

A CRIPPLE FOR THREE YEARS

Helpless in Bed With Rheumatism Until He Took "FRUIT-A-TIVES".



MR. ALEXANDER MUNRO

R.R. No. 1, Lorne, Ont. "For over three years, I was confined to bed with Rheumatism. During that time, I had treatment from a number of doctors, and tried nearly everything I saw advertised to cure Rheumatism, without receiving any benefit.

Finally, I decided to try 'Fruit-a-tives'. Before I had used half a box, I noticed an improvement; the pain was not so severe, and the swelling started to go down.

I continued taking this fruit medicine, improving all the time, and now I can walk about two miles and do light chores about the place."

ALEXANDER MUNRO.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Black 507

FOR HOLIDAY CARDS AND BANNER SIGNS Suggestions for Xmas Window Decorations Have your

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DENTISTRY

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Hotel Hyder

Portland Canal, B.C. M. R. JAMIESON, Proprietor Gateway to the famous Bush Mine Now Open for Business

Hotel Prince Rupert

EUROPEAN PLAN \$1.50 per day and up. FIRST-CLASS CAFE A La Carte.

St. James Hotel

(LATE "QUEENS")—FIRST CLASS ROOMS—Hot and Cold Water. 50c per Night, and \$3 per Week.

Belmont Rooms

Under New Management Well furnished and clean. White people only. J. P. HARRAGAN

Pioneer Boarding House

THIRD AVE. CLOSE TO DRY DOCK Nice clean rooms, good board. Hot and cold water. Beds 50c. up. PHONR RED 392

JAP ORANGES HAVE ARRIVED

Selling This Week at \$1.35 a box And Navels at 75c. to \$1.00 Per Dozen.

There are few changes in the market prices this week. Japanese oranges arrived, but as the long-shoremen were not working on Thursday the fruit had to be taken to Granby and discharged here last night when the boat returned. The Jap oranges are retailing at about 30c. a dozen or \$1.35 a box. New navel oranges are selling at from 75c to \$1.00, according to quality.

Cranberries are being used very extensively just now. They are selling at 25c. a pound. New figs are on the market at 10c. and 25c. a pkt., and California grapefruit are going at 10c. each.

There is a slight stiffening in the price of meats, the inferior joints coming up slightly. Leg of mutton, however, can be bought for 15c. a pound.

The following are the current prices:

Fish.	
Fresh salmon	25c
Cod, salt, Alaska	15c
Cod, 2 lbs.	25c
Cod fillets	15c
Fresh black cod, 2 lbs.	25c
Finnan haddie, lb.	18c
Halibut, lb.	25c
Herring kippered, lb.	15c
Soles, lb.	10c
Skate, 2 lbs.	25c
Oolichans, salt,	10c
Salt Acadia Cod, 2-lb. boxes	50c
Crabs, large, 20c to 25c.	
Fruits and Vegetables.	
Cucumbers, each,	10c
Onions, dry	4c
Lettuce	15c
Pears, per doz., 40c to 60c	
Bananas	50c
Grapefruit (California)	10c
Grapefruit (Florida)	20c
Apples, per lb. 6c to 12 1/2c	
Russet apples	10c
Celery	15c
Grapes, per lb.	40c
Carrots, per lb., 2 1/2c	
Parsnips, per lb., 4 1/2c	
Cauliflower 15c to 25c	
Sweet potatoes	10c
Lemons	60c
English walnuts	50c
Australian Currants	35c
Comb honey	50c
Figs, per pkt., 10c and 25c	
Cranberries	25c
Oranges (Jap) box, \$1.35	
" " per doz. 30c	
Oranges, new navel 75c to \$1.00	
Meats.	
Beef, pot roasts, lb. 30c.	
Beef, check roast, lb. 32c to 35c	
Beef, rib roast, lb. 37 1/2c.	
Beef, boiling, lb. 25c and 30c	
Hamburger, lb. 30c	
Stewing, lb. 30c.	
lamb, leg 50c	
lamb, loin 50c.	

YOU DON'T NEED TO GO

on suffering with that obstinate sore, if you will only use Zam-Buk—the great herbal skin cure. This balm, owing to its unique composition, is the very thing for sores and skin troubles that have resisted ordinary treatments.

Mrs. Herbert Cox, of Port McNicoll, Ontario, writes: "For nine years I suffered with an abscess on my face, which was both painful and disfiguring. I had the abscess lanced repeatedly, but it still remained. I also tried ordinary ointments, but without any permanent benefit. Finally the doctor told me I had a tumor on the bone, and would have to undergo an operation, which I did; but instead of improving, the wound only became worse. I was in despair when a friend got me to try Zam-Buk. I soon noticed a marked improvement. Zam-Buk seemed to get to the very root of the trouble, and in the end the abscess was entirely cured—not even leaving a scar. This was a year ago, and there has been no return of the trouble."

Zam-Buk is not a mere ointment, but a rich herbal balm. Unequaled for eczema, scalp sores, ringworm, boils, bad legs, blood-poisoning, piles, cuts, burns, sprains, scalds, and all skin injuries. 50c. box, 3 for \$1.25, all druggists or Zam-Buk Co., Toronto. Send 1c. stamp for postage on free trial box.



Mutton	45c
Pork sausages	30c.
Tomato sausages	35c.
Pork, leg	45c.
Pork, chops, 45c to 55c	
Pork, shoulder	40c.
Ayrshire bacon, lb. sliced.	60c
Bacon, piece	60
Bacon, sliced, 60c to 70c	
Ham, Smoked,	50c
Ham, sliced,	55c
Salt backs	45c
Dairy Produce.	
Butter, lb.	60c.
Butter (cooking) lb.	50c
Cheese, lb.	35c.
Eggs (case) 60c to 75c	
Strictly new-laid eggs \$1.10	
Margarine	40c

Everything in Toyland for the children at Tite's. INFLUENZA GERMS CAN BE SWALLOWED BY WHOLESALE No Danger of Contracting Influenza.

So states a well known Vancouver doctor who offers to swallow a capsuleful every day for a week. The Doctor is right. With plenty of fresh air, good nourishing food and a table-spoonful of KENNEDY'S TONIC PORT four times daily you can keep your body strong and thoroughly fortified against the ravages of influenza, asthma, bronchitis, colds or coughs.

BIG DOCTORS PRESCRIBE IT. DRUG STORES SELL IT. Neat designs in fancy China at Tite's Xmas Prices.

SKEENA LAND DISTRICT—DISTRICT OF QUEEN CHARLOTTE ISLANDS. TAKE NOTICE that I, John McLarty Macmillan, of Vancouver, B. C., occupation canneryman, intends to apply for permission to lease the following described lands: Commencing at a post planted on the south shore of Lagoon Bay, Moresby Island, about one mile from its mouth, thence south 20 chains, thence west 20 chains, thence north 20 chains, thence easterly along the shore line to point of commencement, containing 40 acres more or less.

JOHN McLARTY MACMILLAN. Dated June 20th, 1918.

Oh say! The News Print Shop does its work about as cheap as most shops and quite as well, gives you the work on time whenever possible and hands it out with a pleasant "Thank you." What do you say to giving them a trial on your next job?

LAND REGISTRY ACT (Section 36 and 134.)

Re Application No. 10418-1, File 5960. TAKE NOTICE that application has been made to register Brenton G. Moore and Roy L. Moore of Prince Rupert, B. C., as owner in fee under a Tax Sale Deed from the Collector of the City of Prince Rupert, bearing date the 28th day of November, 1917, of ALL AND SINGULAR that certain parcel or tract of land and premises situate, lying and being in the Municipality of the City of Prince Rupert, more particularly known and described as Lot eighteen (18), Block eighteen (18), Section six (6), City of Prince Rupert, Map 923. You tax purchaser within 35 days from the date of the service of this notice (which may be effected by publication), and your attention is called to section 36 of the "Land Registry Act" with amendments, and to the following extract therefrom: "And in default of a caveat or certificate of his pending being filed before the registrar as owner of the person entitled under such tax sale, all persons so served with notice, and those claiming through or under them, and all persons claiming any interest in the land by virtue of any unregistered instrument, and all persons claiming any interest in the land by descent whose title is not registered under the provisions of this Act, shall be forever estopped and debarred from setting up any claim to or in respect of the land so sold for taxes, and the Registrar shall register the person entitled under such tax sale as owner of the land so sold for taxes."

AND WHEREAS application has been made for a Certificate of Indefeasible Title of the above-mentioned lands, in the name of Brenton G. Moore and Roy L. Moore. AND WHEREAS on investigating the title it appears that prior to the 12th day of October, 1916 (the date on which the said lands were sold for overdue taxes), you were the assessed owners thereof. FURTHER TAKE NOTICE that at the same time I shall effect registration in pursuance of such application and issue a Certificate of Indefeasible Title to the said lands in the name of the aforesaid parties unless you take and prosecute the proper proceedings to establish your claim, if any to the said lands, or to prevent such proposed action on my part. Dated at the Land Registry Office, Prince Rupert, B. C., this 6th day of September, A. D. 1918.

H. F. MACLEOD, District Registrar of Titles. To Walter G. Laurie, Robert Williams, William Jones, Prince Rupert, B. C.

MINERAL ACT

Certificate of Improvements. NOTICE Ferro Fraction Mineral Claim, situate in the Skeena Mining Division of Cassiar District. Where located:—Near the head of Alice Arm.

TAKE NOTICE that I, Lewis W. Patmore, Free Miner's Certificate No. 20407-C, as agent for John Walford Strombeck, Free Miner's Certificate No. 14194-C, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim. And further take notice that action, under section 85 must be commenced before the issue of such Certificate of Improvements. DATED this 15th day of August, A. D. 1918. 028

LAND ACT — FORM NO. 11

NOTICE OF INTENTION TO APPLY TO LEASE LAND IN QUEEN CHARLOTTE ISLANDS LAND DISTRICT; RECORDING DISTRICT OF SKEENA AND SITUATE ON SOUTH SHORE OF LAGOON INLET, MORESBY ISLAND, ABOUT ONE MILE FROM ITS MOUTH.

TAKE NOTICE that I, JOHN M. MACMILLAN, of Vancouver, B. C., occupation Canneryman, intends to apply for permission to lease the following described lands: Commencing at a post planted on the south shore of Lagoon Inlet, Moresby Island, about one mile from its mouth; thence west 20 chains; thence north 20 chains; thence east 20 chains more or less to low water mark at the beach; thence southerly following low water mark to the point of commencement; containing 40 acres more or less. JOHN McLARTY MACMILLAN. Dated August 19th, 1918. N 8

Yokohama Chops Restaurant

OPPOSITE EMPRESS HOTEL Will be opened on Celebration Day, Wednesday, November 27th.

S. S. PRINCE RUPERT OR S. S. PRINCE GEORGE

SAILING MIDNIGHT SUNDAY and THURSDAY for Swanson Bay, Ocean Falls, Vancouver, Victoria and Seattle. MIDNIGHT WEDNESDAY and SATURDAY for Granby Bay.

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TRAIN SERVICE Passenger MONDAY, WEDNESDAY and SATURDAY at 11:30 a.m. for Smithers Prince George, Edmonton and Winnipeg, making direct connections for all points east and south.

For information and reservations apply to G. F. JOHNSTON, City Passenger and Ticket Agent. City Ticket Office, 526 Third Avenue. PHONE 280

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S. S. Princess Mary sails from Prince Rupert November 23rd; December 6th, 20th, and January 3rd.

FOR KETCHIKAN, JUNEAU, WRANGELL, SKAGWAY, ALASKA S. S. Princess Mary sails from Prince Rupert November 18th, December 2nd, 16th, and 30th.

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What We Don't Know Doesn't Bother Us



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