

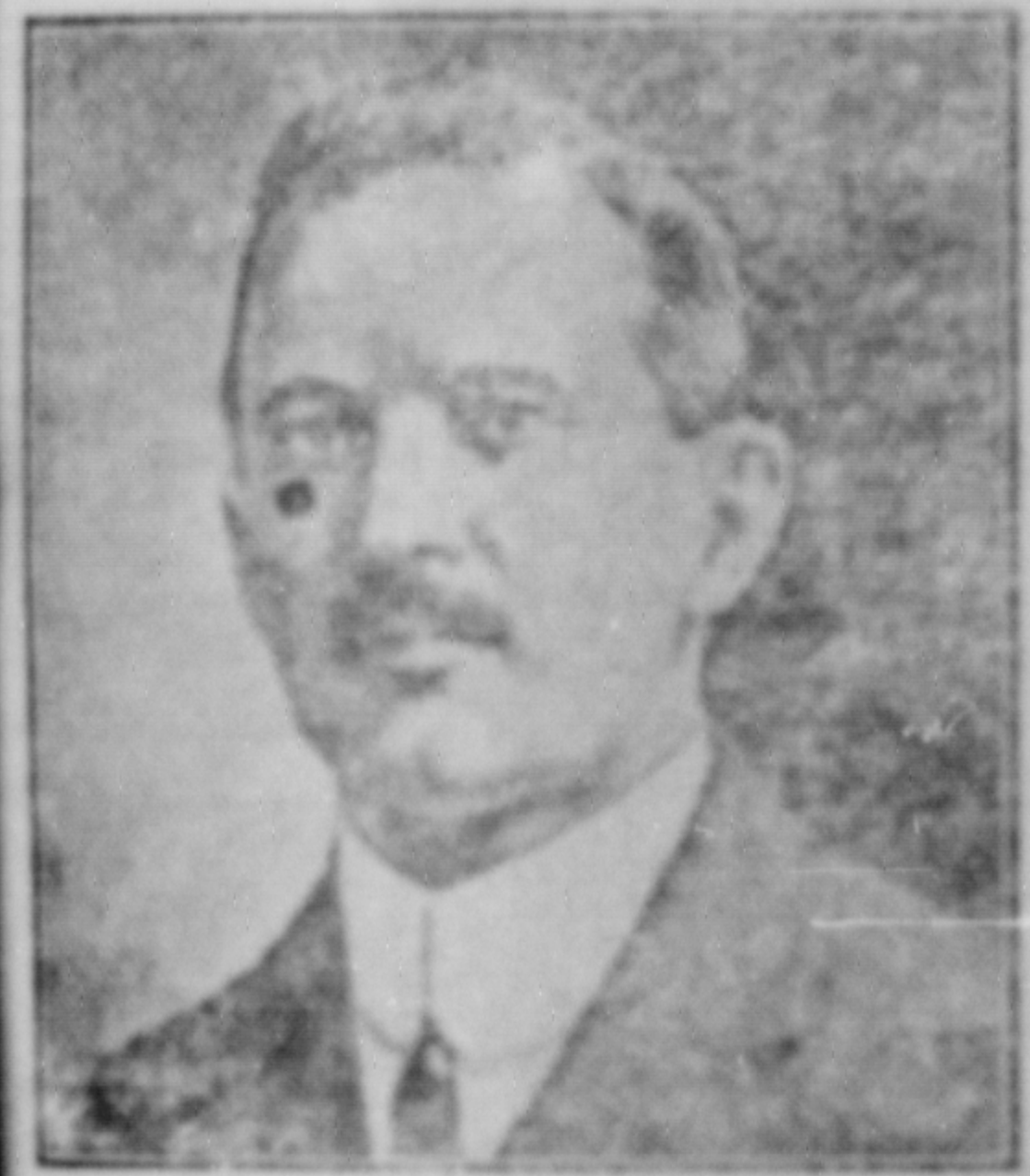


HIGH FINANCE
WILLIAM FOX PRODUCTION

At the Westholme Theatre to-night.

BEDRIDDEN WITH RHEUMATISM

Felt That He Would Never Walk Again
"FRUIT-A-TIVES" Brought Relief.



MR. LORENZO LEDUC

8 Ottawa St., Hull, P.Q.
"Fruit-a-tives" is certainly a wonder. For a year, I suffered with Rheumatism; being forced to stay in bed for five months. I tried all kinds of medicine but without getting better; and thought I would never be able to walk again.
"One day while lying in bed, I read about 'Fruit-a-tives' the great fruit medicine; and it seemed just what I needed, so I decided to try it.
The first box helped me, and I took the tablets regularly until every trace of the Rheumatism left me.
I have every confidence in 'Fruit-a-tives' and strongly recommend them to every sufferer from Rheumatism".

LORENZO LEDUC.
Box a box, 6 for \$2.50, trial size 25c.
At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa, Ont.

Anyone Can Have Whipped Cream



PACIFIC MILK is so rich in cream that it whips as easily as most of the fresh cream sold around the Province.

Mrs. McCary of New Westminster wrote in to say that she whips PACIFIC MILK regularly for a treat for the youngsters for breakfast.
All she does is to set aside the amount she wants, in a cool place, for a time and then beats it with a sieve egg-beater. She puts this on toast and gives it to the children for breakfast.
You'll find it is good on cakes and

PACIFIC MILK CO., LTD.
Factory at Ladner, B. C.
If you have a good recipe send it in. You may get a nice surprise in return. Address Box 882, Vancouver, B. C.

CAN'T IT BE DONE.

Of all the pests, I hate the one who loudly wails "It can't be done." No matter what we try to do, he says the plan will not go through, and shakes his head in doubt and fear. He never has a word of cheer, but wails from morn to setting sun, "It can't be done—it can't be done."

When boosters try to help the town, and bring success and fair renown, or try to start some enterprise, "It can't be done" he loudly cries and then goes up and down the street and every block he doth repeat this battle cry, "It can't be done—it can't be done."

And so he goes his doleful way and sings his pessimistic lay. The things that are the city's pride he tried to queer, dog rot his hide. Improvements that you see about he tried to block, the pesky lout—in smiles and cheers he sees no fun, this gink who says "It can't be done."

No grateful city lauds his name; he's never known to civic fame, no monuments to him are raised, in graven stone he's never praised, and people call him a sonofagun, the gink who says "It can't be done."

So, when he's called from earthly cares and tries to climb the golden stairs, may Peter say, "Blow back, my son; It can't be done, it can't be done."

Salvation Army.

Public meetings, Tuesdays.
Thursdays and Saturdays at 8 p.
Sundays at 7:30 p. m.



TIMBER SALE X 1235.

Sealed tenders will be received by the Minister of Lands not later than noon on the 14th day of February, 1918, for the purchase of Licence X 1235, to cut 1,256,000 feet of Spruce and Hemlock on an area adjoining H.L. 1625, East Shore of Juskatla Inlet, Queen Charlotte Islands District.

Two (2) years will be allowed for removal of timber.
Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

NAVIGABLE WATERS PROTECTION ACT.
(R. S. C. Chapter 115.)

AKERBERG THOMSON AND COMPANY, LIMITED, hereby give notice that they have, under section of said Act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, a description of the site and the plans of wharf and other works proposed to be built on Lot one, Waterfront Block F, City of Prince Rupert, Province of British Columbia, and take notice that after the expiration of one month from the date of the first publication of this notice Akerberg Thomson and Company Limited will under Section seven of the said Act, apply to the Minister of Public Works at his office in the City of Ottawa for approval of the said site and plans and for leave to construct the said wharf and works.
Dated at Prince Rupert, B. C., this second day of January 1918.
AKERBERG THOMSON AND COMPANY, LTD.
David Thomson, Secretary.

LAND LEASE NOTICES

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at intersection of High Water Mark Tongass Passage and an East and West Line passing through Concrete Monument at Bartlett Point, Wales Island, B. C.; thence east 60 chains; thence south 80 chains, more or less, to High Water Mark Tongass Passage; thence northerly and westerly following the line of said High Water Mark to the point of commencement, and containing 240 acres, more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the line of High Water Mark Portland Canal to a point where an East and West Line drawn through a point 80 chains Due North of the Point of commencement intersects with said Line of High Water Mark; thence west 30 chains; thence southerly and easterly, parallel to a said line of High Water Mark Portland Canal to a point 30 chains Due West of the Point of commencement; thence east 30 chains to said point of commencement, and containing 250 acres more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark, Portland Canal, 80 chains Due North and 40 chains more Due West of the North West Corner of Lot 628, Cassiar District; thence north 60 chains; thence west 20 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following the line of High Water Mark Portland Canal to the point of commencement and containing 60 acres more or less.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt.
Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark Portland Canal, 80 chains Due North and 40 chains, or more, Due West of the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the line of High Water Mark, Portland Canal, to a point where an East and West Line drawn through a point 60 chains Due North of the point of commencement intersects with said Line of High Water Mark; thence west 30 chains to said point of commencement and containing 180 acres more or less of the Bed and Foreshore of Portland Canal.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt.
Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence north 80 chains; thence west 40 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following High Water Mark Portland Canal to point of commencement and containing 160 acres more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at the intersection of an East and West Line through Concrete Monument at Bartlett Point, Wales Island, B. C., with High Water Mark Tongass Passage; thence southerly and easterly following said High Water Mark to a point where a North and South Line drawn through a point 60 chains Due East of the point of commencement intersects said High Water Mark of Tongass Passage; thence south 30 chains; thence northwesterly in a straight line to a point 30 chains Due West of the point of commencement; thence 30 chains Due East of the point of commencement and containing 240 acres, more or less.

WALTER E. WALKER.
Date—25th day of October, 1917.

MINERAL ACT CERTIFICATE OF IMPROVEMENTS NOTICE

"Molybdenum" and "Success" Mineral Claims, situate in the Skeena Mining District of Cassiar District.

Where located:—About 4 miles Westerly from the head of Alice Arm, and about mile from the Beach.

TAKE NOTICE that Lewis W. Patmore, Free Miner's certificate No. 14232-C, as agent of the Molybdenum Mining and Refining Company, Limited, (Non Personal Liability) Free Miner's Certificate No. 10322-C, intends sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of each of the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 must be commenced before the issue of such Certificate of Improvements.

DATED this 26th day of November A. D. 1917.

WATER NOTICE

TAKE NOTICE that Dolly Varden Mines Company whose address is Alice Arm, B. C., will apply for a license to take and use ten cubic feet of water per second out of Trout Creek, a tributary of Klusall River flowing into Alice Arm, Cassiar District. The water will be diverted at the head of the Falls on the Silver Horde Mineral claim, Lot 3894, and will be used for power purposes on the Wolf and Dolly Varden Groups of Mineral Claims being Lots 3794 to 3797 inclusive, and Lots 3192 to 3197 inclusive and Lot 3854, Cassiar District.

Application will be made also for the right to store 350 acre feet in First Trout Lake and 2,200 acre feet in Second, Third and Fourth Trout Lakes. The water will be stored in First Trout Lake by the construction of a dam at its outlet and in Second, Third and Fourth Trout lakes by the construction of a dam at the outlet of Second Trout Lake. The estimated area of land to be flooded at First Trout Lake is 17 acres and at Second, Third and Fourth Trout Lakes is twenty acres.

This notice was posted on the ground on the 18th day of October, 1917.

A copy of this notice and an application pursuant thereto and to the Water Act, 1914, will be filed in the office of the Water Recorder at Prince Rupert, B. C. The date of the first appearance of this notice in the local newspaper was the 23rd day of October, 1917, and objections may be filed with the comptroller or Water Recorder within thirty days after the said date.

DOLLY VARDEN MINES COMPANY,
R. B. McGinnis, Agent, per E. A. Cleveland.

WATER NOTICE (Diversion and Use.)

TAKE NOTICE that The British Canadian Lumber Corporation, Ltd., whose address is 509 Yorkshire Building, Vancouver, will apply for a license to take and use one cubic foot per second of water out of an unnamed creek, which flows southerly and drains into Masset Inlet, about 400 yards northeasterly from the southwest corner of Lot 1438.

The water will be diverted from the stream at a point about a quarter of a mile from its mouth and will be used for steam purposes upon the land described as Lot 1438, Graham Island.

This notice was posted on the ground on the 2nd day of January, 1918. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Prince Rupert, B. C.

Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, within thirty days after the first appearance of this notice in a local newspaper.

The date of the first publication of this notice is January 8th, 1918.

THE BRITISH CANADIAN LUMBER CORPORATION, LTD.

J. T. T. Paxton, Receiver and Agent.
By E. A. Cleveland, Manager.



Sunlight Soap

Sunlight Soap is made for the housewife's profit, for only thereby can the makers hope to profit. Sunlight Soap makes your work lighter, your clothes whiter, your home brighter. It is mild and pure and does not harm either hands or fabric.

You Can Make Excellent Cake With Fewer Eggs

Just use an additional quantity of Dr. Price's Cream Baking Powder, about a teaspoon, in place of each egg omitted.

This applies equally well to nearly all baked foods. Try the following recipe according to the new way:

CREAM LAYER CAKE

Old Way	New Way
1 cup sugar	1 cup sugar
1/2 cup milk	1 cup milk
2 cups flour	2 cups flour
2 teaspoons Dr. Price's Baking Powder	4 teaspoons Dr. Price's Baking Powder
3 EGGS	1 EGG
1/2 cup shortening	2 tablespoons shortening
1 teaspoon flavoring	1 teaspoon flavoring

Makes 1 Large 2-Layer Cake

DIRECTIONS—Cream the sugar and shortening together, then mix in the egg. After sifting the flour and Dr. Price's Baking Powder together, mix for three times, add it all to the mixture. Gradually add the milk and beat with spoon until you have a smooth pour batter. Add the flavoring. Pour into greased layer cake tins and bake in a moderately hot oven for twenty minutes. This cake is best baked in two layers. Put together with cream filling and spread with white icing.

Dr. PRICE'S CREAM BAKING POWDER

Made from Cream of Tartar, derived from Grapes

Made in Canada

No Alum

Keep up the Food Supply and Help Make Victory Sure

OUR soldiers must be fed; the people at home must be fed. And—in spite of Germany's murderous campaign to cut off the Allies' Food supply, by sinking every ship on the High Seas—an ample and unfailing flow of food to England and France must be maintained.

This is National Service—
Not to the Farmer only—
But to YOU—to everybody—
This appeal is directed

WE must unite as a Nation to SERVE—to SAVE and to PRODUCE. Men, women and children; the young, the middle aged and the old—all can help in the Nation's Army of Production.

EVERY pound of FOOD raised, helps reduce the cost of living and adds to the Food Supply for Overseas.

For information on any subject relating to the Farm and Garden, write:
INFORMATION BUREAU
Department of Agriculture
OTTAWA

Dominion Department of Agriculture
OTTAWA, CANADA.

HON. MARTIN BURRELL, Minister.

PLANT a garden—small or large. Utilize your own back yard. Cultivate the vacant lots. Make them all yield food

WOMEN of towns can find no better or more important outlet for their energies than in cultivating a vegetable garden.

Be patriotic in act as well as in thought.

Use every means available—
Overlook nothing.