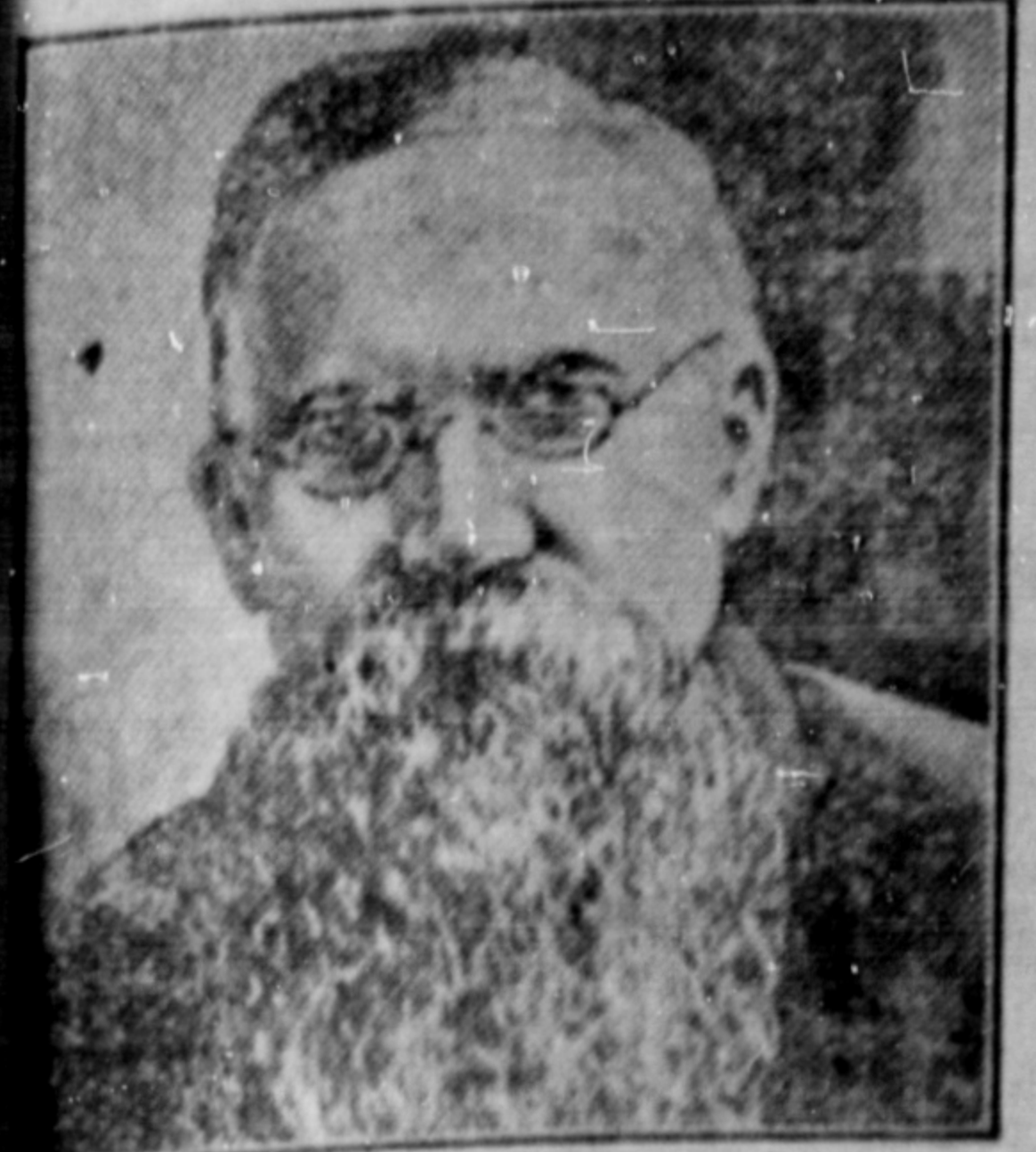


A CRIPPLE FOR THREE YEARS

Helpless in Bed With Rheumatism Until He Took "FRUIT-A-TIVES".



MR. ALEXANDER MUNRO

R.R. No. 1, Lorne, Ont.
 "For over three years, I was confined to bed with Rheumatism. During that time, I had treatment from a number of doctors, and tried nearly everything I saw advertised to cure Rheumatism, without receiving any benefit.
 Finally, I decided to try 'Fruit-a-tives'. Before I had used half a box, I noticed an improvement; the pain was not so severe, and the swelling started to go down.
 I continued taking this fruit medicine, improving all the time, and now I can walk about two miles and I can work about the place."
 ALEXANDER MUNRO.
 One a box, 6 for \$2.50, trial size 25c. All dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.



HAROLD LOCKWOOD "dining out" while on location for a scene in one of his current metro releases.

HENRY FORD ON THRIFT MINING ACTIVITY IN HAZELTON DISTRICT

"By thrift we do not mean the hoarding of money, but the intelligent saving and investing of it. This saving and wise investing—this thrift—must not be confined to mere money and other material wealth, but must be applied to the elements of mind and body—for in thrift to make for growth there must be a surplus of human power, and in such proportion will the income work for your health and your habits, and also lay up a portion of it to have, and to hold, and to use, when some of the unlooked-for contingencies of life arrive.

"The great street car systems of their country get their power from central stations, direct from generators, but they are also ever storing in batteries a sufficient quantity of current so that when the producing machinery shall be incapacitated for a season there will be something to draw on so that the wire may at all times be kept alive and the cars moving.

"Get a battery for yourself, in the shape of a bank account, and see that day by day something is stored up for the time when either your producing mechanism may be incapacitated or be worn beyond repair."

The recent suspension of work on the Rocher de Boule mine marks the end of the first stage of its development.

While the Montana Continental Development Company has made official announcement of its plans for the future, it seems to be taken for granted by men who have long been in its employ and who should be able to make a pretty good guess, that the company's next move will be to install a milling plant to treat the immense tonnage of low grade ore which has been developed during the past four or five years in which the mine has almost continuously been producing ore of a shipping grade.

The New Hazelton Gold Cobalt Mines, Limited, are shipping another carload of ore from their Hazelton View property, and George Beirnes' pack train of thirty animals has returned to Hazelton after delivering the goods to Tramville siding.

Joseph Hicks and James Latham bring good reports from the head of Boulder Creek, where they have been doing assessment work on some ground which they located last July. This ground lies in a basin where there is considerable wash and but few exposures of rock formation, but the boys have opened at intervals for two or three hundred feet what appears to be a remarkably wide and strong vein.

At one point they have made a surface cross-cut which shows about forty feet of highly mineralized vein matter with ten feet of ore lying next to what looks like a hanging wall of granite. The ore is an intermixture of yellow and grey copper, a representative sample of which assayed: Copper 13.8 per cent, silver, 2 ounces, gold, 21 ounces, or a total value of \$167.

This important if not sensational find is but ten or twelve miles from Seaton station on the Grand Trunk Pacific railway and can be made easily accessible by cutting a horse trail through the timber for about ten miles.

Get your envelopes at The News Print Shop.

LAND ACT — FORM NO. 11

NOTICE OF INTENTION TO APPLY TO LEASE LAND IN QUEEN CHARLOTTE ISLANDS LAND DISTRICT; RECORDING DISTRICT OF SKEENA AND SITUATE ON SOUTH SHORE OF LAGOON INLET, MORESBY ISLAND, ABOUT ONE MILE FROM ITS MOUTH.

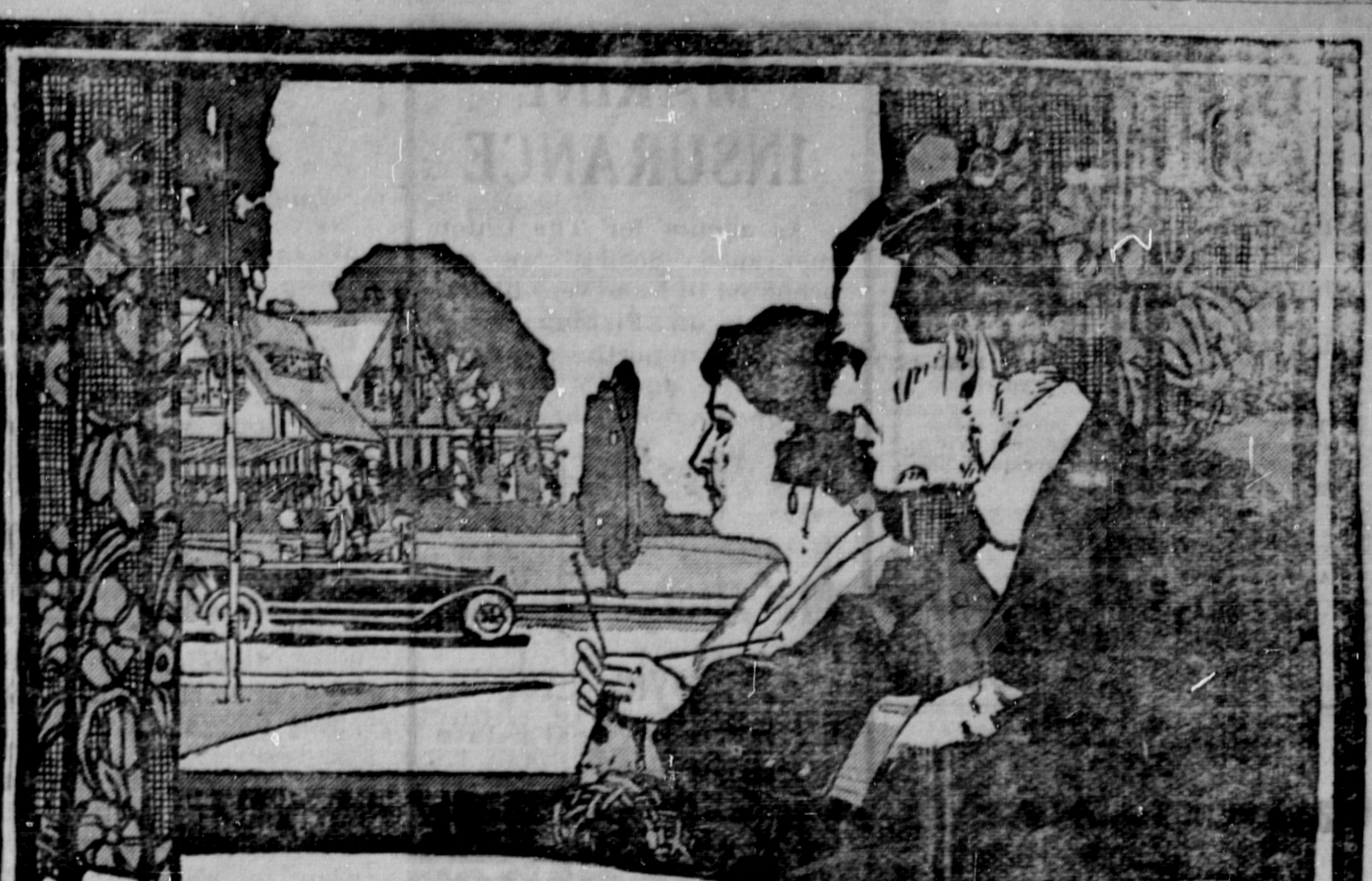
TAKE NOTICE that I, JOHN M. MACMILLAN, of Vancouver, B. C., occupation Canneryman, intend to apply for permission to lease the following described lands: Commencing at a post planted on the south shore of Lagoon Inlet, Moresby Island, about one mile from its mouth; thence south 20 chains, thence north 20 chains; thence east 20 chains more or less to low water mark at the beach; thence southerly following low water mark to the point of commencement; containing 40 acres more or less.

JOHN McLARTY MACMILLAN. N 8 Dated August 19th, 1918.

SKEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS.

TAKE NOTICE that I, John McLarty Macmillan, of Vancouver, B. C., occupation Canneryman, intend to apply for permission to lease the following described lands: Commencing at a post planted on the south shore of Lagoon Bay, Moresby Island, about one mile from its mouth; thence south 20 chains, thence north 20 chains, thence easterly along the shore line to point of commencement, containing 40 acres more or less.

JOHN McLARTY MACMILLAN. Dated June 20th, 1918.



Keeping up with the Joneses

One great bar to the practice of thrift to-day is the tendency to let others set for us our standards of living.

MRS. Jones appears on the street in a new gown and at once her neighbour vows she'll have one like it. Or if a new motor car is delivered to a certain home, a nearby family, not to be handicapped in the social race, plan to discard their old car for a new one. And so it goes from one thing to another—a ceaseless, senseless competition which often ends in debts, distress and disaster.

Such silly rivalry is bad enough indeed in normal periods. It is positively unpatriotic in times like these when the country needs all available labor and material

and every available dollar with which to carry on the war.

It is perhaps difficult for us to appreciate that the purchase of things we do not really need may be the direct cause of loss of life on the firing lines.

But you can't escape the fact, no matter how unpleasant the thought, that millions of individual selfish demands at home may prolong the war by causing a shortage of the very things essential to our success at the front. For the money we spend in satisfying these desires represents equipment, clothing, shot and shell that are so urgently needed for our boys in France.

Remember that when you are tempted to spend foolishly in an effort to "keep up with the Joneses."

Published under the authority of the Minister of Finance of Canada

DENTISTRY

OFFICE HOURS:
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 DR. J. S. BROWN
 DENTIST
 Office: Smith Block, Third Avenue. Phone 454.

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PATENTED
 Fast Heating
 Hot Water Coil

Costs \$20.00 all connected up complete and guaranteed for one year. Orders will be received at this price up to May 15—After that the price will go up. At the present price of material, ask your plumber for a coil, connect it up and guarantee it for one year, and see how much cheaper prices and judge for yourself.
 All heretofore existing agreements between the other plumbers of myself have expired, I hereby make and install same, excepting STEEN & LONGWILL. My absence—Will positively prosecute infringements.
 HARRY HANSON
 THE BUM PLUMBER

FRED STORK'S HARDWARE

Established 1908.
 A FULL AND COMPLETE LINE OF SALMON TROLLING GEAR AND SUPPLIES.
 SHIP CHANDLERY, MARINE HARDWARE — MAPLE LEAF PAINT FOR BOATS

FRED STORK'S HARDWARE

SECOND AVENUE

FIRE ALARM SYSTEM.

- CIRCUIT NO. 1.
 Box 12—5th St. and 3rd Ave.
 Box 13—6th St. and 3rd Ave.
 Box 14—8th St. and 3rd Ave.
 Box 15—Junction of 1st, 2nd and 3rd Aves.
 Box 16—1st Ave., between 8th and 9th Sts. (Knox Hotel).
 Box 17—1st Ave. and 7th St. (Central Hotel).

- CIRCUIT NO. 2.
 Box 22—3rd Ave. and 3rd St. (Post Office).
 Box 23—3rd Ave. and McBride St.
 Box 24—1st Ave. and McBride St.
 Box 25—2nd Ave. and 2nd St.
 Box 26—2nd Ave. and 6th St.
 Box 27—O. T. P.

- CIRCUIT NO. 3.
 Box 31—5th Ave. and Fulton St.
 Box 32—Borden and Taylor Sts.
 Box 34—7th Ave. and Fulton St.
 Box 35—9th Ave. and Comox Ave.
 Box 37—8th Ave. and Dodge Place
 Box 38—6th Ave. and Thompson St.

- CIRCUIT NO. 4.
 Box 41—4th Ave. and Emmerson Place.
 Box 42—5th Ave. and McBride St.
 Box 43—5th Ave. and Green St.
 Box 44—6th Ave. and Basil St.
 Box 45—7th Ave. and Eberts.
 Box 141—7th Ave. and Young St.

MINERAL ACT. CERTIFICATE OF IMPROVEMENTS.

NOTICE.

Cariboo Fraction Mineral Claim, situate in the Skeena Mining Division, of Cassiar District. Where located:—At the head of Alice Arm in the Skeena Mining Division.

TAKE NOTICE that I, J. E. Stark, owner of the above claim, Free Miner's Certificate No. 14174, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.
 And further take notice that action, under section 85, must be commenced before the issuance of such Certificate of Improvements.
 Dated 5th day of July, A. D. 1918.

Two Questions

With so many low-priced so-called anti-skids obtainable, would that great host of motorists pay more for Dunlop "Traction" Tread if they could get its merits elsewhere?

Also, would that other large list of car owners buy "SPECIAL" if tires which somewhat resemble it in appearance resembled it in efficiency?

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