Relieved This Chronic Trouble

589 CASGRAIN STREET, MONTREAL "In my opinion, no other medicine is so curative for Constipation and

Indigestion as 'Fruit-a-tives'. I was a sufferer from these complaints for five years, and my sedentary occupation, Music, brought about a kind of Intestinal Paralysis; with nasty Headaches, belching gas, drowsiness after eating, and pain in

I was induced to try 'Fruit-a-tives' and now for six months L have been entirely well". A. ROSENBURG. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fmit-a-tives Limited, Ottawa.

MINERAL ACT

MINERAL ACT

N-ITICE

Briggs Garden and Field

Fertilizers and Worm Destroyer. May, Grain and Mill Feed.

Pratt's Poultry Regulator. Chicken Feed a specialty. Mail Orders Promptly Attended to.

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PLUMBING

SHEET METAL WORKS

Phone 5, 834 Second Avenue. Night phones 576

and Blue 270 The right work, at the right time, and at the right price.

Sunday's Sermon spott by Coughing

a dose of Mathieu's Syrup TarandCod Liver Oil taken cfore leaving for church will check that service spoiling

This preparation acts as a tonic as well as a cough cure its use soon enables the ystem to throw off all signs

keep it in the house large bottle 35c at all dealers.

J. L. MATHIEU CO., Prop.

SUBSCRIBE FOR

RED CROSS NOTES.

Mrs. Silversides and Mrs. Harry

Club has again sent in twenty-five shore of the east side of Canoe Paes at a on the shore of the east side of pairs of socks, which are acknow- point about 5 miles northerly along the at a point about 5 miles northerly

ter) has sent a donation of \$20.90. point of commencement. Mr. G. H. Arnold has also sent a cheque for \$6, being commission . on Victory Bonds, both of which are acknowledged with thanks.

The members of the Red Cross Executive are asked to remember the monthly business meeting in

the Prisoners of War fund.

The girls of the Vimy Ridge of commencement. Knitting club, in charge of Miss Tallander and Miss Tingley, made a great success of the sale last Friday in spite of the wet weather Mineral \$63.50 being the amount realised. Canal Mining Mr. Johnson of Vancouver who gave a demonstration of cooking sek, 12 miles from the head of also added to the interest of the afternoon-The winners and the givers of

King Neill, Free the articles raffled were as folintend, lows: Mrs. Bulger gave a cup and reof, to apply saucer won by Sheriff Shirley: Certificate of Fulton Market (Mr. Thomas) sack flour, won by Miss Roching; ke notice that action, un- Mrs. Allen ,box candy, won by Mrs. commenced before Joe Hutchinson; Mrs. J. Lindsay, fruit cake, won by George Hill; Dorothy Nunan, kid gloves, won by W. B. Cornish; Margaret Lindsay, worked handkerchief, won by Miriam Lando; Lorna Tite, cream and sugar set, won by Mrs. C. J. Graham; Mrs. S. D. Macdonald, sugar, won by Agnes Grant; Mrs. Mineral G. Arnott, lace collar, won by Mrs. M. Carroll; Annie Killen and Lita tles Westerly Carroll, box candy, won by J. H. about Pillsbury; Frit Schultz, tobacco. won by A. J. Lancaster; Munro Patmore, Bros., honey and tea, won by J. S. Carmichael: H. B. Rochester, box onal cigiarettes, won by W. H. Tobey; Lizziei Ross, box candy, won by A. L. Tingley: Margaret Bowness, plant, won by Lita Carroll.

Anonymous is thanked for a donation of \$5 to the sale last Fri-

COAL NOTICES

JAMES P. REID, Applicant. Located November 9th, 1917.

SKEENA LAND DISTRICT-DISTRICT OF QUEEN CHARLOTTE ISLANDS

JOSEPH SEXTON, AppReant Located November 9th, 1917.

QUEEN CHARLOTTE ISLANDS

CHARLES E. BURGESS, Applicant. Located November 9th, 1917.

SKEENA LAND DISTRICT-DISTRICT OF QUEEN CHARLOTTE ISLANDS

QUEEN CHARLOTTE ISLANDS

DANIEL L. SUTHERLAND, By Charles E. Burgess, agent. Located November 10th, 1917.

KEENA LAND DISTRICT-DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that Gertrude Knott, of

GERTRUDE KNOTT, By Hans K. Christensen, agent. Located November 10th, 1917.

QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that Daniel L. Sutherland, TAKE NOTICE that Alexander L. Suther-Birch will have charge of the Fri- apply for a license to prospect for coal and tends to apply for a license to prospect for day Sale of Home Cooking in the petroleum over the following described coal and petroleum over the following de-Red Cross Hut on Third Avenue. lands on the West Coast of Moresby Is- scribed lands on the West Coast of Moresby The Port Simpson Knitting land. Commencing at a post planted about Island: Commencing at a post planted the land about 1 mile easterly from a post located about 1 mile easterly from a post located shore from Buck Point! thence south 80 the shore from Buck Point; thence north The Eastern Star (Belist Chap- chains; thence west 80 chains; thence east 80 chains; thence east 80 chains; thence west 80 chains; point of commencement.

ALEXANDER L. SUTHERLAND, By Charles E. Burgess, agent. Located November 10th, 1917.

SKEENA LAND DISTRICT-DISTRICT OF QUEEN CHARLOTTE ISLANDS

east 80 chains to point of commencement, chains to point of commencement,

BETTY KNOTT. By Hans K. Christensen, agent. Located November 10th, 1917.

QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that Thomas Peterson, of chains to point of commencement.

THOMAS PETERSON, By Hans K. Christensen, agent. Located November 10th, 1917.

QUEEN CHARLOTTE ISLANDS

the Court House on Saturday af- Prince Rupert, B. C., clerk, intends to ap- TAKE NOTICE that Betty Knott, of Prince Rupert, B. C., intends to apply for a license to prospect for coal and Rupert, B. C., nurse, intends to apply for a license to prospect for coal and tends to apply for a license to prospect for coal and license to their monthly contribution of shore of the east side of Canoe Pass at a from a post located on the shore of the shore on the easterly side of Canoe located on the shore of the located on the located on the shore of the located on the shore of the located on the shore of the located on the located on the shore of the located on the lo ing at a post planted about 1 mile easterly 200 yards easterly from a post located on about 200 yards easterly from a post \$1.89 for March. Also Miss Roth- point about 5 miles northerly along the east side of Canoe Pass at a point about 7 miles well's class Div. 3, for \$2.98 for shore from Buck Point; thence south so miles northerly along the shore from Buck Point; thence northerly along the

> PETER JENSEN, By Hans K. Christensen, agent. Located November 10th, 1917.

SKEENA LAND DISTRICT OF SKEENA LAND DISTRICT OF SKEENA LAND DISTRICT OF SKEENA LAND DISTRICT OF QUEEN CHARLOTTE ISLANDS

> Prince Rupert, B. C., fisherman, intends to of Prince Rupert, B. C., married woman, pply for a license to prospect for coal and intends to apply for a license to prospect petroleum over the following described for coal and petroleum over the following ands on the West Coast of Moresby Island: described lands on the West Coast o: Commencing at a post planted about 200 Moresby Island: Commencing at a post ards easterly from a post located on the planted about 200 yards easterly from a on the easterly side of Canoe Pass, post located on the shore on the easterly ed at a point about 7 miles northerly side of Canoe Pass, and at a point about 7 ong the shore from Buck Point; thence miles northerly along the shore from Buck west 80 chains to point of commencement

ELIZABETH SUTHERLAND By Charles E. Burgess, agent. Located November 10th, 1917.

QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that Peter Jensen, of TAKE NOTICE that Allie E. Burgess, of ALLIE E. BURGESS,

By Charles E. Burgess, agent. Located November 19th 1917.

NTRODUCING

-The Famous "Staff' Family of Good Drinks to the People of Prince Rupert.



NECTAR of Purest Apples, blended into a drink of rare deliciousness and flavor; clear as crystal, sparkling like champagne, sweet as orchards in full bloom, and fragrant with the mellowness of selected ripe fruit. Try a glass of Applestaff today; order a case for the home.

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Richest brew of good cheer and health; essence of golden grains, rendered into a matchless beverage for young and old-snappy, invigorating, stimulating to body and nerves, Lifestaff is foamy, creamy, golden yellow, with a taste that says "Come again!" In popular priced bottles.

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BOCKSTAFF EVERYWHERE

We are pleased to announce that we have just been named distributors of "Staff" Beverages for Prince Rupert and vicinity, for the Hemrich's Staff Products Company, of Seattle. We are supplying Cafes, refreshment places, hotels, restaurants, grocers, and other dealers as rapidly as possible. Please Phone the undersigned if you can't get Applestaff, Lifestaff or Bockstaff; we will see that your order is promptly filled.

> F. G. DAWON, Limited Distributers

Phone 77 and 72.

Prince Rupert, B.C.