Get Your Digestion in Shape

Many ailments are caused by stomach weakness. Faulty digestion leads to biliousness, sick headache, dizziness, sallow skin and eruptions. Maintain a healthy condition of the stomach and you will get rid of the chief cause of your sufferings. Do not neglect the laws of health. Keep stomach, liver and bowels in order by timely use of

Sold everywhere, In boxes, 25c.

How Will You Protect Your Wife

and the children should you fall ill or lose your employment? Have you money in the Bank to tide the family over until you are "on your feet" again?

Every married man should open an account in our Savings Department and put by a part of his earnings every week or month.

Such a sum, earning interest, will be welcome protection for the family. A Savings Account may be opened with one dollar.

THE BANK OF

79 YEARS IN BUSINESS. CAPITAL AND SURPLUS, \$7,884,000.

PRINCE RUPERT BRANCH W. J. SMITHERS, Manager

STREN & LONGWILL

SANITAR. MOD HEATING ENGINEERS

Agents for MOGLARY FURNACES

PLUMBING and

SHEET METAL WORKS Phone 5, 834 Second Avenue.

Night phones 576

and Blue 270

The right work, at the right time, and at the right price.

Phone 93

P.O. Box 38 Office: 3rd Ave. and 2nd St.

Pacific Cartage, Ltd

General Teaming Storage-Furniture, Safe and Piano Moving. Baggage

DENTISTRY

OFFICE HOURS: 9 a.m. to 12; 1:30 p. m. to 5:30 p.m.

DR. J. S. BROWN

DENTIST

Office: Emith Block, Third Avenue. Phone 454.



District, surveyed and known as Lots a local newspaper. hundred and fifty-nine (1159), Eleven hundred and sixty-one (1161) and Eleven hundred and sixty-two (1162), by eason of a notice appearing in the British this notice is July 25th. 1918. Columbia Gazette of 27th December, 1907, is cancelled in order that a sale of said There was a wise Spear-woman Lots Eleven hundred and fifty-nine (1159), Eleven hundred and sixty-one (1181) and For her many children she knew Range Three (%), Coast District, may be

made to the Pacific Mills Limited. DATED at Victoria, British Columbia, this 25th day of June, A. D. 1918. G. R. NADEN,

Deputy Minister of Lands.

WATER NOTICE DIVERSION AND USE.

TAKE NOTICE that John M. Machillan. whose address is 1857 Nelson Street, Vaninto Lagoon Bay, Moresby Island, about 3 miles from Sewell, Inlet.

The water will be diverted from the stream at a point about one-quarter of a miscellaneous purposes, i. e. for cannery. domestic power and boiler for cannery pitcation for lease by J. McLarty Mac-

This notice was posted on the ground on the 20th day of June, 1918. A copy of at Prince Rupert.

Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper.

J. McLARTY MACMILLAN, Applicant The date of the first publication of this notice is July 6th, 1918.

LAND REGISTRY ACT. (Sections 36 and 134.)

Re Application No. 9768-1 & 9771-1. TAKE NOTICE that application has been to register Nathan Louis Lando and two Tax Sale Deeds from the Collector of the City of Prince Rupert, bearing date the 24th day of November, 1917, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying and being in the Municipality of the City twenty-five (25), Section seven (7), and Lot thirteen (13) Block thirty-five (35), purchaser within 35 days from the date News, and your attention is called to sectors, Toronto, Ont. tion 36 of the "Land Degistry Act" with G. M. Wilson, Supt. Motive n. Sundays at 7:30 p. m.

and in default of a caveat or certificate of his pendens being filed before the registration as owner of the person entitled un- |er Shops, Stratford, Ont. der such tax sale, all persons so served brough or under them, and all persons ARGENTINE STILL HAS of any unregistered instrument, and all shall register the person entitled under

of Nathan Louis Lando and Dora Schein-

it appears that prior to the 12th day of convention and already shipped. | S. 18 ictober, 1916 (the date on which the said ands were sold for overdue taxes), you were the registered owner thereof.

FURTHER TAKE NOTICE that it the same time I shall effect registration in pursuance of such application and issue a Certificate of Indefeasible Title to the address is 718 Granville St., Vancouver, said lands in the names of Nathan Louis B. C., will apply for a licence to take and Lando and Dora Scheinman unless you take and prosecute the proper proceedings to acre feet of water out of Clearwater Creek. establish your claim, if any, to the said lands, or to prevent such proposed action on my part.

DATED at the Land Registry Office, The storage-dam will be located at out-Prince Rupert, B. C., this 22nd day of let of Clearwater Lake. The capacity August, 1918.

H. F. MACLEOD, District Registrar of Titles To Robert Hildebrandt, Prince Rupert, B. (

Michael Byrne, Butte, Montana., Francis Caive, Prince Rupert, B. C.

N THE MATTER OF THE ADMINISTRA TION ACT

THE MARTER OF THE ESTATE OF JAMES DACK, DECEASED, INTESTATE TAKE NOTICE that by order of Hi Honor Judge Young, Local Judge of Supreme Court, made this 24th day July, 1918, I was appointed Administrator of the estate of James Dack, deceased. All parties having claims against the said es ate are hereby required to forward same properly verified to me on or before th 15th day of Sptember, 1918, and all par ties indebted to the said estate are re quired to pay the amount of their indebt

edness forthwith.

Dated the 9th day of August, 1918. J. H. McMULLIN, Official Administrator.

WATER NOTICE DIVERSION AND USE.

Spokane, Washington, U. S., will ap- scribed lands:ply for a licence to take and use 150 | Commencing at a post planted at the as L. 564, L. 565, L. 566. L. 567, containing 12.8 acres more or less. L. 568, L. 569, L. 580, L. 581.

This notice was posted on the ground on the 27th day of June, Dated August 10th, 1918. 1918. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be file! in the office of the Water Recorder

at Prince Rupert, B C. Objections to the application may be filed with the said Water Recorder NOTICE is hereby given that the reserve or with the Comptroller of Water existing on certain portions of Lots Two Rights, Parliament Buildings, Vic. hundred and five (205) and Two hundred toria, B. C., within thirty days after and eight (208). Range Three (3), Coast the first appearance of this notice in

MARTIN WOLDSON, Applicant. By Andrew Sostal, Agent. The date of the first publication of

lived in a shoe

what to do: She made them most happy with

Wrigley's for all-It kept them in trim at a cost very small!

PKINCE GEDRGE

Constable Tayor in charge of the station at Fort St. John has use to miners' inches of water out of reported under the Military Service Act. He was formerly refused admission to the army when ae sought to enlist.

> The provincial assessor Quesnel is in this district on his annual professional duties.

Mr. and Mrs. Charles Helms political favor. left recently for Seattle.

thereto and to the "Water Act, 1914," will gone to spend a holidar at the vice, the position had been awardnied in the office of the Water Recorder Coast cities. J. D. Moore is act- ed to a Mr. McFarlane, for some ing government agent during his years in the employ of the C. P.

> were recently fined \$100 and costs for hoarding sugar.

GRAND TRUNK APPOINTMENTS

Grand Trunk system. Among them are the following:

A. McDonald, Asst. to Supt. tawa. Motive Power, Montreal shops. J. Vass, Asst. to Supt. Motive

ters, Allandale, Ont. J. R. Leckie, Asst. to Supt Moof Prince Repert, more particularly known tive Power, Ontario Lines, head- Mr. McIntosh will be invited to at-

quarters, London, Ont. E. R. Battley, Supt. Motive question. Section eight (8), Map 923. You are re- Power, Eastern Lines, headquar-

ters, Montreal, Que. the service of this notice (which may D. J. McCuaig, Supt. Motive) be effected by publication in the Daily Power, Ontario Lines, headquar-

Power, Shops, Montreal, Que.

Buenos Ayres, Sept. 12 .-- The any claim to or in respect of the announcement has been made by s.w. corner of Lot 1532, Cassiar District; land so sold for taxes, and the Registrar the Minister of Agriculture that uch tax sale as owner of the land so Argentine still has available for high water mark, to the S.E. corner of Lot AND WHEREAS application has been export 2,000,000 tons of wheat mark; thence northeasterly 40 chains folmade for a Certificate of Indefeasible Title from the last crop and 1,500,000 lowing low water mark; thence north 10 to the above-mentioned lands, in the name tons of other cereals. This is in chains, to the place of beginning and conaddition to 2,500,000 tons bought GRANBY CONSOLIDATED MINING SMELT AND WHEREAS on investigating the title by the Entente Allies in the grain

> WATER NOTICE USE AND STORAGE.

TAKE NOTICE that Granby Consolidated dining, Smelting & Power Co., Ltd., whose use 50 second feet and to store 25,000 which flows southwesterly and drains into Kitzault River, about 21 miles from Alice

the reservoir to be created is about 25,000 acre feet, and it will flood about 100 acres of land. The water will be diverted from the stream at a point about 4 miles north easterly from N. W. Cor. L. 3805 and will be used for power purposes upon the land described as Lots 308, 479, 898, 899, 480. to 486 inc., 1972 A, 1973, 1986, and others comprising the mine and smeltery

of Anyox, B. C. This notice was posted on the ground on the 27th day of July, 1918. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of Water Recorder

at Prince Rupert, B. C. Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance this notice in a local newspaper.

GRANBY CONSOLIDATED MINING, SMELT-ING & POWER CO., LTD., Applicant. By E. E. Campbell, Agens, The date of the first publication of this

notice is 5th August, 1918. Per J. Fred Ritchie.

SKEENA LAND DISTRICT - DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that the Masset Inlet TAKE NOTICE that I, Andrew Lumber Co. Ltd., of Port Clements, occu-Sostad, agent for Martin Woldson, pation sawmill operators, intends to apply whose address is 444 Peyton Bldg., for permission to lease the following de-

cubic feet of water out of Cascade northeast corner of Block 35 of the sub-Creek, which flows southerly and division of Lot 746, thence N. 50 deg., 15 drains into Maple Bay, about where min. E. 650 feet, thence N. 30 deg. 9 min. the wharf of the Outsider Mines is W. 956.4 feet, thence S. 50 deg. 15 min. situated. The water will be diverted W. 650 feet to the northwest corner of from the stream at a point about Lot 10, Block 36 of said subdivision, thence 6.500 ft. from Maple Bay and will southeasterly and following the high water be used for mining purposes upon the mark of Stewart Bay 1200 feet more or Outsider Group of mines, described less to the point of commencement and

MASSET INLET LUMBER CO., LTD. Per Fred, Nash, B. C. L. S. - Agent. ------

Prince Rupert Feed Co. PHONE 58

FOOD BOARD LICENCE NO. 9 - 8658

HAY, GRAIN, FEED, SEEDS AND FERTILIZER

Chicken Feed a Specialty.

Mall Orders Promptly Attended to.

WAR VETERANS UP IN ARMS REGARDING A NAVAL APPOINTMENT

The Great War Veterans' Association held a special meeting a few days ago in Victoria to consider statements which had been laid before the regular meeting as to the methods by which a naval rating had been filled by

Chief Writer Miller stated that a vacancy as assistant paymaster Mr. and Mrs. T. W. Herme have having occurred in the naval ser-R. over the heads of two men already in the service, one of them, Gratias and Francis, dairymen, a returned soldier, both of whom were endorsed for the position by Capt. Martin, R. N., in communications to Ottawa.

The members were informed that the appointment was made A number of recent appoint on the recommendation of J. C. ments have been made on the McIntosh, and was only put into effect after Capt. Martin received peremptory commands from Ot-

A committee composed of Comrades Berry, Williamson, Tait, Power, Ontario Lines, headquar- Mee and Food was appointed to look into the matter and report tend, and present his side of the

Salvation Army.

Thursdays and Saturdays at 8 p.

J. C. Garden, Supt. Motive Pow- SKEENA LAND DISTRICT DISTRICT OF CASSIAR

> TAKE notice that Granby Consolidated Mining, Smelting & Power Co., Limited, of PLENTY OF WHEAT | nyox, B. G., occupation mining and smelting intends to apply for permission to lease the following described lands:---

Commencing at a post planted at the thence southwesterly 40 chains following 898; thence south 10 chains to low water

ING & POWER COMPANY, LIMITED J. Fred Bitchie, Agent. Date, July 6th, 1918.

SKEENA LAND DISTRICT DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that I, John McLarty Macmillan, of Vancouver, B. C., occupation canneryman, intends to apply for permission to lease the following described lands: Commencing at a post planted on the south shore of Lagoon Bay, Moresby Is land, about one mile from its mouth thence south 20 chains, thence west 2 chains, thence north 20 chains, thence easterly along the shore line to point of commencement, containing 40 acres more

JOHN MCLARTY MACMILLAN. Dated June 20th 1918

St. James Hotel

(LATE "QUEENS") -FIRST CLASS ROOMS-

Hot and Cold Water. 50c per Night, and \$3 per Week





BAIT AND ICE DEPOT BUTEDALE

Princess Royal Island

Western Packers, Limited

Head Office -

Vancouver, B.C.

The Housekeeper is Right

Sometimes a housekeeper requires a quick leavening agent, and finds she has no baking powder.

What does she do?

She raises her biscuit by a mixture of cream of tartar and soda, or soda and sour milk. She may not get the proportions quite right, but she knows her food is safe. But does she ever use a mixture of alum and soda? Was there ever a housekeeper who bought alum and soda to make a home made baking powder? Intuitively she feels it would be unsafe.

Then why use baking powder made from alum or the same mixture that the housekeeper would not dare to nik and use in her food?

Alum is alum, whether bought in the drug store or in baking powder.

CREAM BAKING POWDER

is made from pure cream of tartar and contains no alum, lime or phosphate. There is absolute safety in its use.