

# INTESTINAL PARALYSIS

"Fruit-a-tives" Quickly Relieved This Chronic Trouble

509 CARRAN STREET, MONTREAL.  
"In my opinion, no other medicine is so curative for Constipation and Indigestion as 'Fruit-a-tives'."  
I was a sufferer from these complaints for five years, and my only occupation, Music, brought about a kind of Intestinal Paralysis; with nasty Headaches, belching gas, drowsiness after eating, and pain in the back.  
I was induced to try 'Fruit-a-tives' and now for six months I have been entirely well". A. ROSENBERG.  
50c a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

AVIABLE WATERS PROTECTION ACT.  
(R. S. C. Chapter 115.)

AKERBERG THOMSON AND COMPANY, LIMITED, hereby give notice that they intend, under section of said Act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert, a description of the land and the plans of wharf and other works proposed to be built on Lot one, fronting Block F, City of Prince Rupert, Province of British Columbia, and take effect after the expiration of one month from the date of the first publication of this notice Akerberg Thomson and Company Limited will under Section seven of the said Act, apply to the Minister of Public Works at his office in the City of Prince Rupert, B. C., this second day of January 1918.  
AKERBERG THOMSON AND COMPANY, LTD.  
David Thomson, Secretary.

## DENTISTRY

CROWN AND BRIDGE WORK  
A SPECIALTY  
DR. J. S. BROWN  
DENTIST  
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Phone 484

## Harry A. Harvey

(Late London, Eng., Conservatoire of Music)  
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Pupils Taken for  
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TERMS—PHONE BLUE 278

## Prince Rupert Feed Co.

PHONE 58  
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Tulips, Hyacinths, Daffodils,  
Easter Lilies, Narcissus.  
Mail Orders Promptly Attended to.  
P. O. Box 333. 908 Third Ave.

## Anyone Can Have Whipped Cream

PACIFIC MILK is so rich in cream that it whips as easily as most of the fresh cream sold around the Province.

McGarry of New Westminster wrote in to say that she whips PACIFIC MILK regularly for a treat for the youngsters for breakfast.  
"All she does is to set aside the amount she wants, in a cool place, for a time and then beats it with a heavy egg-beater. She puts this in a toast and gives it to the children for breakfast.  
"You'll find it is good on cakes and

PACIFIC MILK CO., LTD.  
Factory at Ladner, B. C.

If you have a good recipe send it to us. You may get a nice surprise in return. Address Box 882, Vancouver, B. C.

## GERMANY'S SECOND HAND NAVAL FLEET

Britain has always led in naval matters. Even the Germans, with the much vaunted initiative, had to come to us for the first serious naval lesson. Germany's initial fleet was composed of secondhand ships of the British navy.

Among these were the thirty-six gun frigate Thetis, the Rover, the Mosquito, the Niobe and the Renown. The latter two are still in use. The Niobe has been converted into a training ship for naval cadets, while the Renown is a gunnery ship in Wilhelmshaven.

It is an interesting fact that the Kaiser himself received his first naval training on a British ship. This ship was the little frigate Royal Louise, which was presented to the then King of Prussia by William IV. of England.

## WILL INSPECT LARGE LOT OF CANNED BEEF

Victoria, Feb. 25.—A board of officers with Major L. Bullock-Webster as president has been appointed by the General Officer Commanding this district for the purpose of inspecting and reporting upon the condition of a quantity of canned beef considered as being unfit for human consumption and making recommendations as to its disposal. This information is contained in the district orders issued from headquarters. There is no foundation as to who supplied the beef or how large a quantity is complained of. The other members of the Board will consist of an officer detailed from the Army Medical Corps and a lieutenant appointed for the purpose by the Officer Command the 2nd Depot Battalion.



## TIMBER SALE X 1235.

Sealed tenders will be received by the Minister of Lands not later than noon on the 14th day of February, 1918, for the purchase of Licence X 1235, to cut 1,556,000 feet of Spruce and Hemlock on an area adjoining L. 1625, East Shore of Juskatla Inlet, Queen Charlotte Islands District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

## MINERAL ACT

### CERTIFICATE OF IMPROVEMENTS

#### NOTICE

"Pat Fraction" and "Dally" Mineral Claim, situate in the Portland Canal Mining Division of Cassiar District.

Where located:—On the east side of Cascade Creek, 12 miles from the head of Portland Canal.

TAKE NOTICE that I, J. Fred Ritchie (Free Miner's Certificate No. 9473-C.) acting as agent for Reginald King Neill, Free Miner's Certificate No. 9527-C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.

Dated this 14th day of December, A. D. 1917.

## MINERAL ACT

### CERTIFICATE OF IMPROVEMENTS

#### NOTICE

"Simpson," "Rupert," "Pictou" "Essington," "Cascade Falls No. 4" and "Cascade Falls No. 8" Mineral Claims, situate in the Portland Canal Mining Division of Cassiar District.

Where located:—On the east side of Cascade Creek, 12 miles from the head of Portland Canal.

TAKE NOTICE that I, J. Fred Ritchie (Free Miner's Certificate No. 9473-C.) acting as agent for Oakley Beaufort Bush, Free Miner's Certificate No. 9956-C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.

Dated this 25th day of August, A. D. 1917.

## MINERAL ACT

### CERTIFICATE OF IMPROVEMENTS

#### NOTICE

"Molybdenum" and "Success" Mineral Claims, situate in the Skeena Mining Division of Cassiar District.

Where located:—About 4 miles West of the head of the Beach.

TAKE NOTICE that Lewis W. Palmore, Free Miner's Certificate No. 14232-C, as agent of the Molybdenum Mining and Reduction Company, Limited, (Non Personal Liability), Free Miner's Certificate No. 10322-C, intends sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of each of the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 must be commenced before the issue of such Certificate of Improvements.

DATED this 26th day of November A. D. 1917.

## A Clergyman's Wife Wants Women to Know Advantages of Internal Bathing

If women could only see the thousands of letters Dr. Tyrrell has received from grateful women in all parts of the world, thanking him for his wonderful invention for Internal Bathing, they would soon discard the medicine bottle and look to the cause of their trouble, 95 per cent. of all human ills are due to accumulated waste in the Colon or Large Intestine. Warm water, properly used with the "J. B. L. Cascade," will relieve the cause of your troubles and perfect health will follow.

A Winnipeg clergyman writes: "My wife is naturally sensitive about having her name appear in public print, yet is anxious that others should know what the 'J. B. L. Cascade' has done for her. It has really given her a new lease of life. For years she had been doctoring for Constipation, which became worse every year. Since using the 'J. B. L. Cascade,' first about 4 years ago, she has not been sick a day, and has become robust and strong again. Should any person wish this letter confirmed, you are at liberty to give my name in private."

The "J. B. L. Cascade" is shown and explained by Cyril H. Orme, Third Avenue, Prince Rupert, B. C.

The "J. B. L. Cascade" is an invention, perfected by Dr. Chas. A. Tyrrell of New York, and has done more during the past few years to restore health and lessen disease than all other means combined. Ask for booklet explaining all about Internal Bathing and what it has done for others. It is free.

## LAND LEASE NOTICES

### SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at intersection of High Water Mark Tongass Passage and an East and West Line passing through Concrete Monument at Bartlett Point, Wales Island, B. C.; thence east 60 chains; thence south 80 chains, more or less, to High Water Mark Tongass Passage; thence northerly and westerly following the Line of Said High Water Mark to the point of commencement, and containing 240 acres, more or less.

WALTER E. WALKER.

Date—25th day of October, 1917.

### SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the line of High Water Mark Portland Canal to a point where an East and West Line drawn through a point 80 chains Due North of the Point of commencement intersects with said Line of High Water Mark; thence west 30 chains, thence southerly and easterly, parallel to said line of High Water Mark Portland Canal to a point 30 chains Due West of the Point of commencement; thence east 30 chains to said point of commencement, and containing 250 acres more or less.

WALTER E. WALKER.

Date—25th day of October, 1917.

### SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark, Portland Canal, 80 chains Due North and 40 chains or more Due West of the North West Corner of Lot 628, Cassiar District; thence north 60 chains; thence west 20 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following the line of High Water Mark Portland Canal to the point of commencement and containing 60 acres more or less.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt. Date—25th day of October, 1917.

### SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that The Anglo-British Columbia Packing Company Limited, of Vancouver, B. C., occupation Salmon Cannery, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at High Water Mark Portland Canal, 80 chains Due North and 40 chains, or more, Due West of the North West Corner of Lot 628, Cassiar District; thence northerly and westerly following the Line of High Water Mark, Portland Canal, to a point where an East and West Line drawn through a point 60 chains Due North of the point of commencement intersects with said Line of High Water Mark; thence West 30 chains; thence southerly and easterly parallel with the said Line of High Water Mark, Portland Canal, to a point 30 chains Due West of the point of commencement; thence east 30 chains to said point of commencement and containing 180 acres more or less of the Bed and Foreshore of Portland Canal.

THE ANGLO-BRITISH COLUMBIA PACKING COMPANY LIMITED, Walter E. Walker, Agt. Date—25th day of October, 1917.

### SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE FIVE.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the intersection of an East and West Line through Concrete Monument at Bartlett Point, Wales Island, B. C., with High Water Mark Tongass Passage; thence southerly and easterly following said High Water Mark to a point where a North and South Line drawn through a point 60 chains Due East of the point of commencement intersects said High Water Mark of Tongass Passage; thence south 30 chains; thence northwesterly in a straight line to a point 30 chains Due West of the point of commencement; thence 30 chains Due East of the point of commencement and containing 240 acres, more or less.

WALTER E. WALKER.

Date—25th day of October, 1917.

## WATER NOTICE

TAKE NOTICE that Dolly Varden Mines Company whose address is Alice Arm, B. C., will apply for a license to take and use ten cubic feet of water per second out of Trout Creek, a tributary of Kit-sault River flowing into Alice Arm, Cassiar District. The water will be diverted at the head of the Falls on the Silver Horse Mineral claim, Lot 3804, and will be used for power purposes on the Wolf and Dolly Varden Groups of Mineral claims being Lots 3794 to 3797 inclusive, and Lots 3192 to 3197 inclusive and Lot 3854, Cassiar District.

Application will be made also for the right to store 350 acre feet in First Trout Lake and 2,300 acre feet in Second, Third and Fourth Trout Lakes. The water will be stored in First Trout Lake by the construction of a dam at its outlet and in Second, Third and Fourth Trout Lakes by the construction of a dam at the outlet of Second Trout Lake. The estimated area of land to be flooded at First Trout Lake is 17 acres and at Second, Third and Fourth Trout Lakes is twenty acres.

This notice was posted on the ground on the 18th day of October, 1917.

A copy of this notice and an application pursuant thereto and to the Water Act, 1914, will be filed in the office of the Water Recorder at Prince Rupert, B. C.

The date of the first appearance of this notice in the local newspaper was the 23rd day of October, 1917, and objections may be filed with the comptroller or Water Recorder within thirty days after the said date.

DOLLY VARDEN MINES COMPANY,  
R. B. McGinnis, Agent, per E. A. Cleveland.

SKEENA LAND DISTRICT—DISTRICT OF CASSIAR.

TAKE notice that Walter E. Walker, of Vancouver, B. C., occupation Manager, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the North West Corner of Lot 628, Cassiar District; thence north 80 chains; thence west 40 chains, more or less, to High Water Mark Portland Canal; thence southerly and easterly following High Water Mark Portland Canal to point of commencement and containing 160 acres more or less.

WALTER E. WALKER.

Date—25th day of October, 1917.

## TIMBER SALE X 894.

Sealed tenders will be received by the Minister of Lands not later than noon on the 20th day of February, 1918, for the purchase of Licence X 894, to cut 12,470,000 feet of Spruce, Cedar, Balsam and Hemlock on an area situated on Nootum river, Burke Channel, Range 3, Coast District.

Three (3) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

# Dr. Price's CREAM BAKING POWDER Saves Eggs

In recipes for cake, muffins, corn bread, etc., fewer eggs may be used and excellent results and healthful, appetizing food obtained by using an additional quantity of Dr. Price's Cream Baking Powder, about a teaspoon, in place of each egg omitted.

**EGGLESS MUFFINS**  
DIRECTIONS:—Mix and add dry ingredients. Add milk, stirring until all lumps are out; add melted shortening. Beat well and bake in greased muffin tins in hot oven from 20 to 25 minutes.

The old method called for 2 eggs.

Makes 18 Muffins

Booklet of recipes which economize in eggs and other expensive ingredients mailed free. Address 6 St. Lawrence Boulevard, Montreal.

Dr. Price's Cream Baking Powder is made from Cream of Tartar derived from grapes, and makes wholesome food.

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# Keep up the Food Supply and Help Make Victory Sure

OUR soldiers must be fed; the people at home must be fed. And—in spite of Germany's murderous campaign to cut off the Allies' Food supply, by sinking every ship on the High Seas—an ample and unfailing flow of food to England and France must be maintained.

This is National Service—  
Not to the Farmer only—  
But to YOU—to everybody—  
This appeal is directed

WE must unite as a Nation to SERVE—to SAVE and to PRODUCE. Men, women and children; the young, the middle aged and the old—all can help in the Nation's Army of Production.

EVERY pound of FOOD raised, helps reduce the cost of living and adds to the Food Supply for Overseas.

For information on any subject relating to the Farm and Garden, write:

INFORMATION BUREAU  
Department of Agriculture  
OTTAWA

PLANT a garden—small or large. Utilize your own back yard. Cultivate the vacant lots. Make them all yield food

WOMEN of towns can find no better or more important outlet for their energies than in cultivating a vegetable garden.

Be patriotic in act as well as in thought.

Use every means available—  
Overlook nothing.

Dominion Department of Agriculture  
OTTAWA, CANADA.

HON. MARTIN BURRELL, Minister.