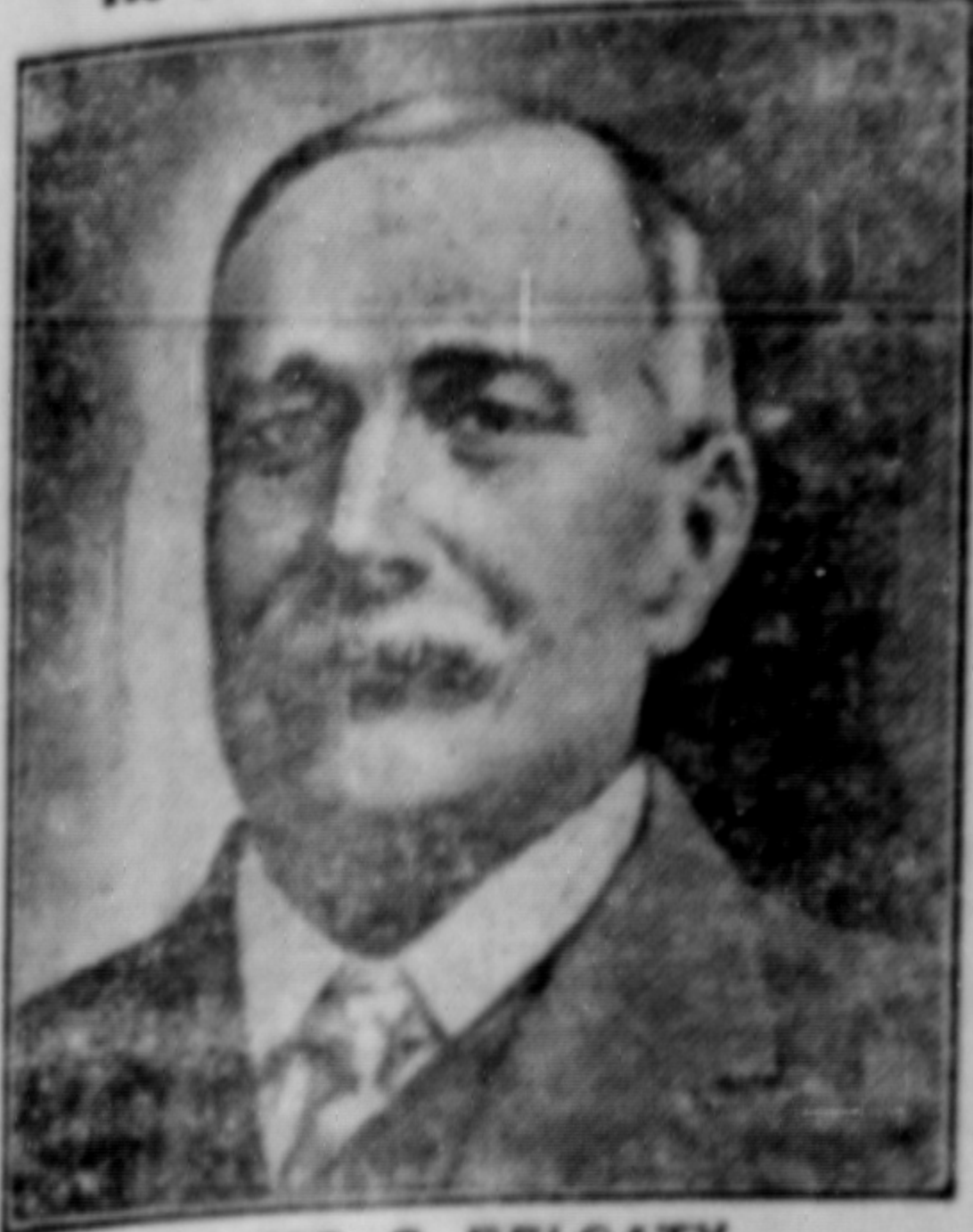


ACUTE NERVOUS EXHAUSTION

All Treatments Proved Useless Until He Tried "FRUIT-A-TIVES".



MR. J. S. DELGATY.

R.P. No. 4. Gilbert Plains, Man. "In the year 1910, I had Nervous Prostration in its worst form; was reduced in weight from 170 pounds to 115 pounds. The doctors had no hope of my recovery, and every medicine I tried proved useless until a friend induced me to take 'Fruit-a-tives'." I began to mend almost at once; and after using this fruit medicine for 3 or 4 months, I was back to my normal state of health. I never had such good health for twenty years as I have enjoyed the past six years. We are never without a box of 'Fruit-a-tives' in the house."

J. S. DELGATY.
See a box, 6 for \$2.50, trial size 25c.
At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

KEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

TAKE NOTICE that the Grand Trunk Pacific Railway Company of Winnipeg, Manitoba, intends to apply for permission to use the following described lands:—Commencing at a post planted at the most northerly point of Lot 507 at or about high-water mark, thence northerly, easterly, southerly and westerly, following the meander of the shore line to a point of commencement, including all that fore- and between high-water and low-water. Dated April 4th, 1918.

THE GRAND TRUNK PACIFIC RAILWAY COMPANY, H. H. Hansard, solicitor.

MINERAL ACT

CERTIFICATE OF IMPROVEMENTS

NOTICE

"Molybdenum" and "Success" Mineral Claims, situated in the Skeena Mining Division of Cassiar District.

Where located:—About 4 miles westerly from the head of Alice Arm, and about half mile from the Beach.

TAKE NOTICE that Lewis W. Patmore, holder of the certificate No. 14732-C, as set out in the Molybdenum Mining and Reclamation Company, Limited, (Non Personal Liability) Free Miner's Certificate No. 1911-C, intends sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of all of the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 must be commenced before the issue of such Certificate of Improvements.

DENTISTRY

CROWN AND BRIDGE WORK A SPECIALTY

DR. J. S. BROWN

DENTIST

Office: Smith Block, Third Avenue Phone 454

Seeds! Seeds!

We handle

Rennie's, Ferry's and Steele Briggs Garden and Field Seeds.

Fertilizers and Worm Destroyer.

Hay, Grain and Mill Feed.

Pratt's Poultry Regulator.

Chicken Feed a specialty. Mail Orders Promptly Attended to.

Prince Rupert Feed Co.

Phone 55. P. O. Box 333

Sterling

THE ENGINE REFINEMENT

For the finest boats that float

FISHERMAN'S ENGINE 2 Cyl.—5 1/2 in. by 7 in., 12-16 Horse Power.

4 Cyl.—8 1/2 in. by 8 1/2 in., 25 Horse Power.

4 Cyl.—10 1/2 in. by 10 in., 25-30 Horse Power.

For Further Information Apply to

W. E. WILLISCROFT Prince Rupert, B. C.

THE DEVELOPMENT OF TELKWA COAL FIELD

The Telkwa Collieries Limited was organized in Prince Rupert last week with the object of developing the Ashman coal properties near Telkwa. The syndicate is composed of some of Prince Rupert's most successful business men and in a week or two, or as soon as the snow goes off the property sufficiently to allow of exploration work, the engineer and some of the officers of the company will visit the property and map out a line of action for its development.

It will be the aim of the company to get out coal for the local market by early fall.

Mr. Ashman was in town this week after his trip to Prince Rupert and reports coast people well satisfied with the coal recently sent from this property to their market and gratified over the prospect of a local supply. This product has also been used in Smithers and Telkwa with entirely satisfactory results.

The property is situated about seven miles from Telkwa, on Goat creek, and of easy accessibility by wagon road from that town. Two tunnels have been driven on the property, one for 150 feet and the other of a little shorter length and it was from the latter work that the recent test shipments were made.

A test of this coal was made by the Granby Company, which places the product exceptionally high as a coking coal, registering 89 per cent. This in itself is of great interest at present through the agitation now raging on the coast for the establishment of a steel works and smelter, the successful operation of which depends upon a good supply of coke.

The analysis shows a high percentage of fixed carbon with a comparatively low ash content, as follows:
Fixed carbon 61.50
Combustible matter 28.00
Percentage of moisture 1.00
Percentage of ash 9.00
Sulphur percentage50

The Y.M.C.A. provides tents and huts where the boys at the front may rest, talk, hold concerts and sing songs and be at home away from home.

COAL NOTICES

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, Joseph Sexton, of Prince Rupert, B. C., Prospector, intend to apply for a license to prospect for coal and petroleum over the following described lands on the West Coast of Moresby Island, Commencing at a post planted about 1/4 of a mile southeasterly from a post located on the shore of a small Bay opening out of Canoe Pass between Morsby and Chait Islands, about 3 miles northerly along the Morsby Island side of Canoe Pass from Buck Point; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement.

JOSEPH SEXTON, Applicant.
Located November 9th, 1917.

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, James P. Reid, of Prince Rupert, B. C., Prospector, intend to apply for a license to prospect for coal and petroleum over the following described lands on the West Coast of Moresby Island, Commencing at a post planted about 1/4 of a mile southeasterly from a post located on the shore of a small Bay opening out of Canoe Pass between Morsby and Chait Islands, about 3 miles northerly along the Morsby Island side of Canoe Pass from Buck Point; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement.

JAMES P. REID, Applicant.
Located November 9th, 1917.

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, Charles E. Burgess, of Prince Rupert, B. C., miner, intend to apply for a license to prospect for coal and petroleum over the following described lands on the West Coast of Moresby Island, Commencing at a post planted about 1/4 of a mile southeasterly from a post located on the shore of a small Bay opening out of Canoe Pass between Morsby and Chait Islands, about 3 miles northerly along the Morsby Island side of Canoe Pass from Buck Point; thence south 80 chains; thence east 80 chains; thence north 80 chains; thence west 80 chains to the point of commencement.

CHARLES E. BURGESS, Applicant.
Located November 9th, 1917.

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, Hans K. Christensen, of Prince Rupert, B. C., prospector, intend to apply for a license to prospect for coal and petroleum over the following described lands on the West Coast of Moresby Island, Commencing at a post planted about 1/4 of a mile southeasterly from a post located on the shore of a small Bay opening out of Canoe Pass between Morsby and Chait Islands, about 3 miles northerly along the Morsby Island side of Canoe Pass from Buck Point; thence north 80 chains; thence west 80 chains; thence south 80 chains; thence east 80 chains to the point of commencement.

HANS K. CHRISTENSEN, Applicant.
Located November 9th, 1917.

How the Y.M.C.A. Contributes to Victory

"Earn and Give" Campaign for Boys

Serve your Country by your labor and make a gift to the Red Triangle Fund from your earnings! What a fine chance to do a double service! Six thousand boys are asked to give \$10 each. Of the total, \$50,000 goes to help the soldiers, the balance for boys' work. Gifts must be at least \$10, the standard unit. A boy may subscribe more than \$10 in \$10 units but not less. A beautifully engraved certificate will be given to each subscriber. Ask your local Y. M. C. A. representative for pledge card and full information.



Y. M. C. A. man serving coffee 100 yards from German Trenches

YPRES, Langemarck, Festubert, Vimy Ridge, Paschendaele—how the very names thrill! They stand for deeds of the bravest of the brave—our own Canadian lads! They fight and win, not always by strength of numbers, but by unbeatable fighting spirit, or "morale."

Said a British Staff officer: "I have known morale to be found in a cup of hot coffee. I have seen it sustained by a man's merely writing a letter home. If you want an easy and short definition of 'morale' you will find a good one in the four letters Y.M.C.A."

Y.M.C.A. Red Triangle Fund

\$2,250,000, May 7, 8, 9

Canada-Wide Appeal

The staff officer pointed to the men trooping into the big Y.M.C.A. hut and continued: "Those men are going to the front line to-morrow. In the Y.M.C.A. some of them will be playing games, others attending divine service, but each in his own way will find a strengthening of his 'morale' in the comradeship of his fellows under the Red Triangle. All this is a thing which is going to turn the balance in our favor."

Through the hell of battle after battle, our brave soldiers fight. Through fire, water, mud, filth and deadly danger follows the ever faithful Y.M.C.A. man, even if he can bring but a bucket of invigorating coffee to fagged fighters. Will you help us to supply the coffee—and to render the thousand and one similar services to soldiers everywhere?

The Y.M.C.A. needs at least \$2,250,000 to meet the tremendous demands. Be generous!

National Council, Young Men's Christian Association

Campaign Directors for Western Canada

British Columbia: J. S. Rankin, 607 Board of Trade Bldg., Vancouver
Alberta: John Hanna, City Hall, Calgary

Saskatchewan: T. D. Patton, Y.M.C.A., Regina
Manitoba: J. H. Crocker, 1106 McArthur Bldg., Winnipeg

Bits from Soldiers' Letters

"The Hut is very well termed 'next to home.'"

"I went home for the first time in 18 years and I had not written for 13 years. I have given up my old habits of drinking and gambling and thank God for it. Thanks to a little word caught at one of your good-night services."

"From one end of the train to the other I heard nothing but good of the 'Y.' Your representative did his best to supply our needs, purchasing stuff at rock bottom prices and letting the boys have it the same way."

"They send guides out with parties of soldiers on sight-seeing tours all over London."

A German prisoner said: "The reason you fellows show such fight is easily understood. Your officers' cantans, Y. M. C. A.'s and padres are backing you up."

"Who pays? I don't know. But whoever they are, God bless them. They are the fathers of thousands of boys."

Tributes

Lord Northcliffe:

"I do not think the war can be fought without the Y.M.C.A."

Maj.-General Burstall:

"The benefit to the troops is beyond calculation."

Lt. Colonel Mayes:

"Games have a tendency to increase fighting spirit. Any efforts on your part to expedite delivery of athletic equipment will be of national service."

Harry Lauder:

"We took the responsibility of sending these boys to defend us, and we must not fail them. The Y. M. C. A. huts are the soldiers' 'Home from Home.'"

Brig. Gen. Odium:

"I want to let you know how much I was impressed with the work done by the Y.M.C.A. It was simply magnificent. All ranks are enthusiastic. I have recommended one of your officers for the Military Cross. The Y.M.C.A. has endeared itself to the soldier in France as no other institution has."

Constipation Cured in His 78th Year without Drugs

Did you ever know any person who was permanently cured of Constipation by taking drugs of any kind? Drugs seem to assist Nature at the time, but as time goes on larger doses are necessary until the trouble becomes chronic.

Internal Bathing is the only real cure for Constipation. It keeps the Colon or Lower Intestine free from all accumulation. Soon the system performs its regular functions unaided, and there is no further trouble.

Mr. A. McLean, of Conger Lumber Co., Parry Sound, writes:—"I have been troubled with Constipation for the last 35 or 40 years, and could not pass one day without taking medicine. I have used the 'J. B. L. Cascade' since getting it 21 days ago, with wonderful results. Will recommend any person to use it."

Dr. Chas. A. Tyrrell of New York, invented and perfected the "J. B. L. Cascade" for Internal Bathing, which is today the only efficient means of accomplishing the desired results. Dr. Tyrrell has published an interesting book on Internal Bathing, called "Why Man of Today is Only 50 Per Cent. Efficient," which can be had free for the asking of Cyril H. Orne, Druggist, cor. 3rd Ave. and 6th St. He will also be pleased to show and explain the "J. B. L. Cascade" to you.

Certificate of Improvements

NOTICE

"LOUISE" Mineral Claim, situated in the Portland Canal Mining Division of Cassiar District. Where located:—On American Creek, about 4 miles from its mouth.

TAKE NOTICE that I, Robert Stewart, Free Miner's Certificate No. 9530-C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 85 must be commenced before the issue of such Certificate of Improvements.

Dated this 28th day of March, 1918.

KEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS

TAKE NOTICE that I, E. H. Simpson, of Prince Rupert, B. C., mariner, intend to apply for permission to purchase the following described lands:—

Commencing at a post planted at north-east corner of the Longfellow Mineral Claim, W. P. Northeast corner No. 4050; thence west 20 chains; thence north 20 chains; thence east 20 chains; thence south 20 chains more or less along shore line to point of commencement, containing 40 acres, more or less.

DATED 27th January, 1918.
E. H. SIMPSON,
By Chas. J. Benson, Agent.

BANK OF British North America

Statement to the Dominion Government (Condensed) 31st January, 1918.

LIABILITIES TO THE PUBLIC
Notes in Circulation .. \$ 5,312,540
Deposits .. 56,732,358
Due to other Banks .. 884,788
Bills Payable (Acceptances by London office) .. 1,366,843
Acceptances under Letters of Credit (as per contra) .. 1,113,404
\$65,409,933

ASSETS.
Cash in hand and in Bank \$13,156,963
Deposit with Government of Note Circulation .. 845,822
Deposit in Central Gold Reserve .. 1,970,000
Government, Municipal and other Securities .. 19,591,380
Call and Short Loans .. 7,521,447
Liabilities of Customers under Letters of Credit (as per contra) .. 1,113,404
Bank Premises .. 2,409,292
\$78,418,448



It's no uncommon thing for the saleslady to mention LUX to help her make a sale. So widespread is the reputation of these dainty, little satiny soap wafers that almost every Canadian woman knows about LUX. If you don't—just get a package to-day. It shows the modern way to perfectly washed silks, woollens, laces, lawns, crepe-de-chines, etc., without rubbing.

LUX

Won't Shrink Woollens
British Made, by
LEVER BROTHERS LIMITED, TORONTO
and sold by all good grocers