

DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As A Germ Laboratory.

AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rash, Eczema and other Skin Affections disappear when "Fruit-a-tives" are taken to correct Constipation.

"Fruit-a-tives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs. 30c a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of money Fruit-a-tives Limited, Ottawa.

NEW AERIAL WING IS ASKED FOR CANADA

Ottawa, April 11.—Representing various aero clubs and military institutions in Canada, a delegation waited upon a number of members of the war committee of the cabinet in Hon. N. W. Rowell's office today requesting that a wing consisting of five squadrons of 18 machines each be added to the Royal Flying Corps from Canada. The members of the government present were, in addition to Mr. Rowell, Major-General Mewburn, Hon. A. L. Sifton, and Hon. Hugh Guthrie. Col. W. Hamilton Merritt, of the Canadian aviation fund, who headed the deputation, said it was proposed that the Dominion government should present two of the squadrons, one to be composed of training machines for use at home, and the other of battle or scout planes to be sent to the front.

Mr. Rowell stated that consideration would be given to the matter by the government, although they had already been dealing with suggestions of this character.

Major-General Mewburn stated that it might be premature to consider formation of a Canadian branch of the service.

ENEMY'S PLANS HAVE ALL BEEN UPSET

Washington, April 12.—The tenacity of the British and French armies has upset the ambitious plans of the German high command for the battle of Picardy, says the War Department's weekly military review, and now the enemy, determined to get in some sort of success at any cost, is throwing fresh troops into the battle in an effort to secure limited objectives. Because of this the situation is expected to remain uncertain for some time to come.

General improvement in the strategic position of the Allies is noted, and the review declares that under Gen. Foch the Allied military machine is working smoothly and efficiently in stemming the German assault.

There is no mention whatever of the American troops reported hurrying to the front to join the British and French, though the Department again mentions that several American transport sections have taken an active part in the battle and that the American aviation service is co-operating with the British artillery.

COAL NOTICES

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, Joseph Sexton, of Prince Rupert, B. C., Prospector, intend to apply for a license to prospect for coal and petroleum over the following described lands on the West Coast of Moresby Island, Commencing at a post planted about 1/4 of a mile southeasterly from a post located on the shore of a small Bay opening out of Canoe Pass between Moresby and Chaatl Islands, about 3 miles northerly along the Moresby Island side of Canoe Pass from Buck Point; thence south 80 chains; thence east 80 chains; thence north 20 chains; thence west 80 chains to the point of commencement.

JOSEPH SEXTON, Applicant.
Located November 9th, 1917.

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, James P. Reid, of Prince Rupert, B. C., Prospector, intend to apply for a license to prospect for coal and petroleum over the following described lands on the West Coast of Moresby Island, Commencing at a post planted about 1/4 of a mile southeasterly from a post located on the shore of a small Bay opening out of Canoe Pass between Moresby and Chaatl Islands, about 3 miles northerly along the Moresby Island side of Canoe Pass from Buck Point; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement.

JAMES P. REID, Applicant.
Located November 9th, 1917.

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, Charles E. Burgess, of Prince Rupert, B. C., miner, intend to apply for a license to prospect for coal and petroleum over the following described lands on the West Coast of Moresby Island, Commencing at a post planted about 1/4 of a mile southeasterly from a post located on the shore of a small Bay opening out of Canoe Pass between Moresby and Chaatl Islands, about 3 miles northerly along the Moresby Island side of Canoe Pass from Buck Point; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement.

CHARLES E. BURGESS, Applicant.
Located November 9th, 1917.

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, Hans K. Christensen, of Prince Rupert, B. C., prospector, intend to apply for a license to prospect for coal and petroleum over the following described lands on the West Coast of Moresby Island, Commencing at a post planted about 1/4 of a mile southeasterly from a post located on the shore of a small Bay opening out of Canoe Pass between Moresby and Chaatl Islands, about 3 miles northerly along the Moresby Island side of Canoe Pass from Buck Point; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement.

HANS K. CHRISTENSEN, Applicant.
Located November 9th, 1917.



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Richest brew of good cheer and health; essence of golden grains, rendered into a matchless beverage for young and old—snappy, invigorating, stimulating to body and nerves, Lifestaff is foamy, creamy, golden yellow, with a taste that says "Come again!" In popular priced bottles.

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Good old fashioned Bock brew, more tasty and creamy than ever; rich and dark of color, foaming with spirit and life, Rockstaff is the "Hit of the Town" wherever it has been introduced. It is the pleasing, snappy drink you have been waiting for, with an after taste that makes you smack your lips with joy.

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