

"I FEEL LIKE A NEW BEING"

"FRUIT-A-TIVES" Brought The Joy Of Health After Two Years' Suffering



MADAM LAPLANTE
 35 St. Rose St., Montreal. April 4th.
 "For over two years I was sick and miserable. I suffered from constant headaches, and had palpitation of the heart so badly that I feared I would die. There seemed to be a lamp in my stomach and the constipation was dreadful. I suffered from Pain in the Back and Kidney Disease.
 I was treated by a physician for a year and a half and he did me no good at all. I tried "Fruit-a-tives" as a last resort. After using three boxes, I was greatly improved and twelve boxes made me well. Now I can work all day and there are no headaches, no palpitation, no heart trouble, no constipation, no pain or kidney trouble and I feel like a new being—and it was "Fruit-a-tives" that gave me back my health."
MADAM ARTHUR LAPLANTE.
 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

FRANCE MAKES LOAN TO THE UKRAINIANS

London, Jan. 17.—France has loaned the Ukraine 2,000,000 roubles in gold, according to a dispatch from the Odessa correspondent of the Times dated Friday. The French mint also has printed a large quantity of Ukrainian paper money.

General Vinnichenko, president of the Ukraine secretariat, it is added, in the course of a long report to the rada, declared that Great Britain, France, the United States, Belgium and Roumania, were interested greatly in the organization of the Ukraine republic. He added:

"As circumspect people they hesitate to recognize the republic completely, but when they find it expedient they will extend us their hands which we will accept if we think it necessary."

General Vinnichenko described the Ukraine as an oasis of order and constitutional policy, saying: "One constantly hears that the regeneration of the Muscovite monarchy is impossible and, therefore, perhaps the Ukraine will appear also as an oasis of a revolutionary conquest."

The correspondent of the Times says that the feeling of the Roumanians toward the Russians is embittered greatly. The Roumanians feel that they have been thrice betrayed by Russia, first by the Czar's government; next by the provisional government, and now, worst of all, by the Bolshevik government.

Furniture wanted. Any quantity. Good prices paid for complete household furnishings and all kinds of tools, men's suits, coats, etc. Phone Red 243 or call on F. M. Crosby, 715 Third Ave.

Salvation Army.

Public meetings, Tuesdays, Thursdays and Saturdays at 8 p. m. Sundays at 7:30 p. m.

MINERAL ACT

CERTIFICATE OF IMPROVEMENTS

NOTICE

"Molybdenum" and "Success" Mineral Claims, situate in the Skeena Mining Division of Cassiar District.

Where located:—About 4 miles Westward from the head of Alice Arm, and about mile from the Beach.

TAKE NOTICE that Lewis W. Patmore, Free Miner's certificate No. 14232-C, as agent of the Molybdenum Mining and Reduction Company, Limited, (Non Personal Liability) Free Miner's Certificate No. 10322-C, intends sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of each of the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 must be commenced before the issue of such Certificate of Improvements.

DATED this 26th day of November A. D. 1917. F12

CLEANSE THE LARGE INTESTINE

Present War Cry of Advanced Physicians.

Some of the leading surgeons of the world have gone so far recently as to remove part of the Large Intestine in cases so serious as that of Tuberculosis and restored the patient to perfect health by so doing.

The New York American has recently said:

"During Constipation the poisons in the Large Intestine often become so great as to form a serious menace to health and even to life. Through the walls of the Intestine they enter the blood and consume the healthy blood cells, impoverishing the blood, and if this process is continued long enough an acute poisoning is produced."

It is impossible under our present-day mode of living for the Intestine to rid itself of all waste, and it is easily proven that there is an accumulation, no matter how regular we are.

Drugs, if taken regularly, form a habit, but Internal Bathing by means of the "J. B. L. Cascade" cleanses the Lower Intestine its entire length with pure warm water and makes it clean, sweet and healthy.

At the same time it regulates the system and makes one feel that every function is working smoothly and naturally—and, indeed, this is so.

This letter will convey a message of good cheer to many.

Welland, Ontario.

Dr. Chas. A. Tyrrell,
 163 College Street, Toronto, Ont.:

"Dear Sir,—We heartily endorse the J. B. L. Cascade, as we find in our work that a loaded colon means a poisoned system, which, in turn, means ligitentous contraction of the spinal muscles, against which our work is directed.

Anything helping us in gaining relaxation we consider a boon, both to ourselves and our patients.

Most sincerely,
 Drs. Hoxley and Gardard.

Over five hundred thousand are now enthusiastic users of the "J. B. L. Cascade," which is now being shown and explained at Cyril H. Orme's Drug Store, cor. 3rd Avenue and 6th St., Prince Rupert.

Ask or write now, while you think of it, to Chas. A. Tyrrell, M.D., 163 College Street Toronto, for free and interesting booklet, "Why Man of Today is Only 50 Per Cent. Efficient."

LAND LEASE NOTICES

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at intersection of High Water Mark Tongass Passage and an East and West Line passing through Concrete Monument at Bartlett Point, Wales Island, B. C.; thence east 60 chains; thence south 80 chains, more or less, to High Water Mark Tongass Passage; thence northerly and westerly following the line of said High Water Mark to the point of commencement, and containing 240 acres, more or less.

WALTER E. WALKER.
 Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the line of High Water Mark Portland Canal to a point where an East and West Line drawn through a point 50 chains Due North of the Point of commencement intersects with said Line of High Water Mark; thence west 30 chains; thence southerly and easterly, parallel to the said line of High Water Mark Portland Canal to a point 30 chains Due West of the Point of commencement; thence east 30 chains to said point of commencement, and containing 250 acres more or less.

WALTER E. WALKER.
 Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark Portland Canal, 80 chains Due North and 40 chains, or more, Due West of the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the line of High Water Mark Portland Canal, to a point where an East and West Line drawn through a point 60 chains Due North of the point of commencement intersects with said Line of High Water Mark; thence West 30 chains; thence southerly and easterly parallel with the said Line of High Water Mark, Portland Canal, to a point 30 chains Due West of the point of commencement; thence east 30 chains to said point of commencement, and containing 180 acres more or less of the Bed and Foreshore of Portland Canal.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt. Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark, Portland Canal, 80 chains Due North and 40 chains or more Due West of the North West Corner of Lot 628, Cassiar District; thence north 60 chains; thence west 30 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following the line of High Water Mark Portland Canal to the point of commencement and containing 60 acres more or less.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt. Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the intersection of an East and West Line through Concrete Monument at Bartlett Point, Wales Island, B. C., with High Water Mark Tongass Passage; thence southerly and easterly following said High Water Mark to a point where a North and South Line drawn through a point 60 chains Due East of the point of commencement intersects said High Water Mark of Tongass Passage; thence south 30 chains; thence northwesterly in a straight line to a point 30 chains Due West of the point of commencement; thence 30 chains Due East of the point of commencement and containing 240 acres, more or less.

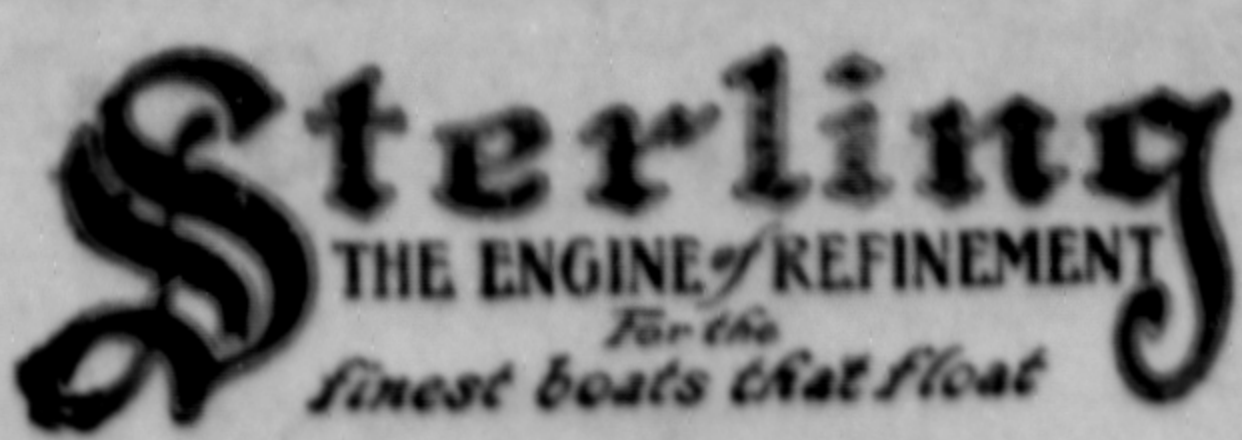
WALTER E. WALKER.
 Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence north 80 chains; thence west 40 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following High Water Mark Portland Canal to point of commencement and containing 160 acres more or less.

WALTER E. WALKER.
 Date—25th day of October, 1917.



FISHERMAN'S ENGINE

2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.

4 Cyl.—3 3-4 in. by 6 1-2 in., 25 Horse Power.

4 Cyl.—5 1-2 in. by 8 in., 25-30 Horse Power.

For Further Information Apply to

W. E. WILLISROFT
 Prince Rupert, B. C.

A WAR INDUSTRY

New York, Jan. 17.—Manufacture of baby carriages was trundled into the ranks of essential war industries here when a man who makes go-carts, and who was called for service in the National army, asked the District Board for deferred classification on the ground that his calling was indispensable to the needs of the country. He set up the claim that when called in the 1st draft, exemption had been recommended by Presidential order. A statement by the Chairman of his local board that the claim should be granted "in deference to the President," drew a protest from a member of the District Board and the case was continued, pending investigation.

NEW CANADIAN LANDS

Fairbanks, Alaska, Jan. 17.—Several new large Arctic islands were discovered northwest of Banks Land in the spring of 1916 by V. Stefansson, the Arctic explorer, according to Captain A. Lane, who arrived here last night from the Arctic ocean, bringing direct news from the explorer, who, he says, is spending the 1917-18 winter in the northern seas of Bartel Island. The explorer claimed the new lands for Canada.



TIMBER SALE X 1082.

Sealed tenders will be received by the Minister of Lands not later than noon on the 17th day of January, 1918 for the purchase of Licence X 1082 to cut 1,300,000 feet of Spruce, Cedar, Hemlock and Balsam on an area situated on Nowish Cove, Susan Island, Range 3, Coast District.

One year will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C. J 17.

LUX

Won't discolor silks or fade colors.

If you don't use LUX you naturally dread the ordeal of wash day for your silk blouses. Silk fibres are peculiarly sensitive to common soaps and to ordinary wash-time rubbing and twisting. The LUX way is away better—you make a thick, creamy lather, you stir the garment gently about, you rinse thoroughly, you press out the water gently and hang out to dry. The result is a fabric as fresh as when new. This refers to anything that pure water itself will not harm.

British made, by Lever Brothers Limited Toronto

Won't shrink woollens at all grocers

Letterheads
 Envelopes
 Statements
 Cards, Etc.

Phone 98

The News Job Press

Printing of All Descriptions Done

P.O. Box 89

Programs
 Catalogs
 Dodgers
 Posters, etc.

FIRE ALARM SYSTEM.

CIRCUIT NO. 1.
 Box 12—5th St. and 3rd Ave.
 Box 13—6th St. and 3rd Ave.
 Box 14—8th St. and 3rd Ave.
 Box 15—Junction of 1st, 2nd and 3rd Aves.
 Box 16—1st Ave., between 8th and 9th Sts. (Knox Hotel).
 Box 17—1st Ave. and 7th St. (Central Hotel).

CIRCUIT NO. 2.
 Box 22—3rd Ave. and 3rd St. (Post Office).
 Box 23—3rd Ave. and McBride St.
 Box 24—1st Ave. and McBride St.
 Box 25—2nd Ave. and 2nd St.
 Box 26—2nd Ave. and 6th St.
 Box 27—G. T. P.

CIRCUIT NO. 3.
 Box 31—5th Ave. and Fulton St.
 Box 32—Borden and Taylor Sts.
 Box 34—7th Ave. and Fulton St.
 Box 35—9th Ave. and Comox Ave.
 Box 37—4th Ave. and Dodge Place
 Box 38—6th Ave. and Thompson St.

CIRCUIT NO. 4.
 Box 41—4th Ave. and Emmerson Place.
 Box 42—5th Ave. and McBride St.
 Box 43—5th Ave. and Green St.
 Box 44—6th Ave. and Basil St.
 Box 45—7th Ave. and Eberle St.
 Box 141—7th Ave. and Young St.

Anyone Can Have Whipped Cream

PACIFIC MILK is so rich in cream that it whips as easily as most of the fresh cream sold around the Province.

Mrs. McCary of New Westminster wrote in to say that she whips PACIFIC MILK regularly for a treat for the youngsters for breakfast.

All she does is to set aside the amount she wants, in a cool place, for a time and then beats it with a sieve egg-beater. She puts this on toast and gives it to the children for breakfast.

You'll find it is good on cakes and

PACIFIC MILK CO., LTD.
 Factory at Ladner, B. C.

If you have a good recipe send it in. You may get a nice surprise in return. Address Box 882, Vancouver, B. C.

Keep up the Food Supply and Help Make Victory Sure

OUR soldiers must be fed; the people at home must be fed. And—in spite of Germany's murderous campaign to cut off the Allies' Food supply, by sinking every ship on the High Seas—an ample and unfailing flow of food to England and France must be maintained.

This is National Service—
 Not to the Farmer only—
 But to YOU—to everybody—
 This appeal is directed

WE must unite as a Nation to SERVE—to SAVE and to PRODUCE. Men, women and children; the young, the middle aged and the old—all can help in the Nation's Army of Production.

EVERY pound of FOOD raised, helps reduce the cost of living and adds to the Food Supply for Overseas.

For information on any subject relating to the Farm and Garden, write: INFORMATION BUREAU Department of Agriculture OTTAWA

Dominion Department of Agriculture OTTAWA, CANADA.

HON. MARTIN BURRELL, Minister.

"I AM assured that my people will respond to every call necessary to the success of our cause—with the same indomitable ardour and devotion that have filled me with pride and gratitude since the war began."

HIS MAJESTY KING GEORGE

PLANT a garden—small or large. Utilize your own back yard. Cultivate the vacant lots. Make them all yield food

WOMEN of towns can find no better or more important outlet for their energies than in cultivating a vegetable garden.

Be patriotic in act as well as in thought.

Use every means available—Overlook nothing.