

SEVEN YEARS TORTURE

Nothing Helped Him Until He Took "FRUIT-A-TIVES"



ALBERT VARNER

Buckingham, Que., May 3rd, 1915.
For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, bitter stuff would come up into my mouth after eating, while at times I had nausea and vomiting, and had chronic Constipation. I went to several doctors and wrote to a specialist in Boston but without benefit. I tried many remedies but nothing did me good. Finally, a friend advised "Fruit-a-tives". I took this grand fruit medicine and it made me well. I am grateful to "Fruit-a-tives", and to everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take "Fruit-a-tives", and you will get well".

ALBERT VARNER.

50c a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

LAND LEASE NOTICES

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at intersection of High Water Mark Tongass Passage and an East and West Line passing through Concrete Monument at Bartlett Point, Wales Island, B. C.; thence east 80 chains; thence south 80 chains, more or less, to High Water Mark Tongass Passage; thence northerly and westerly following the Line of said High Water Mark to the point of commencement, and containing 240 acres, more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the intersection of an East and West Line through Concrete Monument at Bartlett Point, Wales Island, B. C., with High Water Mark Tongass Passage; thence southerly and easterly following said High Water Mark to a point where a North and South Line drawn through a point 60 chains Due East of the point of commencement intersects said High Water Mark of Tongass Passage; thence south 30 chains; thence northerly in a straight line to a point 30 chains Due West of the point of commencement; thence 30 chains Due East of the point of commencement and containing 240 acres, more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the line of High Water Mark Portland Canal to a point where an East and West Line drawn through a point 80 chains Due North of the Point of commencement intersects with said Line of High Water Mark; thence south 30 chains; thence southerly and easterly, parallel to the said line of High Water Mark Portland Canal to a point 30 chains Due West of the Point of commencement; thence east 30 chains to said point of commencement, and containing 250 acres more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence north 80 chains; thence west 40 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following High Water Mark Portland Canal to point of commencement and containing 160 acres more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

Harry A. Harvey
(Late London, Eng., Conservatoire of Music)
PUPIL OF LANSDOWNE COTTAGE
Pupils Taken for
VIOLIN, PIANO, VIOLINCELLO and HARMONY.
EXAMINATIONS
Pupils Prepared for Examinations Associated Board, Vancouver, Center Royal College of Music, London, Eng.
TERMS—PHONE BLUE 275



FANNIE WARD in "UNCONQUERED"
LASKY-PARAMOUNT
Showing at the Westholme Theatre tonight.

IN THE LETTER BOX

(Continued From Page One.)

for the present high price of coal amongst other reasons the excessive cost of wharfage and handling, and here it may be pointed out that scows may at this time be taken into Cow Bay with that same commodity and the fuel transferred direct from the scows to the wagons for delivery to the consumer, thus cutting out a large portion of the double handling cost.

A few years ago the city constructed a recreation park at a cost of some \$30,000 and few have found any fault with the investment, but let us compare the use that is made of this park with that made of Cow Bay without the outlay of any money by the city in the improvement of the latter, and reflect on what it would be possible to do in the interest of both business and pleasure by the consistent and interested improvement of this bay. Thirty thousand dollars would go a long way toward dredging it out and leaving the city much more waterfront than it would get in the 465 feet proposed. How much of this 465 feet of waterfront outside of Cow Bay will be denied the city if the citizens decide in favor of retaining Cow Bay? If the city requires the 465 feet outside Cow Bay, why not negotiate for it and at the same time relinquish no right in the thousand or more feet of waterfrontage there?

The people do not appear to have been taken very seriously into the confidence of the "Powers that be" in the proposed deal, but rumor has it that it is proposed to turn this bay over to the G.T.P. to be filled in. If this be correct, I have no hesitation in saying that it would be an excellent deal for the G. T. P. for it would give that company an additional asset with which to negotiate with the Dominion Government should it decide to take over the railway, or it would leave the city practically dependent on waterfrontage outside its tracks, and would enhance the value of its waterfront by shortening the entire waterfront and would give that company control of all the waterfront within the boundaries of its right

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark Portland Canal, 80 chains Due North and 40 chains, or more, Due West of the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the Line of High Water Mark, Portland Canal, to a point where an East and West Line drawn through a point 60 chains Due North of the point of commencement intersects with said Line of High Water Mark; thence West 30 chains; thence southerly and easterly parallel with the said Line of High Water Mark, Portland Canal, to a point 30 chains Due West of the point of commencement; thence east 30 chains to said point of commencement and containing 180 acres more or less of the Bed and Foreshore of Portland Canal.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt.
Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark, Portland Canal, 80 chains Due North and 40 chains, or more, Due West of the North West Corner of Lot 628, Cassiar District; thence north 60 chains; thence west 30 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following the line of High Water Mark Portland Canal to the point of commencement and containing 60 acres more or less.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt.
Date—25th day of October, 1917.

of way, for with Seal Cove within the limits of its own holdings, the citizens will have little to look for in the matter of accommodation to small craft unless they are paying toll to the company.

The city at present is party to contracts with the G. T. P., in which the city's covenants appear to be the only ones worthy of fulfillment, yet the G. T. P. was relieved of a large portion of its taxation on its holdings and has not fulfilled its portion of the contract. Surely it would be well to have one thing completed at a time, or at least before looking for other easy deals at the expense of the city. The reduction of the company's taxation means that we are paying a little more than our share in order to make up the total, yet the promised improvements have not been forth-

(Continued on Page 4)



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An exquisite "newness" for all woollens

Somehow, with ordinary washing, one always thinks of woollen garments coming out of the wash a little worse off than when they went in.

Far otherwise when you let LUX wash them. They come out of the wash with a soft, fleecy "new" feeling, as well as being absolutely clean—quite unshrunk, and quite unthickened.

How is it done? Allow 3 tablespoonfuls of LUX for each gallon of water, which should be near the boiling point. Put the woollens in and stir them about with a stick. Then let them soak until the solution is cool enough for you to squeeze the woollens with the hands—when the dirt will run out. Then rinse in 2 or 3 relays of tepid water and hang to dry.

All good grocers. British made, by

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Toronto 32

WILL NOT INJURE THE FINEST FABRICS



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TIMBER SALE X 1077.

Sealed tenders will be received by the Minister of Lands not later than noon on the 30th day of November, 1917, for the purchase of Licence X 1077, to cut 80,000 TIES of Hemlock, Jackpine, Spruce and Cedar on an area situated on Harderabbie Creek, Skeena River, Range 5, Coast District.

One (1) year will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C. T. N20

TIMBER SALE X 1084.

Sealed tenders will be received by the Minister of Lands not later than noon on the 30th day of November, 1917, for the purchase of Licence X 1084, to cut 70,000 Spruce and Jack Pine ties on an area adjoining Lot 4151 on Endako River near Burnes Lake, Range 5, Coast District.

One year will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C. N20

NAVIGABLE WATERS PROTECTION ACT.
R. S. C. Chapter 115.

THE GRAHAM ISLAND SPRUCE AND CEDAR COMPANY LIMITED herewith give notice that it has under section 7 of the said Act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, at Prince Rupert, description of the site and plan of sawmill structure and other works proposed to be built in Queenstown Harbor at Port Clements, B. C., in front of lots Five to Fifteen inclusive, according to registered plan of the Townsite of the city of Port Clements registered in the aforesaid Land Registry office as Plan No. 1079 and take notice that after the expiration of one month from the date of the first publication of this notice the Graham Island Spruce and Cedar Company, Limited, will under Section 7 of the said Act apply to the Minister of Public Works at his office in the city of Ottawa for approval of the said Site and Plan and for leave to construct the said works.

Dated at Prince Rupert, B. C., this 15th day of October, A. D. 1917. N15.

THE GRAHAM ISLAND SPRUCE AND CEDAR CO., LTD.

Geo. Nickerson, Agent.



Directions for Employers

Who Purpose Claiming Exemption for Class One Men in Their Employ

THE following course is recommended for employers who have in their employ any number of men—bachelors and widowers without children (not otherwise excepted) who were 20 years old on the 13th October, 1917, and whose 34th birthday did not occur before Jan. 1st, 1917, and who propose claiming exemption for any of these men, to continue in work which is deemed to be in the National interest:

First, it will simplify matters for you and for the exemption tribunals if you instruct Class One men in your employ to go up for medical examination at the nearest Medical Board Centre.

Only Class One men, who upon medical examination are placed in Category A are liable for immediate service under the Act. Class One men placed in Categories B, C or E satisfy immediate requirements if they attach their medical report to their claim for exemption.

Employer's Statement and Schedule

Second, prepare a full statement of the total number of your employees grouping them according to their respective occupations and qualifications and stating the number in each group. Indicate the possibility or otherwise of replacing the labour of Class One men with the labour of those unavailable for military service, or outside the statutory class called up; the extent to which the withdrawal of men in the statutory class would affect the business, the reason for considering that the carrying on of the business is in the National interest, and such other facts and circumstances as may appear to be relevant.

Append to this general statement and classification, a schedule of the names, ages and occupations of all men in Class One, indicating as to those who have been medically examined, the medical Category in which they have been placed, noting against each name whether or not you propose to claim exemption on behalf of the man.

Where exemption is claimed employer should state his opinion whether such exemption should be conditional on the man's continuing to follow his present occupation and whether it would suffice if exemption were granted for one, two or more months, as the case may be.

A copy of both statement and schedule should be prepared for each man for whom the employer is applying for exemption.

Forms for Exemption

These forms may be obtained on request from any Post Master, who will transmit the forms when filled in, to the Registrar.

Claims for exemption must be made not later than November 10th.

Issued by
The Military Service Council