

# THE DAILY NEWS

THE LEADING NEWSPAPER IN NORTHERN BRITISH COLUMBIA

Published Daily and Weekly

Guaranteed Largest Circulation

## HEAD OFFICE:

Daily News Building, Third Avenue, Prince Rupert, B.C. Tel. 98.

TRANSIENT DISPLAY ADVERTISING - 50 cents per inch.

Contract Rates on application.

DAILY EDITION.

Thursday, May 30, 1918.

### Changing a People's Habit.

When people are asked to save food, they should not hastily jump to the conclusion that they are expected to eat less than their accustomed quantities. That's not the idea at all.

What is desired is that they should cut out certain ordinary articles of diet, such as wheat and beef and bacon. When this has been done, there are still plenty of other foods from which the human body can obtain abundant nourishment.

The chief difficulty in the way of making the change is the taking of thought as to acceptable substitutes. Man is a creature of habit. He resents being shaken out of his routine. For this reason, the food controller has been compelled to go slow.

The first step was a campaign of education and persuasion. Then came the obligatory regulations on public eating houses and the orders against hoarding certain articles, such as flour and sugar.

Presently, as public opinion becomes reconciled to the necessity, the government will screw its courage to the sticking point and will adopt some system which will amount to the rationing of private houses.

Not improbably, this will be brought about in part by taking possession of the whole of this year's wheat crop—sending as much as can be spared to Europe and dividing the rest among the cities and towns of Canada in proportion to population.

What is quite sure, is that this country must prepare itself for regulations considerably more drastic than have yet been put into force. It has to be done. The Allied armies must not be stinted. The fighting man has to be kept in shape. The civilian populations of Great Britain and France and Italy cannot be allowed to suffer from famine.

### MR. COPP'S CHARGES.

Mr. Copp of Westmoreland made a series of charges in the House reflecting on Commanding Officers, Deputy Presiding

Officers, and Poll Clerks concerned in the taking of the votes of the soldiers overseas. Two of his accusations are particularly grave:

"That military electors were threatened with removal to the fighting line if they did not mark their ballots for the Government in the presence of and in the manner prescribed by the Deputy Presiding Officer."

"That military electors who refused to vote as they were directed in the manner referred to in the preceding paragraph were accordingly immediately removed to regiments proceeding to the fighting line."

These charges alone, made upon the responsibility of a member of Parliament, would justify the demand for a searching investigation. If they can be established no punishment will be too severe for the guilty officers or officials. Mr. Copp makes many other allegations of fraud and irregularity. Some of these are serious and circumstantial; others, such as the complaint that the Government's campaign literature was untruthful, belong to the ordinary election polemics. The whole indictment is one that no Government can ignore.—Toronto Globe.

### EVERYBODY SHOULD WORK

The law forbidding idleness is being applied with some effect in Canada and the United States against the class of persons upon whom the police are accustomed to keep an eye. The individual with a precarious income from mysterious sources is being dealt with adequately.

It should not be forgotten, however, that the law, in theory at any rate, is intended to apply to men and women at both ends of the social scale. Idleness at the top is just as deleterious to the community as idleness at the bottom.

Indeed, it may easily be more so, because the rich loafer, who consumes without producing, arouses envy among the unreflecting, whereas, his impecunious imitator is merely a despised nuisance.

In the regenerated world



which optimists are predicting to arise after the war, will everybody work? Will it become unfashionable for the sons and daughters of the rich to do nothing but amuse themselves? Will everybody have some useful occupation, and nobody be overburdened with toil?

Perhaps. But, in the meantime, how many men and women of large means have been taken before the magistrate and ordered to find themselves something to do?—Vancouver Sun.

Advertise in the Daily News.

### Insomnia Cured Without Drugs

#### Internal Bathing Relieves the Cause

If you do not sleep there is always some cause. Don't start dosing with drugs. Nerves can't consume them. Relieve the cause and a good, sound sleep will be the result.

The system cannot be right if the Colon or large intestine is not kept clean and free from all waste matter. Bathe internally if you want perfect health.

Mr. F. C. Voigt, Rapid City, Man., writes:—"For several years I suffered from indigestion, Nervous Debility, Insomnia and Constipation. Had no appetite, and doctors did not expect I would live throughout the winter. Your book interested me. I got a 'J. B. L. Cascade' and in a few days obtained remarkable results. I now sleep and enjoy my meals better than for years before. I regard the 'J. B. L. Cascade' as a Godsend to me."

The "J. B. L. Cascade" is a perfected appliance for internal bathing, invented by Dr. Chas. A. Tyrrell of New York, and has been the means of restoring thousands to perfect health. It is shown and explained by Cyril H. Orme, Druggist, cor. 3rd Ave. and 6th St., who will be pleased to give you an interesting book called "The What, The Why, The Way of Internal Bathing" on request. Ask for it.



### SALE OF GOVERNMENT PROPERTY PRINCE RUPERT DISTRICT.

SEALED TENDERS, endorsed "Tenders for Logging Engine," will be received by the undersigned up to 31st May, 1918, for the purchase of the following:—

One 10 x 12 Empire Logging Donkey Engine, complete with sled and water tank, together with all necessary operating equipment.

The above is now in use by, and can be seen at, the Kerr & Munn Logging Company's camp, Queen Charlotte Islands. Tenders are to be F.O.B. at the present site.

The highest or any tender not necessarily accepted.

JAMES PATTERSON, Purchasing Agent, Victoria, B.C., 3rd May, 1918. 15-23

### MINERAL ACT

#### Certificate of Improvements

#### NOTICE

"LOUISE" Mineral Claim, situated in the Portland Canal Mining Division of Cassiar District. Where located:—On American Creek, about 4 miles from its mouth.

TAKE NOTICE that I, Robert Stewart, Free Miner's Certificate No. 9539-C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 85 must be commenced before the issue of such Certificate of Improvements.

Dated this 28th day of March, 1918.

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

TAKE NOTICE that the Grand Trunk Pacific Railway Company of Winnipeg, Manitoba, intends to apply for permission to lease the following described lands:—Commencing at a post planted at the most northerly point of Lot 507 at or about high-water mark, thence northerly, easterly, southerly and westerly, following the sinuities of the shore line to a point of commencement, including all that fore-shore between high-water and low-water. Dated April 4th, 1918.

THE GRAND TRUNK PACIFIC RAILWAY COMPANY, H. H. Hansard, solicitor.

### MAIL SCHEDULE

For the East. Mondays, Wednesdays and Saturdays at 9:30 a.m.

From the East. Sundays, Tuesdays and Thursdays at 5:30 p.m.

For Vancouver: Tuesdays ..... 5 p.m. Wednesdays ..... 7 a.m. Thursdays ..... 10 p.m.

From Vancouver: Sundays ..... 10 p.m. Wednesdays ..... 10:30 a.m. Saturdays ..... p.m.

For Anyox: Sundays ..... 10 p.m. Wednesdays ..... 10 p.m.

From Anyox: Tuesdays ..... a.m. Thursdays ..... p.m.

For Port Simpson and Naas River points: Sundays ..... 10 p.m.

From Port Simpson and Naas River Points: Tuesdays ..... a.m.

Queen Charlotte Islands: For Massett, Port Clements and Upper Island points: Saturdays ..... 8 a.m. From Massett, Port Clements and Upper Island points: Tuesdays ..... a.m.

For Skidegate, Queen Charlotte City and Lower Island points: Wednesdays ..... 6 p.m. From Skidegate, Queen Charlotte City and Lower Island points: Saturdays ..... p.m.

The Daily News delivered by carrier, 50 cents per month.

### DENTISTRY

CROWN AND BRIDGE WORK A SPECIALTY

DR. J. S. BROWN

DENTIST

Office: Smith Block, Third Avenue Phone 684

# WRIGLEYS

Six reasons

WHY it's a good friend:

- 1—Steadies nerves
- 2—Allays thirst
- 3—Aids appetite
- 4—Helps digestion
- 5—Keeps teeth clean
- 6—It's economical

Sealed tight—Kept right

Keep the soldiers and sailors supplied!



MADE IN CANADA

Chew it after every meal

The Flavour Lasts!

Advertise In The Daily News

"The food crisis is grave and urgent, beyond possibility of exaggeration."—Sir Robert Borden

## City and Town Labor Must Save The Food Situation

THE heart of the food production problem is labor, and the heart of the labor problem is the city dweller. City people must produce food if Canada is to do her full duty in support of our soldiers and Allies.

Men who are needed on farms must come from the cities and towns—there is no other source. The Provincial Departments of Agriculture co-operating with the Canada Food Board, can place thousands of men on good farms in this Province. They are needed at once.

### Those who remain at home must also Grow Food

A War Garden will not excuse the man whose rightful place this year is on a farm. But War Garden service is needed from those who can do no more.

Every pound of home-grown vegetables, produced on city land by city labor, will be a positive addition to the food supply. Home Garden

and Vacant Lot cultivation will leave the farmers free to grow more food for export.

The vegetable garden offers an opportunity for service to men whose circumstances make it impossible for them to work on a farm, to women, to boys and girls—to city people generally.

### Be a Food Producer This Year

If there is a garden or vacant lot movement in your community, associate yourself with it. If no organization exists, do what you can to interest your neighbours in the War Garden campaign. Write to your Provincial Department of Agriculture for pamphlets on gardening and additional information.

CANADA FOOD BOARD



Director of Production

Director of Agricultural Labor

Chairman

(In Co-operation with the Provincial Departments of Agriculture.)



### S. S. PRINCE RUPERT

—sailing—

Wednesday 9.00 a.m. for Swanson Bay and Vancouver.

### S.S. PRINCE GEORGE

Wednesday Midnight to Anyox.

Thursday Midnight for Swanson Bay, Ocean Falls, Vancouver, Victoria and Seattle.

### S. S. PRINCE JOHN and PRINCE ALBERT.

Alternating Weekly to Queen Charlotte Islands.

### TRAIN SERVICE

Passenger Monday, Wednesday and Saturday at 11:30 a.m. for Smithers, Prince George, Edmonton and Winnipeg, making direct connections for all points east and south.

Agency All Ocean Steamship Lines.

For information and reservations apply to

City Ticket Office, 526 Third Avenue.

PHONE 260



### CANADIAN PACIFIC RAILWAY

Lowest Rates to all Eastern Points via Steamer to Vancouver and the Canadian Pacific Railway

Meals and Berth included on Steamer

### FOR VANCOUVER, VICTORIA AND SEATTLE

S.S. SOPHIA sails from Prince Rupert May 3rd, 14th, 24th; June 4th, 15th and 25th.

S.S. PRINCESS ALICE sails for Vancouver June 22nd and July 6th.

S.S. PRINCESS MAY sails for Vancouver May 5th, 12th, 19th, and 26th; June 2nd, 9th, 16th, 23rd and 30th.

W. C. ORCHARD, General Agent.

Corner Fourth Street and Third Avenue, Prince Rupert, B.C.