

DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As A Germ Laboratory.

AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rash, Eczema and other Skin Affections disappear when "Fruit-a-tives" are taken to correct Constipation.

"Fruit-a-tives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

THE DAILY NEWS Classified: Advertising Phone 98

This is the Advertising Column that people read when they want anything. It brings results.

WANTED.

COMFORTABLE ROOMS with or without board, at "The Ark." Phone Black 210.

MAN WANTS WORK in warehouse. Apply box 209 Daily News office.

CHAMBERMAID WANTED. Hotel Central.

WANTED—Young girl or woman to care for child few afternoons each week. Apply box 208, News office.

WANTED—Girl for General housework. No washing. \$35 a month. Apply Mrs. C. H. Orme, 223 Fourth Ave.

WANTED—Girl for house work immediately. High wages. Apply at office of Peck, Moore & Co., or telephone 130.

FOR SALE—Old newspapers in bundles, per hundred 90c. News office.

BOAT EXCHANGE

WANTED TO PURCHASE boat with engine either fishing or pleasure. Must be bargain. Box 174, News Office.

FOR RENT

TO RENT—3 unfurnished rooms for housekeeping purposes, central. Apply 218 2nd Ave.

FOR SALE

FORD CAR FOR SALE in good condition. Apply Royal Pool Room.

New Remington Standard Typewriter, No. 10. Price \$50. Apply 309 Third Ave.

FOR SALE—No. 4 Portable Hubbard Oven, almost new. Apply La Casse Bakery, P.O. Box 413, Prince Rupert.

FOR SALE—Pony Express.

TELEGRAPHY

PRIVATE LESSONS wanted by young lady. Apply box 210 Daily News office.

TAXI SERVICE

TAXI AND MESSENGER SERVICE—Night and Day. Phone 99.

LOST

LOST on Fulton Street or Fifth Avenue, West, Lady's umbrella with gun metal handle. Finder please return to Daily News.

LOST—Bunch of keys between the post office and cor. 6th and 2nd Ave. Return News Office.

Oh say! The News Print Shop does its work about as cheap as most shops and quite as well, gives you the work on time whenever possible and hands it out with a pleasant "Thank you." What do you say to giving them a trial on your next job?

Men's "Invictus" shoes—Family Shoe Store.

The Man in the Moon

A Citizen wants to know what the man in the moon is up in the air over.

A movement is on foot to establish a municipal-owned dairy at Cow Bay.

The drydock will come in handy to repair some of the schemes which will be floated here if some people have their way.

Hays Creek, Hays Port, Hays Cove Circle—can you blame people for kicking about fog when you can see haze everywhere?

A petition is now in circulation to have the Marine Department install proper aids to mariners in the big puddles that lie in certain sections of our fair city. Buoys and lighthouses would be suitable although in some cases a light-ship might have to be used because of the great depth of water.

Say, folks, please try to remember that the season for grouse is ended, and those found grousing from now on will be exceedingly unpopular.

And furthermore, if you must shoot off, please oblige and observe the laws of civilization by fitting your air gun with a Maxim Mum Silencer.

Whiskey used to be imported by the case, and it still is—by the suitcase.

And the best kind of whisky case is the kind you find in the police court.

It has been suggested that as we publish the prices of fish we might run a list of latest prices on whisky, as so many of the citizens would be interested.

This place may not be much in the way of mining, but, believe us, we sure have valuable quarts.

And now somebody says the Man in the Moon had better look after his own district a little better, for he gets full every month.

WHEAT CONSERVATION IS STILL ESSENTIAL

(Special via G. T. P. Telegraphs.)

New York, Dec. 19—Necessity of continued conservation of wheat was emphasized today in a statement by the Federal Board, which declared that despite the restrictions imposed last Spring, there was less than ten days supply of product in America when 1918 crop was harvested.

Advertise in the Daily News.

IN THE SUPREME COURT OF BRITISH COLUMBIA:

IN THE MATTER OF THE ADMINISTRATION ACT, — AND — IN THE MATTER OF THE ESTATE OF JOHN BEALE, DECEASED.

TAKE NOTICE that in order of His Honor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of John Beale, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 17th day of January, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator. DATED this 17th day of December, 1918.



EVERY TIME JIMMY DUGAN WAS CAPTAIN OF A SIDE IN LONDON BRIDGE, HE KNEW JUST WHAT TO OFFER TO GET THE GANG ON HIS SIDE

SMITHERS

A Kirkpatrick is the new president of the Citizens' Association. He was elected at the meeting held on Tuesday. Charles Reid was elected secretary and Robert Barker treasurer, the other members of the executive being N. P. Moran, Wm. Doodson, W. P. Boyer, S. H. Hoskins, C. L. Dimock, L. B. Warner and J. S. Gray. The association decided to ask the Provincial Government to institute a village government scheme that would be applicable to Smithers and the question of securing a resident doctor and such things as lighting and drainage were also discussed.

The Red Cross dance last week was a great social function. There was a large attendance and all enjoyed themselves. The sum of \$159.90 was raised for purposes of the society and this, added to the sum already collected, makes \$281.15 which is available for relief work.

Mrs. Larkworthy has gone to Stratford, Ont., to visit her old home.

A delayed explosion in the Telkwa coal mine injured one of the workmen badly a day or two ago. The man went in to find out why the charge had not exploded and just as he got there it went off. He may lose his sight as a result.

A. E. Phillips, who has been discharged from the army, has returned here.

IN THE SUPREME COURT OF BRITISH COLUMBIA:

IN THE MATTER OF THE ADMINISTRATION ACT, — AND — IN THE MATTER OF THE ESTATE OF GUSTAVE GEORGE, DECEASED INTESTATE.

TAKE NOTICE that in order of His Honor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of Gustave George, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 16th day of January, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator. DATED this 16th day of December, 1918.

IN THE SUPREME COURT OF BRITISH COLUMBIA:

IN THE MATTER OF THE ADMINISTRATION ACT — and — IN THE MATTER OF THE ESTATE OF CHARLES SWANSON, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of Charles Swanson, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 16th day of January, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator. DATED this 16th day of December, 1918.

IN THE SUPREME COURT OF BRITISH COLUMBIA:

IN THE MATTER OF THE ADMINISTRATION ACT — and — IN THE MATTER OF THE ESTATE OF ERNEST CARLSON, DECEASED INTESTATE.

TAKE NOTICE that in order of His Honor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of Ernest Carlson, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 16th day of January, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator. DATED this 16th day of December, 1918.

IN THE SUPREME COURT OF BRITISH COLUMBIA:

IN THE MATTER OF THE ADMINISTRATION ACT — and — IN THE MATTER OF THE ESTATE OF CATHERINE SHAW GLENDENING, DECEASED; INTESTATE.

TAKE NOTICE that in order of His Honor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of Catherine Shaw Glendening, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 16th day of January, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator. DATED this 16th day of December, 1918.

IN THE SUPREME COURT OF BRITISH COLUMBIA:

IN THE MATTER OF THE ADMINISTRATION ACT — and — IN THE MATTER OF THE ESTATE OF JOHN N. MORRISON, DECEASED.

TAKE NOTICE that in order of His Honor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of John N. Morrison, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 16th day of January, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator. DATED this 16th day of December, 1918.

IN THE SUPREME COURT OF BRITISH COLUMBIA:

IN THE MATTER OF THE ADMINISTRATION ACT — and — IN THE MATTER OF THE ESTATE OF JOHN N. MORRISON, DECEASED.

TAKE NOTICE that in order of His Honor F. McB. Young, made the 12th day of December, A. D. 1918, I was appointed Administrator to the estate of John N. Morrison, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 16th day of January, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN, Official Administrator. DATED this 16th day of December, 1918.

Dentistry

Dr. Bayne is leaving on Dec. 20, to spend the Christmas holidays at his home in Vancouver. The office will therefore be closed from December 20 till January 1, inclusive.

Office open until 9 o'clock, Thursday evening, December 19.

Phone 109 for appointment. Dental nurse in attendance.

Dr. Bayne

OFFICE HOURS:—

Morning, 9 to 12; Afternoon, 1.30 to 5.30; Evening, 7 to 9



S. S. PRINCE RUPERT — OR — S. S. PRINCE GEORGE

SAILING

MIDNIGHT SUNDAY and THURSDAY for Swanson Bay, Ocean Falls, Vancouver, Victoria and Seattle.

MIDNIGHT WEDNESDAY and SATURDAY for Granby Bay.

S. S. PRINCE JOHN

Thursday 10 p. m. for Massett, Port Clements and Buckley Bay.

Sunday 10 p. m. for Moresby Island points.

TRAIN SERVICE

Passenger MONDAY, WEDNESDAY and SATURDAY at 11:30 a.m. for Smithers, Prince George, Edmonton and Winnipeg, making direct connections for all points east and south.

For information and reservations apply to G. F. JOHNSTON, City Passenger and Ticket Agent, City Ticket Office, 526 Third Avenue. PHONE 260



CANADIAN PACIFIC RAILWAY

Lowest Rates to all Eastern Points via Steamer to Vancouver and the Canadian Pacific Railway

Meals and Berth included on Steamer

FOR VANCOUVER, VICTORIA AND SEATTLE

S. S. Princess Mary sails from Prince Rupert November 23rd; December 6th, 20th, and January 3rd.

FOR KETCHIKAN, JUNEAU, WRANGELL, SKAGWAY, ALASKA

S. S. Princess Mary sails from Prince Rupert November 18th, December 2nd, 16th, and 30th.

W. O. ORCHARD, General Agent.

Corner Fourth Street and Third Avenue, Prince Rupert, B.C.

The Union Steamship Co. of B.C. :: Ltd. ::

COAST SERVICE.

For Vancouver, sailing Tues., 7 p.m. Vancouver, sailing Sat., 6 p.m. Anox, Mondays, 7 a.m. Port Simpson and Naas Points, Fridays, p.m.

John Barnsley, General Agent

Advertise in The Daily News

Gene Byrnes Says:—"It's a Great Life If You Don't Weaken."

