' has done for me. Three years ago, I began to feel run-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-tives', I thought I would try them. The result was surprising. During the 3 1/2 years past, I have taken them regularly and would not change for anything. I have not had an hour's sickness since I commenced using 'Fruit-a-tives', and I know now what I haven't known for a good many years—that is, the blessing of a healthy body and clear thinking brain".

WALTER J. MARRIOTT.  
50c. a box, 6 for \$2.50, trial size, 25c. Dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

## MAIL SCHEDULE

**For the East.**  
Mondays, Wednesdays and Saturdays at 9:30 a. m.

**From the East.**  
Sunday, 5:30 p. m.; Tuesday, 10 p. m.; Thursday, 5:30 p. m.

**For Vancouver.**  
Monday ..... 7 a. m.  
Tuesdays ..... 5 p. m.  
Thursdays ..... 10 p. m.  
Saturdays ..... 4 p. m.

**From Vancouver.**  
Sunday ..... 10 p. m.  
Mondays ..... 9 a. m.  
Wednesdays ..... 10:30 a. m.  
Fridays ..... 6 p. m.  
Saturdays ..... 10:30 a. m.

**For Anyox.**  
Sundays ..... 10 p. m.  
Wednesdays ..... 10 p. m.  
Fridays ..... 8 p. m.  
Saturdays ..... 10 p. m.

**From Anyox.**  
Sundays, a. m., Mondays, a. m., Tuesdays, p. m., and Thursdays, p. m.

**Port Simpson & Naas River Points**  
For—Sundays, 10 p. m.  
From—Tuesdays, p. m.

**Queen Charlotte Islands.**  
Mails Close—Oct. 10 and 24, or 7th and 21st, Dec. 5th and 19th—10 p. m.

Mails from—Oct. 14th and 28, Nov. 11th and 25th, Dec. 9th and 23rd—p. m.

**Stewart, Maple Bay and Swamp Point.**  
For—Thursdays, 10 p. m.  
From—Saturdays, p. m.

**Alaska and Yukon Territory.**  
For—Mondays 9 p. m.  
From—Saturdays, p. m.

HELENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

Take notice that J. M. Collison, of Naas River, occupation patrolman, intends to apply for permission to purchase the following described lands.—Commencing at a lot planted on Observatory Inlet at Nagasaki Bay, one mile below the old cannery site, thence south 40 chains, thence west 40 chains, thence north 40 chains, thence east 40 chains to point of commencement, containing 80 acres more or less.  
J. MAXWELL COLLISON,  
August 29th, 1917. N. 18.

**Prince Rupert Feed Co.**  
PHONE 58  
HAY, GRAIN, FEED, SEEDS  
and FERTILIZER  
Chicken Feed a Specialty  
Mail Orders Promptly Attended to.  
P. O. Box 933, 908 Third Ave.



**LATEST PHOTO OF LORD AND LADY READING**  
Lord Reading, who is the Lord Chief Justice of England, is in America on a special mission for Great Britain, in connection with the financing of the war. Regarded as possessing one of the greatest financial minds in the British Empire, he has made several trips to the United States and Canada during the war to arrange for the financing of the Allies.

## BRITAIN RECOGNIZES AN OLD FRENCH CLAIM

Washington, October 18.—The claim of the French Government to the town and port of Sheikh Said, situated on the Cape of Bab-el-Mandeb, opposite the Island of Perim, has been recognized by the British Government. This claim was bought about 1850 by a Frenchman from an Arab Sultan who ruled that district, and as a result of that sale the French Government has claimed the place for many years.

Sheikh Said is strategically located. It commands the Island of Perim; and the strait of Bab-el-Mandeb. For this reason the British Government never before recognized the claim, but Britain and France are now allies in a great war, and the present time was considered an ideal one for making this concession to the amour propre of the great French nation.

This port will be of great commercial and political value to the French as an entrepot to the potentially rich and valuable Turkish-Yemen. During the war the place has been important as an alleged base for smuggling arms and ammunition by German and Turkish interests in the Yemen to the Mohammedan tribes in French Somaliland, and thence into Abyssinia for the purpose of causing political disturbances. In the early part of the war British naval forces took part of Sheikh Said, but later abandoned it.

**Salvation Army.**  
Public meetings, Tuesdays, Thursdays and Saturdays at 8 p. m. Sundays at 7:30 p. m.

## Internal Bathing's Rapid Growth

It is but natural to expect that a relief from constipation and the many ills which it causes, which is so effectual and so natural as Internal Bathing, should quickly make many converts.

But its general use has increased so tremendously in the past few years as to suggest other reasons, and these are found in the statement of users that they feel as if "made over new" the morning after an Internal Bath.

The elimination of the pernicious and poisonous waste which is ever present in the Lower Intestine gives Nature a chance to work unhampered. And one arises in the morning clear-headed, able, bright, confident and eager for the day's duties.

Mr. F. E. Smith writes: "Dear Doctor,—Your 'Cascade' made a new man of me at the age of 49. I persuaded my wife to use the treatment also, and to-day she has better health than ever before. Since the use of the 'Cascade' she sleeps better and can walk for hours without fatigue. Fainting spells have become a condition of the past; can eat anything on the bill of fare and drink all beverages. Does not take cold when exposed; hot weather does not cause oppression."

The "J. B. L. Cascade," the most efficient device for Internal Bathing, is being shown and explained in detail at Cyril H. Orme's Drug Store, cor. 3rd Avenue and 6th St., Prince Rupert.

Ask for free booklet, "Why Man of Today Is Only 50 Per Cent. Efficient." If you prefer, write to Dr. Chas. A. Tyrrell, 163 College street, Toronto, for same.

**Harry A. Harvey**  
(Late London, Eng., Conservatoire of Music)  
PUPIL OF LANGDOWNE COTTELL  
Pupils Taken for VIOLIN, PIANO, VIOLINCELLO and HARMONY.  
EXAMINATIONS  
Pupils Prepared for Examinations Associated Board, Vancouver, Center Royal College of Music, London, Eng.  
TERMS—PHONE BLUE 278

SUBSCRIBE FOR THE DAILY NEWS

## SHIPS CAMOUFLAGED CROSSING THE OCEAN

An Atlantic Port, October 18.—Pleasant A. Stovall, United States Minister to Switzerland, arrived here on an American steamship to consult Government officials regarding shipments to Switzerland and to discuss other war phases.

Mr. Stovall described Switzerland as "a nation of whispers." "There is no news and everybody is discreet, to the point of extreme taciturnity," he said. "The Swiss play their part of neutrality well. There could be no criticism of them on that score."

The vessel on which Mr. Stovall arrived was so completely camouflaged, hull, deck, cabins and masts, in colors of pink, pale green, horizon blue and gray as to cause mariners here to comment. The camouflage was declared to be the most efficacious that has served for concealment purposes on any ship which has arrived here.

**Sterling**  
THE ENGINE REFINEMENT  
Sweet boats that float  
FISHERMAN'S ENGINE  
2 Cyl.—5 1/2 in. by 7 in., 12-15 Horse Power.  
4 Cyl.—3 3/4 in. by 5 1/2 in., 20 Horse Power.  
4 Cyl.—5 1/2 in. by 8 in., 25-30 Horse Power.  
For Further Information Apply to  
W. E. WILLISBROFT  
Prince Rupert, B. C.



# LUX

To give sweater coats a new lease of life

Now that sweater coats are getting more expensive, it is more than ever desirable that you wash yours with LUX. Of all things a sweater coat, which is seen so much, must be kept soft, fluffy, fleecy and "new" in appearance. You can keep yours that way and wash it again and again if you do this:

Pour boiling water over LUX flakes—pure essence of soap—allowing 3 or 4 tablespoonfuls for every gallon of water you use. Whip into a creamy lather—a few seconds is needed. Then put in the garment and stir it about. Let it soak until cool enough for your hands to squeeze the water out of the coat—the dirt just runs away. Rinse in two or three relays of tepid water, and hang to dry.

Very simple. Anyone can do it—just a few minutes' work and you get a result that the most expert French cleaner might well envy.

LUX won't shrink woollens. Won't hurt any fabric or color that pure water can safely touch.

At all grocers 10c.—British made  
Lever Brothers Limited  
Toronto 21



## Medical Boards are Ready!

Medical Boards are now ready to examine all men who apply as to their physical fitness for military service. These boards are established throughout this district.

Upon examination, the medical board will classify each applicant according to his fitness; into Category A if he is fit for service in overseas fighting units; Category B if fit for service overseas in Army Medical Corps, Forestry Battalions, etc; Category C if fit for service in Canada only, etc.

Only men whose medical examination places them in Category A will be included amongst those required to join the colours in the first instance; the man placed in any other category will remain at home until men in the category to which he has been assigned are called to the colours. The men placed in Category A may still apply for exemption on any ground.

Men between the ages of 20 to 34 inclusive, who were unmarried or widowers without children on July 6th, 1917, are strongly advised to report before a Medical Board at once. This is the quickest and surest way for them to find out their status under the Act.

Parents and employers are also urged to have those in whose cases they are specially interested visit a Medical Board and undergo examination. The methods of examination are simple and will result in no discomfort or inconvenience.

Now is the time for employers to obtain facts of the greatest value to them in making their calculations. The Medical Boards will determine how many of their employees will be left at home for physical reasons and how many will be selected for service unless an application for exemption be made with success.

Issued by The Military Service Council.

THERE ARE MEDICAL BOARDS IN THIS DISTRICT AT

Prince Rupert Fort George Kamloops Vancouver  
Dawson City Hazelton New Westminster Victoria