

FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-tives"
Because They Did Her Good

ROCHESTER, P. Q., JAN. 14th, 1915.
"I suffered for many years with terrible indigestion and constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try 'Fruit-a-tives'. I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with 'Fruit-a-tives'."

I consider that I owe my life to 'Fruit-a-tives' and I want to say to those who suffer from indigestion, constipation or headaches—'try Fruit-a-tives' and you will get well'. CORINE GAUDREAU.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

LAND REGISTRY ACT (Sections 36 and 134.)

Re Application No. 9609-1, Filing 5871.
TAKE NOTICE that application has been made to register Anne Duffy, of Prince Rupert, B. C., as owner in fee under a Tax Sale Deed from the Collector of the City of Prince Rupert, bearing date the 30th day of September, 1916, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying, and being in the Municipality of Prince Rupert, more particularly known and described as Lot forty-one (41), Block thirty (30), Section eight (8), Map 923.

You are required to contest the claim of the tax purchaser within 35 days from the date of the service of this notice (which may be effected by publication), and your attention is called to section 36 of the "Land Registry Act" with amendments, and to the following extract therefrom:—
"And in default of a caveat or certificate of its pendency being filed before the registration as owner of the person entitled under such tax sale, all persons so served with notice, and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be forever estopped and barred from setting up any claim to or in respect of the land so sold for taxes."

AND WHEREAS application has been made for a Certificate of indefeasible Title to the above-mentioned lands, in the name of Anne Duffy:
AND WHEREAS on investigating the title it appears that prior to the 14th day of September, 1915, (the date on which the said lands were sold for overdue taxes), you were the assessed owner thereof.

FURTHER TAKE NOTICE that at the same time I shall effect registration in pursuance of such application and issue a Certificate of indefeasible Title to the said lands in the name of Anne Duffy unless you take and prosecute the proper proceedings to establish your claim, if any, to the said lands, or to prevent such proposed action on my part.

DATED at the Land Registry Office, Prince Rupert, B. C., this 6th day of September, A. D. 1917.

R. F. MACLEOD,
District Registrar of Titles.
To Robert Murdoch, Esq.,
241 Robson St., Vancouver, B. C.,



TIMBER SALE X 1170.

Sealed tenders will be received by the Minister of Lands not later than noon on the 31st day of January, 1918, for the purchase of Licence X 1104, to cut 1,017,000 feet of Cedar, Spruce, Hemlock and Balsam on an area situated in Quat-ton Inlet, Range 5, Coast District.

One (1) year will be allowed for removal of timber.
Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

TIMBER SALE X 1104.

Sealed tenders will be received by the Minister of Lands not later than noon on the 31st day of January, 1918, for the purchase of Licence X 1170, to cut 1,300,000 feet of Spruce, Cedar, Hemlock and Balsam on an area situated on Long Lake, Fraser Reach, Range 4, Coast District.

Two (2) years will be allowed for removal of timber.
Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

TIMBER SALE X 926.

Sealed tenders will be received by the Minister of Lands not later than noon on the 25th day of February, 1918, for the purchase of Licence X 926, to cut 9,566,000 feet of Hemlock, Spruce, Balsam and Cedar on an area situated on Long Lake, Fraser Reach, Range 4, Coast District.

Three (3) years will be allowed for removal of timber.
Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

TIMBER SALE X 894.

Sealed tenders will be received by the Minister of Lands not later than noon on the 20th day of February, 1918, for the purchase of Licence X 894, to cut 12,470,000 feet of Spruce, Cedar, Balsam and Hemlock on an area situated on Nootum river, Burke Channel, Range 3, Coast District.

Three (3) years will be allowed for removal of timber.
Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

PRINCE RUPERT CAN STAND BIG INCREASE

"I predict a wonderful future for the Canadian fisheries," said Major Hugh Green, officer in charge of the fish supplies for the overseas Canadian army, and the Imperial Board of Trade recently, before leaving Montreal for England. "All the fish sent over is headed and dressed and packed in 200-lb. cases all ready for the army cook to de-frost and prepare, just as if they were fresh out of the water," said the major. "Three-quarters of what is being supplied to the armies today was never considered worth while before. In the maritime provinces the fishermen have hitherto only brought in such fish as cod, haddock, etc., to sell on shore. All their catches have been thrown back into the water. Now they are bringing in everything they can get, and are receiving almost as large prices for these formerly despised varieties as they do for cod and haddock from the army. There is no doubt but that the fisherman will reap great benefit as time goes on from this overseas business that has opened up for him."

British Grounds Depleted.
"Do I think that this trade with Great Britain will be permanent? Let me tell you that if the war were to end tomorrow the British fish industry would not be re-organized for at least five years. So many fishing smacks and trawlers have been lost, and so many fishermen have joined the army and have been killed or wounded, that the trade is at a standstill. Then it will probably be found after this war is over that the British grounds are greatly depleted, and that where formerly there were enormous shoals of fish there are none today."

"As far as the Canadian frozen fish trade is concerned, it is very probable that it will be as successful as the New Zealand frozen meat business. England is bound to look to Canada for foodstuffs for years to come. What is needed is new and modern methods of production, the same as they have in the old country. The British admiralty was able to take some 6,000 trawlers and boats from the fisheries for naval use. Contrast this with the four modern steam trawlers in use in Canada. And yet the fishing area in Canada in comparison with the British Isles is like Lake Superior to a duck pond. In 1914 the government statistics show that the money value of the Dogger Bank yield amounted to \$25,000,000, which is only one of many British fishing grounds."

"In Canada we have hundreds of Dogger Banks that have never had a steam trawler near them. For the past 20 years Canada has practically stood still as regards her fisheries. What we need are steam trawlers and cold storage houses along the coast to take care of the fish as soon as it leaves the boats. The Canadian fisheries should produce \$100,000,000 annually instead of the \$34,000,000 being produced today."—Exchange.

NOTICE IS HEREBY GIVEN that application will be made to the Legislative Assembly of British Columbia at its next session for an act to incorporate an association known as "The Engineering and Technical Institute of British Columbia," with power to promote and increase the knowledge, skill and proficiency of its members in all things relating to the Architectural, Engineering, Surveying and technical professions, and to that end to establish and conduct examinations and prescribe such tests of competency and moral character as may be thought expedient and to grant certificates of membership to those approved of, and to purchase or otherwise acquire and hold real and personal property for the purpose of the institute, and to dispose thereof and reinvest the proceeds in such manner as may seem fit and to fix entrance fees and annual fees or subscriptions to be paid by the members, and to vary the same from time to time, and to provide for the management of its affairs by council to be constituted in such manner as may be provided for by By-law, and to have its head office and hold its annual meetings within British Columbia, and to have, enjoy, and exercise all powers, rights and privileges necessary, usual or incidental to all or any of the aforesaid purposes.

BRADSHAW & STACPOOLE,
Solicitors for the Applicant.
DATED at Victoria, B. C., this 18th day of December 1917.

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

Take notice that I intend to apply to the Honorable Commissioner of Lands and Works to lease the following described lands:—
Commencing at a post planted at the northwest corner, above high water mark, at Bartlett Point—then ten chains due east, then south to the Shore Line, then following the contour of the Shore Line to the place of commencement, containing twenty acres, more or less.

JAMES DESBRUSAY, manager,
Wales Island Cannery.
November 14th, 1917.

LAND LEASE NOTICES

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at intersection of High Water Mark Tongass Passage and an East and West Line passing through Concrete Monument at Bartlett Point, Wales Island, B. C.; thence east 60 chains; thence south 80 chains, more or less, to High Water Mark Tongass Passage; thence northerly and westerly following the Line of said High Water Mark to the point of commencement, and containing 240 acres, more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the line of High Water Mark Portland Canal to a point where an East and West Line drawn through a point 80 chains Due North of the Point of commencement intersects with said Line of High Water Mark; thence west 30 chains; thence southerly and easterly, parallel to the said line of High Water Mark Portland Canal to a point 30 chains Due West of the Point of commencement; thence east 30 chains to said point of commencement, and containing 250 acres more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark Portland Canal, 80 chains Due North and 40 chains, or more, Due West of the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the Line of High Water Mark, Portland Canal, to a point where an East and West Line drawn through a point 60 chains Due North of the point of commencement intersects with said Line of High Water Mark; thence west 30 chains; thence southerly and easterly parallel with the said Line of High Water Mark, Portland Canal, to a point 30 chains Due West of the point of commencement; thence east 30 chains to said point of commencement and containing 180 acres more or less of the Bed and Foreshore of Portland Canal.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt.
Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark, Portland Canal, 80 chains Due North and 40 chains or more Due West of the North West Corner of Lot 628, Cassiar District; thence north 60 chains; thence west 20 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following the line of High Water Mark Portland Canal to the point of commencement and containing 60 acres more or less.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt.
Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the intersection of an East and West Line through Concrete Monument at Bartlett Point, Wales Island, B. C., with High Water Mark Tongass Passage; thence southerly and easterly following said High Water Mark to a point where a North and South Line drawn through a point 60 chains Due East of the point of commencement intersects said High Water Mark of Tongass Passage; thence south 30 chains; thence northwesterly in a straight line to a point 30 chains Due West of the point of commencement; thence 30 chains Due East of the point of commencement and containing 240 acres, more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

SKENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence north 80 chains; thence west 40 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following High Water Mark Portland Canal to point of commencement and containing 160 acres more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

NOTICE

"Sea Gull," "Brown Bear," "Little Tomy Fraction," "Sunlight Fraction," "Sea Lion Fraction," "Sheet Anchor Fraction," "Skyline," "Camp Bird Fraction" and "Observatory" Mineral Claims, situate in the Skeena Mining Division of Coast District. Where located:—near Bear Lake, Surf Inlet, Prince Rupert Island.

TAKE NOTICE that I, Fred M. Wells, Free Miner's Certificate No. 15016 C, the duly authorized agent of Millard F. Warren, Free Miner's Certificate No. 15014 C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of each of the above claims.

AND FURTHER TAKE NOTICE that action, under section 85, must be commenced before the issue of such Certificate of Improvements.

DATED this 26th day of October, A. D. 1917.

BE CLEAN INTERNALLY

Over 500,000 People Are Now
Doing So.

For many years physicians have agreed that 95 per cent. of human ills was caused by accumulated waste in the Lower Intestine; that in our present way of living Nature could not remove all this waste without assistance, no matter how regular we might be; and that the poisons from this waste circulated through the blood pulled us away down below par and were responsible for many diseases of a serious nature.

During this time the "J. B. L. Cascade" for Internal Bathing has, because of their recommendation and those of its users, been steadily growing in favor.

Recently, however, the startling news, which has been covering the country that great surgeons and specialists have been operating on the Lower Intestine in such serious diseases as Tuberculosis, and attribute such conditions of chronic ill-health as Nervous Debility and Rheumatism to this cause, also saying that these poisons are favorable to the development of Cancer and Tuberculosis (as stated in a recent article in The New York Times), has caused people to become thoroughly awake to the importance of keeping this Lower Intestine free from all poisonous waste matter, and over 500,000 are now using Internal Baths.

This enthusiastic and grateful letter is by no means an exceptional one amongst the hundreds on our file:—

703 7th Ave. South, Lethbridge, Alberta.
Dr. Tyrrell, Toronto:

Dear Doctor Tyrrell:—After using your "J. B. L. Cascade" for four months, I feel it my duty as a thankful patient to express my enthusiasm for the great blessing it has been to me. You cannot feel my emotions as I write this letter in praise of you in your great work. Words simply fail to express my thankfulness for first learning of your Cascade. Previous to using it I could not go a day without a drug of some sort, and since using it I have not, on my word of honor, swallowed five cents' worth of drugs. I spent over \$300.00 in the two years previous to hearing of the "J. B. L." Would that all the young men and women I see in this town with their faces covered with horrid, unsightly pimples would use it. They would soon get rid of them, as I did. I must stop, or I will be keeping you from your work, but I could fill ten more pages of my past condition of health, also in praise of the "J. B. L." May you enjoy this life to the full.

Sincerely yours,
William Devoy.

If you try the "J. B. L. Cascade" you will find yourself always bright, content and capable—the poisonous waste makes us bilious, blue, dull and nervous. Internal Baths are Nature's own cure for Constipation—just warm water properly applied. Drugs force Nature—the "J. B. L. Cascade" gently assists her.

Call and see it at Cyril H. Orme's Drug Store, Cor. 3rd Avenue and 6th St., Prince Rupert.

Ask for "Why Man of Today is Only 50 Per Cent. Efficient," a booklet of great interest, which is given on request. If you prefer, write at once to Chas. A. Tyrrell, M.D., 163 College Street, Toronto, for this book.

WATER NOTICE

TAKE NOTICE that Dolly Varden Mines Company whose address is Alice Arm, B. C., will apply for a license to take and use ten cubic feet of water per second out of Trout Creek, a tributary of Kit-sault River flowing into Alice Arm, Cassiar District. The water will be diverted at the head of the Falls on the Silver Horde Mineral claim, Lot 3804, and will be used for power purposes on the Wolf and Dolly Varden Groups of Mineral claims being Lots 3794 to 3797 inclusive, and Lots 3192 to 3197 inclusive and Lot 3854, Cassiar District.

Application will be made also for the right to store 350 acre feet in First Trout Lake and 2,200 acre feet in Second, Third and Fourth Trout Lakes. The water will be stored in First Trout Lake by the construction of a dam at its outlet and in Second, Third and Fourth Trout Lakes by the construction of a dam at the outlet of Second Trout Lake. The estimated area of land to be flooded at First Trout Lake is 17 acres and at Second, Third and Fourth Trout Lakes is twenty acres.

This notice was posted on the ground on the 18th day of October, 1917.

A copy of this notice and an application pursuant thereto and to the Water Act, 1914, will be filed in the office of the Water Recorder at Prince Rupert, B. C. The date of the first appearance of this notice in the local newspaper was the 23rd day of October, 1917, and objections may be filed with the comptroller or Water Recorder within thirty days after the said date.

DOLLY VARDEN MINES COMPANY,
R. B. McGinnis, Agent, per E. A. Cleveland.

LAND ACT

SKENA LAND DISTRICT—DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that John Grace, of Vancouver, B. C., occupation fisherman, intends to apply for permission to lease the following described lands:—

Commencing at a post planted on the foreshore on the west side of Stewart Narrows, about two miles south of Hartley Bay; thence west 20 chains, thence north 20 chains, thence east 20 chains, thence south 20 chains to the point of commencement and containing 40 acres more or less.

JOHN GRACE, Applicant.
DATED November 12, 1917.

FIRE ALARM SYSTEM.

CIRCUIT NO. 1.

Box 12—5th St. and 3rd Ave.
Box 13—6th St. and 3rd Ave.
Box 14—8th St. and 3rd Ave.
Box 15—Junction of 1st, 2nd and 3rd Aves.
Box 16—1st Ave., between 5th and 6th Sts. (Knox Hotel).
Box 17—1st Ave. and 7th St. (Central Hotel).

CIRCUIT NO. 2.

Box 22—3rd Ave. and 3rd St. (Post Office).
Box 23—3rd Ave. and McBride St.
Box 24—1st Ave. and McBride St.
Box 25—2nd Ave. and 2nd St.
Box 26—2nd Ave. and 6th St.
Box 27—G. T. P.

CIRCUIT NO. 3.

Box 31—5th Ave. and Fulton St.
Box 32—Borden and Taylor Sts.
Box 34—7th Ave. and Fulton St.
Box 35—6th Ave. and Comox Ave.
Box 37—8th Ave. and Dodge Place
Box 38—6th Ave. and Thompson St.

CIRCUIT NO. 4.

Box 41—4th Ave. and Emmerson Place.
Box 42—5th Ave. and McBride St.
Box 43—5th Ave. and Green St.
Box 44—6th Ave. and Basil St.
Box 45—7th Ave. and Eberst.
Box 141—7th Ave. and Young St.

Harry A. Harvey
(Late London, Eng., Conservatoire of Music)

PUPIL OF LANSDOWNE COTTRELL
Pupils Taken for
VIOLIN, PIANO, VIOLINCELLO and HARMONY.

EXAMINATIONS
Pupils Prepared for Examinations
Associated Board, Vancouver, Center
Royal College of Music, London, Eng.

TERMS—PHONE BLUE 278

FRED STORK'S HARDWARE

FOR CANNERYMEN

We have added to our stock of valves and pipes a complete line of Rubber Belting at right prices.

FOR FISHERMEN

A complete stock of the best goods that money can buy for trolling—Spring Brass, Silver and Bronze.

FOR THE WATERFRONT

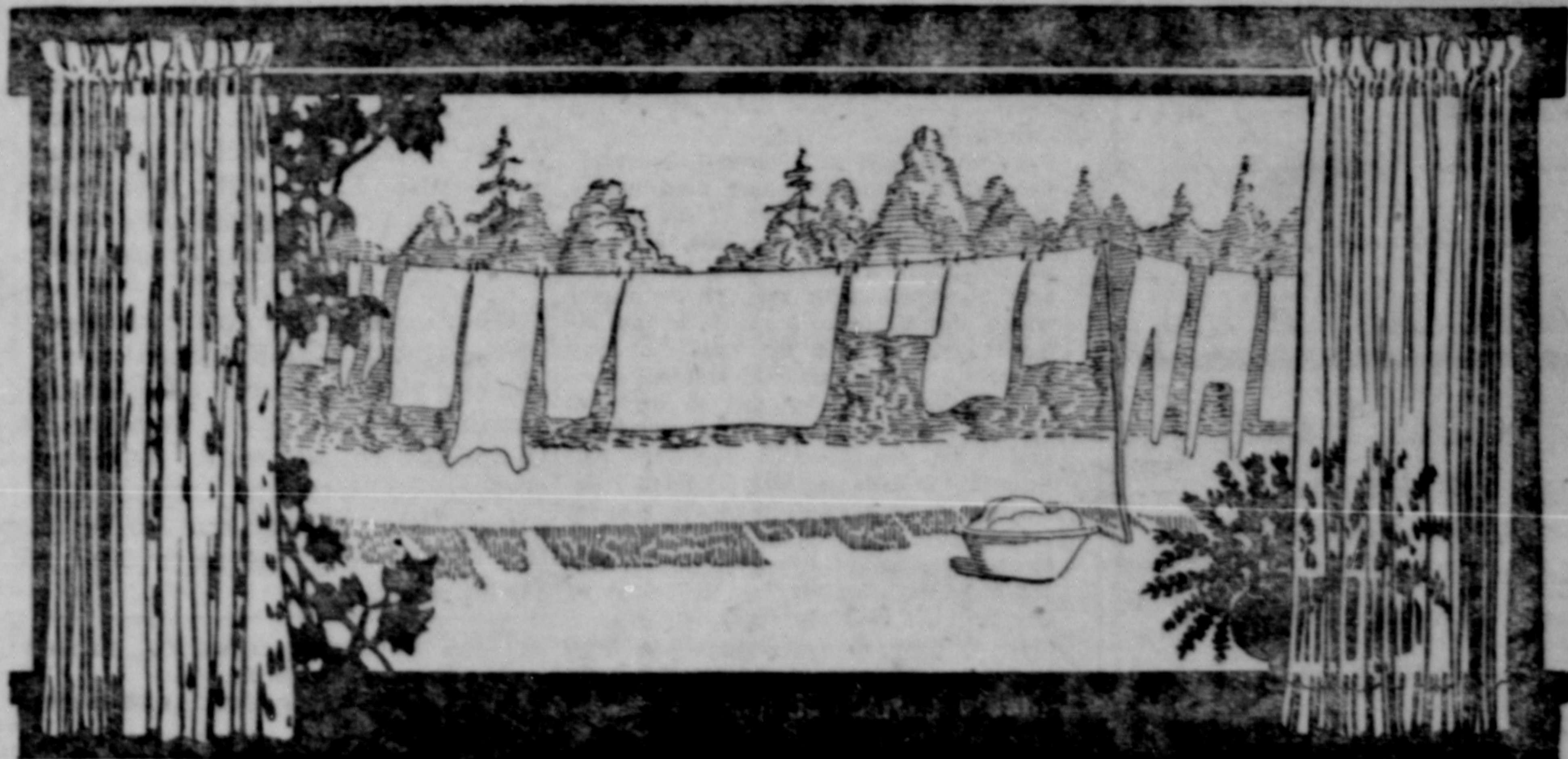
The celebrated Maple Leaf Paints and Varnishes—Special boat paint "FLOGLAZE"—A complete line of Ship Chandlery.

FOR EVERYONE

A fine stock of Hardware, Gurney's Oxford Stoves.

We Sell Nothing But The Best.

FRED STORK'S HARDWARE



Early Morning Sunlight

YOU will find your washing finished earlier—and better—and your work will become far easier by using Sunlight Soap, for it cleanses and purifies clothes more quickly and thoroughly than ordinary soap.

Sunlight is the most efficient Laundry Soap sold on the Canadian market today—It is pure beyond compare.

You try Sunlight Soap according to directions, and you'll see the early morning sunlight shining on a line of the whitest clothes that ever spoke of housewife's pride.

Sunlight Soap

It's kind to the hands.
Follow directions.
Sold at all grocers.

A \$5,000 guarantee says there is not a particle of adulterant or impurity in Sunlight Soap.