

THE TONIC THAT BRINGS HEALTH

"Fruit-a-lives" Builds Up The Whole System

Those who take "Fruit-a-lives" for the first time, are often astonished at the way it builds them up and makes them feel better all over. They may be taking "Fruit-a-lives" for some specific disease, as Constipation, Indigestion, Chronic Headaches or Neuralgia, Kidney or Bladder Trouble, Rheumatism or Pain in the Back. And they find that "Fruit-a-lives" has cured the disorder, that they feel better and stronger in every way. This is due to the wonderful tonic properties of these famous tablets, made from fruit juices. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

LAND LEASE NOTICES

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at intersection of High Water Mark Tongass Passage and an East and West Line passing through Concrete Monument at Bartlett Point, Wales Island, B. C.; thence east to chain; thence south 80 chains, more or less, to High Water Mark Tongass Passage; thence southerly and westerly following the Line of Said High Water Mark to the point of commencement, and containing 140 acres, more or less.

WALTER E. WALKER.

25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the line of High Water Mark Portland Canal to a point where an East and West Line drawn through a point 80 chains Due North of the Point of commencement intersects with said Line of High Water Mark; thence west 30 chains; thence southerly and easterly, parallel to the said line of High Water Mark Portland Canal to a point 30 chains Due West of the Point of commencement; thence east 20 chains to said point of commencement, and containing 250 acres more or less.

WALTER E. WALKER.

25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the intersection of an East and West Line through Concrete Monument at Bartlett Point, Wales Island, B. C., with High Water Mark Tongass Passage; thence southerly and easterly following said High Water Mark to a point where a North and South Line drawn through a point 60 chains Due East of the point of commencement intersects with High Water Mark of Tongass Passage; thence south 30 chains; thence northerly in a straight line to a point 10 chains Due West of the point of commencement; thence 30 chains Due East of the point of commencement and containing 110 acres, more or less.

WALTER E. WALKER.

25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence north 80 chains; thence west 40 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following High Water Mark Portland Canal to point of commencement and containing 160 acres more or less.

WALTER E. WALKER.

25th day of October, 1917.

Harry A. Harvey

(Late London, Eng., Conservatoire of Music)

PUPIL OF LANSDOWNE COTTELL

Pupils Taken for VIOLIN, PIANO, VIOLINCELLO and HARMONY.

EXAMINATIONS Pupils Prepared for Examinations Associated Board, Vancouver, Eng. Royal College of Music, London, Eng.

TERMS—PHONE BLUE 278

Sterling THE ENGINE REFINEMENT

Finest boats that float

FISHERMAN'S ENGINES

2 Cyl.—5 1-2 in. by 7 in., 12-18 Horse Power.

4 Cyl.—3 3-4 in. by 5 1-2 in., 25 Horse Power.

4 Cyl.—2 1-2 in. by 8 in., 25-35 Horse Power.

For Further Information Apply to

W. E. WILLISORFT

Prince Rupert, B. C.



A PATRIOTIC CANADIAN HEROINE

This is "Miss Canada," otherwise Miss Gwendolyn Haynes of Toronto, who will appear on every moving picture house in Canada next week in company with no less a star than Sir Thomas White. The film is entitled "Victory's Call to Canada" and advertises Victory Bonds.

EXODUS OF JAPANESE FROM PACIFIC COAST

Victoria, Nov. 14.—A general exodus of Japanese from all parts of Canada to the Orient has made itself apparent during the past few weeks, and while the consular authorities contend that this has nothing to do with military service, several thousands of men capable of bearing arms have left the coast during the last six months for their native Nippon. The rush from Occident to Orient is more in evidence in the United States than it is in British Columbia, particularly in California, where the Japanese population is exceptionally large. Not long ago a steamship left San Francisco with 500 young Japs on board.

While quite a number of Japs are still immigrating here, there are a great many more who are leaving the country. A party of seventy-five left B. C. this week, and a similar number are preparing to leave shortly. They are from all parts of Canada.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark, Portland Canal, 80 chains Due North and 40 chains or more Due West of the North West Corner of Lot 628, Cassiar District; thence north 60 chains; thence west 20 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following the line of High Water Mark Portland Canal to the point of commencement and containing 60 acres more or less.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt. Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark Portland Canal, 80 chains Due North and 40 chains, or more, Due West of the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the Line of High Water Mark, Portland Canal, to a point where an East and West Line drawn through a point 60 chains Due North of the point of commencement intersects with said Line of High Water Mark; thence south 30 chains; thence southerly and easterly parallel to the said Line of High Water Mark, Portland Canal, to a point 30 chains Due West of the point of commencement; thence east 30 chains to said point of commencement and containing 150 acres more or less of the Bed and Foreshore of Portland Canal.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt. Date—25th day of October, 1917.



TIMBER SALE X 1016.

Sealed tenders will be received by the Minister of Lands not later than noon on the 15th day of December, 1917, for the purchase of Licence X 1016, to cut 4,775,000 feet of Balsam, Fir, Spruce, Hemlock and Cedar on an area situated on Kiskosh Inlet, Coast District, Range 4.

Three (3) years will be allowed for removal of timber.

Further particulars of the Chief Forester Victoria, B. C., or District Forester, Prince Rupert, B. C.

CLEANSE THE LARGE INTESTINE

Present War Cry of Advanced Physicians.

Some of the leading surgeons of the world have gone so far recently as to remove part of the Large Intestine in cases so serious as that of Tuberculosis and restored the patient to perfect health by so doing.

The New York American has recently said: "During Constipation the poisons in the Large Intestine often become so great as to form a serious menace to health and even to life. Through the walls of the Intestine they enter the blood and consume the healthy blood cells, impoverishing the blood, and if this process is continued long enough an acute poisoning is produced."

It is impossible under our present-day mode of living for the Intestine to rid itself of its waste, and it is easily proven that there is an accumulation, no matter how regular we are. Drugs, if taken regularly, form a habit, but Internal Bathing by means of the "J. B. L. Cascade" cleanses the Lower Intestine its entire length with pure warm water and makes it clean, sweet and healthy.

At the same time it regulates the system and makes one feel that every function is working smoothly and naturally—and, indeed, this is so.

This letter will convey a message of good cheer to many: Welland, Ontario.

Dr. Chas. A. Tyrrell, 163 College Street, Toronto, Ont.

Dear Sir,—We heartily endorse the J. B. L. Cascade, as we find in our work that a loaded colon means a poisoned system, which, in turn, means ligamentous contraction of the spinal muscles, against which our helping us in gaining relaxation we consider a boon, both to ourselves and our patients.

Most sincerely, Drs. Huxley and Garland.

Over five hundred thousand are now enthusiastic users of the "J. B. L. Cascade," which is now being shown and explained at Cyril B. Orme's Drug Store, cor. 3rd Avenue and 6th St., Prince Rupert.

Ask or write now, while you think of it, to Chas. A. Tyrrell, M.D., 163 College Street, Toronto, for free and interesting booklet, "Why Man of Today is Only 50 Per Cent. Efficient."

CHRISTMAS MAILED

Closing Dates for Overseas: Egypt, Saloniki and Mediterranean points, November 10th. France, November 24th. Great Britain, December 8th. Persons making up parcels for above points should mail them before the actual closing dates to avoid any possible delay.



CITY OF PRINCE RUPERT

Sealed tenders for the purchase of Leases of Lots Twenty-three (23), Twenty-four (24) and Twenty-five (25), Block Seventeen (17), Section One (1), in the City of Prince Rupert, will be received by the Minister of Lands at Victoria, B. C., up to 12 o'clock noon on Monday, the nineteenth day of November, A. D. 1917. Tenders may cover one or more lots. Term of Lease ten (10) years. Certified cheque covering six (6) months' rental must accompany each tender, cheques of unsuccessful tenderers to be returned immediately.

The highest or any tender not necessarily accepted. Tenderers must state the business they are engaged in and must designate clearly just what use they intend to make of the lots applied for.

Rent shall be payable in quarterly instalments in advance. T266. G. R. NADEN, Deputy Minister of Lands.

WATER NOTICE

TAKE NOTICE that Dolly Varden Mines Company whose address is Alice Arm, B. C., will apply for a license to take and use ten cubic feet of water per second out of Trout Creek, a tributary of Kit-sault River flowing into Alice Arm, Cassiar District. The water will be diverted at the head of the Falls on the Silver Horde Mineral claim, Lot 3804, and will be used for power purposes on the Wolf and Dolly Varden Groups of Mineral Claims being Lots 3794 to 3797 inclusive, and Lots 3192 to 3197 inclusive and Lot 3854, Cassiar District.

Application will be made also for the right to store 350 acre feet in First Trout Lake and 2,300 acre feet in Second, Third and Fourth Trout Lakes. The water will be stored in First Trout Lake by the construction of a dam at its outlet and in Second, Third and Fourth Trout Lakes by the construction of a dam at the outlet of Second Trout Lake. The estimated area of land to be flooded at First Trout Lake is 17 acres and at Second, Third and Fourth Trout Lakes is twenty acres. This notice was posted on the ground on the 18th day of October, 1917.



HERE'S a luxury within the reach of everyone—a hair-bath in the whipped-cream-like lather that LUX makes in hot water. Your hair takes on a soft, luminous silken quality that makes it a crown of beauty indeed. The scalp is stimulated, your head refreshed.

LUX makes water soft as summer rain. These wee satin-smooth flakes of the purest essence of soap dissolve absolutely in hot water so that not the tiniest particle of soap can remain to clog the pores. Try it to-night.

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CROWN AND BRIDGE WORK A SPECIALTY

DR. J. S. BROWN

DENTIST

Office: Smith Block, Third Avenue Phone 454

Keep up the Food Supply and Help Make Victory Sure

"I AM assured that my people will respond to every call necessary to the success of our cause—with the same indomitable ardour and devotion that have filled me with pride and gratitude since the war began."

HIS MAJESTY KING GEORGE

OUR soldiers must be fed; the people at home must be fed. And—in spite of Germany's murderous campaign to cut off the Allies' Food supply, by sinking every ship on the High Seas—an ample and unfailing flow of food to England and France must be maintained.

This is National Service—Not to the Farmer only—But to YOU—to everybody—This appeal is directed

WE must unite as a Nation to SERVE—to SAVE and to PRODUCE. Men, women and children; the young, the middle aged and the old—all can help in the Nation's Army of Production.

PLANT a garden—small or large. Utilize your own back yard. Cultivate the vacant lots. Make them all yield food.

WOMEN of towns can find no better or more important outlet for their energies than in cultivating a vegetable garden.

EVERY pound of FOOD raised, helps reduce the cost of living and adds to the Food Supply for Overseas.

Be patriotic in act as well as in thought.

Use every means available—Overlook nothing.

For information on any subject relating to the Farm and Garden, write: INFORMATION BUREAU Department of Agriculture OTTAWA

Dominion Department of Agriculture OTTAWA, CANADA.

HON. MARTIN BURRELL, Minister.