

DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As A Germ Laboratory.

AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rashes, Eczema and other Skin Affections disappear when "Fruit-a-tives" are taken to correct Constipation.

"Fruit-a-tives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs. 10c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

MINERAL ACT.

CERTIFICATE OF IMPROVEMENTS.

NOTICE

Stark Fraction Mineral Claim, situated in the Skeena Mining Division of Cassiar District. Where located:—Seven miles from Goose Bay, on the northwest branch of Hills Creek.

TAKE NOTICE that I, Wm. T. Kergin, F.M.L. No. 9475 C, acting as agent for George Rudge, F. M. L. No. 6139, and Wm. E. Lord, F. M. L. No. 18231 C, and for myself, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim. And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.

Dated this 10th day of April, A. D. 1918

STEEN & LONGWILL

SANITARY AND HEATING ENGINEERS

Agents for

McCLARY FURNACES

PLUMBING

and

SHEET METAL WORKS

Phone 5, 834 Second Avenue.

Night phones 576 and Blue 270

The right work, at the right time, and at the right price.

Seeds! Seeds!

We handle

Rennie's, Ferry's and Steele Briggs Garden and Field Seeds.

Fertilizers and Worm Destroyer.

Hay, Grain and Mill Feed.

Pratt's Poultry Regulator.

Chicken Feed a specialty.

Mail Orders Promptly Attended to.

Prince Rupert Feed Co.

Phone 55. P. O. Box 333

THE "WHY" IN ICE CREAM

"Why does making ice cream keep down the price of milk?"

Because it steadies the supply of milk throughout the year.

The largest demand for ice cream comes between May and October, exactly when there is a surplus in milk and fewer customers to use it, as so many city people go into the country.

The farmer keeps the same number of cows summer and winter, but the supply of milk is greater in the summer months.

By his contracts the milk dealer has to take the surplus from the dairy farmer. He could not get over the glut in the market without loss if he did not turn to ice cream making. Any loss in summer he would have to make up by an increased price of milk in winter.

It requires 300 pounds of milk churned into butter to give the same returns as 200 pounds made into ice cream. Fifty per cent. of all ice cream is consumed as dessert, and thus really takes the place of other goods. If the summer surplus of milk were churned for butter only the price to the farmer would drop and he would reduce the number of his cows. This would mean a scarcity of winter milk, and scarcity means added price to the consumer.

Revenue from ice cream, after all, comes for six months from those best able to afford it. Yet the benefit of a steady price of milk for twelve months is shared by all. Relatively, the benefit is greater to the man with the small wage.

The Food Board has restricted the amount of fats in ice cream to 10 per cent. Ice cream has a food value, but it is chiefly a luxury. We utilize its luxury value in war time best by steadying the all year round price of milk. Canada Food Board.

Advertise in the Daily News.

Appendicitis Operations Not Always Necessary

Internal Bathing Relieves the Cause

Your physician will tell you that Appendicitis is an inflamed condition of the little sack called the Appendix at the lower right-hand corner of the Colon or large intestine. By cleansing this Colon with purified warm water by the "J. B. L. Cascade" this sack is cleansed and the inflammation subsides. Hundreds of operations have been avoided by using the warm water cure for Appendicitis. Mr. Jas. McLaughlin, 91 Evanston street, Winnipeg, writes:—

"I had spent over fifty dollars with doctors trying to cure Appendicitis. Finally the doctor said I must go to the hospital at once for an operation. Your advertisement interested me. I bought a 'J. B. L. Cascade,' which relieved me at once, and am now completely cured. Never felt better in my life; all pain and soreness gone, and I eat and sleep like a boy. I am grateful to Dr. Tyrrell for this wonderful health-giving invention."

95 per cent. of all human ills are caused by accumulated waste in the Colon. Internal Bathing with the "J. B. L. Cascade" keeps this large intestine as free from all waste and as clean as nature demands it should be for perfect health. Ask Cyril H. Orme, Druggist, corner 3rd Ave. and 6th st., for booklet called "Why Man of Today is Only 50 Per Cent. Efficient." It is free. He will also be pleased to show and explain the "J. B. L. Cascade" to you.

NOTICE OF CANCELLATION OF RESERVE

Notice is hereby given that the reserve existing on that portion of Lot 1438, Queen Charlotte District, surveyed and known as Lot 2810 by reason of a notice appearing in the British Columbia Gazette of December 27, 1907, is cancelled for the purpose of leasing said Lot 2810, Queen Charlotte District, to the British Canadian Lumber Corporation Limited for saw mill purposes.

G. R. NADEN, Deputy Minister of Lands, Department of Lands, Victoria, B. C., 14th May, 1918. 322

MINERAL ACT

Certificate of Improvements.

NOTICE

"Rupert," "Scranton," "Gem," and "George" Mineral Claims, situated in the Skeena Mining Division of Coast District. Where located:—At Kwinitsa, Skeena River.

TAKE NOTICE that Alex. M. Manson, Free Miner's Certificate No. 14298-C, acting as agent for the B. C. Salt Works, Limited, Free Miner's Certificate No. 14,257-C, intend sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.

Dated this 12th day of May, A. D. 1918.

DENTISTRY

CROWN AND BRIDGE WORK A SPECIALTY

DR. J. S. BROWN

DENTIST

Office: Smith Block, Third Avenue Phone 684

ADAMS California Fruit Gum



A healthy goody-goody for hungry kiddies.

Good for little teeth which some sweets harm.

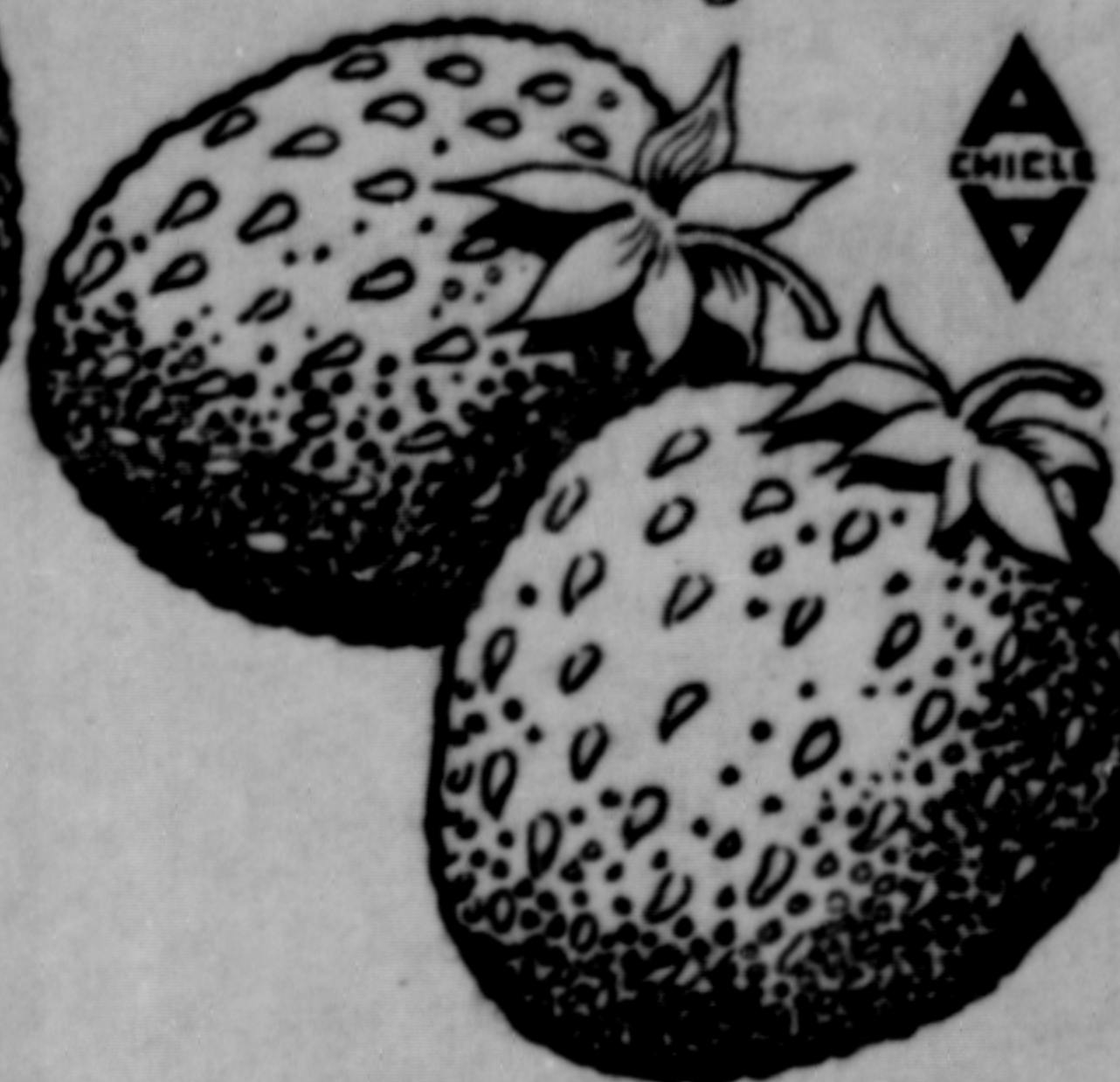
Better for little tummies than too frequent eating.

The best in-between meals "treat" for anyone.

Prominently displayed in most stores

Also ADAMS (the original) TUTTI FRUTTIGUM

ADAMS Pure Chewing Gum



CANADIAN CHEWING GUM CO. LIMITED

LAND REGISTRY ACT.

(Sections 36 and 134.)
Re Application No. 9822-1

TAKE NOTICE that application has been made to register John E. Berg of Ketchikan, Alaska, as owner in fee under a Tax Sale Deed from the Collector of the City of Prince Rupert, bearing date the 28th day of November, 1917, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying and being in the Municipality of the City of Prince Rupert, B. C., more particularly known and described as Lots thirty-eight (38), and thirty-nine (39), Block thirty (30), Section eight (8), Map 923. You are required to contest the claim of the tax purchaser within 35 days from the date of the service of this notice (which may be effected by publication in the Daily News, and your attention is called to section 36 of the "Land Registry Act" with amendments, and to the following extract therefrom:—

"and in default of a caveat or certificate of its pendency being filed before the registration as owner of the person entitled under such tax sale, all persons so served with notice, and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be forever estopped and debarred from setting up any claim to or in respect of the land so sold for taxes, and the Registrar shall register the person entitled under such tax sale as owner of the land so sold for taxes."

AND WHEREAS application has been made for a Certificate of Indefeasible Title to the above-mentioned lands, in the name of John E. Berg.

AND WHEREAS on investigating the title it appears that prior to the 13th day of October, 1916 (the date on which the said lands were sold for overdue taxes), you were the assessed owner thereof.

FURTHER TAKE NOTICE that if the same time I shall effect registration in pursuance of such application and issue a Certificate of Indefeasible Title to the said lands in the name of John E. Berg, unless you take and prosecute the proper proceedings to establish your claim, if any, to the said lands, or to prevent such proposed action on my part.

DATED at the Land Registry Office, Prince Rupert, B. C., this 27th day of December, A. D. 1917.

H. F. MACLEOD, District Registrar of Titles, To Walter McLaren, Nampa, Idaho.

NOTICE OF ASSIGNMENT

NOTICE IS HEREBY GIVEN that Frank A. Stevens, of the City of Prince Rupert, in the Province of British Columbia, carrying on business as the Stevens' Cigar Store, did on the 8th day of May, A. D. 1918, assign to Herman Hill, agent, Prince Rupert, British Columbia, in trust for the benefit of his creditors, all his real and personal property, credits and effects, which may be seized and sold under execution, which assignment is dated the 8th day of May, 1918.

AND notice is further given that a meeting of the creditors will be held at the law offices of Messrs. Patmore & Fulton, Scott Block, Prince Rupert, on the 27th day of May, 1918, at the hour of 3 o'clock in the afternoon, for the purpose of giving directions for the disposal, or continuing the business of the estate.

AND notice is further given that the assignee will, on and after the 8th day of June, 1918, proceed to distribute the assets of the said Frank A. Stevens among the persons entitled thereto, having regard only to the claims of which he shall then have notice, and he will not be held responsible for the assets or any part thereof, so distributed to any person of whose claim he shall not then have had notice.

DATED at Prince Rupert, B. C., this 9th day of May, 1918.

HERMAN HILL, Assignee.

The Daily News delivered by carrier, 50 cents per month.

5,000,000

8,000,000 cards to be filled out.

5,000,000 certificates to be issued.

150,000 workers to be enlisted.

25,000 registration booths to be operated.

Registration a Stupendous Task

One Day - SATURDAY - June 22nd

The task undertaken by Canada to register every male and female, British or alien, of 16 years and over, residing in the Dominion, is of stupendous proportions. The machinery that has been created is most comprehensive in its scope, and the information procured through this registration will be in such form as to make it possible for Canada to mobilize every available unit of human energy, either in the "First line of defence" or at home in support of her Allies.

Five million people will have to be registered in one day. It is estimated that one hundred and fifty thousand workers will be required to take this registration, or an army five times the size of the first Canadian contingent.

It will require at least six minutes to register one person. A Deputy working continuously can take only ten registrations per hour, or eighty for an eight hour day. On Registration Day the booths will be open fifteen hours; the Deputies therefore will have to work in two, possibly three shifts.

In order to make registration convenient and easy, 25,000 places of registration will be established throughout Canada, with from one to twelve booths at each place. The location of these booths will be advertised by Proclamation and through the local press.

Canada will be divided into 230 districts, each in charge of a Registrar, who is instructed to surround himself with a competent staff of deputies and assistant deputies in whatever numbers the work may require.

Volunteer Workers Urgently Needed

To carry out this vast programme efficiently and completely, intelligent voluntary helpers are essential. Individuals, women's societies, clubs, fraternal societies, church organizations and municipal organizations are asked to help.

The Board appeals with confidence to the patriotism of every Canadian man and

woman and to the pride which every locality must take in doing its own work well, to furnish the necessary number of volunteer deputies and assistants.

Interpreters of all languages will be required. Those qualified should apply to the Registrar of their district at once.

Issued by authority of
Canada Registration Board

Superintendent of Registrars—C. E. Mahon, 45 13th Avenue W., Vancouver, B.C.
Registrar for Skeena District—O. H. Nelson, Prince Rupert, B.C.